

The Welcome Bell

The official newsletter of the ASOC Welcome Center: 530-889-7200

11522 B Street, Dewitt Center, Auburn, Ca 95603. Volume 2, Issue #5, April 1, 2013

Hours: Monday– Thursday 10 am to 4 pm and Friday 10 am to 2 pm

Auburn’s Welcome Center is a place to relax, read, enjoy treats, make friends, make phone calls, leave messages, use the restrooms, use computers for a variety of needs, join group sessions, watch movies, work on sobriety commitments, and enjoy special activities. Perhaps most important is the availability of resources to assist with need such as shelter, housing jobs, financial assistance, recovery, health coverage, food stamps and SSI. Everyone over 18 is welcome as long as they are sober, cooperative, and follow the basic rules.



The Welcome Center

Mental Health Awareness Poster Contest. Artists and art enthusiasts alike are invited to submit entries for the Campaign for Community Wellness’ annual Mental Health Awareness Month poster contest. The contest is hosted by the Leadership Development Committee of the Welcome Center. The deadline is April 11, and entries may be submitted to either the Welcome Center in Auburn or the Cirby Clubhouse in Roseville. Entries should be 8.5” by 11”, or 11” by 17” and include the text “May is Mental Health Awareness Month.” The First Place award is \$100, the Second Place award is \$50, and the Third Place award is \$25. Don’t forget to put your name on the back of your submissions. Good luck!!



Art parties will be held both at the Cirby Clubhouse and the Welcome Center on April 4 and April 11. The Cirby Clubhouse parties will be from 11:30 am to 12:30 pm, and the Welcome Center parties will be from 11 am to 12 noon.

Bingo Day has become popular at the Welcome Center



Performers at Open Mic



Becky



Tim

Thank you!! to **Starbucks** for their continued contribution of sweets in the morning; to the **Faith Lutheran Church**, the **Auburn Grace Community Church**, and the **Foothill Center for Spiritual Living** for their many contributions of food, blankets and sleeping bags; to **Rema** and **David M** and to **Laura L** for their donations of food and clothes; and to **Bob, Frank, Ken, LeNell, Monte, Scott** and **Tim** for helping to keep the Welcome Center clean. Special thanks to **LeNell** for making our clothes closet look beautiful!



Kim

Getting to Know Us: **Kim** was born and raised in the Roseville area, and she earned a B.A. in Art from Chico State University. She has a teaching credential and is a K-12 substitute teacher when she is not working at Placer County's Welcome Center. She is also a Fencing enthusiast.

Kim started working for Placer County in 2009 as a Navigator, and then became a Peer Advocate and a Client Service Assistant II. Her current jobs at the Welcome Center include special projects, facilitating groups, shopping, distributing emergency bus tickets, and other tasks. She really enjoys her work and being with the people here.



This month's puzzle:

What were the original names of **Bo Derek**, **Faith Hill**, **Jayne Mansfield**, **Jayne Seymour** and **Judy Garland**?

The Cirby Corner

Greetings from the Cirby Clubhouse. We just had a great turnout for our St. Patrick's Day Party, where we had corned beef and cabbage, bingo, crafts, and a movie. For our Life Skills group, we go on an outing once a month, and last month we went to the Folsom Zoo. We plan on going to the Sacramento Railroad Museum in the next coming months. We will be hosting an art party for the poster contest for National Mental Health Awareness Month. Be sure to check out our Spring Boutique Fundraiser from April 30th through May 9th on every Tuesday, Wednesday, and Thursday from 10am-4pm.

Answer to last month's puzzle: What were the original names of Bob Dylan (Bob Zimmerman), Cary Grant (Archibald Leach), Harry Houdini (Ehrich Weiss), Roy Rogers (Leonard Sly), John Wayne (Marion Morrison) and Jay-Z (Shawn Carter)?

