

**MEMORANDUM  
PLACER COUNTY HEALTH AND HUMAN SERVICES  
Adult System of Care**

**TO:** Honorable Board of Supervisors

**FROM:** Richard J. Burton, M.D., M.P.H.  
Placer County Health Officer and Director of Health & Human Services  
Maureen F. Bauman, Director of Adult System of Care

**DATE:** October 6, 2009

**SUBJECT:** Amend Mental Health Fee Ordinance to Include Substance Abuse Treatment and Other Adult and Children's Systems of Care Services

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**ACTION REQUESTED:**

Request the Board to take the following actions:

- a. Conduct a public hearing to consider the establishment of fees for a County-operated substance abuse treatment program,
- b. Adopt an Ordinance to amend Section 111 of Article 2.116 of Chapter 2 of the Placer County Code (Section 2.116.111), Fees for Mental Health Services, relating to Adult and Children's Systems of Care fees, and specifically substance abuse treatment fees,
- c. Adopt a Resolution establishing substance abuse treatment fees and a sliding scale fee schedule based upon a person's ability to pay.

Revenue from these fees is estimated at \$25,000 annually.

**BACKGROUND:**

Health and Human Services administers substance abuse treatment programs for Placer County. As a result of the elimination of State funds for the Substance Abuse Crime Prevention Act (SACPA) Placer County has established a licensed substance abuse treatment program in order to centralize an out client treatment and assessment center and consolidated all funding streams for increased efficiencies.

Prior to this year all treatment services were contracted to community-based organizations and County staff provided assessments, referrals, and case management. The new service program provided by the County continues to be funded by a combination of Federal, State, local, and private funds. Pursuant to Federal regulations, entities that both receive this funding and provide services must make every reasonable effort to secure payments from clients in accordance with their ability to pay, including the establishment of systems for eligibility determination, billing, and collection.

Fees for Placer County mental health services are currently found in the County Code Section 2.116.111. The proposed ordinance will remove the specific amounts of such fees from the County Code, expand the scope of this section to incorporate other programs managed by the Adult and Children's Systems of Care, including substance abuse treatment and public guardian.

The proposed resolution establishes the fees for the substance abuse treatment program, as well as the Federally-mandated sliding scale fee schedule, and authorizes the Department to waive these fees in extraordinary circumstances. The fee is based on a projection of what the actual costs of providing treatment will be in the current year utilizing the cost of service in the most recently completed State Substance Abuse Cost Report. The schedule reduces this fee based on a person's income and number of dependents.

The substance abuse cost reports and methodology used to establish these fees are on file with the Administrative and Fiscal Operations Manager, Department of Health and Human Services, Systems of Care, at 11716 Enterprise Drive, Auburn, CA.

**FISCAL IMPACT:**

The proposed resolution will establish a schedule of costs of service, a system to determine income eligibility, and billing and collection from clients for services based on their ability to pay. This resolution will result in collection of fees from clients to offset the cost of substance abuse treatment. Revenue from these fees is estimated at \$25,000 annually.

Before the Board of Supervisors  
County of Placer, State of California

In the matter of:

**An ordinance replacing Section 2.116.111 of the Placer County Code Regarding Fees for Mental Health, Substance Abuse Treatment, and Public Guardian Services.**

Ord. No.: \_\_\_\_\_

First Reading: \_\_\_\_\_

The following Ordinance was duly passed by the Board of Supervisors of the County of Placer at a regular meeting held \_\_\_\_\_ by the following vote on roll call:

Ayes:

Noes:

Absent:

Signed and approved by me after its passage.

\_\_\_\_\_  
Chairman, Board of Supervisors

Attest: \_\_\_\_\_  
Clerk of said Board

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**WHEREAS**, the Health and Human Services Department allocates staff time and other costs for providing various services to the public; and

**WHEREAS**, the Board of Supervisors has previously determined that the costs associated with such services is to be supported, in part, by consumers of those services; and

**WHEREAS**, California Probate Code Section 2942 authorizes counties to collect payment for reasonable expenses incurred and services provided in the execution of the guardianship or conservatorship;

**WHEREAS**, the Board of Supervisors of Placer County has implemented fees for mental health services and Public Guardian Services as described within Placer County Code Section 2.116.111, but currently this section does not include substance abuse service costs;

**WHEREAS**, the County ensures cost recovery related to substance abuse services costs by providing an "Annual Substance Abuse Cost Report" every year, which is reported annually to the State;

**WHEREAS**, in order to lower costs, the County is moving the majority of the provision of mental health substance abuse service costs in-house, and in doing so is required, pursuant to State Medicaid Plan and Title 42, Code of Federal Regulations and Welfare and Institution Code Section 5709, to implement a fee schedule relating to such services that will ensure that a uniform rate is charged to all governmental and private payors and is based on ability to pay (but may not exceed the actual costs incurred).

**WHEREAS**, State law also requires that where a local entity imposes a new fee or increases an existing fee, it must prepare a study documenting that the amount of the fee does not exceed the estimated reasonable cost of providing the services; and

Ordinance No. \_\_\_\_\_

Date Adopted: \_\_\_\_\_

**WHEREAS**, the methodology used within the most recent "Annual Substance Abuse Cost Report" substantiates the proposed fee amounts. This documentation has been filed with the Clerk of the Board of Supervisors and the Administrative and Fiscal Operations Manager of the Department of Health and Human Services, Adult System of Care, and all notices as required by State law have been given and a public hearing has been held;

**THEREFORE, THE BOARD OF SUPERVISORS OF THE COUNTY OF PLACER, STATE OF CALIFORNIA, DOES HEREBY ORDAIN** as follows:

**Section 1:** That Section 2.116.111 of the Placer County Code is hereby replaced in its entirety as follows:

**2.116.111 Fees for Adult and Children's Systems of Care services.**

The Placer County Adult and Children's Systems of Care shall charge and collect fees for mental health services, Public Guardian Services, and substance abuse assessment and treatment services performed. Any and all fee schedules are to be based on ability to pay, but may not exceed the actual costs incurred, and shall ensure that a uniform rate is charged to all governmental and private payors. The Department may waive fees under extraordinary circumstances. Fees for Adult and Children's Systems of Care services will be set by resolution of the Board of Supervisors, and may be adjusted based on current actual costs by resolution of the Board of Supervisors.

**Section 2:** The resolution reflecting the current fee schedules shall be on file with the Administrative and Fiscal Operations Manager of the Department of Health and Human Services, Adult System of Care.

**Section 3:** This ordinance shall take effect and be in full force and effect thirty (30) days after its passage. The Clerk is directed to publish this ordinance, or a summary thereof, within fifteen (15) days in accordance with Government Code Section 25124.

**Before the Board of Supervisors  
County of Placer, State of California**

In the matter of:

Resolution No: \_\_\_\_\_

**A resolution adopting fees and establishing a sliding scale fee schedule for certain substance abuse treatment services provided by the Health and Human Services Department, Adult and Children's Systems of Care.**

The following Resolution was duly passed by the Board of Supervisors of the County of Placer at a regular meeting held \_\_\_\_\_ by the following vote on roll call:

Ayes:

Noes:

Absent:

Signed and approved by me after its passage.

\_\_\_\_\_  
Chairman, Board of Supervisors

Attest: \_\_\_\_\_  
Clerk of said Board

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THE BOARD OF SUPERVISORS OF THE COUNTY OF PLACER, STATE OF CALIFORNIA, DOES HEREBY RESOLVE THAT:

**WHEREAS**, the Health and Human Services Department allocates staff time and other costs for providing various services to the public; and

**WHEREAS**, the Board has previously determined that the costs associated with such services is to be supported, in part, by consumers of those services; and

**WHEREAS**, the Board of Supervisors of Placer County has implemented fees for Adult and Children's Systems of Care substance abuse services by amending Placer County Code Section 2.116.111; which now specifies that the amounts of those fees and all others within that section shall be set by Resolution;

**NOW, THEREFORE**, it is hereby resolved that the Board of Supervisors of Placer County hereby establishes the fees for mental health services, including substance abuse services, as described in Placer County Code Section 2.116.111, which shall be set in the amount as described in Exhibit "A", and can be reduced according to the sliding fee schedule based upon the consumer's ability to pay as attached as Exhibit "B".

**Placer County Adult and Children's Systems of Care  
Fee Schedule  
Fiscal Year 2009-2010**

**Mental Health Services**

	Mode <sup>1</sup>	Service Code <sup>1</sup>	
<b>Day Treatment</b>			
Day Intensive	10	85	\$319.97 per day
Day Rehabilitative	10	95	231.32 per day
<b>Other Outpatient Services</b>			
Mental Health Services-Collateral	15	10	2.75 per minute
Assessment	15	30	2.75 per minute
Individual Therapy	15	30	2.75 per minute
Rehabilitative	15	30	2.75 per minute
Plan Development	15	30	2.75 per minute
Therapeutic Behavioral Services	15	58	2.75 per minute
Group Therapy	15	40	2.75 per minute
Medication Support	15	60	5.44 per minute
Crisis Intervention	15	70	3.55 per minute
Case Management	15	01	4.22 per minute
<b>Sexual Abuse Treatment Program</b>			
Group Therapy <sup>2</sup>	15	40	50.00 per session

**Substance Abuse Treatment Services**

<b>Substance Abuse Treatment Program</b>			
Individual			164.44 per session
Group			54.81 per person/ per session

1 California State Department of Mental Health Cost Reporting Data Collection Standardized Numeric Codes

2 Sexual Abuse Treatment program fee is not subject to the Uniform Patient Fee Schedule

Placer County Adult and Children's Systems of Care – Substance Abuse Treatment Services								
Sliding Scale Fee Schedule – Individual Sessions and Assessments								
Monthly Adjusted Gross Income	Persons Dependent on Income							
	1	2	3	4	5	6	7	8+
	Individual Session Fee							
\$0 - \$199	0	0	0	0	0	0	0	0
\$200 - \$399	7	7	7	7	7	7	6	6
\$400 - \$599	15	15	14	14	14	13	13	13
\$600 - \$799	22	22	21	21	20	20	19	19
\$800 - \$999	30	29	29	28	27	27	26	25
\$1,000 - \$1,199	37	37	36	35	34	33	32	31
\$1,200 - \$1,399	45	44	43	42	41	40	39	38
\$1,400 - \$1,599	52	51	50	49	48	46	45	44
\$1,600 - \$1,799	60	59	57	56	54	53	52	50
\$1,800 - \$1,999	67	66	64	63	61	60	58	57
\$2,000 - \$2,199	75	73	71	70	68	66	65	63
\$2,200 - \$2,399	82	81	79	77	75	73	71	69
\$2,400 - \$2,599	90	88	86	84	82	80	77	75
\$2,600 - \$2,799	97	95	93	91	88	86	84	82
\$2,800 - \$2,999	105	102	100	98	95	93	90	88
\$3,000 - \$3,199	112	110	107	105	102	99	97	94
\$3,200 - \$3,399	120	117	114	112	109	106	103	101
\$3,400 - \$3,599	127	124	122	119	116	113	110	107
\$3,600 - \$3,799	135	132	129	126	122	119	116	113
\$3,800 - \$3,999	142	139	136	133	129	126	123	119
\$4,000 - \$4,199	150	146	143	140	136	133	129	126
\$4,200 - \$4,399	157	154	150	146	143	139	136	132
\$4,400 - above	165	161	157	153	150	146	142	138

Placer County Adult and Children's Systems of Care – Substance Abuse Treatment Services								
Sliding Scale Fee Schedule – Group Sessions								
Monthly Adjusted Gross Income	Persons Dependent on Income							
	1	2	3	4	5	6	7	8+
	Group Session Fee – Per Group Participant							
\$0 - \$199	0	0	0	0	0	0	0	0
\$200 - \$399	3	3	3	3	3	3	3	2
\$400 - \$599	6	6	6	6	5	5	5	5
\$600 - \$799	9	9	8	8	8	8	8	7
\$800 - \$999	12	12	11	11	11	10	10	10
\$1,000 - \$1,199	15	14	14	14	13	13	13	12
\$1,200 - \$1,399	18	17	17	17	16	16	15	15
\$1,400 - \$1,599	21	20	20	19	19	18	18	17
\$1,600 - \$1,799	24	23	23	22	21	21	20	20
\$1,800 - \$1,999	27	26	25	25	24	24	23	22
\$2,000 - \$2,199	30	29	28	28	27	26	25	25
\$2,200 - \$2,399	33	32	31	30	30	29	28	27
\$2,400 - \$2,599	35	35	34	33	32	31	31	30
\$2,600 - \$2,799	38	38	37	36	35	34	33	32
\$2,800 - \$2,999	41	40	39	39	38	37	36	35
\$3,000 - \$3,199	44	43	42	41	40	39	38	37
\$3,200 - \$3,399	47	46	45	44	43	42	41	40
\$3,400 - \$3,599	50	49	48	47	46	44	43	42
\$3,600 - \$3,799	53	52	51	50	48	47	46	45
\$3,800 - \$3,999	56	55	54	52	51	50	48	47
\$4,000 - \$4,199	59	58	56	55	54	52	51	50
\$4,200 - \$4,399	62	61	59	58	56	55	54	52
\$4,400 - above	65	64	62	61	59	58	56	55

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**Placer County Adult System of Care - Fee Study  
 Program Cost Distribution for In-House Substance Abuse Treatment Services  
 August 2009**

<b>Workdays:</b>		
Weeks/Yr	Workdays	Total Workdays
52	5	261
less Holidays		-14
less MTO		-12
	<i>Total Days Deducted</i>	26
	<b>Annual Total Workdays:</b>	<b>235</b>

<b>Sessions:</b>		
	Avg Count/Day - Individual* (if 40/wk)	Avg Count/Day - Group (if 13/wk)
	8	26
	<b>Annual Total # of Sessions:</b>	<b>611</b>

<b>Minutes:</b>			
	Staff Minutes Individual*	Staff Minutes Group	Staff Minutes Total
	90	360	
<b>Annual Total Session Minutes:</b>	<b>169,200</b>	<b>219,960</b>	<b>389,160</b>
Annual Hours	2,820	3,666	6,486
Percentage for Distribution of Costs	43%	57%	100%

\* Individual includes Assessments and Treatment

Calculations for Individual Staff Minutes based on one Staff per 90 min session. Including set up, total time is 90 minutes

Calculations for Group Staff Minutes based on two Staff per Group, 90 min sessions. Including set up, total time is 180 minutes per session

Entered at 180 minutes x 2 staff

	Staff Position Classification	Yearly Salary & Benefits (\$&B)	S&B % FYE	Total S&B for Treatment Program
	CSC	\$ 94,533	41%	\$ 38,759
	CSP	\$ 115,922	80%	\$ 92,738
	CSP	\$ 104,773	80%	\$ 83,818
	CSP Sr	\$ 125,650	78%	\$ 98,007
	CSPS	\$ 130,884	58%	\$ 75,913
Program Staff Total		\$ 571,762		\$ 389,234
Support Staff Costs:				\$ 149,429
<b>Total Staff Costs:</b>				<b>\$ 538,664</b>
<b>Indirect Costs @ 32% of Total Staff Costs:</b>				<b>\$ 172,372</b>

Total FTE calculated per time study conducted for FY 08-09. Includes total allocable hrs less Drug Court. Factored 80% of remainder for treatment program.

<b>Annual Distribution based on Ratio for Minutes per session type</b>	<b>Individual Sessions &amp; Assessments</b>	<b>Group Sessions</b>	<b>Total Cost</b>
Program Staff Distribution:	\$169,232	\$229,002	\$389,234
Support Staff Distribution:	\$64,969	\$84,460	\$149,429
ICRP Distribution:	\$74,944	\$97,428	\$172,372
<b>Total Cost</b>	<b>\$309,146</b>	<b>\$401,890</b>	<b>\$711,036</b>
Cost Per Minute:	\$1.83	\$1.83	\$1.83
Cost per Session:	\$164.44	\$657.76	
Avg Group attendance of 12 people. Per person group cost			\$54.8*

