

Placer County Mental Health, Alcohol and Drug Board

ANNUAL WORKSHOP

July 15, 2011

- Attendees:** Twylla Abrahamson, Maureen Bauman, Sharon Behrens, Leonard Brown, Rick Buckman, Eric Egli, Amy Ellis, Jim Holmes, Janna Jones, John Koehler, Pat Meade, Janet O'Meara, and Daniel Wesp
- Absent:** Sharon Behrens (left early)
- Guests:** Susan Rohan, Steve Schauer, Jonathan Jacops, and Jerry Nevins

INTRODUCTIONS

Maureen Bauman introduced herself and provided a few details about the workshop.

GUEST SPEAKER

- ❖ Dr. Richard Burton, MD, MPH, Health Officer and Department Director was introduced by Maureen Bauman
 - Dr. Burton began his presentation with his education and background.
 - He is unable to predict where mental health services will go in the future but sees positive indications at a Federal level from a policy of parity of care for mental health and substance abuse services.
 - There are opportunities with expanded access to Medicaid that California may offer Medi-Cal. Health and Human Services is pursuing opportunities to expand that coverage in Placer County.
 - Addressed how many of the programs and services (county mental health and substance abuse) have changed over the years.
 - He shared how he brings his life experience into his position as the Health Officer and Director of Health and Human Services.
 - Dr. Burton sees improved access from a healthcare delivery standpoint and improved empowerment and success at a community standpoint as we all embrace the reality of the positive impacts we can have on each other.

❖ BOARD MEETING AGREEMENTS/OVERVIEW OF THE DAY

Role of MHADB – Statutes (W&I Codes) – Maureen Bauman

- The Mental Health Boards and Commissions Statutory Duties (W&I Code 5604.2) were distributed and reviewed.
- Ms. Bauman highlighted some of the Board's charge/roles related to the statutes.
- "Nothing in this part shall be construed to limit the ability of the governing body to transfer additional duties or authority to a mental health board."
- Recommended that a MHADB member participate on the Campaign for Community Wellness Committee as a liaison.

Role of Advocacy

- Sharon Behrens distributed a hand out for members to review.
 - Topic will be addressed at a later date.

❖ HISTORY OF PUBLIC MENTAL HEALTH

- Maureen Bauman shared a PowerPoint presentation on the history of mental health.
- Members participated in the history pre-assessment test.
- Reviewed laws and charges realized.

❖ CONSUMER PANEL

Guests attended to provide their feedback to the Board related to what works/doesn't work and ideas for change and opportunities.

- Jerry Nevins, Client Services Assistant, ASOC
 - Provided a brief overview of how he addressed his sobriety and subsequent treatment for mental health.
 - Identified the need for individuals to do things for themselves for their own recovery.

- Jonathan Jacops, Client Services Assistant, ASOC
 - Provided a description of what he encounters on a day-to-day basis with individuals who come into the Welcome Center.
 - Mr. Jacops identified that he was in the CONREP program (mental health parole) at one time, which is intense case management. Prior to CONREP, he was in Napa State Hospital.
 - "You have to invest in people."
 - Identified what worked for him –
 - Have therapy, case management and recovery open to all
 - Peer support

❖ CRIMINAL JUSTICE SERIES

The Board reflected on the criminal justice series and discussed what stood out and identified further actions.

Board Reflections (System)

- Appreciated parts of the system, one at a time.
- District Attorney (DA) question: will DA treat a "crime" as a criminal act? When a person is known to have a psychiatric diagnosis – how is this decided?
 - Define: minor crime [email follow up].
- Have separate presentations - agencies don't really understand missions of each other.

Actions

- Bekki Riggan to present AB 109.
- DA - more information on addressing mental health in court.
- Jail psychiatric services.
- Invite a judge as guest speaker.
- Provide information to DA on how treatment works - invite staff.
- Jail perspective on coordination of care after jail.
- Reinstate the PAC Program.
- Follow up with AOD to see if providers are coordinating jail after services.

❖ FISCAL YEAR 2010-11

What Worked/Didn't Work

Worked:

- Input from front line (presentation/committee/site visits).
- Site visit after hours – retreat.
- NAMI connection.
- Consumer panels.

Interests:

- Coalitions – Campaign for Community Wellness (CCW).
- What's not working - "word on street."
- How to get input from –
 - Agencies
 - NAMI
 - EQRO focus group
- Warren Daniels, Nevada County, to return.

- Domestic violence – invite Peace for Families.
- Veteran's Affairs - PTSD and TBI (Trauma).
- Criminal justice follow up – jail psychiatric.
- Dual diagnosis update.
- Advocacy.

❖ **BOARD GOALS FOR FISCAL YEAR 2011-12**

Committee Structure to Support Goals

- Moved to regular board meeting, immediately following retreat.

Identify Speakers/Information

- Moved to regular board meeting, immediately following retreat.