HomeFirst Strategies

1) Develop and monitor Family Service Plans for families, based on the needs of their 0-5 children.

2) Trained Family Support Specialists conduct regular home visits to promote nurturing parent/child relationships.

3) Home visits include child-centered activities appropriate to child and family needs to achieve developmental milestones.

4) Within a multi-disciplinary case coordination approach, families are linked to resources meeting their needs.

5) Home visitors monitor childhood immunizations to ensure all homes are “medical homes.”

6) Develop and provide leadership training for parents who want to share childhood development knowledge with other parents of children 0-5.

PARENT LEADERSHIP SURVEYS

FY 2006-07

N = 8

1) Did the services provided respect my language, beliefs and cultural values?

   - **7 Strongly Agree – 1 Agree**

2) I was treated professionally by all staff.

   - **8 Strongly Agree**

3) My primary transportation is:

   - **8 Car**

4) Has your home visitor provided activities that promote your child's healthy development?

   - **6 – Yes**
   - **2 – Definitely**

   ✓ Puzzles and animal toys
   ✓ She is very helpful and has a lot of information
   ✓ She brings activities to challenge my child and expand his play

5) What skills did you learn from your home visitor?

   ✓ Health eating habits, handling tantrums
   ✓ Discipline and behavioral ideas in dealing with different personalities
   ✓ Unsafe use of walker; importance of reading at an early age
   ✓ To be more independent; know about cognitive development
   ✓ Tips on handling sleeping, crying, etc.

- ✓ How to teach my baby communication and learning skills
- ✓ Information on poisons; possibilities for the 'why' behind my child's behaviors
- ✓ Attend to children's needs and dedicate more time to them
- ✓ Reading to my child
- ✓ Playing games and really listening to my child
- ✓ Everyday child enrichment activities; teaching life skills
- ✓ Good eating habits
- ✓ Singing, taking walks, setting routines

6) Are you more confident in your parenting knowledge?

- **7—Yes**
- **1 – about the same**

- ✓ I know ahead of time what he is going to be learning, so I am prepared with activities
- ✓ All of the information has been used
- ✓ I feel more knowledgeable of skills I didn't have before
- ✓ I used to be unsure of myself and not think I was a fit parent
- ✓ The program helps reinforce what I know and gives me support

7) How have you shared parenting knowledge you learned about child development with other parents? What information? With whom?

- **6 -- Yes**

- ✓ Healthy eating habits and tantrums information with my niece and great nephew
- ✓ Shared information with family and friends
- ✓ I've referred others to the program
- ✓ I share everything with my sister
- ✓ With my partner and my daughter; child development
- ✓ I post handouts on the fridge for my husband to read
- ✓ Share information with friends; importance of reading at an early age

8) What leadership role do you serve within your family, neighborhood or community?

- ✓ The representative for DILAC in my son's school; also give information during Hispanic group
- ✓ Caretaker
- ✓ I am a member on the Policy Council at HeadStart; I also serve on committees
- ✓ I enrich children's lives with what knowledge and patience I have; I have a Girl Scout troop and I volunteer to teach Sunday School
- ✓ I participate in my neighborhood watch
- ✓ I am head of my household and I have a lot of responsibilities at home and work
- ✓ I pass on discipline techniques I've learned to my family; tell other moms what I've learned and what works for our family

REASONS FAMILIES LEFT THE PROGRAM

Cases Closed 7/1/06 through 6/30/07

Family Achieved Goals	16
Family Moved from Area	13
Client Request	9
Lack of Client Contact	6
Entered Alternate Program	14
Child No Longer in Home	2
TOTAL	60

HOMEFIRST AVERAGE LENGTH OF STAY

For all families active from 7/1/06-6/30/07 FY 07-08

- Average length of stay in HomeFirst = 342 days (11.4months)

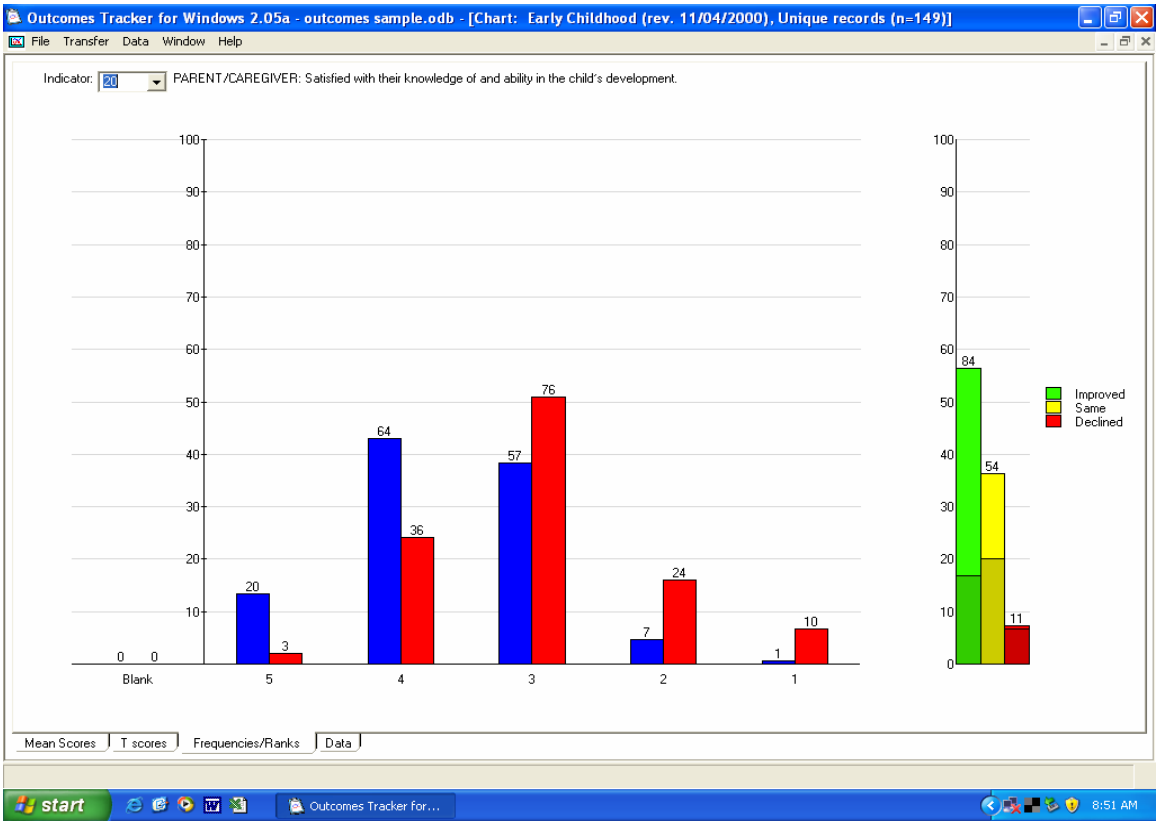
BARRIERS HOMEFIRST PARENTS FACE

- History of depression or other mental health issues (both adults and children)
- Lack of social support
- Domestic violence
- History of substance abuse/use
- Family history of child abuse or neglect or potential for CPS involvement
- Language barriers
- Lack of preparation for stress of new infant
- Multiple young children
- Limited income
- Lack of or limited parenting skills
- Low self-esteem
- Single parent families
- Emotional immaturity

FAMILY SUCCESS STORY

"I was a pregnant teen when I first started the HomeFirst program. My husband and I were practically homeless when we were referred to the Family Resource Center. We were assisted with basic needs before the home visitor started coming to our home. She (the home visitor) began helping me understand more about babies' needs and schedules, basic child development knowledge, and positive parenting practices. I also appreciated her helping me get my home safe for babies and children and for providing me with sound nutritional ideas. I not only loved learning all the valuable information the home visitor brought me, I love sharing with others. I also became involved in my child's HeadStart program; I am now on the Policy Council and serve on several committees."

In a recent visit, this mother related to her home visitor that she now 'really listens to her children' and does not feel guilty when she routinely takes time out from her chores to spend time with them.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Indicator: 20
PARENT/CAREGIVER: Satisfied with their knowledge of and ability in the child's development.
100
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57 76
7 24
1 10
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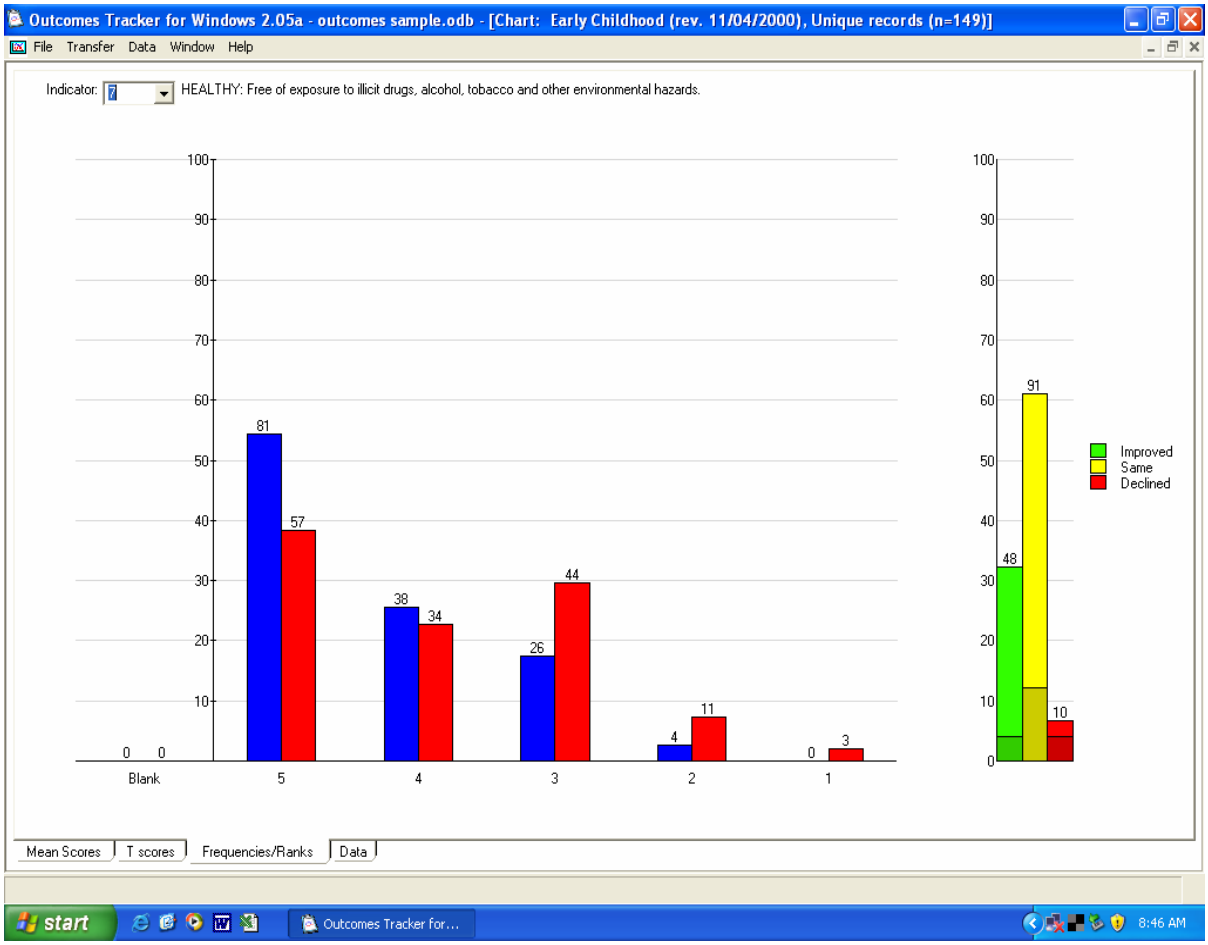
Outcomes Tracker for Windows 2.05a - outcomes sample.odb - [Chart: Early Childhood (rev. 11/04/2000), Unique records (n=149)]
File Transfer Data Window Help
Indicator: 7
HEALTHY: Free of exposure to illicit drugs, alcohol, tobacco and other environmental hazards.
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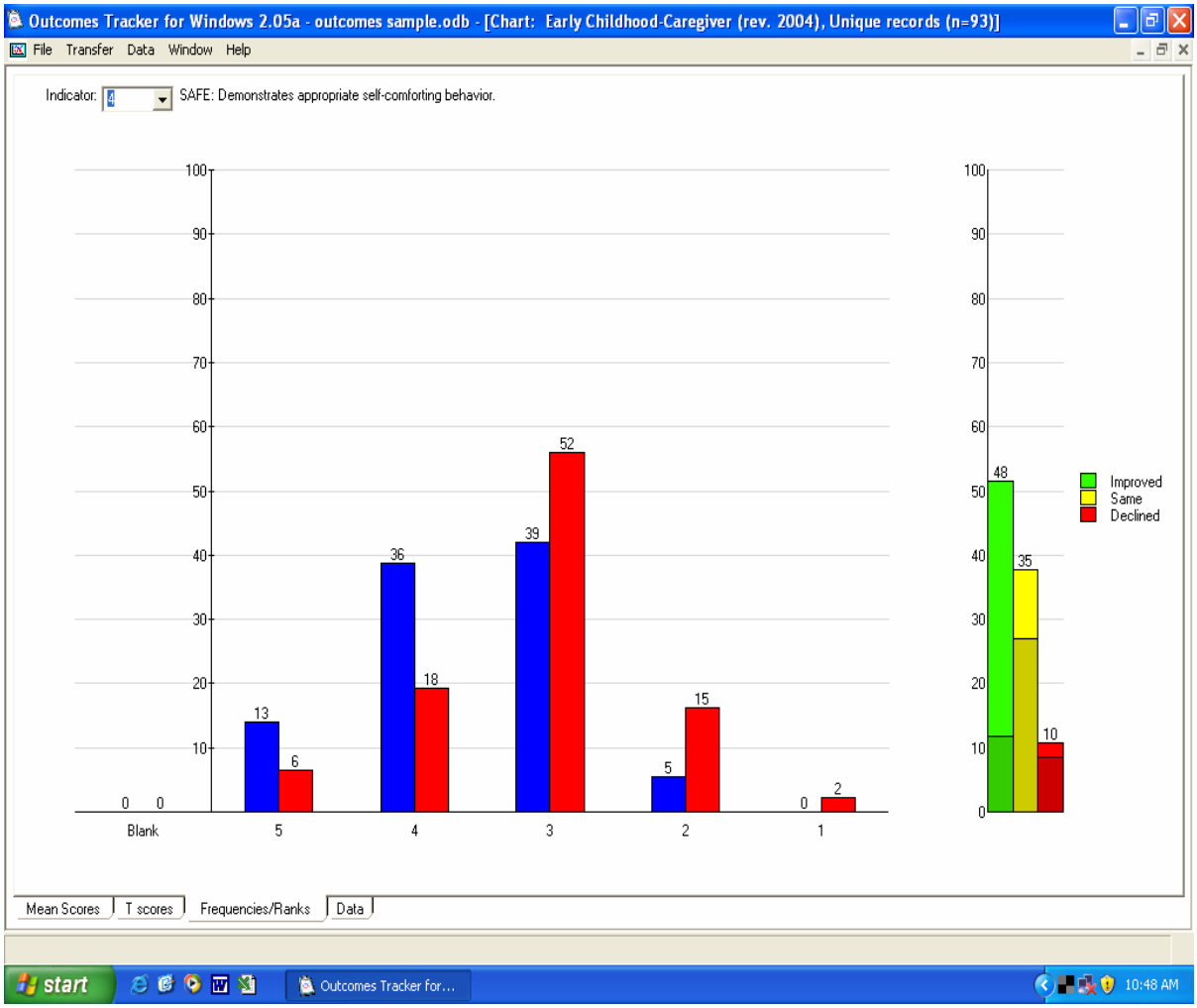
Outcomes Tracker for Windows 2.05a - outcomes sample.odb - [Chart: Early Childhood-Caregiver (rev. 2004), Unique records (n=93)]
File Transfer Data Window Help
Indicator: 4
SAFE: Demonstrates appropriate self-comforting behavior.
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39 52
5 15
0 2
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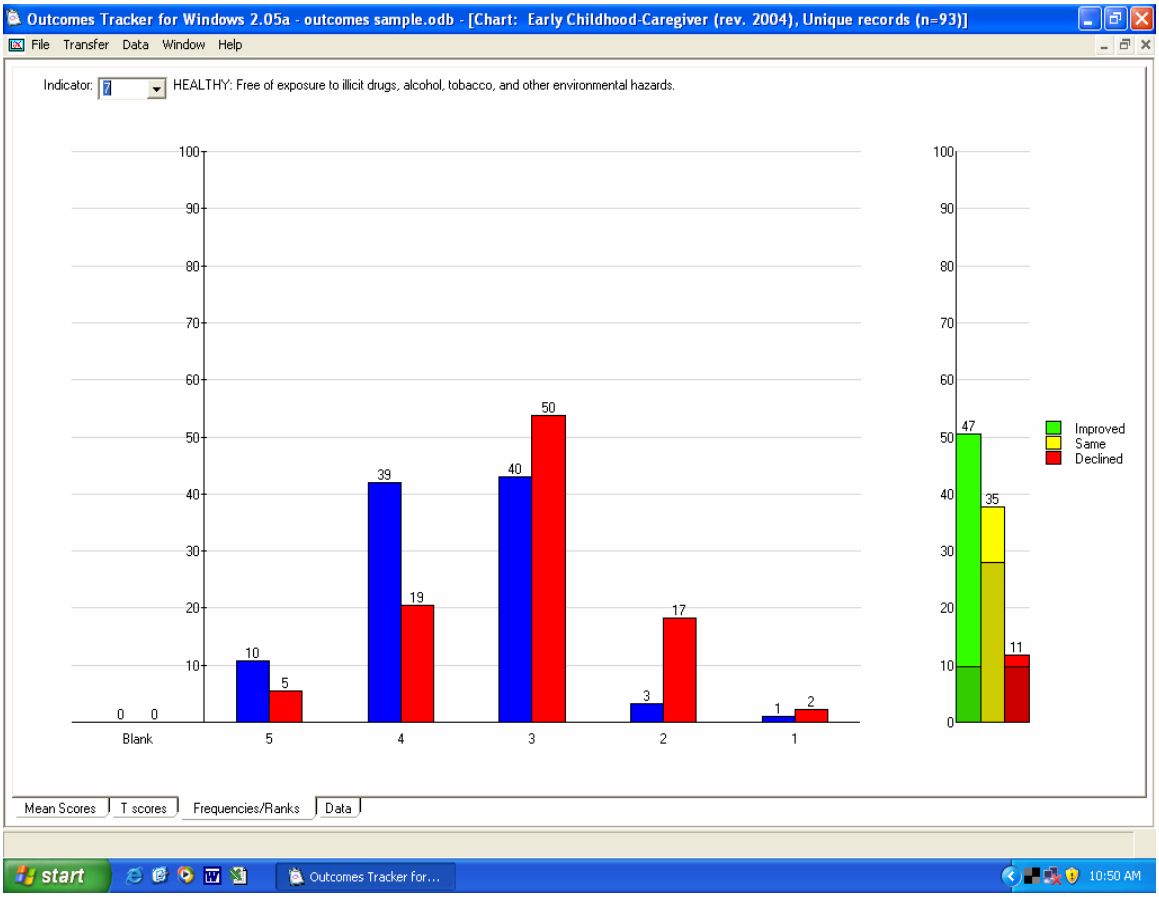
Outcomes Tracker for Windows 2.05a - outcomes sample.odb - [Chart: Early Childhood-Caregiver (rev. 2004), Unique records (n=93)]
File Transfer Data Window Help
Indicator: 7
HEALTHY: Free of exposure to illicit drugs, alcohol, tobacco, and other environmental hazards.
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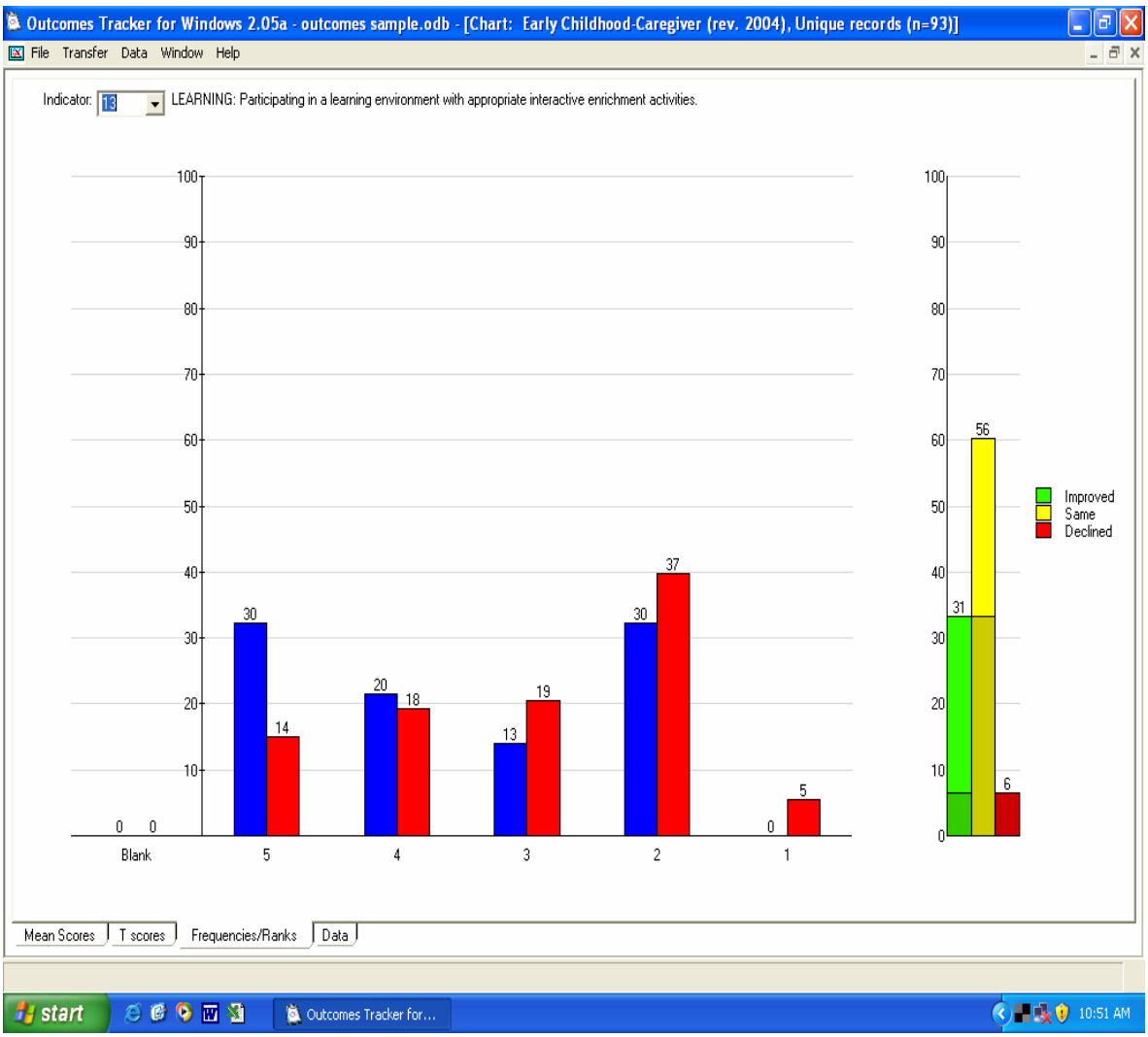
Outcomes Tracker for Windows 2.05a - outcomes sample.odb - [Chart: Early Childhood-Caregiver (rev. 2004), Unique records (n=93)]
File Transfer Data Window Help
Indicator: 13
LEARNING: Participating in a learning environment with appropriate interactive enrichment activities.
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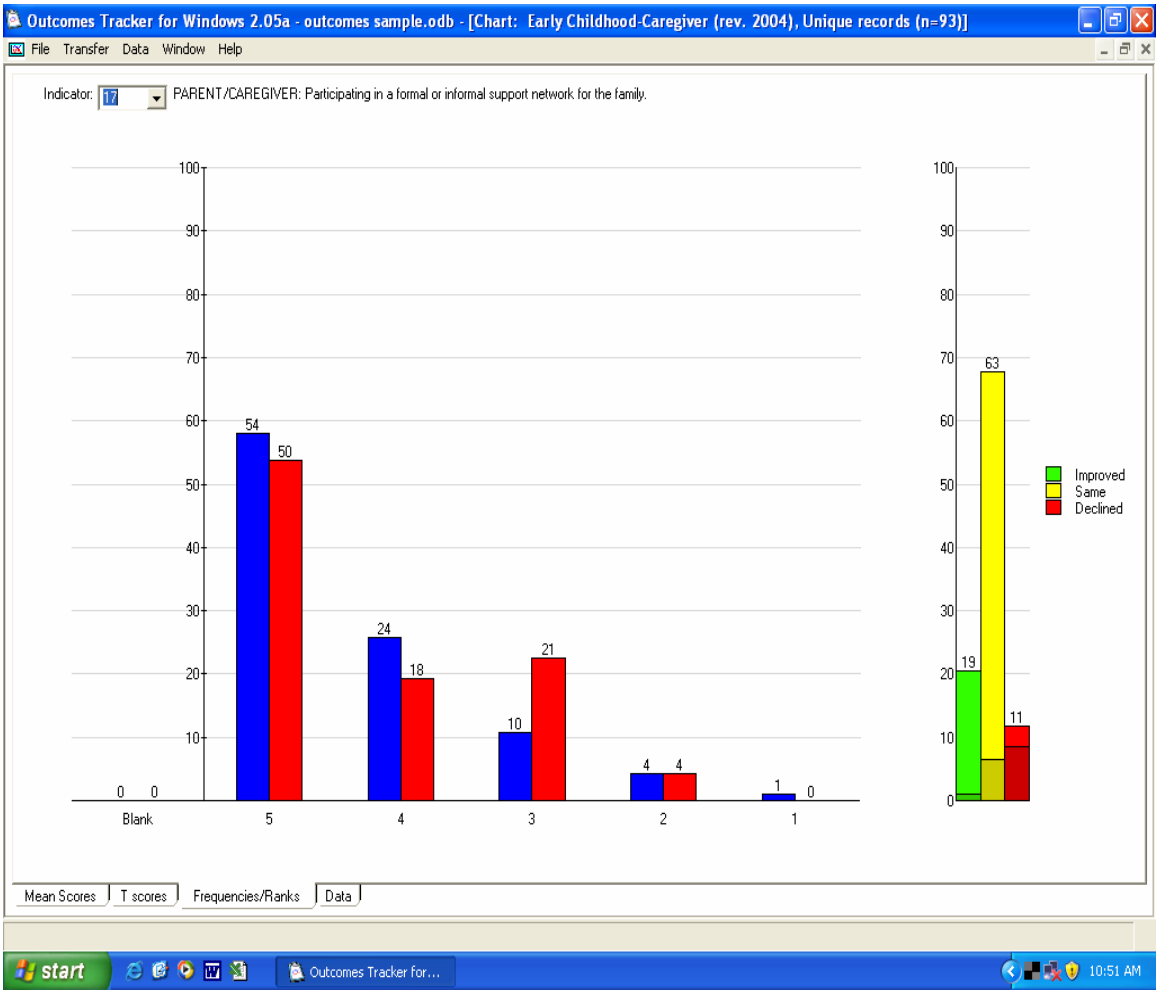
Outcomes Tracker for Windows 2.05a - outcomes sample.odb - [Chart: Early Childhood-Caregiver (rev. 2004), Unique records (n=93)]
File Transfer Data Window Help
Indicator: 17
PARENT/CAREGIVER: Participating in a formal or informal support network for the family.
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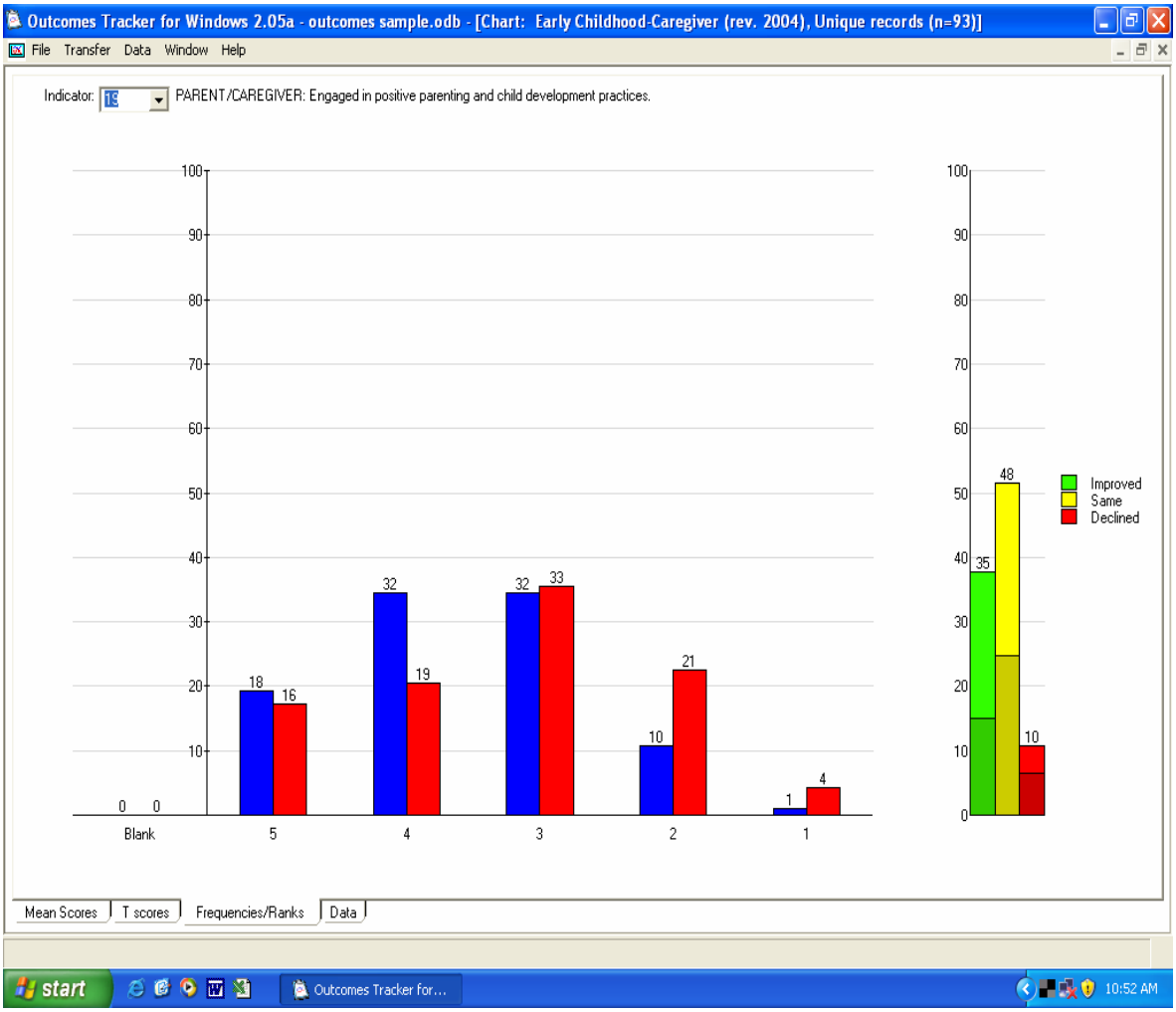
Outcomes Tracker for Windows 2.05a - outcomes sample.odb - [Chart: Early Childhood-Caregiver (rev. 2004), Unique records (n=93)]
File Transfer Data Window Help
Indicator: 19
PARENT/CAREGIVER: Engaged in positive parenting and child development practices.
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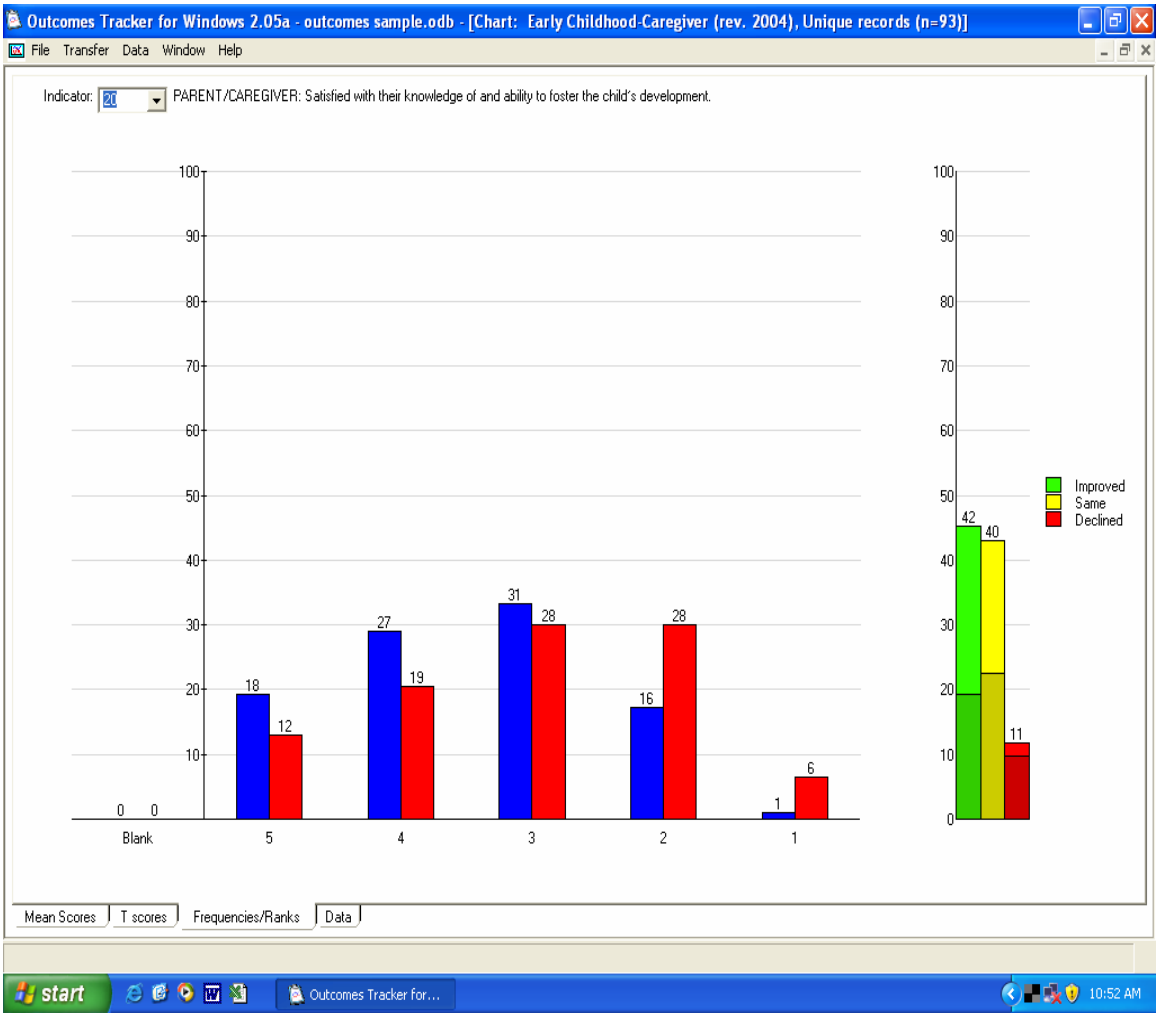
Outcomes Tracker for Windows 2.05a - outcomes sample.odb - [Chart: Early Childhood-Caregiver (rev. 2004), Unique records (n=93)]
File Transfer Data Window Help
Indicator: 20
PARENT/CAREGIVER: Satisfied with their knowledge of and ability to foster the child's development.
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16 28
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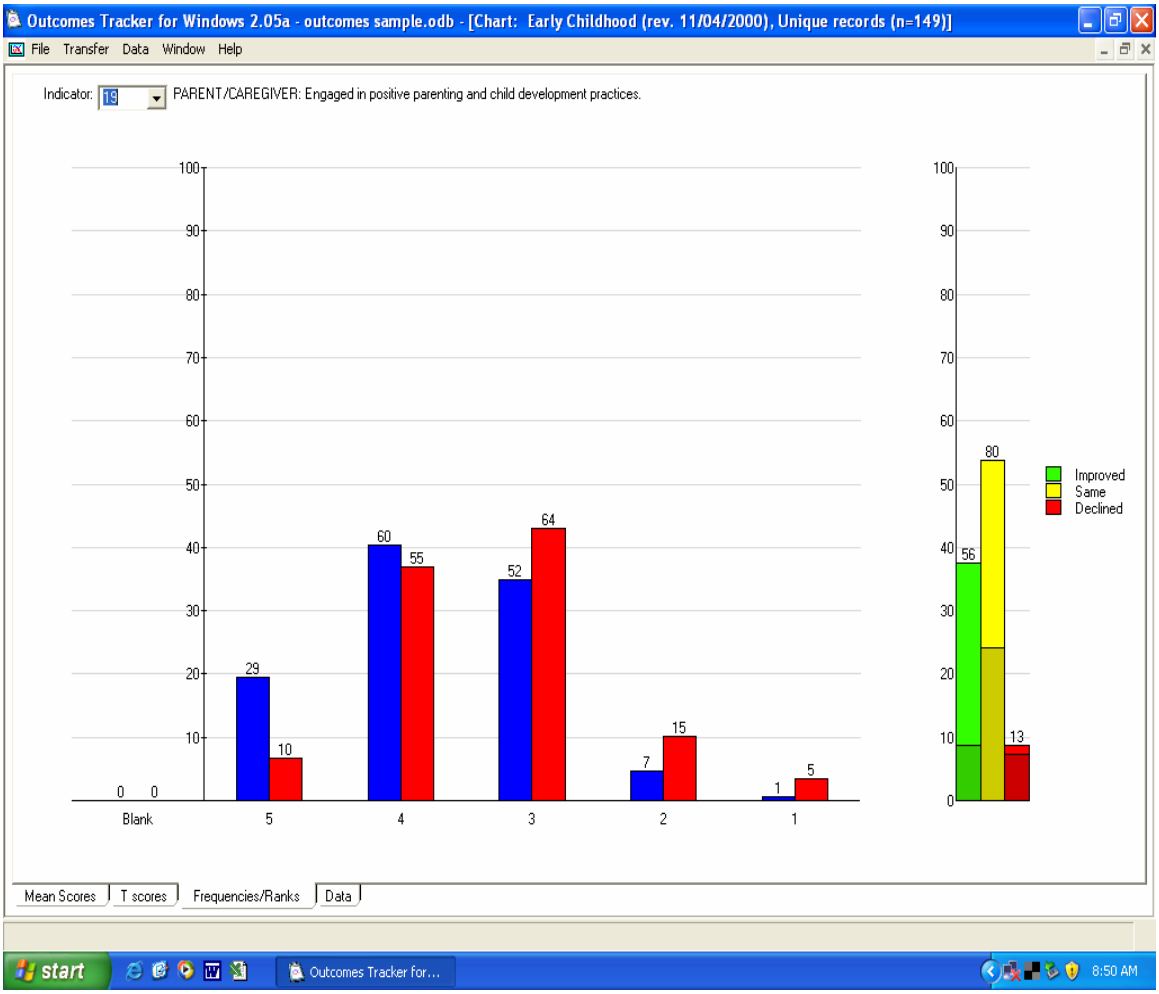
Outcomes Tracker for Windows 2.05a - outcomes sample.odb - [Chart: Early Childhood (rev. 11/04/2000), Unique records (n=149)]
File Transfer Data Window Help
Indicator: 19
PARENT/CAREGIVER: Engaged in positive parenting and child development practices.
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Organization Name: Child Abuse Prevention Council: HomeFirst

Time Period **From** 7/1/2006 **To** 6/30/2007 12.0 **months**

Total Number of Children Prenatal Through 5 Served During This Time Period, N = 194

	Children Prenatal Through 5 Years of Age				
	Continuing	**New**	**Unknown**	**Total**	
	n	**n**	**n**	**n**	**(%)**
Total	104	90		194	
Sex					
Males	42	50		92	(47)
Females	62	38		100	(52)
Unknown		2		2	(1)
Age					
Prenatal		<6>		<6>	
< 1	29	60		89	(46)
1	9	6		15	(8)
2	18	9		27	(14)
3	20	11		31	(16)
4	16	4		20	(10)
5	12			12	(6)
Unknown					
Less than 3 years	56	75		131	(68)
3 to 5 years	48	15		63	(32)
Race / Ethnicity					
Alaskan Native / American Indian		1		1	
Asian					
Black / African American	1	3		4	(2)
Hispanic / Latino	57	34		91	(47)
Pacific Islander		1		1	
White	33	33		66	(34)
Multiracial	13	18		31	(16)
Other					
Unknown					

Primary Language Spoken in the Home					
English	51	59		110	(57)
Spanish	53	31		84	(43)
Other					
Unknown					
Special Needs					
Eligible for Part B (619) of IDEA	3			3	(2)
Eligible for Part C of IDEA					
Mental Health Diagnosis	1			1	
No Special Needs (that meet reporting criteria)	100	94		194	(100)
Unknown		<6>		<6>	
Region					
Auburn Area	43	33		76	(39)
Greater Foothills		3		3	(2)
South Placer	54	48		102	(53)
Tahoe Area					
Western Placer	7	6		13	(7)
Zip Code					
Auburn Area					
95602 Auburn	27	11		38	(20)
95603 Auburn	14	22		36	(19)
95604 Auburn / Bowman[1]	2			2	(1)
95658 Newcastle					
95703 Applegate					
95722 Meadow Vista					
Greater Foothills					
95631 Foresthill					
95701 Alta[1]					
95713 Colfax / Eden Valley / Iowa Hill		3		3	(2)
95714 Dutch Flat[1]					
95715 Emigrant Gap / Alta[1]					
95717 Gold Run[1]					
95736 Weimar[1]					
South Placer					
95626 Elverta[2]					

95650 Loomis	1	1		2	(1)
95661 Roseville	16	15		31	(16)
95663 Penryn					
95677 Rocklin		1		1	
95678 Roseville	32	25		57	(29)
95746 Granite Bay / Roseville					
95747 Roseville	5	3		8	(4)
95765 Rocklin		3		3	(2)
Tahoe Area					
95724 Norden / Soda Springs[1]					
96140 Carnelian Bay[1]					
96141 Homewood[1]					
96142 Tahoma[1]					
96143 Kings Beach[1]					
96145 Tahoe City / Alpine Mdws[1]					
96146 Olympic Vly / A. Mdws / T. City					
96148 Tahoe Vista[1]					
96160 Truckee[1]					
96161 Truckee[2]					
96162 Truckee[1]					
Western Placer					
95648 Lincoln	5	6		11	(6)
95668 Pleasant Grove[2]					
95681 Sheridan	2			2	(1)
Unknown					

"Continuing" includes children who were served during a previous analysis period and continue to be served during the present analysis period.

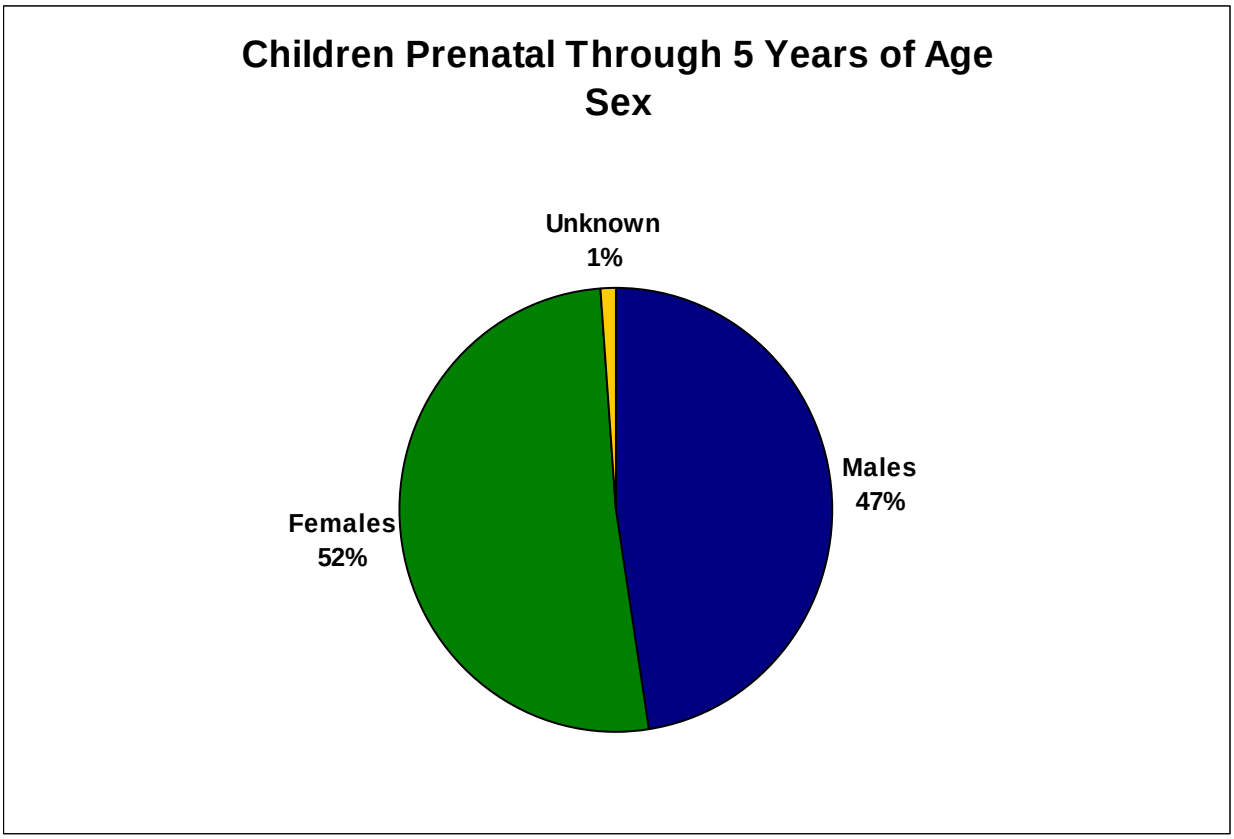
"New" includes children who were not served during a previous analysis period.

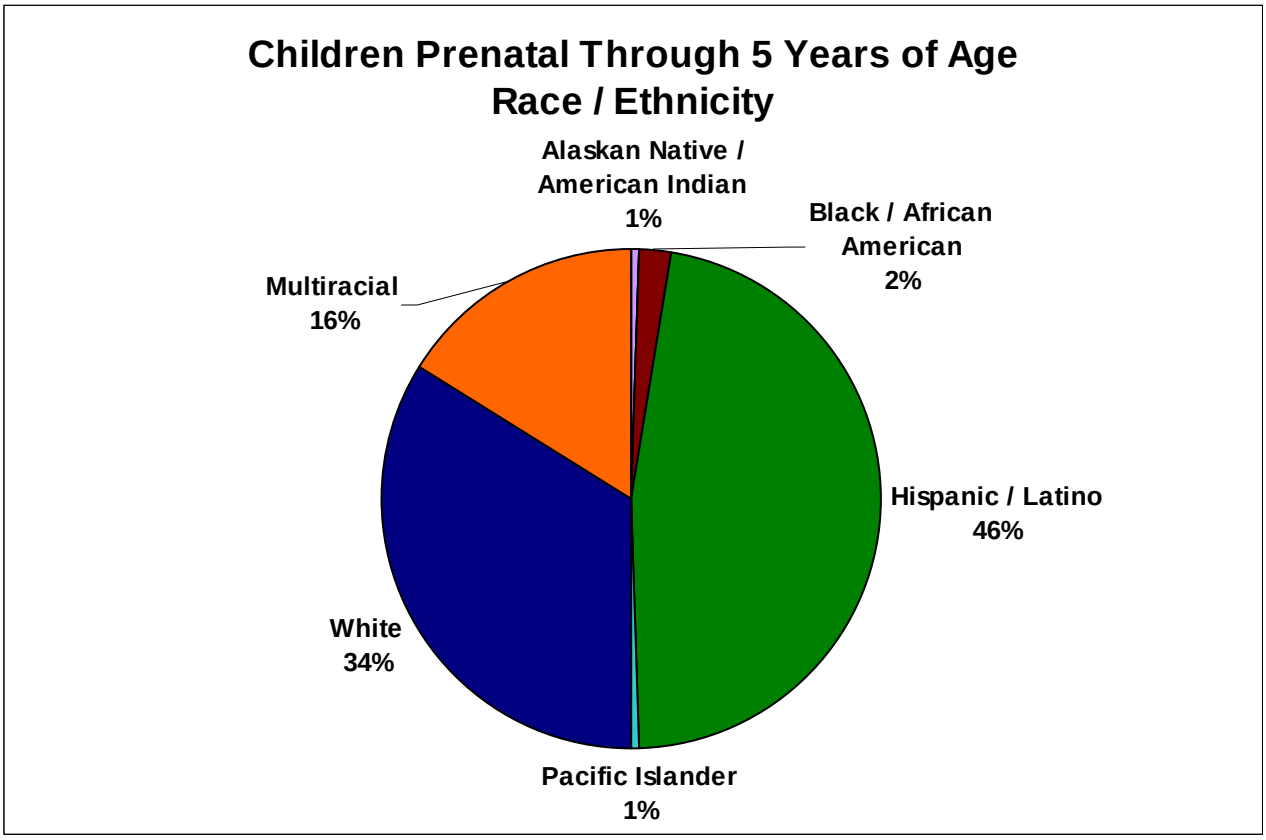
"Unknown" includes children for whom it could not be determined whether or not they had been served by the program before.

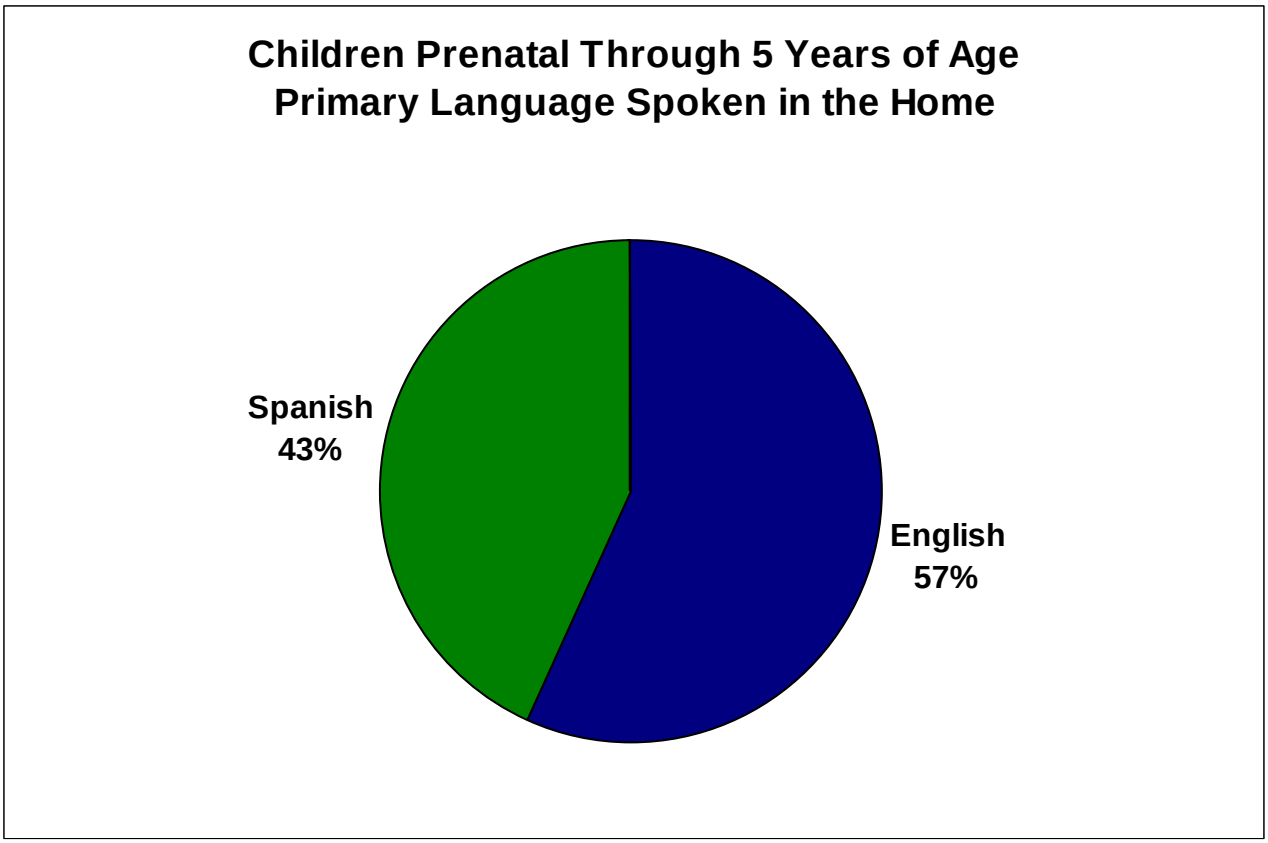
[1] PO BOX

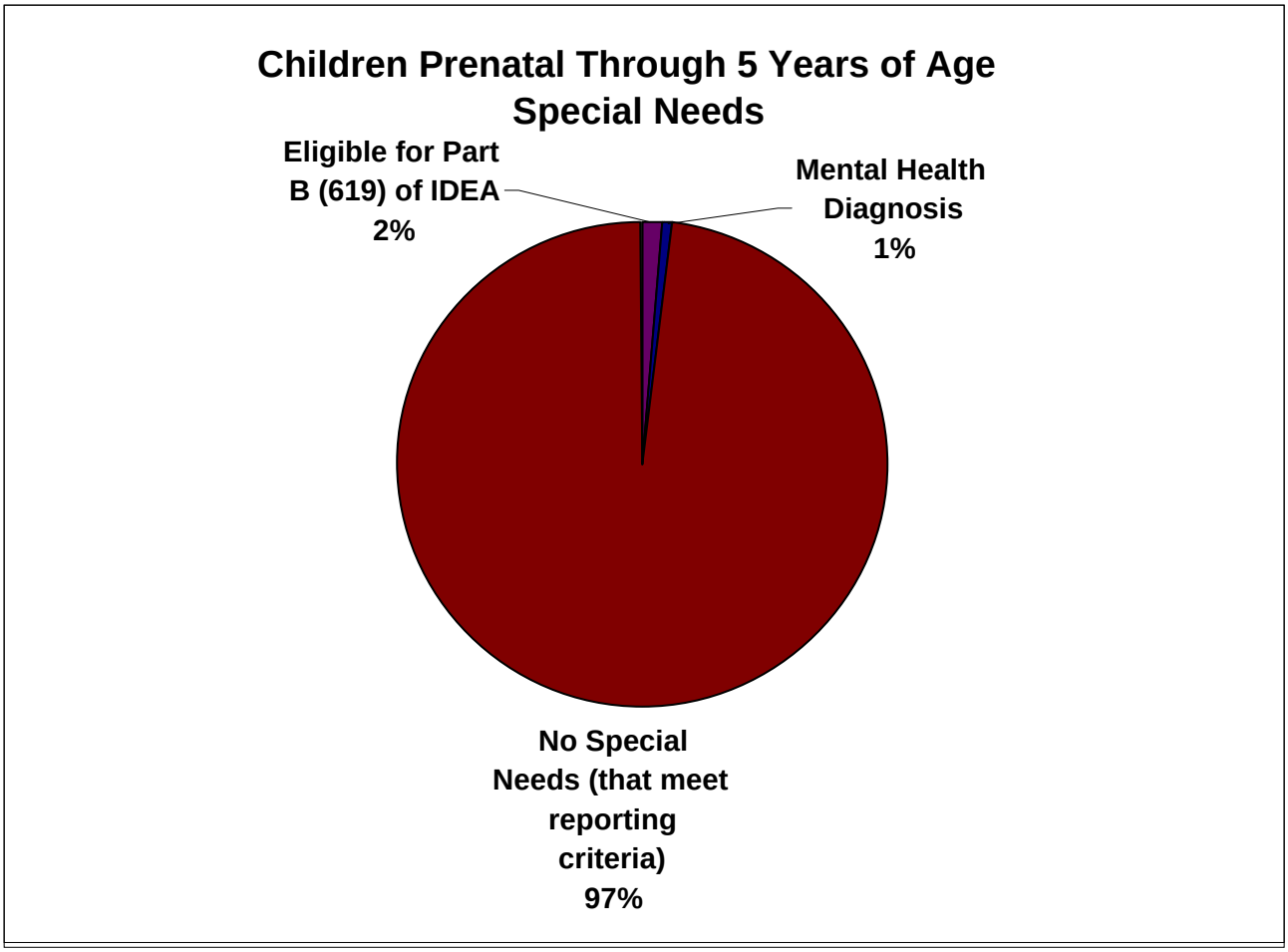
[2] Residents with these zip codes typically reside in neighboring counties.

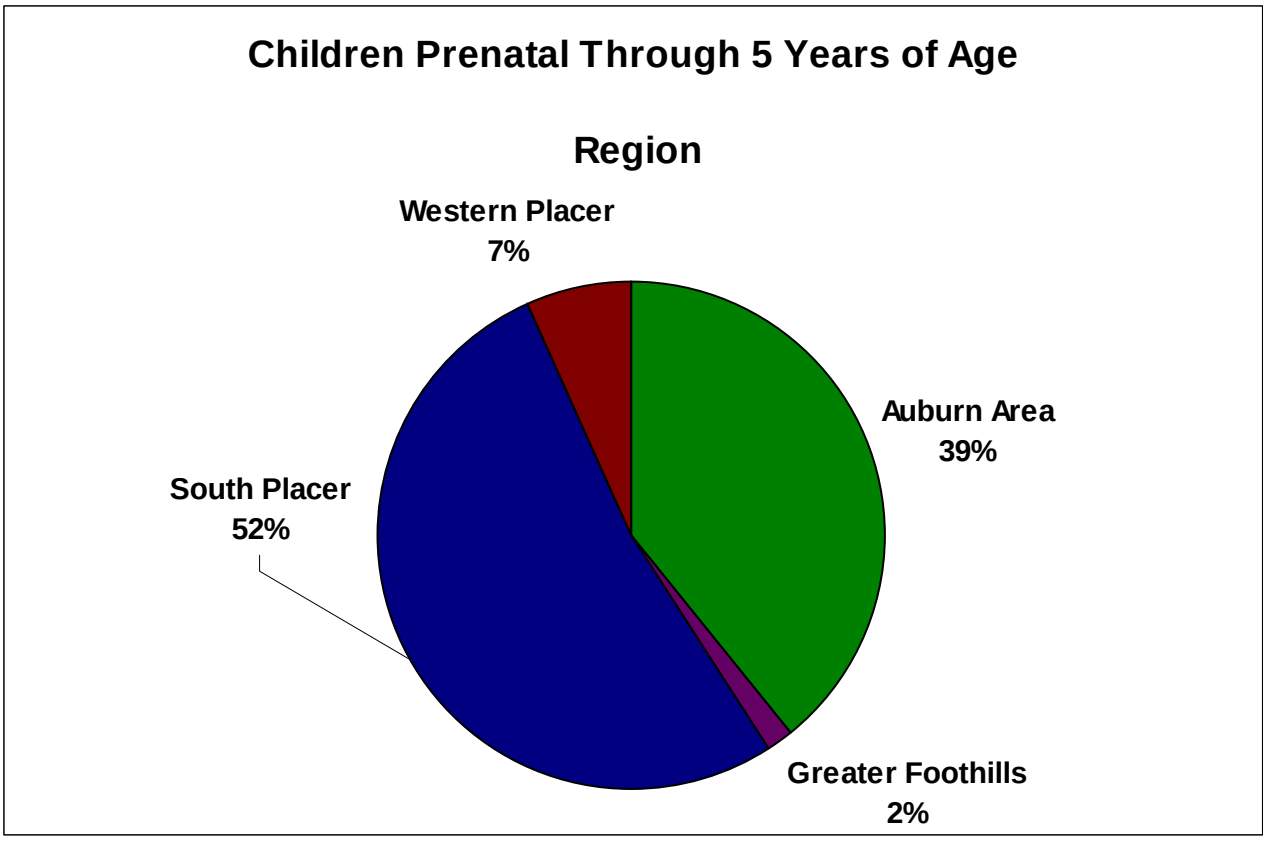
All percentages are calculated from the total number N. Percentages may not add up to 100% due to rounding.


Children Prenatal Through 5 Years of Age
Sex
Unknown
1%
Males
47%
Females
52%

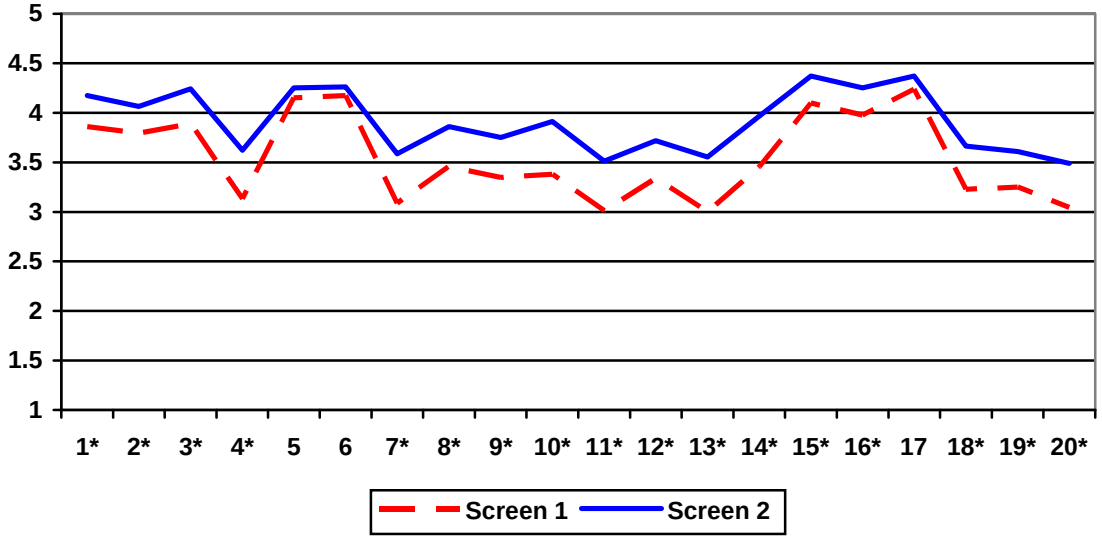

Children Prenatal Through 5 Years of Age
Race / Ethnicity
Alaskan Native / American Indian 1%
Black / African American 2%
Multiracial 16%
Hispanic / Latino 46%
White 34%
Pacific Islander 1%

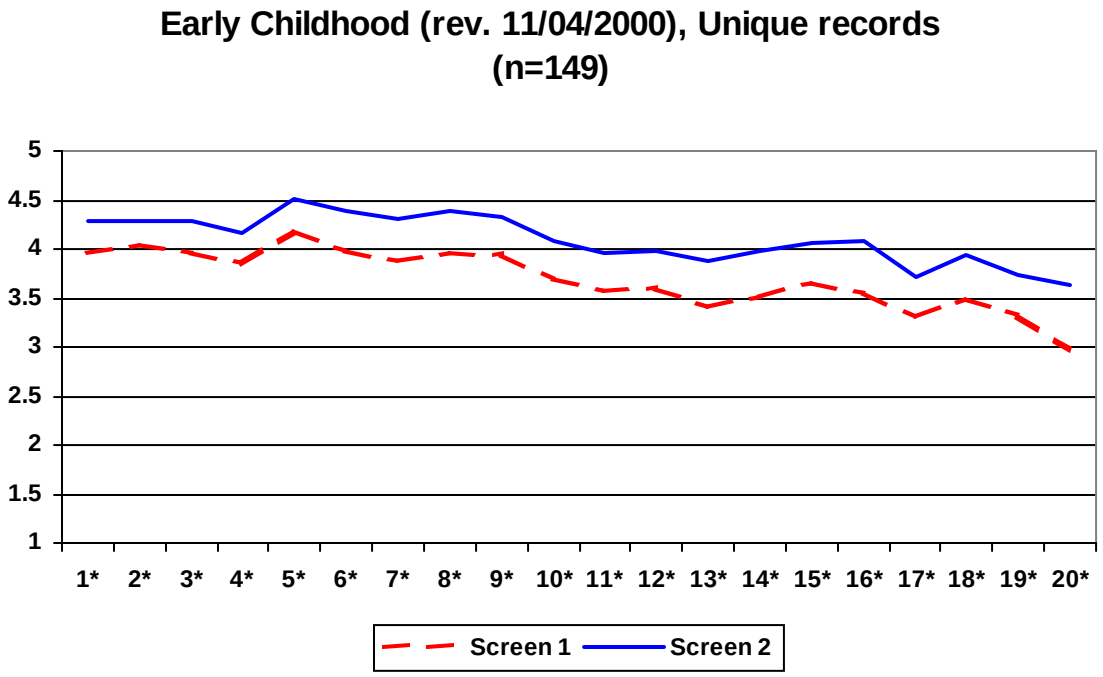

Children Prenatal Through 5 Years of Age
Primary Language Spoken in the Home
Spanish
43%
English
57%


Children Prenatal Through 5 Years of Age
Special Needs
Eligible for Part B (619) of IDEA 2%
Mental Health Diagnosis 1%
No Special Needs (that meet reporting criteria) 97%


Children Prenatal Through 5 Years of Age
Region
Western Placer
7%
Auburn Area
39%
South Placer
52%
Greater Foothills
2%

Early Childhood-Caregiver (rev. 2004), Unique records (n=93)




Early Childhood (rev. 11/04/2000), Unique records
(n=149)
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Screen 1
Screen 2