

MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care

TO: Honorable Board of Supervisors

FROM: Richard J. Burton, M.D., M.P.H.
Placer County Health Officer and Director of Health & Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: July 10, 2012

SUBJECT: Contract with Crestwood Behavioral Health for Mandated Mental Health Services

ACTION REQUESTED:

Approve an agreement with Crestwood Behavioral Health to provide mandated mental health services for Placer County residents with the highest level of need from July 1, 2012 through June 30, 2014 for a total not to exceed \$2,002,400, and authorize the Director of Health and Human Services to sign subsequent amendments up to \$49,999, consistent with the agreement's subject matter and Scope of Work.

BACKGROUND:

Placer County Adult System of Care (ASOC) provides unique and mandated mental health services to approximately 5,000 adults each year. About 800 of these persons require longer term, community-based levels of care as they are helped by well-trained ASOC and community partner staff to achieve maximum self-sufficiency. This range of psychiatric services includes crisis, hospital, residential, and outclient services to maintain stability in community-based settings. The residential/hospital contracts provide essential lifesaving care for adults with severe mental disorders who are unable to provide for their own basic needs, are at risk to themselves or others, and require 24-hour supervised care.

Crestwood Behavioral Health has a long-term relationship with Placer County spanning 20+ years of service to Placer County residents who require a structured therapeutic setting in a secure facility. Crestwood offers nine mental health facilities throughout Northern California. All services are directed at improving the living skills of clients with persistent mental disorders to assist them in meeting their rehabilitation goals and re-integrating them back into their community. Skills training is provided in the areas of social skills, independent living, money management, and self-control and symptom management. Other services include peer counseling, medication education, substance abuse education, personal hygiene management, and community re-entry skills preparation.

This service delivery model continue to provide the most cost effective and results based option for Placer County with community integration strategies that have kept service utilization at a reduced and fairly stable level for the past 3 years. Crestwood Behavioral Health served 32 people in FY 2010-11 (roughly the same as the year prior). The utilization of outcome data related to length of stay and evaluation of client readiness to return to lower levels of care at discharge has been successful in providing improved interventions. This contract remains at the same level as the prior year with no increase in cost.

This contract was reviewed and recommended for Board of Supervisors approval by the Mental Health, Alcohol, and Drug Advisory Board at its regular meeting on May 21, 2012.

FISCAL IMPACT:

Funding for the first year of these services includes \$400,480 (40%) in Federal and State funds, and \$600,720 (60%) in required County General Funds. This expenditure is included in the Department's FY 2012-13 Proposed Budget. The remainder will be included in the Department's FY 2013-14 Requested Budget.

This contract is on file with the Clerk of the Board for review.

