

MONTHLY BOARD MEETING MINUTES

January 24, 2011

Mental Health Board

Members in Attendance

Behrens, Sharon
Brown, Leonard
Buckman, Rick
Egli, Eric
Holmes, Jim
Koehler, John
O'Meara, Janet

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Jones, Janna
Knecht, Richard
Moser, Katrina

Absent Members

Welcome and Introductions

Sharon Behrens, Chair of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation)

- Sharon Behrens brought this new agenda item to everyone's attention. This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board meetings.
- Provided information to the Board that the Mental Health, Alcohol and Drug Board meeting time is from 6:15 to 8:00 but can be flexible.

❖ Guest Speaker: Richard Knecht, Director, Children's System of Care – Presenting on CPS

- Traditional county services can be accessed through one of four systems: Child Welfare/Child Protective Services, Mental Health Services, Juvenile Justice or Special Education.
- Richard Knecht provided a very detailed overview of the Child Welfare System.
- The idea is to meet families where they are best served and every family is unique.
- Build partnerships with community organizations that are more accessible and less stigmatizing in the way children get care. Looking for ways children can get services from within naturally occurring supportive relationships/informal networks that families are a part of in Placer County: faith-based community, school partners, little league organizations and coaches.
- CSOC is governed by a four person collaborative called the SMART Policy Board. They craft policies and provide oversight and direction to the board.
- Mental health services can be accessed through the Family and Child Services team and through a referral from school systems (aka 26.5 or 3632 legislation).
- Interventions focus on skill development, parenting and behavioral training (functional analysis).
- Wraparound Services were put in place and designed to help kids avoid group homes or institutional care. It engages families in a way that empowers them to be the experts for their children, to identify their own strengths and their own needs. Youth anywhere in the system can be eligible for wraparound services.
- Functional family therapy is designed to empower the family to change the way the family sees their challenges (evidence-base practice).
- AB 12 extends foster care up to the age of 21.
- Out of the 248 kids receiving services, approximately 33% have drug issues and about 80% have mental health issues.
- Reviewed some of the mandated services the Child Welfare Services provides and services for delinquent youth.
- Addressed prevention services – Crisis Resolution Center. A grant funds care for 110 youth a year for kids not in the system but at risk of the system.
- Looking forward to a federal grant covering school-based WRAP/Early Intervention and CASA (Court Appointed Special Advocates) Mentoring, serving approximately 160 families the first year.

Secretary/Treasurer's Report

Approval of the January 24, 2011 Regular Board Meeting Minutes – Approved minutes as mailed.

Approval of Treasurer's Report – The current balance of \$1,051.00 is accepted as presented.

Standing Committee Reports

- ❖ Executive Committee
 - Reviewed meeting minutes from the regular board meeting and set agenda for this meeting.

- ❖ Alcohol and Drug Committee – John Koehler and Leonard Brown
 - Focus was to address the priority goals of the committee – most important is the ability to assess gaps, identify needs, and continue to monitor the services.
 - Follow up on last year's issue of Suboxone as a possible use in detoxification.
 - Plan to have another community forum and another Drug Take Back event (April 30th).
 - Provided an update on the Request for Proposal (RFP) process – reviewing different proposals for residential treatment.

- ❖ Quality Improvement Committee – Eric Egli
 - The External Quality Review Organization (EQRO) takes place in March. The report will come back to the full board after its completion.
 - Test calls will begin shortly to assess the services for both Children's ACCESS and ASOC Adult Intake. Board members are welcome to contribute to this effort.
 - Provided a reminder regarding the issue of respecting confidentiality when a situation or issue is brought forward.
 - Do not bring up names or identifying information about that individual in this meeting.
 - Issues of concern should be taken to the Executive Board for Maureen Bauman's review.
 - If a complaint is made and there is a system issue, this Board is charged with tracking the action and will receive feedback.
 - The flow chart will be included in the new member packet to help Board members identify how to maneuver through the system.

- ❖ Children's Committee – Janet O'Meara and Sharon Behrens
 - Worked on committee goals: to know more about the Child Welfare System and to conduct site reviews. Upcoming visits include:
 - Crisis Resolution Center (CRC) in Loomis on February 28th at 4:00 p.m.
 - Juvenile Detention Center in March.
 - The committee will utilize the evaluation tool to review the Children's System of Care, followed by a meeting with Richard Knecht to focus on system issues.

BOS-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - Mental Health, Alcohol and Drug Board recruitment information has been posted on the website with plans to go out to the media.

Correspondence and Announcements

- ❖ Sharon Behrens reported on the receipt of the following:
 - Information was provided to the California Association of Local Mental Health Boards (CALMHB) per their request.

Director's Report

- ❖ Maureen Bauman reported on the following:
 - Distributed a Charter for the Campaign for Community Wellness for review.
 - Provided a reminder of the upcoming annual update for MHSA, which is a two-part piece.
 - Review of prior year: FY 09-10 data for MHSA.
 - Send request to the state to provide allocation needed for FY 11-12.
 - Hold public hearing on March 28, 2011.
 - Two-day Suicide Prevention Conference taking place October 27-28, 2011, partnering with four to five other counties.
 - Provided a brief update on the state budget.
 - The Health Care Reform wants us to integrate mental health and primary care, which is a more natural approach to all of your health – body and mind.

- The state has worked out the 1115 Waiver with the federal government for us begin health care reform early.
- More people with low income will be eligible for MediCal.
- AOD didn't make it into this waiver but there is a minimum amount mental health that must be offered to the entire population.
- Provided an update on the Calmend pilot project taking place at the Community Clinic. 100 of the 300 individuals tracked have significant health problems in addition to their mental illness, including hypertension, diabetes and health concerns related to smoking.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - John Koehler will contact Mr. Jackson.
 - Jim Holmes made contact with a couple individuals.
- ❖ Goal Setting for Current Year
 - Much of the work of the Board is done within the individual committees but the Board can also do training as a whole.
- ❖ Placer NAMI Update
 - Janet O'Meara provided an update on Placer NAMI, with the first meeting taking place February 7th – discussing what the needs are of those folks who graduated from the Family to Family training.
- ❖ Signage Purchase
 - Janna Jones will move forward with having the signs made with the template that was emailed to members.

New Business

- ❖ Upcoming Training – *How Do You Care for a Wild Child? How Does the Wild Child Feel?*
 - Provided a brief overview on the training. Board members are welcome to attend.

Board Member Comments

- ❖ None

Public Input

- ❖ Katrina Moser reported on her daughter's experience with the 26.5. Today was her first day of college.

Adjournment

- The meeting was adjourned at 8:02 p.m.
- February 14, 2011 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- February 28, 2011 is the next board meeting in the at HHS – Administration Conference Room (11533 C Avenue, Auburn)

Secretary/Treasurer, Mental Health, Alcohol and Drug Board