

MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Children's System of Care

TO: Honorable Board of Supervisors

FROM: Richard J. Burton, M.D., M.P.H.
Placer County Health Officer and Director of Health & Human Services
Richard S. Knecht, Director of Children's System of Care

DATE: August 9, 2011

SUBJECT: Contracts and Amendments for Community-based Prevention and Early Intervention
Mental Health Services

ACTION REQUESTED:

Approve the following Mental Health Services Act Prevention and Early Intervention contracts and amendments, and authorize the Director of Health and Human Services to approve these contracts and amendments, and subsequent amendments up to 10 percent of each contract amount or \$49,999 per contract, whichever is less:

1. Amendments to add State funding and extend the contract term through June 30, 2012, including:
 - a. Tahoe SAFE Alliance CN005171-B: Increase funding from \$119,723 to \$198,981 to provide activities to at-risk youth.
 - b. North Tahoe Family Resource Center CN005045-A: Increase from \$12,000 to \$21,700 to provide bilingual Community Educator support.
 - c. Latino Leadership Council CN005047-A: Increase from \$82,590 to \$192,772 to provide bilingual parent services and community activities.
 - d. Sierra Native Alliance CN012924-A: Increase from \$464,337 to \$765,492 to provide Native American parenting, youth development, and counseling.
 - e. Lighthouse Counseling and Family Resource Center CN005165-B: Increase from \$66,473 to \$125,098 to provide skills to at-risk youth.
 - f. KidsFirst CN005162-C: Increase from \$312,120 to \$625,322 to provide training and counseling for parents of at-risk children.
 - g. Sierra Family Services CN005044-A: Increase from \$65,000 to \$79,669 to provide therapy to at-risk adolescents and their families.
 - h. Unity Care Group CN005046-A: Increase from \$50,000 to \$80,975 to provide independent living skills programs for youth.
 - i. Whole Person Learning CN005168-B: Increase from \$90,500 to \$113,500 to provide service provider training on youth programs.
2. Contracts that enhance existing State-funded services from July 1, 2011 through June 30, 2012, including:
 - a. CirclePoint: \$192,938 for development and implementation of public information.
 - b. Placer County Office of Education: \$21,000 to provide youth employment assistance and Applied Suicide Intervention Skills Training (ASIST).
 - c. Sierra Family Services: \$89,690 for Bilingual Community Educator services in the Tahoe region.

BACKGROUND:

Building community prevention and early intervention services has been a fundamental tenet of the nationally recognized Placer Model for many years. In 2008, with the addition of the State's Mental Health Services Act, the County's Campaign for Community Wellness public planning process has further recommended supports for our highly effective and successful community non-profit partners. These prevention funds have been made available to mitigate the effects of serious and persistent mental illness, reduce the costs associated with these diseases, and impact the stigma which accompanies it.

The original contracts were initiated in January of 2010 as the result of a Request for Proposals process, and scheduled to expire at different times based on the needs of each specific program. Health and Human Services has recently identified one-time State funds to continue and enhance these programs. The contract amendments and renewals outlined here represent 12 of the prevention and early intervention approaches chosen by the Campaign for Community Wellness to meet the needs of our most vulnerable populations in Placer County, including children and youth, and Latino and Native American families.

These State-funded prevention and early intervention services are transforming the mental health system by providing needed services at or before the first signs of mental health concern and offering "help-first" approaches. Since their inception in January of 2010, more than 12,000 Placer County families have been served in a non-stigmatizing and culturally accessible manner, while preserving the County's capacity to serve those with more severe illness. A critical outcome for these individuals is their increased connection to their natural community supports resulting in less reliance on County staff and services. In addition, outcomes data shows a 90 percent reduction in homelessness for mentally ill, 61 percent reduction in acute psychiatric stays, and 31 percent increase in independent living.

FISCAL IMPACT:

Final budget adjustments to the Department's previously submitted FY 2011-12 Proposed Budget will incorporate these funds in the upcoming FY 2011-12 Final Budget. The full amount of these amendments totaling \$1,244,394 is funded with 100 percent State dollars, therefore no County General Fund match will be required.

These contracts and amendments are on file with the Clerk of the Board for review.