

MONTHLY BOARD MEETING MINUTES

April 23, 2012

Mental Health Board

Members in Attendance

Behrens, Sharon
Brown, Leonard
Koehler, John
Meade, Pat
O'Meara, Janet
Pieper, Donna
Schauer, Steve
Wesp, Daniel
Williams, Jessica

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Jones, Janna
LeRoux, Janice
Moser, Katrina
Rosenberg, Diane
Taylor, Will

Absent Members

Buckman, Rick
Holmes, Jim

Welcome and Introductions

Sharon Behrens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation)

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- Provided information to the Board that the MHADB meeting time is from 6:15 to 8:00 but can be flexible.

❖ Guest Speaker: Janice LeRoux, Executive Director, First 5 – Placer Children & Families Commission

- Ms. LeRoux distributed two brochures: First 5 Placer Partner Network Services January 2011 – June 2013, Putting Children First Community Investment 2007 – 2010; and a Fact Sheet for review.
- Services provided through First 5 funding comes from tobacco tax. 20% of the funding goes to the state commission, remainder distributed to all 58 counties, depending on their birth rate.
- Goal is to build an integrated service system – any place a family goes into, they can get connected with a system of care for children (services that are provided to family with children).
- First 5 doesn't actually provide services but their money goes out to contracts; 85% goes directly to programs.
- 89% of funding is spent on services, 3% on evaluation and only 7% on administration.
- Provided a detailed review of those programs funded in 2012 – 2013: Prevention and Early Intervention for at-risk children/families, supportive services (clients in CWS, mental health/substance abuse treatment) and mental health/substance abuse treatment services.

Secretary/Treasurer's Report

Approval of the March 26, 2012 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Report – \$1,500 was the MHADB budgeted amount for Fiscal Year 2011-12. In the month of March, \$61.98 was spent on meals and \$4.60 was spent on postage (for April); the remaining balance is \$866.07 and is accepted as presented.

Standing Committee Reports

❖ Alcohol and Drug Committee –Dan Wesp

- Dan Wesp reported on the great results from the Sierra College Buzz Kill event that took place March 27th.
- Sharon Behrens presented a picture album to Dan Wesp in appreciation of all the hard work and participation at the Sierra College Buzz Kill event
- The committee discussed the screening clinic. Since March, 467 have been screened and 156 assessed. Of the 156, 20

went into residential treatment and 12 for detoxification. The committee also reviewed the process of notification when providers send people to the screening clinic and found that the County does have a process in place.

- The committee received an update on AB 109.
 - The committee discussed goals for this fiscal year and next with no decisions made at this time.
- ❖ Quality Improvement Committee – Jessica Williams
- The committee discussed the continuation of test calls for both ASOC and CSOC intake lines and tracking the outcomes.
 - The annual Performance Outcome and Quality Improvement (POQI) client satisfaction survey, required by the state, and a second voluntary client satisfaction survey designed by UCLA to evaluate the impact of Mental Health Services Act programs.
- ❖ Children's Committee – Sharon Behrens
- John Koehler and Sharon Behrens met with CSOC staff to begin assessment of the stressors and what's working within the CSOC. They were updated on the changes and the streamlining of the processes.
 - Loss Group being conducted for children 7-12 years of age – those who have suffered a loss.
 - Next, the committee will look at Therapeutic Behavioral Services (TBS) and the wrap-around services.

BOS-Representative - None

Correspondence and Announcements

- ❖ Sharon Behrens reported on the receipt of the following:
- May 9th is National Awareness of Children's Mental Health. A Round Table is being held May 8th - go to the CCW.org to view the flyer.

Director's Report

- ❖ Maureen Bauman reported on the following:
- Shared information regarding the recent passing of Marjorie Kopfman, a long time MHADB member.
 - Announced the loss of one of the few board and cares; staff are diligently working to transition individuals to other facilities.
 - The Community College Association for California is doing a competitive grant process for suicide prevention. Ms. Bauman received a call from Sierra College regarding their desire to apply and wants us to partner with the Department of Mental Health. Not confirmed but believe Mental Health Services Act (MHSA) dollars is the funding source.
 - Placer County had an opportunity to join with other counties to develop a governmental organization called the Joint Powers Agreement (JPA). By definition, a JPA is counties or other legal entities coming together to form a separate legal organization. There are 48 counties participating in this project.
 - Reviewed the reason ASOC is a part of the MHSA JPA and the ability to utilize statewide dollars.
 - Placer County will be able to pull its dollars together with other agencies to implement projects. First of the projects includes a social marketing campaign on Suicide Prevention. The first launch is in May, targeting those in the 14 year old age range, helping them have an awareness of reaching out and getting help.
 - Three statewide plans: 1) Suicide Prevention; 2) Stigma and Discrimination; and 3) School-Based Prevention Suicide/Violence,
 - Electronic Medical Records for both mental health and alcohol and drug is moving forward. Completing a pilot project first before rolling out. The doctors will use a module to write prescriptions, sending electronically to the pharmacy.
 - MHSA Full-Service Partnership data has been uploaded to the state. ASOC is in the process of reconciling this information, cleaning up data and fixing errors.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
- No pending applications on file.
 - The Board continues to seek family members, consumers and Latino community.
 - Maureen Bauman will check back with the Latino Leadership Council.
- ❖ Visibility of Services (*Standing Agenda Item*)
- Sharon Behrens felt the iDART team did a great job handing out information, out front, at the Sierra College event.
- ❖ Laura's Law (*Standing Agenda Item*)
- Since Maureen Bauman is unavailable in May, the community person's presentation to the Board will be postponed until

June.

- Janet O'Meara reported on her recent attendance at a Placer County NAMI meeting in which Richard Hagard, a lobbyist for the California Association of Psychiatry, was asked to come and address Laura's Law. He has a long history as an advocate, having a son with schizophrenia.
 - Sharon Behrens addressed the issue related to community members addressing the Board in June and its charge under the Welfare and Institutions Code.
 - This is an opportunity to hear, in a structured manner, the public's input regarding Laura's Law before advising the BOS.
 - Before addressing the Board, community member is to provide a pre-submitted statement/outline.
 - The group agrees to maintain the current protocol related to the public addressing the Board with time limit.
- ❖ Housing Project (*Standing Agenda Item*)
- Janet O'Meara reported on her attendance at the Placer Consortium on Homelessness.
- ❖ MHSA Capital and Facilities
- Ms. Bauman received the proposal on the Community Clinic Behavioral Health remodel and can proceed without a public hearing.
 - The Tahoe community has ongoing foundation money to cooperatively purchase a building.

New Business

- ❖ Stigma Regarding Mental Illness
- Ms. Bauman was asked by this Board to do some research around the growing concern and stigma about those with severe mental illness being dangerous.
 - Shared that people, overall, believe that those who have psychotic disorders are not generally dangerous.
 - Research identified that people who have substance abuse in addition to psychotic disorders, or just substance abuse without psychotic disorders have about equal amounts of ability to have violent behavior.
 - Substance abuse is the more relevant dynamic with or without the psychosis.
- ❖ July Retreat Planning
- Discussed the potential use of MHADB monies to rent a facility for the retreat if needed.
 - Discussed ideas for topics: Laura's Law
 - Member suggested using the regular board meeting to come up with goals.
 - To be placed on next month's meeting for further discussion.
- ❖ Tahoe Visit
- Discussion on who would like to visit the various programs in Tahoe.
 - The Campaign for Community Wellness (CCW) meets in Tahoe in September.
 - To be placed on next month's agenda for further discussion.

Board Member Comments

- ❖ None

Public Input

- ❖ Will Taylor asked for clarification on requiring mandatory medication through Laura's Law.
- ❖ Will Taylor wanted to know the schedule of the POQI. He would like to see the form changed, as clients struggle with its length.

Adjournment

- The meeting was adjourned at 8:03 p.m.
- Monday, May 7, 2012 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- May 21, 2012 is the next board meeting taking place in the HHS Adult System of Care Administration Conference Room, 11533 C Avenue, Auburn

Secretary/Treasurer, Mental Health, Alcohol and Drug Board