

MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care

TO: Honorable Board of Supervisors

FROM: Richard J. Burton, M.D., M.P.H.
Placer County Health Officer and Director of Health & Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: April 27, 2010

SUBJECT: Amendment CN012801-A with Aegis Medical Systems

ACTION REQUESTED:

Approve contract amendment CN012801-A with Aegis Medical Systems for continued methadone treatment services for Placer County residents in the amount of \$238,287, for a revised total of \$1,138,287 through June 30, 2010, and authorize the Director of Health and Human Services to sign the resulting and future amendments. Funding is 100 percent Federal and State funding. These expenditures are included in the Department's FY 2009-10 Final Budget. No additional County General Fund contribution is required.

BACKGROUND:

Substance abuse treatment leads to reduced crime and enhanced public safety as well as savings in jail bed days, health care costs, and costs associated with child welfare. Medication-assisted treatment is part of the continuum of treatment options for Placer County residents.

Aegis Medical Systems is the only provider licensed and certified to provide methadone medication-assisted treatment in Placer County. This program includes case management, social work, counseling, and specialized services. Aegis provides medication and treatment including outpatient detoxification and maintenance programs to 255 residents annually, and 67 percent of those persons participating in detox and maintenance are successful at discharge.

Methamphetamine and alcohol are the primary drugs of abuse in Placer County, however misuse of prescription medications like OxyContin are on the rise, especially with younger people. In FY 2008-09, Aegis' treatment admissions reflected substance use of 61 percent OxyContin and 39 percent heroin. The primary age groups range from 18 to 30. Aegis has seen a 15 percent increase in the number of clients admitted to treatment in the last 12 month period.

Mid-year contract amendments are required in order to make adjustments based on utilization. These mid-year adjustments allow the Department to maximize available funding and respond to changing service needs in particular contracts.

FISCAL IMPACT:

Drug Medi-Cal is a combination of Federal and State funds. The \$238,287 increase includes 100 percent Federal and State funds and these expenditures are included in the FY 2009-10 Final Budget. No additional County General Fund contribution is required.

The above amendment is on file with Clerk of the Board for review.

