

**MEMORANDUM  
PLACER COUNTY HEALTH AND HUMAN SERVICES  
Adult System of Care**

**TO:** Honorable Board of Supervisors

**FROM:** Richard J. Burton, M.D., M.P.H.  
Placer County Health Officer and Director of Health & Human Services  
Maureen F. Bauman, LCSW, Director of Adult System of Care

**DATE:** December 11, 2012

**SUBJECT:** Approval of the Mental Health Services Act Annual Update

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**ACTION REQUESTED:**

Adopt the Mental Health Services Act Fiscal Year 2012-13 Annual Update to the Placer Mental Health Services Act Program and Expenditure Plan.

**BACKGROUND:**

In 2005, Placer County received funding and implemented services under the State-funded Mental Health Services Act (MHSA). The MHSA consists of five components: Community Services and Supports; Workforce Education and Training; Capital Facilities and Technology; Prevention and Early Intervention; and Innovations. Each year a state required report is written on the activities of the past year and the proposed activities for the coming year. This memo highlights the results of the past year and proposes a plan to continue these programs into the current year.

The report is vetted with the Mental Health, Alcohol, and Drug Advisory Board, our local stakeholder group (Campaign for Community Wellness) and posted for 30 days in order to receive public comment. In June of 2012, the Governor amended the Act with Assembly Bill 1467 requiring the Annual Update to be approved by localities' Boards of Supervisors. The 30-day public comment period for this year's Annual Update ended on November 16<sup>th</sup>; and was presented to the Mental Health, Alcohol, and Drug Advisory Board on November 26<sup>th</sup>.

MHSA Community Services and Supports funded 22 programs within the Department and community service agencies including outreach and intensive outclient programs called "Full Service Partnerships", outreach to various underserved and un-served populations within Placer County, crisis and follow-up services, and transitional and permanent housing. The Workforce Education and Training component funded six initiatives increasing opportunities for consumers and staff in the mental health field, as well as increasing culture responsiveness. There are currently two Capital Facilities projects in process - remodel of the County Medical Clinic in Auburn, and the launch of the Community House of Kings Beach; and the Technology component is funding the implementation of electronic medical records software in the Systems of Care. MHSA funded 13 programs to provide preventive services through the Prevention and Early Intervention component. These programs include family and youth interventions to strengthen families and programs to reduce depression in multiple populations. In 2012, Innovations is funding five large grants and 33 mini-grants. These mini-grants are awarded through the Placer Community Foundation and Tahoe Truckee Community Foundation, and were recently awarded concurrently with the time period of this Annual Update.

These successful programs have resulted in improved outcomes for 8,693 people served through Community Services and Supports, and 2,734 through the Prevention and Early Intervention component. The two new subsidized permanent housing programs are providing new housing options for 17 people. As a result of the successes of these programs, resulting in significant and tangible outcomes for the individuals who participated in them, the current plan proposes that these programs be continued into the current year.

The almost 2,000 persons that were served with outreach, engagement and intensive outclient services experienced significant reductions in homelessness (86%), emergency interventions (83%), psychiatric hospitalization stays (40%), and arrests (70%). Approximately 2,700 persons received same day or next day follow up services if they were in crisis but were not hospitalized. This service resulted in increased access to resources and a reduction of future hospitalizations.

Over 4,000 persons received training and support to assist them in their recovery process. Staff received training in evidence-based interventions that are designed to result in improved outcomes. Family Advocates, Adult Peer Advocates, Youth Advocates, and Promotores (advocates for the Latino community) provided support, education and advocacy for their peers in order to assist them to benefit from the many resources that exist in Placer County. Peer led services are proven to be effective and identified as an evidence-based practice with improved outcomes.

Prevention programs provided evidence-based parenting programs to over 2,700 persons. Brief therapy, support, and skill development was provided to parents and youth, resulting in an increase in family functioning, decrease in youth delinquency, and increased ability to manage stress within the family. In addition, several programs provided brief therapy to address depression in older adults, adults, women with small children, and persons in both the Native and Hispanic communities. These programs resulted in persons having a significant decrease in symptoms of depression and an increase in life functioning.

Engagement of persons who have been traditionally underserved was a goal of this plan, and through these prevention efforts over 1,800 persons in the Hispanic and Native American communities received culturally appropriate services that increased their engagement and improved the service outcomes.

The Campaign for Community Wellness (CCW), a community-based steering committee overseeing the implementation of this Mental Health Services Act plan in Placer County, is thrilled with the results of the investments made through this plan. The CCW goal is to support the traditional and non-traditional mental health system in Placer County using innovative, collaborative, culturally competent, and consumer-guided approaches. They support the continuation of these programs and look forward to working collaboratively to continue to improve services and supports for all persons in Placer County experiencing mental health issues.

**FISCAL IMPACT:**

There is no fiscal impact as a result of this action. Expenditures of \$9,159,813 identified in the Mental Health Services Act Annual Update have been included in the Department's Fiscal Year 2012-13 Final Budget. These expenditures are fully funded by State Mental Health Funds and no County Funds are required.

The Mental Health Services Act Annual Update is on file with the Clerk of the Board for review.