

MONTHLY BOARD MEETING MINUTES

February 25, 2013

Mental Health Board

Members in Attendance

Behrens, Sharon
Meade, Pat
O'Meara, Janet
Schauer, Steve
Wesp, Daniel
Williams, Jessica

Absent Members

Buckman, Rick
Holmes, Jim

Staff and Guests

Bauman, Maureen
Cleveland, Cheryl
Crow, Shari
Ellis, Amy
Jones, Janna
Knecht, Richard
McGuire, Justin
Moser, Katrina
Nicholson, Christina
Osborne, Marie
Sloan, Lisa
Taylor, Will
Thickens, Theresa

Welcome and Introductions

Sharon Behrens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation)

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

- ❖ **Guest Speakers:** Christina Nicholson, Director, *Whole Person Learning*
Justin McGuire, Youth Services Coordinator; and Lisa Sloan, Clinical Director, *Turning Point*

Presenting on Transition Age Youth (TAY)

- *Christina Nicholson* distributed the program flyer - Youth Empowerment Support Yes! and provided a brief overview of the trainings, and direct support provided to youth and young adults (ages 12-15).
- Kids served can be in the system, emancipated from the system or at risk of entering the system.
- With the direct support, youth and young adults identify the goals that they're interested in working on – areas of transition including employment, spiritual connections, placement options, etc.
- Recently concluded a Youth Development Institute training, four-day training available to community members, and youths – based on positive youth development approach.
- Important when working with youth and young adults to remember that developing relationships and establishing safety is just as, if not more important than the skills taught.

- Whole Person Learning provides HOPE - Housing Opportunities Providing Experience for youth and young adults between the ages of 18-24, who have been emancipated from the foster or group home systems.
 - Whole Person Learning is in partnership with Turning Point Community Programs.
 - *Justin McGuire* is employed by Whole Person Learning but is housed at Turning Point Community Programs.
 - Mr. McGuire addressed MHS Transition Age Youth (TAY) Level I, which is part of the full-service partnership.
 - The program offers peer support to youths 18-25 years old with a mental health challenge or disability.
 - As a peer support, he helps with any educational goals, housing, transportation, and employment.
 - Individuals must have a mental health diagnosis before receiving any services.
 - *Lisa Sloan* is employed by Turning Point, a full-services partnership program.
 - Currently serving 110 clients, 14 of which are TAY.
 - Criteria - at risk for homelessness, substance abuse issues; can be aging out of the Children's System of Care program, Juvenile Justice System, coming out of locked settings, and can be experiencing their first major mental health breaks.
 - Must meet the County's target population diagnosis and also have an area of their life severely impacted by their diagnosis.
 - Goal setting done within the first 60 days - set by the individuals themselves.
 - Offer a peer mentor program at the site.
 - Provide a 24-hour a day crisis support line.
- ❖ **Prevention Update: Shari Crow**, Health Educator, Children's System of Care
- Youth Commission had a World Café, bringing the community together, participating in a conversation between youth and adults. The topic was on "how can we support youth better."
 - Expecting to have outcomes at the next quarterly update.
 - Coalition for Placer Youth hosting three events –
 - Free Medication Take-back Day – April 27, 2013 from 10 am – 2 pm.
 - SBIRT training (Screening, Brief Intervention, Referral to Treatment & Motivational Interviewing): May 30, 2013.
 - Chili Cook Off (fundraiser) hosted by Campus Life – March 15, 2013 from 6:30 – 8:30 pm.
 - Continuing to work with Rocklin Police Department, instituting the Social Host Ordinance.
 - Engaging the faith community to hold a round table in Auburn on March 20, 2013 at State Theater with 15 different faith-based groups participating.
 - Sharon Behrens, again, solicited members to volunteer to assist in the survey that's occurring at the Medication Take-back Day event. Contact Shari Crow.

Secretary/Treasurer's Report

Approval of the January 28, 2013 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Report – \$1,500 - Amount budgeted for Fiscal Year 2012-13.

Expenditures for the month of January include: \$60.18 – catered meals and \$5.60 postage (February); as of February 15, 2013, the remaining balance is \$936.47 and is accepted as presented.

Standing Committee Reports

- ❖ Alcohol and Drug Committee – Dan Wesp
 - Committee discussed their goal regarding the drug test kits and determined kits are available at Rocklin and at PCSO and found that other groups are better equipped at getting that message out.
 - The committee received an update from Amy Ellis on perinatal funding, identifying that there are some monies left over; however, this year the County is going to send those monies to CSOC for their use.
 - ASOC applied for a Federal Drug Court Grant.
 - Learned about the full-service partnership, which focuses on outreach, and learned how it relates to those in the PHF.
- ❖ Quality Improvement Committee – Jessica Williams
 - Reviewed some of the site reviews coming up and those that have already taken place and all the work the County staff puts into the process.
 - There's an AOD review coming up after the EQRO.
 - Website update and review – the committee is changing the order of some of the items for clarity.
- ❖ Children's Committee – Sharon Behrens
 - Discussed two different issues happening – Lincoln area, recent suicide issues within the school.
 - There were a group of kids planning to commit suicide.
 - Meeting put together to begin discussion on what can be done to change what's happening within the community.

- Need better data.
- Monies for seriously emotionally disturbed (3632) was transferred from mental health to the school system.
 - Important to track what is happening with the monies and its use.
 - Plan to get specific information and how the process is going.
- ❖ Adult Services Committee – Janet O’Meara
 - The committee is still looking at Laura’s Law with focus on the outreach and engagement process in the county.
 - Committee wants to look, specifically, at those things that affect the adult population.
 - Plan to devote some time at the Campaign for Community Wellness meeting since they oversee the MHSA funding and would like to make sure everyone had the same level of understanding about the processes.

BOS-Representative

- ❖ None

Correspondence and Announcements

- ❖ None

Director’s Report

- ❖ Maureen Bauman reported on the following and provided a written Director’s Report:
 - Provided an update on NAMI meeting attendance: Kathie Denton attended NAMI in February and Marie Osborne will attend in March. This is to help improve the communication.
 - MHSA update – in the planning process for Fiscal Year 2014-15; conducting an evaluation of current programs and identifying the gaps in services.
 - Limelight Campaign for Mental Health Awareness, sponsored by a national grass roots effort, promotes mental health awareness and normalizing the fact that 20% of the population, at any one time, will have a diagnosis of mental illness.
 - Staff changes – Graham Knaus is the new Deputy Director of HHS, replacing Jim Gandley.
 - Laura’s Law – in evaluating what services currently in place, a decision was made to increase data collection for those individuals we are engaging. Including number of unique people that received outreach services, number of unique individuals who were engaged/not engaged, identify what percentage of those people did meet or did not meet Laura’s Law criteria.
 - Expect to have data in July or August. Maureen Bauman will get new outreach form to distribute to members.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - Theresa Thickens appointment goes to the Board of Supervisors for final approval on February 26, 2013.
 - Cheryl Cleveland will be interviewed at March 11· 2013 Executive Committee meeting.
 - Beth Dugan is planning on coming back to MHADB meetings.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
 - *The Alive! Mental Health Fair* takes place February 27, 2013 at Sierra College.
- ❖ Report Back - Lectern Decision
 - The Board was presented with a lectern that was purchased subsequent to approval by the Board.
- ❖ Report Back - New Jail Site Visit
 - New dates are scheduled for March - Sharon will send out the replacement dates.
- ❖ Early Trauma Convening Report – Richard Knecht and Sharon Behrens
 - Richard Knecht provided a status on Early Trauma Convening and that on February 8th there was a regional convening of folks from all over northern California. 0-5 Initiative recognizes that if trauma is addressed early, it can prevent a lifetime of challenges.
 - Discussed next steps - master plan is to have a core of 4-6 counties to bring some monies forward to fund an intensive treatment modality.
 - Empower families to help their children – family centered.
- ❖ Campaign for Community Wellness (CCW) Updates – Janet O’Meara

- Reported on attending CCW meetings the last few years and now understands the process better.
- CCW evaluates and makes decisions in the future on how MHSA dollars are spent.

New Business

- ❖ Board Reports – Sharon Behrens [Action Item]
 - Many MHADB members attend workshops or trainings. It would be beneficial to bring the information back to the full Board.
 - If you've attended a workshop or training, the Executive Committee requests that you let the committee know before the agenda is distributed so that your update can be placed on the agenda.
- ❖ Prevention and Early Intervention (PEI) PowerPoint Presentation – Maureen Bauman
 - Maureen Bauman presented a PowerPoint presentation (hard copies were distributed).
 - MHSA Funding at work - \$146 million.
 - Reviewed the Suicide Prevention Network Program.
 - Reviewed social marketing to increase general public's knowledge of risk factors, warning signs and resources available.
 - Sponsored by CalMHSA, Reachouthere.com is a website that provides youth with information and support.
- ❖ Board Procedures Subcommittee (Brown Act/Records) – Sharon Behrens
 - According to the Brown Act, if your committee has a quorum, you need to take minutes and notice the meeting.
 - All committee meetings are currently being "noticed" on the monthly agenda.
- ❖ Contracts
 - The below contract was reviewed and approved by the Executive Committee (due to time constraint). No vote taken.
 - ❑ California Psychiatric Transitions for Mandated Mental Health Services

Board Member Comments

- ❖ Janet O'Meara reported on her participation on the homeless count. She partnered with a couple of homeless individuals. She will arrange a ride along with the officer who is assigned to watch over the homeless. She felt it was an informative and sad day.
- ❖ Pat Meade reported on her involvement in a homeless count in Nevada County. The process gave her a better perspective on Laura's Law, as it relates to housing.

Public Input

- ❖ Will Taylor encouraged those attending the Wellness Fair at Sierra College, to stop by to visit the Speakers Bureau.
- ❖ Katrina Moser advised that KLOVE (radio station) is bringing free training to the area, focusing on trauma and faith - a four-part series. It's being offered through UC Davis at no expense.

Adjournment

- The meeting was adjourned at 8:06 p.m.
- Monday, March 11, 2013 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- Monday, March 25, 2013 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn

Secretary/Treasurer, Mental Health, Alcohol and Drug Board