

MONTHLY BOARD MEETING MINUTES

January 23, 2012

Mental Health Board

Members in Attendance

Behrens, Sharon
Brown, Leonard
Egli, Eric
Koehler, John
Meade, Pat
O'Meara, Janet
Pieper, Donna
Schauer, Steve
Wesp, Daniel

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Ellis, Amy
Jones, Janna
Kauk, Virginia
Knecht, Richard
Moser, Katrina
Wheeler, Rick

Absent Members

Buckman, Rick
Holmes, Jim
Williams, Jessica

Welcome and Introductions

Sharon Behrens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation)

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- Provided information to the Board that the MHADB meeting time is from 6:15 to 8:00 but can be flexible.

❖ Guest Speaker: Richard Knecht, Director of Children's System of Care (CSOC)

- Provided a brief history of the Crisis Intake operations and the teams supporting this unit.
- The intake unit receives approximately 4,200 calls per year.
- Reviewed the two types of calls: Child Protective Service (CPS) and children's mental health.
- Reported that the last round of test calls yielded outcomes that were less than satisfactory, resulting in the creation of work groups to make improvements and reset the supervision model.
- Explained about the work groups' tasks and related plans related to the three focus areas:
 1. Support and supervision of intake workers
 2. Training
 3. Review printed information and resources available to workers
- A few CSOC leaders met and put together a training model of three separate trainings, most of the focus was on family engagement.
- Training will change the dynamics of the intake workers from conduits of information to educators and supporters of the callers. The training will provide them with the knowledge and skill set to be "interventionists."
- Plan to have semi-annual training from here on out.

Secretary/Treasurer's Report

Approval of the December 12, 2011 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Report – The current balance of \$1,064.90 is accepted as presented.

Standing Committee Reports

- ❖ Alcohol and Drug Committee – Leonard Brown

- Planning on meeting with Warren Daniels next month and preparing questions to ask him.
 - The committee's focus is on the Sierra College project.
- ❖ Quality Improvement Committee – Eric Egli
- Phone calls made to ASOC and ACCESS
 - Addressed the additional phone call made to ASOC and that the group feels they've handled calls very well.
 - Call to ACCESS started off slow but ended with great resources.
 - Reported that both calls were successful in obtaining resources.
 - Planning for the EQRO (External Quality Review Organization) in March.
 - Board members are welcome to attend portions of exit process.
 - Requesting a representative from this Board to attend.
 - Change of process - John Koehler assigned to review the quality assurance on Children's Committee and Janet O'Meara will move to Alcohol and Drug Committee.
 - Planning to combine, at times (based on the project), the QI and Children's Committee meetings and have trainings for both – sharing information.
- ❖ Children's Committee – Janet O'Meara
- For the month of February, the Children's and Quality Improvement Committees will meet together at the same time - 5:00 p.m. This will allow the two committees to focus on quality improvement work.

BOS-Representative

- ❖ None

NAMI Placer County Report

- ❖ Janet O'Meara reported on the following:
 - Reported on last week's Care and Share and its guest speaker from Proxy Parent Foundation – John Buck.
 - No word on status of the affiliation with NAMI.

Correspondence and Announcements

- ❖ Sharon Behrens reported on the receipt of the following:
 - Directed Board members to the Mental Health First Aid Flyer – 12-hour training course designed to give members of the public key skills to help someone who is developing a mental health problem or experiencing mental health crisis.

Director's Report

- ❖ Maureen Bauman reported on the following:
 - Laura's Law – AB 1421 allows a county, as an option, to civilly order people to outpatient treatment. Identified that there are funding implications.
 - A summary document will be provided to the Board next month.
 - Janet O'Meara identified that NAMI is neutral as to Laura's Law.
 - ASOC is in the process of identifying the clerical contact for each program and placing their email address on Placer County's website for increased accessibility.
 - Mental Health First Aid – the Central Region (Placer down to Fresno) is one of the five regions receiving Workforce and Education training. Reported on how the outcomes from the Mental Health First Aid training are being tracked.
 - Suboxone – Substance abuse research data was received and placed on back table for members' review.
 - In the process of reform in the state of California with the Department of Mental Health and the Department of Alcohol and Drug basically going away and merging into the Department of Health Care Services.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - Sharon Behrens reported on a few contacts made and plans to continue to expand Board membership.
- ❖ Visibility of Services (*Standing Agenda Item*)
 - The Network of Care link is on Placer County's website and it provides links to various resources. Continuing to update the website.

- Requesting Board members review and provide suggestions.
- Passed around a sheet to identify your membership designation which will be posted on Placer County's website under the MHADB.
- ❖ Sierra College Update
 - Dan Wesp briefly reviewed the tentative plan for the Sierra College Forum taking place at Sierra College on March 27th from 11:00 – 12:30. The forum will include a mock marijuana DUI trial.
 - Steve Schauer will provide his own personal experience with the marijuana DUI process. There will be a panel for the questions and answers.
 - Current sponsors: MHADB, PCSO, Rocklin PD, Roseville PD, Health and Human Services, ASOC Alcohol and Drug Program, Coalition for Placer Youth, MADD, DA, Unity Care, and Recovery Now.
 - Those wanting to be a sponsor at this event need to contact Sharon Behrens by the middle of February.
- ❖ Supporting Sponsorship of Sierra College Forum on DUI
 - Sierra College Forum on DUI takes place March 27, 2012 at 11:00-12:30 at the Sierra College Theater.

Eric Egli made a motion to approve sponsoring the Sierra College Forum on DUI, John Koehler seconded it. Motion carried.
- ❖ Request For Proposal (RFP) Update
 - The MHADB identified a volunteer for the RFP process regarding the AB 109 (out-client program, in-custody program and required programs).
 - Local dynamics experiencing with AB 109 – of the 52 people who have been charged locally, 50 of them are spending all of their time in jail and two have split sentences (jail time and probation time).
 - Received approximately \$800,000
 - Hiring two Client Services Practitioners (CSP), which are master level people.
 - Remaining will be used at the provider level.
- ❖ Approval of Guest Speaker Updated Schedule
 - Briefly reviewed some of the changes made to the Guest Speaker schedule.

New Business

- ❖ Certificate Presentation to Dr. Eric Egli
 - Sharon Behrens presented Dr. Eric Egli with a certificate of appreciation for his six years on the Mental Health, Alcohol and Drug Board.
- ❖ Webinar Training for Local Mental Health Boards and Commissions
 - John Koehler reported on his participation in the webinar for Local Mental Health Boards/Commissions and shared some learning experiences.
 - Both John Koehler and Janet O'Meara participated in the webinar.
- ❖ Resolution
 - The below resolution was reviewed and approved by the Executive Committee.
 - Adoption of a Resolution to Establish Drug Testing Fees

Eric Egli made a motion to accept the resolution identified above, Donna Pieper seconded. Motion carried.

Board Member Comments

- ❖ John Koehler shared how much Dr. Eric Egli will be missed.
- ❖ Pat Meade also shared how much Dr. Eric Egli will be missed. She also reported on her recent tour of the Adult System of Care Dewitt site including the Welcome Center and Assessment room; she had an opportunity to meet with Maureen and hear about the various programs.
- ❖ Leonard Brown learned a lot from Dr. Egli. He shared his appreciation for all those that helped at the Christmas party: Sharon and Mia Behrens, John Koehler, Dan Wesp and his girlfriend. Over 250 people were fed.
- ❖ Donna Pieper appreciated Dr. Egli advising her of the need for board members.
- ❖ Janet O'Meara shared her experience with Dr. Egli's help when she was a new member. She reported on helping at the

Welcome Center Christmas party and Open Mic. She would like to figure out a way of getting them a convection oven. Once NAMI gets more established, she hopes they will be able to contribute to the Welcome Center.

- ❖ Sharon Behrens wanted to note that everyone on this Board is in a project and involved because they really want to make a difference in the community. Everyone here is active in the community. Sharon Behrens thanked everyone for their expertise and caring about this population.

Public Input

- ❖ Rick Wheeler asked if he could be a Board member even though he's a provider. Confirmed Mr. Wheeler could sit on the other committees.
- ❖ Katrina Moser will go back to Mental Health America to see if they would like to be a sponsor for the Sierra College.

Adjournment

- The meeting was adjourned at 8:00 p.m.
- **Tuesday**, February 14, 2012 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- February 27, 2012 is the next board meeting in the at HHS – Administration Conference Room (11533 C Avenue, Auburn)

Secretary/Treasurer, Mental Health, Alcohol and Drug Board