

MONTHLY BOARD MEETING MINUTES

November 26, 2012

Mental Health Board

Members in Attendance

Behrens, Sharon
Holmes, Jim
Meade, Pat
O'Meara, Janet
Williams, Jessica

Absent Members

Buckman, Rick
Koehler, John
Schauer, Steve
Wesp, Daniel

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Cleveland, Cheryl
Dugan, Beth
Ellis, Amy
Huber, Ingrid
Jones, Janna
Knecht, Richard
Osborne, Marie
Sutter, Kara
Taylor, Will
Thickens, Theresa

PUBLIC HEARING – Placer County, Mental Health Services Act (MHSA) 2012-13 Annual Plan Update

Sharon Behrens, Chair of the Mental Health, Alcohol and Drug Board called the Public Hearing to order at 6:04 p.m. Members and guests were welcomed and introductions were made.

- The Chair of the Mental Health, Alcohol and Drug Board (MHADB) outlined the Board's role with respect to the public hearing processes, next steps and the ground rules.
- The MHADB's role is to hear input from the public on the MHSA 2012-13 Annual Plan Update.
- Maureen Bauman provided a brief overview of the plan.
- County will only respond to written substantive comments.
- Public Hearing concluded at 6:30 p.m.

Public comment period opened at 6:18 pm:

- ◇ Sharon Neal: Plan is no longer handling/helping the severely mentally ill. Family members are going into legal system because of the lack of services. Concern with lack of access to review other individuals' comments related to the plan. Plan didn't provide address of public hearing. Too many acronyms without meanings being identified. NAMI asking for more involvement in public plan discussions. Feels the county has lost insight on where the monies are being spent.
- ◇ Will Taylor: Shared how he, as a consumer with a grave and persistent mental illness, was helped as a direct beneficiary of the MHSA monies. He also shared how the system and services helped him not only as a gravely disabled individual but also in securing a position representing the voice of individuals with mental illness, to county staff, supervisors, managers and clinicians. Due to this plan, things have happened and he is now able to step forward and represent the people who have no voice. Housing is a persistent issue for those with mental illness, as well as transportation.

Welcome and Introductions

Sharon Behrens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:40 p.m. Members and guests were welcomed and introductions were made.

❖ **Board Protocol (Non-Board Member Participation)**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:

a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.

- b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
- c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
- d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
- e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
- f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ **Guest Speaker: Richard Knecht, Director, Children's System of Care** – Presenting on Early Trauma Intervention for Kids 0-6 Years of Age

- Mr. Knecht provided a PowerPoint presentation on Children of Trauma - Emerging Trends in Identification and Treatment.
- Identified the three types of trauma: acute, chronic and complex.
- With multiple traumatic events, the capacity of the individual to cope/recover diminishes.
- Stress itself may result in trauma-like behavior.
- Trauma and the behavior which results from it can have lasting effects on relationships.
- Placer County approaches trauma by using evidenced-based interventions, cognitive behavioral therapies, and parent/child interactive therapy.
- Placer is hosting a Regional Trauma Program that convenes on February 8, 2013 – to discuss what can be done regionally. Ten counties invited; seven seats at the table for each county. Invitations include: county administrators, private hospital administrators, stakeholders and constituents.
- Distributed the Placer County Health and Human Services Children's System of Care Program Statement 2012 including the various services, Placer County Resources/Children's Providers, and Evidenced-Based Interventions, System of Care Review (University of South Florida) Executive Summary, information from Placer's Campaign for Community Wellness.

❖ **Prevention Update - Presented by: Kara Sutter, Adult Advisor, Substance Abuse Prevention**

- Distributed Coalition for Placer Youth Evaluation Summary Report for 2011-12 (November 2012) and PowerPoint Presentation by Placer County Youth Substance Use – What we know and what we are doing.
- Goals are to build partnerships, build connections with medical and faith-based organizations.
- Long-term outcome is to reduce underage drinking and Rx use; short-term outcome is to address contributing and local factors.
- Social Host Ordinance addresses limitation of law enforcement to intervene with home alcohol parties. It holds hosts of parties responsible for providing places for underage drinking.

Secretary/Treasurer's Report

Approval of the October 22, 2012 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Report – \$1,500 - Amount budgeted for Fiscal Year 2012-13.

Expenditures for the month of October includes: \$59.46 – catered meals and \$8.90 postage (November); as of November 25, 2012, the remaining balance is \$1,135.67 and is accepted as presented.

Standing Committee Reports

- ❖ **Alcohol and Drug Committee** – Pat Meade (on behalf of Dan Wesp)
 - The committee heard from Amy Ellis who shared that the ASOC is designating staff for more perinatal outreach including counseling groups. A co-occurring supervisor has been hired for more intensive case management.
 - Ms. Ellis is coordinating alcohol and other drugs and mental health services to provide a continuum of care for Placer.
- ❖ **Quality Improvement Committee** – Jessica Williams
 - Reported on the completion of the Department of Health Care Services (DHCS) review. Final review won't be received for a few months but noted the system and site review of services went well while the clinical portion of services not quite as well.
 - Completed test calls; passed three out of the four calls. The official draft will be out in the next few months.
- ❖ **Children's Committee** – Sharon Behrens
 - The committee reviewed the upcoming trauma convening event.

- The Quality Improvement and the Children's Committees, as a combined group, visited the Lighthouse facility in Lincoln.
 - Any member interested in participating in the site reviews can contact Sharon Behrens for inclusion.
- ❖ Adult System of Care Committee – Janet O'Meara
 - Laura's Law - next month the committee will bring forward, to the full Board, the suggestions/recommendations as to whether the Board will support/not support moving the law forward in Placer County.
 - The committee plans to obtain more data for review to see what more can be done and in the most efficient way.

BOS-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - The new CEO, David Boesch, has been with the county for six months and is getting well adjusted.
 - Mr. Holmes will be meeting with the new Veterans Services Officer – John Melrose.

Correspondence and Announcements

- ❖ Sharon Behrens reported on the receipt of the following:
 - Will Taylor reported on the Placer County Speakers Bureau and its upcoming presentations.
 - Hopes to present to the Board in the future, possibly January.
 - At presentations, they speak to the public about their experiences.
 - Hope to partner with the Latino Leadership council.
 - Applying for a grant through the Statewide Stigma and Prevention Project.
 - Provided a draft list of topics (distributed in packet).
 - Sharon Behrens reported on the status of Leonard Brown and his recovery. The MHADB will help to keep Leonard Brown's legacy alive by hosting the Christmas party, best known as the Friends of Leonard.
 - December 14, 2012 at 2:00 p.m. at Koinonia in Loomis (address will be provided later).
 - Supporting 36 kids with snacks and \$20 gift cards from Target, WalMart, or others in the local area.
 - At 12:00 p.m., Bill Ryland will conduct tours of the various houses and facilities for interested members.
 - Contact Sharon Behrens for attendance and donations by the end of next week.

Director's Report

- ❖ Maureen Bauman reported on the following:
 - Announced resignation of an ASOC Program Manager (Cirby Hills); hope to hire a replacement at a future date.
 - Concerned with hospital usage; there has been an increase in hospitalizations. Currently not able to manage with the 16-bed PHF and having to place individuals at other places.
 - Budget planning for the Department beginning for 2013-14.
 - MHSA process for planning and evaluating services is beginning with the Campaign for Community Wellness.
 - Laura's Law conversations are continuing with Supervisor Jennifer Montgomery.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - Noted - four guests in attendance at tonight's meeting.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
 - Continue to reach out to the community in a variety of ways for better visibility of services.
- ❖ Review Development of Policy on Public Comment
 - In reviewing the BOS policy on public comment, it was determined to be not as applicable; this Board is less structured.
- ❖ Proposed Change to the Board Protocol (Non-Board Member Participation)
 - Janet O'Meara would like to expand the comment period from three minutes to five minutes.
 - Discussions took place.
 - Sharon Behrens will take this discussion to the Executive Committee for further review. Recommendation will be brought back to the full Board.

New Business

- ❖ Draft 2013 Meeting Schedules – Regular and Executive Committee
 - Sent out in Board Packets.

❖ Contracts

- The below contracts were reviewed and approved by the Executive Committee.
 - Grant Agreement with the U.S. Department of Housing and Urban Development
 - Employee Agreement with Steven G. Sugden, M.D. for Psychiatric Services

No vote taken; items already went to the Board of Supervisors.

Board Member Comments

- ❖ None

Public Input

- ❖ Cheryl Cleveland, guest at tonight's meeting, made available the Sacramento Valley Chapter Directory and Resource Guide.
- ❖ Ingrid Huber, guest at tonight's meeting, inquired if Dr. Olga Ignatowicz's salary is the going rate for her position.

Adjournment

- The meeting was adjourned at 8:10 p.m.
- Monday, December 3, 2012 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- Monday, December 17, 2012 is the next board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn

Secretary/Treasurer, Mental Health, Alcohol and Drug Board