

MONTHLY BOARD MEETING MINUTES

November 14, 2011

Mental Health Board

Members in Attendance

Behrens, Sharon
Brown, Leonard
Buckman, Rick
Egli, Eric
Holmes, Jim
Koehler, John
Meade, Pat
O'Meara, Janet
Schauer, Steve
Wesp, Daniel
Williams, Jessica

Staff and Guests

Abrahamson, Twylla
Allena, Dirk
Bauman, Maureen
Cowen, Jeff
Ellis, Amy
Jones, Janna
Moser, Katrina
Rose, Andrew
Rupe, Daniel
Wheeler, Rick

Absent Members

Pieper, Donna

Welcome and Introductions

Sharon Behrens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation)

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- Provided information to the Board that the MHADB meeting time is from 6:15 to 8:00 but can be flexible.

❖ Guest Speakers: Veteran's Panel - Describing their Experience

- Rick Buckman introduced two veterans, Dirk Allena and Andrew Rose, to tell their stories.
- Mr. Allena provided a brief history of his tour as a Coreman in the Marines.
- He shared his experiences including homelessness, hospital stays, treatment, regulation of medications, and three month outpatient services.
- Experienced problems with obtaining doctor's appointment and appointments were very short.
- Reported that Rick Buckman and the VA has been extremely helpful.
- Mr. Rose also provided the history of his two tours.
- He shared his history of obtaining services, which included PTSD clinic services.
- Both gentlemen shared the problems they dealt with when trying to secure medical services and shared their determination.

Secretary/Treasurer's Report

Approval of the October 24, 2011 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Report – The current balance of \$1,159.33 is accepted as presented.

Standing Committee Reports

❖ Alcohol and Drug Committee – Leonard Brown

- Leonard reported on his and Dan Wesp's visit to the various providers asking questions about programs and referrals.
 - Recovery providers being closed due to funding
 - The committee's concern is that with less treatment services, where are the people going to get services
- The committee will visit Warren Daniels (Nevada County) in January to get their perspective on providers and funding.
- Steve Schauer reported that Shari Crow took over the Sierra College survey. She reported there was a good turn out and

the survey is now ready to go out to the rest of the student body.

- ❖ Quality Improvement Committee – Eric Egli
 - The Children's Committee met with Richard Knecht to address ACCESS call scenarios and presented some new ideas and discussed possibility of having more frequent calls for a more steady feedback process.
 - The committee discussed resource distribution issues/concerns and that people define need based on whether they have the money to cover or not; needs should not be defined based on what the resource is. Concerns raised around those whose needs aren't getting met.
- ❖ Children's Committee – Janet O'Meara
 - Sharon Behrens reported on the many good things that came out of the test calls made to ACCESS, which allowed for change. The calls are a requirement of the Department of Mental Health.
 - Continue the focus of making the resources accessible to the public.
 - Identifying what is a good way to evaluate and assess changes that are being made within the ACCESS line. Develop questions that answer what we want to know – creating a better assessment tool.

BOS-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - Reported on the busy schedule the Board of Supervisors have the next few weeks, prior to ending the year.
 - December 6th there will be a special meeting regarding waste water treatment in the North Auburn area.

NAMI Placer County Report

- ❖ Janet O'Meara reported on the following:
 - Ms. O'Meara requested that the NAMI Warm Line phone number be identified in the meeting minutes: (916) 554-0554.
 - The Care and Share meeting is being held Thursday at the Auburn Library at 6:30 p.m.
 - NAMI will be trying to include speakers at many of the meetings to better meet the needs of individuals.
 - NAMI will have a membership drive.

Correspondence and Announcements

- ❖ Sharon Behrens reported on the receipt of the following:
 - None

Director's Report

- ❖ Maureen Bauman reported on the following:
 - ASOC is starting the new budget process.
 - Provided an update on the status of the AB 109 planning process as it continues to move forward. There is tension between need to increase jail capacity vs. reduced sentences/treatment alternatives. The (CJPC) subcommittee's next meeting is scheduled for Tuesday, November 22nd. Placer County will receive \$3.1 million for the impact of AB 109.
 - Mental Health Services Act (MHSA) budget update –
 - Using some MHSA funds for the remodel of the Community Clinic – the facility will be improved with some redesign for a more integrated behavioral health unit.
 - Reminder that the Placer Community Foundation completed a Request for Proposal (RFP) for our mini grants for the Innovation Project. These little grants, in the \$5,000-\$10,000 range, were distributed to try and strengthen the safety net that exists in our community.
 - Moving forward on the Electronic Medical Record (EMR) pilot; it's almost ready to be launched.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - Still looking for more consumers to sit on the Board. While the table is getting full, the members are still requested to look for consumers or other individuals.
- ❖ Visibility of Services (*Standing Agenda Item*)
 - Making the website accessible.
- ❖ Update on Sierra College Recruitment of Focus Group Lunch
 - See the Alcohol and Drug Committee report.

- ❖ Suicide Prevention Conference Update
 - Dan Wesp reported on his great experience at the Suicide Prevention Conference.
 - Those in attendance were able to break out into various sessions to learn about the suicide prevention program in schools and what the schools have done in response to suicide signs.
 - Mr. Wesp also attended the session on post-partum depression.
 - He received a thumb drive with information from the sessions, if members are interested in viewing.
- ❖ Discussion on Possible Change of Speakers
 - Maureen Bauman announced that she has secured a speaker from Peace for Families as the guest speaker for the December meeting who will speak on mental health and alcohol and drug.

New Business

- ❖ Review of Draft FY 2010-2011 Annual Report to the BOS
 - The draft report was distributed in the MHADB packet for review by the Board members.
 - Sharon Behrens shared some of the changes that have been made.

Leonard made a motion to accept the draft as final, Patricia Meade seconded it. Motion carried.
- ❖ Contracts
 - The below contracts were reviewed and approved by the Executive Committee.
 - Driving-Under-the Influence (DUI) and PC-1000 Monitoring Services
 - Mental Health Fee Ordinance to Include Drug Testing Fees for Substance Abuse Treatment

Eric Egli made a motion to accept the contracts identified above, Patricia Meade seconded. Motion carried.

 - Contract not included in the packet was the contract for Dr. Romer's time being reduced down to 20 hours per week.

John Koehler made a motion to accept the contract identified by Maureen Bauman, Janet O'Meara seconded. Motion carried.

Board Member Comments

- ❖ Jessica Williams let the Board members know that she's trained in PTSD for those who have any questions.
- ❖ Rick Buckman shared the resource: Personalized Home Care, which provides free personal care for people trying to stay in their homes without having to go to assisted living.
- ❖ Jim Holmes announced the HHS Administration has moved from Nevada Street to the Community Development Resource Agency (CDRA) Building.
- ❖ Leonard Brown announced the annual Christmas party on December 17th, 5:00 - 7:00 p.m. at Veteran's Hall in Lincoln – party to provide Christmas for families of those in recovery. There are four different churches that help fund the gifts for the children.
- ❖ Janet O'Meara announced that she will be attending the Welcome Center's Thanksgiving Wednesday.
- ❖ Sharon Behrens announced that her and Mia's story, what they put together for pediatricians about dealing with children of trauma, has been accepted and is now on line and available to all academy of pediatrics and individuals. "Just because you have emotional problems doesn't mean you can't have medical problems." The document is being passed out to pediatricians.

Public Input

- ❖ Katrina Moser also attended the Suicide Prevention Conference. She shared her idea to make additional thumb drives to give out to hospitals - Sutter Roseville and Sutter Auburn Faith.

Adjournment

- The meeting was adjourned at 8:14 p.m.
- December 5, 2011 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- December 12, 2011 is the next board meeting in the at HHS – Administration Conference Room (11533 C Avenue, Auburn)

Secretary/Treasurer, Mental Health, Alcohol and Drug Board