

## MONTHLY BOARD MEETING MINUTES

May 23, 2011

### **Mental Health Board**

#### **Members in Attendance**

Behrens, Sharon  
Brown, Leonard  
Buckman, Rick  
Egli, Eric  
Holmes, Jim  
Koehler, John  
O'Meara, Janet

#### **Absent Members**

Meade, Pat

### **Staff and Guests**

Abrahamson, Twylla  
Bauman, Maureen  
Daniels, Warren  
Ellis, Amy  
Jones, Janna  
Lovett, Ariel  
Luchay, Dennis  
Luchay, Carolyn  
Moser, Katrina  
Pieper, Donna  
Rubel, Laurie  
Schauer, Steve  
Vandiver, Laurie  
Wesp, Daniel  
Williams, Jessica

### **Welcome and Introductions**

Sharon Behrens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

#### **❖ Board Protocol (Non-Board Member Participation)**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- Provided information to the Board that the MHADB meeting time is from 6:15 to 8:00 but can be flexible.

#### **❖ Guest Speaker: Laurie Vandiver, ASOC Program Supervisor and Laurie Rubel, ASOC Client Services Practitioner Presentation on CONREP and Mental Health Court**

- Laurie Vandiver began the presentation reporting on the history/structure of the Conditional Release Program (CONREP), which began in 1986 out of the Governor's mental health initiative, implementing Section 1600 of the penal code.
- Laurie Rubel provides the day-to-day treatment for those clients in the system.
- Primary focus of CONREP is community safety first then treatment.
- Three legal major penal code commitments: 1) PC 1370 - individuals who have been found incompetent to stand trial at which time all charges are suspended until person is sent to a facility for restoration of that trial competency. Returned back to court once competency is restored and criminal proceedings can resume; 2) PC 1026 - found not guilty by reason of insanity. Individuals were unable to tell the difference between right and wrong at the time of the crime and unable to control their behavior; and 3) PC 2962 - individuals who have been convicted for their offense and go to state prison, suffering from major mental health illness and require long-term treatment and can be transferred from state prison system into state hospitals.
- Four forensic state hospitals utilized: 1) NAPA State Hospital; 2) Patton State Hospital; 3) Metropolitan State Hospital; and 4) Atascadero State Hospital.
- Requirement of CONREP operations policy is to visit each state hospital twice a year to assess for outpatient readiness.
- Reviewed terms and conditions of release into the community and expectations. Individuals must sign a 12 page terms and conditions of outpatient treatment.
- Laurie Rubel reported on her job of supervising the CONREP program clients in the community, following stringent guidelines (distributed level of treatment to assist clients to get reintegrated into the community).
- Ms. Rubel ensures they are adjusting to the community by checking in with clients weekly, more if needed, and she confirms their basic needs are being met.
- CONREP recidivism rate, statewide, was at 5% in 2003.
- If ASOC determines an individual is a danger to the community, it has the ability and authority to put the person back in the

- mental health hospital; no crime has to have been committed.
- 27 individuals are currently in the hospital with four CONREP clients in the community.

### Secretary/Treasurer's Report

**Approval of the April 25, 2011 Regular Board Meeting Minutes** – Approved minutes as distributed.

**Approval of Treasurer's Report** – The current balance of \$660.68 is accepted as presented.

### Standing Committee Reports

- ❖ Alcohol and Drug Committee – John Koehler and Leonard Brown
  - John Koehler introduced two guests who attended tonight's committee meeting - Warren Daniels and Ariel Lovett. Mr. Daniels is the Chief Executive Officer with Community Recovery Resources and Sierra Council on Alcoholism and Drug Dependence. A recent merger took place between the two organizations and they are now serving residents in both Placer and Nevada County. He reported on some new programs and what's happening in Nevada County.
  - Leonard Brown highlighted some of the information Mr. Warren presented that he felt was very helpful.
- ❖ Quality Improvement Committee – Eric Egli
  - Reported on the test phone calls made to both ACCESS and Adult Intake. Doing well on the adult side but found some challenges on the children's side. Spoke with Candyce Skinner and Richard Knecht regarding the challenges and discussed some strategies to improve their services.
  - Addressed how the MHADB is represented on the Placer website – some additional information may be helpful.
    - Take recommendations to the Executive Committee for further discussion and bring back to the full Board.
  - Reported that the Department of Mental Health – Department of Alcohol and Drug may be closed, which is not clear at this time. Concern that the responsibility of the audits will go to the Department of Health Care Services (DHCS), which is more of a policing operation and may result in less flexibility.
    - Maureen Bauman advised that DHCS will have a role in the Drug Medi-Cal process.
- ❖ Children's Committee – Janet O'Meara
  - As with the review of the intake process with the ASOC, the committee will begin in the next few months to look at the intake process in CSOC and have already met with Candyce Skinner. Currently in the problem solving state.
    - The plan for next meeting is to bring a timeline and the direction that the committee will be going.

### BOS-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
  - Mr. Holmes will be going to Washington, DC in June to accept an award for the Placer County Air Pollution Control District for a Biomass Project (Tahoe Region) - one of 12 air pollution control districts in the nation receiving this award.
    - Turn waste in the forest into alternative energy.

### NAMI Placer County Report

- ❖ Janet O'Meara reported on the following:
  - Reported on NAMI's last Care and Share meeting, with approximately 17 individuals in attendance.
  - Meetings take place the third Thursday of the month at 7:00 p.m. in the Beecher Room at the Auburn Library.

### Correspondence and Announcements

- ❖ Sharon Behrens reported on the receipt of the following:
  - Membership application received from California Association of Local Mental Health Boards and Commissions (CALMHBC).
    - M2. Behrens acknowledged that the MHADB is still not interested in membership with CALMHBC.

### Director's Report

- ❖ Maureen Bauman reported on the following:
  - Provided a brief overview of the May revise, which is the latest of the state's proposal. Continuing discussions on realignment; Placer County is excited about having more management authority over the programs it's operating.
    - Children's 3632 – Special Education Program is now being turned back over to education. Placer County will no longer be mandated to provide specialty mental health services for children who are in the schools.
    - The County hasn't been reimbursed by the state and now owes us millions of dollars.
  - County has its budget with contingency plans in place based on what happens with the state budget.
  - Reported that the number of unintentional injuries or deaths related to drug overdoses are increasing (opiate increase).

- A resolution for Mental Health Awareness month is going to the Board of Supervisors. The winning poster was passed around. Continuing to raise awareness -
  - 25% of our population has a mental health illness at any one time.
  - Stigma is a barrier to individuals seeking recovery.
- 245 young people attended the Battle of the Bands in Auburn, sponsored by the Youth Empowerment Services (transition age youth program).
- Reported on the update that was provided at a recent Placer Collaborative Network (PCN). PCN includes a variety of Placer County organizations. Ms. Bauman reviewed some of the projects PCN initiates.
- Innovation is one of the components of MHSA – the Innovation grant involves the community - community helping to support people. Tahoe Truckee Community Foundation and the Placer Community Foundation were asked to do mini grant processes on behalf of the County. 45 applications were received, awarding 27 applicants (totaling approximately \$340,000).
- Reported on the establishing of a permanent shared housing through AMIH (Timberline) and the growth of the HUD subsidized housing program.

### Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
  - Sharon Behrens shared her appreciation of staff and members of the Board for working towards increasing the membership of the Board. Special thanks to Eric Egli for his efforts – sending out information about the Board to individuals in the Roseville area.
- ❖ Nominating Committee Announces Nomination Candidates (accepts nominations from the floor)
  - Chairperson: Sharon Behrens
  - Vice Chairperson: John Koehler
  - Secretary/Treasurer: Janet O'Meara

**No additional nominations received from the floor.**

### New Business

- ❖ Vote on Acceptance of Daniel Wesp as a New Public Interest MHADB Member
  - The Executive Committee recommends the appointment of Daniel Wesp to the MHADB.

***Leonard Brown made a motion to accept the appointment of Daniel Wesp to the MHADB, Jim Holmes seconded. Motion carried.***
- ❖ Placer County Website – Providing Better Visibility
  - Sharon Behrens worked with Maureen Bauman to improve the visibility of this Board on the Placer County website; under ASOC, the new email address has been posted.
  - Working on the CSOC side of the site to include the same information.
- ❖ ASOC Personnel Changes
  - Announced the retirement of one of ASOC's program managers. Moved Cheryl Trenwith over to the Public Authority /IHSS positions (for senior services) and have promoted an existing supervisor, Amy Ellis, as the new manager for Alcohol and Drug programs.
  - Looking at consolidating some of our programs.
- ❖ MHSA Brochure
  - Maureen Bauman announced that the MHSA brochure will be out soon. It's written for the general public and outlines the various programs and provides another vehicle to get the information out to those seeking help.
- ❖ Contracts
  - The below contracts were reviewed and approved by the Executive Committee.
    - PATH Grant
    - Umbrella Contracts for Medical Care Services

***Leonard Brown made a motion to accept the contracts identified above, Eric Egli seconded. Motion carried.***

### Board Member Comments

- ❖ Rick Buckman reported on a recent change in Veteran's benefits related to Agent Orange. It has added retroactive payment for

- Parkinson's and heart problems. Three veterans received retroactive checks: 1) \$130,000; 2) \$190,000; and 3) \$298,000.
- ❖ Leonard Brown reminded the Board about the upcoming CIT taking place the first part of June. He spoke with Shari Crow on Dan Wesp's desire to address marijuana DUIs at Sierra College and will follow up with Ms. Crow. He also reported on a bath salt that gets people high and it can be purchased legally.
  - ❖ John apologized for his comment to Jim Holmes related to his upcoming trip.

### **Public Input**

- ❖ Daniel Wesp was impressed with his tour of the Welcome Center and the programs that are offered.
- ❖ Katrina Moser attended the Battle of the Bands and handed out 17 MHADB flyers while manning the resource table. She wanted to get the information out to those turning 18 and 19.
- ❖ Steve Schauer attended the Battle of the Bands. While he runs a drug and alcohol rehab in El Dorado and lives in Placer County, he would like to get involved in collaboration, reviewing how each county operates and look at the possibility of integrating. His facility has a large outreach to the public, providing drug education to students and feels the counties could help each other.
- ❖ Jessica Williams shared her appreciation of the Board.
- ❖ Donna Pieper also shared her appreciation.

### **Adjournment**

- The meeting was adjourned at 8:03 p.m.
- June 13, 2011 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- June 27, 2011 is the next board meeting at HHS – Administration Conference Room (11533 C Avenue, Auburn)

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Secretary/Treasurer, Mental Health, Alcohol and Drug Board