

**MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care**

TO: Honorable Board of Supervisors

FROM: Richard J. Burton, M.D., M.P.H.
Placer County Health Officer and Director of Health & Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: June 8, 2010

SUBJECT: Contracts for Mental Health Services

ACTION REQUESTED:

Approve the following contracts relating to a comprehensive array of specific mental health services for Placer County residents and authorize the Director of Health and Human Services to approve subsequent amendments up to 10 percent of the total contract amount or \$49,999 per contract, whichever is less.

- a. Crestwood Behavioral Health: residential mental health services from July 1, 2010 through June 30, 2012 in the amount of \$2,002,400 (no change from the prior term).
- b. Davis Guest Home: residential mental health services from July 1, 2010 through June 30, 2012 in the amount of \$280,000 (a 5 percent decrease).
- c. Yolo Community Care Continuum/Harmony House: operation of an adult residential facility from July 1, 2010 through June 30, 2012 in the amount of \$140,000 (a 70 percent decrease).
- d. Yolo Community Care Continuum/Farmhouse: residential treatment and crisis stabilization services from July 1, 2010 through June 30, 2012 in the amount of \$300,000 (a 54 percent decrease).
- e. Turning Point Community Programs: assertive community treatment from July 1, 2010 through June 30, 2012 in the amount of \$2,566,000 (a 4 percent decrease).
- f. Sierra Family Services: specialty mental health and child welfare services from July 1, 2010 through June 30, 2011 in the amount of \$1,264,100 (a 5 percent decrease).
- g. Nevada County Behavioral Health: crisis telephone triage services from July 1, 2010 through June 30, 2012 in the amount of \$894,000 (a 4 percent increase).
- h. A revenue contract with Nevada County Behavioral Health for inpatient and crisis residential services from July 1, 2010 through June 30, 2012 in the amount of \$550,000 (an 18 percent decrease).

These contracts are funded through a combination of Federal, State, and County General Funds. Combined expenditure for the seven contracts is \$7,446,400 for a two year period of which the County General Fund contribution is \$2,048,322. Included in the Department's FY 2010-11 Proposed Budget is \$4,355,300 to fully fund these contracts.

BACKGROUND:

Placer County Health and Human Services is mandated by the State to provide specific mental health services to adults and children. These comprehensive psychiatric services include crisis, hospital, residential and outclient services have been provided to 3,586 individuals during the current fiscal year. The residential/hospital contracts represent the highest levels of care for adults with significant mental disorders who are unable to provide for their basic needs often requiring care in a 24-hour supervised setting. More information on the individual contractors is included as Attachment A.

The Health and Human Services Department consistently improves service strategies through innovative approaches that partner with other agencies with service expertise when this results in decreased cost and increased effectiveness. Although the Adult System of Care (ASOC) has reduced the overall use of residential facilities by 43 percent, the contract with Crestwood has maintained at the same level for the third consecutive year. The success is attributed to implementation of intensive treatment services (with low client to staff ratio) established in 2006. The intensive community supports are now provided primarily through the contract with Turning Point Community Programs which has provided the county with a cost effective service model in which adults with severe mental illness are having increased success in reducing their hospitalizations by 84 percent and homelessness by 88 percent.

The Turning Point success has also resulted in their contracting directly to the Yolo Community Care Continuum Harmony House contract. This will reduce the county contract for this service by 70% compared to the last contract. This reduction is partially as a result of the elimination of the original start up funds (\$69,000) and partially the result of moving half of the contract directly to Turning Point. This change will reduce some of the administrative burden on the county.

The Adult System of Care continues to strategically move services to contract providers and last year closed a county-operated program (moving staff to funded positions) through a request for proposal process that established a privately operated Crisis Residential Program, Anka Roseville. This program, located within the Cirby Hills building allows easy access to an alternative to in-patient services as well as a step down from in-patient services. As a result of the establishment of this program the Yolo Community Care continuum contract was reduced by 54% as they provided interim crisis residential services between the time the county operation stopped and the new provider began services began.

The adult crisis intake (24 hours per day/7 days per week telephone-based mental health triage services) regional model partnership with Nevada County has been in operation since August 1, 2009. This service provides over 8,000 residents direct access to all ASOC services including crisis response. The intake service is staffed by trained mental health professionals. In addition, Nevada County contracts with Placer County to utilize our inpatient Psychiatric Health Facility and crisis residential beds. This contract generates revenue for Placer County. These contracts are scheduled to go to the Nevada County Board of Supervisors for approval on June 22, 2010.

During this last year 1,987 crisis evaluation assessments (5150 evaluations) were performed, of which 1,020 of the assessed individuals met the criteria for hospitalization. Sierra Family Services provides after-hours, weekend and holiday coverage for crisis evaluations throughout the county. In addition, through this contract Sierra Family Services provides outpatient mental health services to individuals and families in the North Tahoe region as well as the western portion of Placer County.

These contracts were reviewed and recommended for approval by the Mental Health, Alcohol, and Drug Advisory Board at its regular meeting on May 25, 2010.

In keeping with our commitment to best serve our communities through public-private partnership, it is respectfully recommended that the Board approve the requested contracts.

FISCAL IMPACT:

These contracts include \$550,000 in revenue and \$7,446,500 in expenditures, of which \$5,398,178 is Federal and State funding, and \$2,048,322 is required County General Fund match for FY 2010-12. Of these amounts, \$2,746,641 in Federal and State funds and \$958,609 in required County General Fund match are included in the Department's FY 2010-11 Proposed Budget. The balance will be included in the Department's FY 2011-12 Budget.

These contracts are on file with the Clerk of the Board for your review.

Attachments

Attachment A – Mental Health Contracted Provider Summary

**Adult System of Care
Mental Health Contracted Provider Summary
ATTACHMENT A
June 8, 2010**

CRESTWOOD BEHAVIORAL HEALTH: Requesting approval of FY 2010-12 contract

Crestwood Behavioral Health has a long-term relationship with Placer County spanning 20+ years of service to Placer County residents who require a structured therapeutic setting in a secure facility. Crestwood offers nine mental health facilities throughout Northern California. For the past five years, we have continued to manage utilization of these facilities at reduced levels based upon our budget strategy and redesign of ASOC mental health programs. Quality services will continue to be received although it is expected that there will be reduced lengths of service provided to most clients. The utilization of outcome data related to length of stay and evaluation of client readiness to return to lower levels of care at discharge have been successful in providing feedback regarding treatment planning, interventions, and overall services received.

DAVIS GUEST HOME: Requesting approval of FY 2010-12 contract

The Davis Guest Home has been providing residential care home services to Placer County residents since January 2007. Davis Guest Home provides care to those recently discharged from locked psychiatric settings; services include psychiatric evaluation and medication monitoring.

YOLO COMMUNITY CARE CONTINUUM – HARMONY HOUSE: Requesting approval of FY 2010-12 contract

YCCC has been operating the Harmony House 15-bed adult residential facility at the Dewitt Campus since April 2007. Services include assistance with daily living activities, transportation to medical and social activities, meal preparation and an opportunity for residents to participate in a residents' council.

YOLO COMMUNITY CARE CONTINUUM – FARMHOUSE PROGRAM: Requesting approval of FY 2010-12 contract

The Farmhouse has been providing adult residential treatment and crisis stabilization to Placer County residents since July 2008. The program is a long-term residential treatment program that offers a group living environment. Adults live and work at the Farmhouse cooperatively, learning the skills necessary to transition from a highly structured treatment environment to a less structured independent living situation. The Farmhouse is located on a ten-acre parcel of land seven miles northwest of Davis. Programs provide a structured living and pre-vocational program. Initially residents are taught independent living and social skills with all residents sharing in the house maintenance and planning of various group activities. The pre-vocational program assists residents in acquiring and improving the many skills necessary for a successful work experience. Real work experiences are provided through care of the farm animals, tending the garden, and assisting with running the farm. Once a resident has completed the goals on her/his personal development plan, then s/he transitions to a living situation in the community.

TURNING POINT COMMUNITY PROGRAMS: Requesting approval of FY 2010-12 contract

Turning Point Community Programs has been providing assertive community treatment, Mental Health Services Act Full Service Partnership services to Placer County residents since June 2008. Turning Point serves those individuals in their most acute phase of mental illness requiring the most intensive level of community support. Services are individualized and include mental health and substance abuse treatment, medication services, employment and housing assistance.

SIERRA FAMILY SERVICES: Requesting approval of FY 2010-11 contract

Sierra Family Services is a long-standing and important community agency partner with Placer County in the areas of outclient mental health and emergency crisis services. Mental health services are provided on an outclient basis in the Auburn, Roseville, Lincoln, and Tahoe areas, and include services to adults and children. Other programs provided under this agreement include anger management, parenting enhancement, and domestic violence batter's programs. This contract also provides after-hours crisis response at Sutter Roseville Medical Center and mobile response to Sutter Auburn Faith Hospital, Tahoe Truckee hospitals and the Placer County jail and juvenile detention facility. Sierra Family Services is the only identified outclient provider of Managed Care Medi-Cal services in Placer County. Managed Care Medi-Cal providers must have licensed, qualified, mental health staff; must have the fiscal capability to bill through Managed Care Medi-Cal; and must be geographically desirable to the client population.

NEVADA COUNTY BEHAVIORAL HEALTH – CRISIS TELEPHONE TRIAGE: Requesting approval of FY 2010-12 contract

Nevada County Behavioral Health has partnered with Placer County in a regional model to provide 24-hour per day/7 days per week, telephone-based mental health triage services since August 2009. This service is provided by trained mental health providers.

NEVADA COUNTY BEHAVIORAL HEALTH – PHF REVENUE: Requesting approval of FY 2010-12 contract

Nevada County Behavioral Health has purchased inpatient services at the Placer County Psychiatric Health Facility (PHF) for Nevada County residents since June 2001. The Nevada County contract will provide offsetting revenue up to \$550,000 to Placer County and assure full capacity of two programs by providing services to Nevada County residents.