

**MEMORANDUM**  
**PLACER COUNTY HEALTH AND HUMAN SERVICES**  
**Adult System of Care**

**TO:** Honorable Board of Supervisors

**FROM:** Richard J. Burton, M.D., M.P.H.  
Placer County Health Officer and Director of Health & Human Services  
Maureen F. Bauman, Director, Adult System of Care

**DATE:** September 26, 2006

**SUBJECT:** Revenue Agreement with the State of California Department of Mental Health, Conditional Release Program (CONREP) for FY06/07.

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**ACTION REQUESTED:**

Approve the revenue agreement with the State of California Department of Mental Health, Conditional Release Program (CONREP) in the amount of \$299,965 for FY06/07 and authorize the Chairman to sign subsequent amendments.

**BACKGROUND:**

The CONREP contract is a State-operated forensic program authorized by Welfare and Institutions Code Section 4360, to provide a statewide system of community assessment, mental health treatment and supervision to the judicially committed population and to Mentally Disordered Offender clients. The goal of the program is to ensure greater public protection in communities through a system of mental health assessment, treatment, and supervision to clients placed on outpatient status. The contract is re-negotiated annually.

Placer County, as a regional host provider, has provided CONREP services to a multi-county jurisdiction of seven small counties that include Alpine, Amador, Calaveras, El Dorado, Nevada, Sierra, and Tuolumne since 1986, for which Placer receives State funding.

In the most recent statewide studies (2002) this program has proven to reduce recidivism for this population. Only 5% of program participants are re-arrested during their first year, and 80% remained arrest free over a period of four years after their positive release from the program. The program cost per client is approximately 1/5 the per-patient annual cost of State hospital placement. CONREP participants are also more likely to be employed after a year in treatment. The treatment provided in the CONREP program helps clients overcome economic and social isolation that often accompanies mental illness. This program provides intense supervision, case management, treatment, and medication. Persons remain in this program until they are able to meet their treatment goals. The program staff has the authority to return patients to the State Hospital if they are experiencing difficulty. They do not have to wait until a new crime is committed. The current staff to client ratio in this program (10.5 to 1) is the smallest in the Adult System of Care. Current staff includes two half-time (.5 FTE each) case managers, and approximately 10 clients are served at any given time throughout the contract period.

**FISCAL IMPACT:**

The attached agreement for \$299,965 provides an increase of \$16,641 from the previous year's funding, which will be used to fund required program functions. This program is fully funded with State and Federal dollars. There is no impact to the County General Fund.

The following Contract for:

**State of California Department of  
Mental Health, Conditional Release  
Program (CONREP) for FY06/07**

is on file with the Clerk of the Board  
for BOS meeting:

**September 26, 2006**