

**MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care**

TO: Honorable Board of Supervisors

FROM: Richard J. Burton, M.D., M.P.H.
Placer County Health Officer and Director of Health & Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: August 20, 2013

SUBJECT: A Proclamation Proclaiming September 2013 as Recovery Month in Placer County

ACTION REQUESTED:

1. Approve a Proclamation proclaiming September 2013 as Mental Health, Alcohol & Drug Addiction Recovery Month in Placer County.

BACKGROUND:

The impact of untreated mental illness and substance use is significant in Placer County and the nation. Roughly six percent or 21,420 of Placer County residents are diagnosed annually with a mental illness. This illness is associated with significant economic costs each year due to lost productivity, medical care, emergency services, and social impacts. Suicide is a preventable death that disproportionately affects persons with mental illness.

Alcohol abuse is estimated to affect 32 percent of the population impacting about 112,000 people in Placer County per year. Substance use impacts our community with increased injury and medical costs, lost productivity, legal costs to families. The good news is that treatment works and people recover.

In FY 12-13 Placer County's Recovery Courts served 290 individuals. Placer County Adult System of Care screened 656 people for substance use issues, 502 of those individuals were referred to treatment and onto the path of recovery.

Recovery is a process of change through which individuals improve their health and wellness, learn to live a self-directed life, and strive to reach their full potential. In Placer County, many people are living productive, satisfying lives as a result of recovery from a mental health condition, and/or alcohol or drug dependence.

Recovery Month is a national celebration held each September as a reminder that treatment works and recovery happens. In Placer County we will be celebrating "*Recovery Happens*" on September 21st at Auburn Recreation District Park from 10:00 a.m. to 2:00 p.m. with community partners, the Mental Health, Alcohol, and Drug Advisory Board, Placer County staff and many people in recovery with their supporters.

The national campaign theme this year, "*Join the Voices for Recovery: Together on the Pathways to Wellness*" emphasizes the role that peer and community support play in helping people achieve wellness and live their recovery. Placer County's "*Recovery Happens*" event will promote the critical message that "prevention works, treatment is effective, and people recover."

We are asking the Board to proclaim September 2013 as "Recovery Month" in Placer County, to demonstrate continued support and commitment to mental health, alcohol and drug treatment, and recovery, and to support our local "*Recovery Happens*" event.

FISCAL IMPACT:

There is no fiscal impact as a result of this action.

Before the Board of Supervisors County of Placer, State of California

IN THE MATTER OF A PROCLAMATION proclaiming September 2013 as Mental Health, Alcohol & Drug Addiction Recovery Month in Placer County

The following PROCLAMATION was duly passed by the Board of Supervisors of the County of Placer at a regular meeting held, _____.

WHEREAS, mental illness, alcoholism and drug dependency are chronic disorders with genetic, psychosocial, and environmental factors influencing their development and manifestations; and

WHEREAS, prevention efforts can be effective in reducing the psychosocial and environmental factors; and

WHEREAS, mental illness, alcoholism and drug addiction can and do affect all people and families in our communities; and

WHEREAS, alcohol and drugs are the third leading cause of death in the nation; and

WHEREAS, untreated mental illness, alcoholism and drug addiction cost the State's workplaces billions of dollars in lost productivity, absenteeism, and accidents every year; and

WHEREAS, untreated mental illness and addiction contributes to, school dropouts, suicide, crime, juvenile delinquency, families stress, poverty, joblessness, homelessness, physical health challenges, HIV infection, hepatitis, and other deadly infectious diseases; and

WHEREAS, successful treatment and recovery programs have been demonstrated to reduce unnecessary State health care costs, reduce costs of lost productivity and increase State productivity by getting more workers into recovery, reduce the number of people in jail and prisons, reduce street and gang violence, reduce school dropout rates, reduce the cost of crime and the rate of recidivism, reduce the burden on law enforcement officials, reduce the total financial drain on our economy, and improve the quality of life for individuals and for society as a whole; and

WHEREAS, hundreds of thousands of individuals are living in recovery, leading productive lives and paying taxes in this State and our community as a result of prevention, treatment, or recovery services;

NOW, THEREFORE, BE IT PROCLAIMED that the Board of Supervisors of Placer County, State of California, hereby proclaims the month of September 2013 as Mental Health, Alcohol & Drug Addiction Recovery Month, to demonstrate its continued support and commitment to alcohol and drug prevention, treatment and recovery, and encourage individuals and communities throughout the State to participate in its activities.

Jim Holmes
Supervisor District 3, 2013 Chairperson

Jack Duran, Supervisor, District 1
Robert M. Weygandt, Supervisor, District 2
Kirk Uhler, Supervisor, District 4
Jennifer Montgomery, Supervisor, District 5