#### PLACER COUNTY MENTAL HEALTH, ALCOHOL AND DRUG BOARD

### MONTHLY BOARD MEETING MINUTES

December 17, 2012

# Mental Health Board Members in Attendance

Behrens, Sharon Buckman, Rick Holmes, Jim Koehler, John Meade, Pat O'Meara, Janet Schauer, Steve Wesp, Daniel Williams, Jessica

# **Staff and Guests**

Bauman, Maureen Cleveland, Cheryl Dickinson, Will Dugan, Beth Ellis, Amy Hand, Robert Huntley, Rebecca Jones, Janna Osborne, Marie Taylor, Will Thickens, Theresa

### **Absent Members**

#### Welcome and Introductions

Sharon Behrens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

### **❖** Board Protocol (Non-Board Member Participation)

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
  - a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
  - b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
  - c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
  - d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
  - e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
  - f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

# Guest Speakers: Amy Ellis, Program Manager, ASOC and Robert "Bob" Hand, Senior Client Services Practitioner, ASOC – Presenting on Behavioral Health Interventions

- Amy Ellis and Bob Hand provided a brief overview of services by the Mental Health Ongoing Team.
- Distributed flyers related to Placer County services available in the ASOC and some ASOC facts and frequently asked questions.
- Single point of entry for access to all the services in ASOC Adult Intake.
- ASOC recently completed a redesign of the team for a quicker timeliness of receiving services and to increase engagement.
- More opportunities for collaboration between the Drug and Alcohol and the Mental Health Ongoing teams, cross training and increasing co-occurring capabilities.
- Explained what is reviewed during the clients' orientation and information provided to clients.
- Mr. Hand provided a list of the various groups currently being held.
- Ongoing team provides case management. Case management helps:

- o Connect clients to services they need.
- Evaluate status.
- o Clients stay connected to the clinic, doctors and stay on their medications.
- Work with clients to develop goals and eventually discharge planning.
- Link to community and family supports.
- Three different teams within the clinic: 1. Intensive case management group assigned to clinician; 2. Team case management for those with less need of services; and 3. Medications only for more stable individuals.
- There are varying level of services based on the client's needs.
- Those needing even a higher level of service can be referred to a Full-Service Partnership (FSP), which is wrap-around-services and is MHSA funded.
- ASOC does make referrals to Turning Point; currently they have 113 people in their care.

## Secretary/Treasurer's Report

Approval of the November 26, 2012 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Report – \$1,500 - Amount budgeted for Fiscal Year 2012-13.

Expenditures for the month of November include: \$52.53 – catered meals and \$8.90 postage (December); as of December 10, 2012, the remaining balance is \$1,074.04 and is accepted as presented.

# **Standing Committee Reports**

- Alcohol and Drug Committee Dan Wesp
  - Coalition of Placer Youth attended committee meeting and discussed drug test kits. Placer County Sheriff's Office (PCSCO) and Rocklin Police offer the test kits for \$5.
- Quality Improvement Committee Jessica Williams
  - Discussed receiving emails in the MHADB box that have been more clinical in nature.
    - Need to advise those individuals emailing that it is not to be used for emergencies.
    - o Working on a draft of an automated response for emails received identifying that it is not a crisis email and will provide applicable phone numbers.
  - Received for review County CSOC and Child Welfare Services and Probation Self-Assessment Report.
- Children's Committee Sharon Behrens
  - Continue discussions on the upcoming Trauma Convening that's taking place in February 8, 2013. Addressed additional details related to those attending.
  - First conversation is open to administrators and those who have control of the funding and programing.
- Adult System of Care Committee Janet O'Meara
  - Committee is always welcoming new members. The meeting takes place at the Cirby Hills Clubhouses on the 2<sup>nd</sup> Tuesday of each month from 6:00 7:00 p.m.

#### **BOS-Representative**

- Supervisor, Jim Holmes reported on the following:
  - Addressed an issue that came up this week regarding one of the Auburn City council members who shared his concern
    about homelessness in the city. Mr. Holmes has forwarded information from the Placer Consortium of Homelessness to the
    council member and is hopeful he will attend some of the meetings.

### **Correspondence and Announcements**

- Sharon Behrens reported on the receipt of the following:
  - Nothing to report.

### Director's Report

- Maureen Bauman reported on the following:
  - Reported on new permanent staffed hired: three Administrative Clerks, one Client Services Practitioner, and one Client Services Program Supervisor (in charge of the co-occurring focus).

- CalMHSA, the statewide prevention programs for Mental Health Services Act, has several initiatives suicide prevention and anti-stigma and discrimination and school-based services. There are 22 projects taking place around the state of California. They are sending out a weekly information notice.
- Provided an update on Suicide Prevention.
  - o In order to get people's attention, this information has been included in a series of regular magazines.
  - o Including texting capabilities and other vehicles the younger people are interested in -- reachout.org (youth based web).
  - Looking into investing in a billboard.
  - Media a couple of papers are being developed, giving media information on how to cover stories, how to address suicide, and a review of how they're covering things.
- The ASOC is in the process of reviewing their Guiding Principles to improve processes and culture.

### **Unfinished Business**

- Recruitment (Standing Agenda Item)
  - Theresa Thickens, Beth Duggan, and Cheryl Cleveland are all in attendance.
    - Theresa Thickens and Beth Duggan are applying to the MHADB.
- Visibility of MHADB Services (Standing Agenda Item)
  - Staff and representatives from the Board created the blue folders, which is another way we have of reaching out to the public. These are great resources to assist individuals when making contacts.
- Report on Laura's Law [Action Item] Janet O'Meara
  - Janet O'Meara presented information her group has received and reviewed related to Laura Law's.
  - The committee wanted to be more aware of the paradigm of treatment how's the best way to bring more services to people.
  - Dr. Williams provided a brief summary to the Board on the committee's recommendation on implementation of AB 1421 (Laura's Law). The following memo was read and submitted to Maureen Bauman on behalf of the committee:

In fulfillment of the task asked by the Placer County Mental Health, Alcohol, and Drug Board (PCMHADB), for the Adult Services Committee (ASC) to review and make recommendations on Assembly Bill 1421, the ASC submits this summary for the PCMHADB consideration in recommendations to be made to the Placer County Board of Supervisors. After an extensive review of literature, presentations both for and against the implementation of AB1421, public comment and consumer feedback, the members of the ASC do not believe a recommendation for implementation of AB1421 in Placer County should be made at this time. This consensus was reached based on a number of factors including inconclusive data regarding the need for and efficacy of AB1421 specific to the population and service needs of Placer County. The ASC also had concerns regarding court involvement in treatment. The ASC also did not feel the fiscal impact was clearly outlined in the assembly bill. At this time, the ASC would encourage additional efforts be directed at clarifying current unmet service needs in Placer County and identifying and exploring alternate programs with proven efficacy in counties more closely comparable with Placer County.

- > At this time, the recommendation to be made to the Board of Supervisors is against the implementation of AB 1421.
- At this point in time, recommending investing in other viable forms of program.

Patricia Meade made a recommendation to accept the Adult System of Care Committee's written recommendation, Jim Holmes seconded. Motion carried.

- Koinonia/Crisis Resolution Christmas Party (Friends of Leonard)
  - Sharon Behrens thanked everyone for contributing to the Christmas party. This was done on behalf of Leonard Brown.
  - In two short weeks, the group was able to raise over \$1,500. \$30 gift cards were provided for 38 kids.
  - Many thanks to the public, co-workers and friends for their contribution to this special event.
- ❖ Follow-Up: MHSA 2012-13 Annual Plan Update Public Hearing and County Response
  - The item was placed on agenda for comment from this Board, as a follow up, to see if there were any recommendations.
  - The plan was approved on December 11, 2012 by the Board of Supervisors.

- Executive Committee Recommendation on Board Protocol (Non-Board Member Participation) [Action Item]
  - The Executive Committee recommends maintaining the three minute public comment time at discretion of the chair to
  - A podium lectern will be purchased, if unable to locate one in ASOC, to assist in formalizing the public comment process.

Jim Holmes approved the Executive Committee's recommendation, Patricia Meade seconded. Motion carried.

### **New Business**

- Presentation of Certificate of Appreciation to John Koehler
  - Sharon Behrens, Chair of the MHADB presented Mr. Koehler with a certificate of appreciation.
- MHSA Update: Three-Year Planning
  - First three-year plan started in 2006; we're still on the first three-year plan. Starting on another three-year planning process according to the statue.
  - The process is to evaluate what we have in place, to see if there are any gaps, needs, or changes to be made.
  - Currently we have a one-year reserve in our programs (monies), which we want to spend down now.
    - 70% Community Services and Supports.
    - o 20% Prevention.
    - o 5% Innovation.
- Contract
  - The below contract was reviewed and approved by the Executive Committee.
    - ☐ Memorandum of Understanding (MOU) with the California Department of State Hospitals

Jim Holmes approved the MOU, Rick Buckman seconded. Motion Carried.

### **Board Member Comments**

- Steve Schauer thanked John Koehler for his hard work and dedication.
- Patricia Meade thanked John Koehler for keeping her on her toes. Reported on her attendance and shared her experience at the suicide prevention conference this last week.
- Janet O'Meara thanked John Koehler and his generosity of his time, experience, and emails.
- Jim Holmes thanked John Koehler and expressed his fondest regards to Mr. Koehler's sister.
- Jessica Williams shared appreciation for everyone on the Board for their advocacy and action and appreciate those who have stepped up.
- Dan Wesp will miss John Koehler, who has been a fixture to him as with Leonard Brown. Mr. Wesp also commented on the Adult System of Care Committee's report on Laura's Law and how well written it was. He also thanked Sharon Behrens on her great job on the Christmas party. Reported that Shop with a Cop happened last week in Roseville for underprivileged and deserving children. Each kids gets \$250 to spend at Target. These kids are nominated by their teachers and other community people.
- Sharon Behrens shared her appreciation for this Board. This is the most active, sincere board and things actually get done. She thanked everyone for all the hard work, including Maureen Bauman and Janna Jones.

### Public Input - None

### Adjournment

- The meeting was adjourned at 7:52 p.m.
- Monday, January 14, 2013 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- Monday, January 28, 2013 is the next board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn

Secretary/Treasurer, Mental Health, Alcohol and Drug Board