MONTHLY BOARD MEETING MINUTES

June 25, 2012

Mental Health Board Members in Attendance

Behrens, Sharon Brown, Leonard Buckman, Rick Holmes, Jim Meade, Pat Pieper, Donna Schauer, Steve Wesp, Daniel Williams, Jessica

Absent Members

Koehler, John O'Meara, Janet

Staff and Guests

Abrahamson, Twylla Albert, Tamera Bagley, Claire Bauman, Maureen Carlson, Charles Ellis, Amy Jones, Janna Lozano. Frank Martin, Deb Moser, Katrina Neal, Sharon Osborne, Marie Romer, Blair Smullen, Gavle Taylor, Will Wheeler, Rick Wilcox, Amanda Wilcox, Nick

Welcome and Introductions

Sharon Behrens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation)

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board.
- Provided information to the Board that the MHADB meeting time is from 6:15 to 8:00 but can be flexible.

❖ Guest Speaker/Informational Item: Dr. Frank Lozano, Local NAMI Advocate (25 minute presentation)

- An agenda was prepared by Dr. Lozano and distributed prior to his presentation.
- Dr. Lozano reviewed some of the information gathered and provided web links related to each agenda item.
- Identified the states where there is a "Laura's Law" in effect.
- Listed some of the benefits of Assisted Outpatient Treatment (AOT).
- No person is forced to take medication.
- Amanda and Nick Wilcox shared their story about their daughter who, while working at the Nevada County Behavioral Health Clinic, was killed by a client.
 - They believe that untreated mental illness of the client was the main reason for their daughter's death.
 - Core issue of Laura's Law –involuntary treatment, is based upon individuals who refuse treatment because they lack insight
 to their mental illness.
 - Mrs. Wilcox shared the results in Nevada County since the implementation of Laura's Laws May 2008 to January 2012.
 - o Between May 2008 and January 2012, there have been 37 referrals for Laura's Law Assisted Outpatient Treatment.
 - o Of the 37 referrals, 22 engaged in treatment with no court order and 11 did receive a court order.

Secretary/Treasurer's Report

Approval of the May 21, 2012 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Report – \$1,500 - Amount budgeted for Fiscal Year 2011-12.

Expenditures for the month of May include: \$9.60 – postage (May and June) and \$56.35 – catered meals (June); as of June 18, 2012, the remaining balance is \$724.32 and is accepted as presented.

Standing Committee Reports

- Alcohol and Drug Committee –Dan Wesp
 - The committee learned that the PACT meeting is coming back under a new name: Community Resource Team with Probation taking the lead.
 - ➤ Meetings will begin September 13, 2012 and will continue every second Thursday of the month from 9:00 11:00 a.m.
 - > Probation is looking for motivational speakers; this committee will have some members participate.
 - > See Amy Ellis if you would like to be a speaker.
 - The committee continued recurring discussions about Net Negotiated Amount (NNA) and Perinatal funds. The committee will help find out where women with children, who are in need of these services, are naturally going. Will begin looking at the following locations to begin opening a line of communication:
 - Emergency rooms
 - Pediatricians' office
 - Lincoln Lighthouse
 - o Jail
 - o Sutter
 - Kaiser
 - The Gathering Inn
 - Received an update on AB 109 and the Request for Proposal (RFP) process. New providers for outpatient services for both in and out-of-custody should serve 100 individuals for 90 days for outpatient; 35 people for 90 days for transitional housing; new contractors for educational programming for out-of-custody only; continues to be residential treatment through current contractors and should add 36 beds for about 45 days.
- Quality Improvement Committee Jessica Williams
 - Sharon Behrens reported that the committee reviewed the rough draft for the annual report and discussed some of the changes.
- Children's Committee Sharon Behrens
 - Reported that both Richard Knecht and Twylla Abrahamson are putting together and will get funding through Strategies and
 First Five to put on a consortium in February 2013 that will be a region discussion of the creation of some form of treatment
 for the 0-6 population. Possibility of creating a day-type program where children can be treated.

BOS-Representative

- Supervisor, Jim Holmes reported on the following:
 - Jim Holmes was re-elected to a third term and will be sworn in the last week of December.
 - The new County Executive Officer (CEO) has been identified and has been very busy the last two weeks.
 - Adopted budget of a little over \$690 million for the fiscal year 2012-13. Final budget is due September; budget workshops take place in August.

Correspondence and Announcements

- Sharon Behrens reported on the receipt of the following:
 - Nothing reported.

Director's Report

- In Maureen Bauman absence, Twylla Abrahamson reported on the following:
 - AB 109 update
 - o Have seen about 100 people thus far.
 - o Using existing resources to access all those that came over from Probation.
 - o The AB 109 practitioners are evaluating for both mental health and alcohol and other drugs.
 - Provided an update on the pilot project on electronic medical records, moving from the pilot to almost everyone completing
 the progress notes electronically. The next phase includes the other pieces assessments and treatment planning. Once

- all the pieces are completed then it bills automatically in the system
- Reported on her recent attendance at the NAMI Care and Share meeting. The hand out she distributed at the meeting was passed around to this Board for review.
- Dr. Romer resigns the end of the month; ASOC will utilize a Locum Tenem, an extra-help company that provides physicians.
- Mental Health America has a Wellness Recovery Action Plan helping people develop their plan of recovery. Groups starting in both Auburn and Roseville the week of July 23, 2012.
 - ➤ Roseville: Mondays from 5:00 p.m. 7:00 p.m.
 - ➤ Auburn: Wednesdays from 10:30 a.m. 12:30 p.m.

Unfinished Business

- Recruitment (Standing Agenda Item)
 - No outstanding applications; continue to look for consumer and family representatives.
 - Currently no representation from the Latino community.
- Visibility of Services (Standing Agenda Item)
 - AOD committee is planning an outreach to women with children as part of their perinatal plan.
 - The Board plans to do some updated press releases, highlighting the speaker of the month.
- Housing Project (Standing Agenda Item)
 - Maureen Bauman reported on the status of the Placer Street project that's coming on line; currently accepting individuals.
 - Received additional Shelter Plus Care funding, which is a HUD version of Section 8.
- Vote on Slate of Officers
 - Chair: Sharon Behrens
 - Vice Chair: Janet O'Meara
 - Secretary/Treasurer: Donna Pieper
 - Requested nominations from the floor none received.

Jim Holmes approved the slate of officers as identified, Leonard Brown seconded. Motion Carried

New Business

- CalMHSA Suicide Prevention Update
 - Distributed and highlighted areas of the CalMHSA Prevention and Early Intervention Statewide Projects Abbreviated Summary and Key Activities Report.
 - ASOC is working with Sierra College to implement a suicide prevention program.
 - Want to make sure all the suicide hot lines in California are accredited and are coordinated with the county.
- Maureen Bauman provided an overview of the contract
 - □ Nancy Bloom, LCSW, For Clinical Supervision and Training

 Leonard Brown made a motion to accept the above contract, Dan Wesp seconded. Motion carried.

Board Member Comments

- ❖ Pat Meade mentioned that Laura's Law upsets her and she shared her experience as a consumer and as a provider with her groups. She feels it's something the Board should think about, as we go more in depth.
- Rick Buckman reported on his bicycle ride from San Francisco to LA to benefit AIDS (\$21 million was raised).

Public Input

- ❖ Gayle Smullen worked for Stanislaus County for 25 years. She feels that one of the things not stressed enough is that in the coordination between departments, there is a large savings with time, energy, personnel, and effort with staff in the various departments. By coordinating the efforts, there is no duplication and it's a much smoother process.
- Sharon Neal has been involved in NAMI for over 20 years and deals with many families. She feels this is where Laura's Law works well there are many clients whose families are involved. Only twice had it become so critical that Mrs. Neal had to report what was going on with the family to the county.
- Dr. Romer's belief is to use the least amount of medications possible. As the Chief of Staff at the prison psychiatric hospital in Vacaville, he noted there are a small number of individuals who don't have the insight into their mental health. A Beautiful Mind is the perfect movie to show you what the world is roughly like for those suffering from paranoid schizophrenia or someone suffering from severe delusional experience. This is an opportunity for us to find a way to help these people and intervene sooner and

- have fewer deaths.
- ❖ Will Taylor is coordinating the Recovery Happens event, September 22nd from 10:00 2:00 at the Auburn Recreation District. Concentrating on recovery as a holistic system and lifestyle mental health and alcohol and other drugs. Theme: Join Our Voices of Recovery.
- Gayle Smullen came primarily for the presentation on Laura's Law but was very impressed with the meeting and the integrity.
- * Katrina Moser said that she would like to see or hear testimonies from those who have gone through the mental health treatment and get their perspective (Laura's Law).
- ❖ Maureen Bauman, regarding the Laura's Law informational presentation, identified that Assertive Community Treatment is already in place in Placer County. This is the part of Laura's Law where you engage somebody before they're ready. There are huge savings in terms of reductions in jail-bed days and psychiatric hospitalizations those outcomes do exist.

Adjournment

- The meeting was adjourned at 7:55 p.m.
- Monday, July 9, 2012 at 3:00 p.m. is next Executive Committee meeting (ASOC)
- FRIDAY, July 20, 2012 is the next board meeting taking at the City of Auburn Civic Center, Rose Room (downstairs), 1225 Lincoln Way, Auburn

Secretary/Treasurer, Mental Health, Alcohol and Drug Board