

MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care

TO: Honorable Board of Supervisors

FROM: Richard J. Burton, M.D., M.P.H.
Placer County Health Officer and Director of Health & Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: February 26, 2013

SUBJECT: Contract with California Psychiatric Transitions for Mandated Mental Health Services

ACTION REQUESTED:

Approve an agreement with California Psychiatric Transitions to provide mandated mental health services for Placer County residents with the highest level of need from January 1, 2013 through June 30, 2014 for a total not to exceed \$180,000 (\$108,000 net county cost) and authorize the Director of Health and Human Services to sign the resulting agreement and subsequent amendments up to 10 percent of the original contract total, consistent with the agreement's subject matter and Scope of Work.

BACKGROUND:

Placer County Adult System of Care (ASOC) provides mandated mental health services to approximately 25 individuals each year who need our most intensive locked-facility services. This contract serves those that require essential lifesaving care, are at risk to themselves or others, and require 24-hour supervised care. This contract in particular will be used to reduce the number served in State Hospital by being an alternative for the forensically difficult to place. This is the 3rd new contract brought forward this fiscal year to develop improved alternatives for persons with complicated mental health and behavioral issues.

California Psychiatric Transitions (CPT) will be a new provider for Placer County and provide an alternative for clients placed in State Hospital. CPT has a unique "restore to competency" and diversion unit that provides intensive services to those previously not able to be restored to competency. These services are provided at a lower cost than the State Hospital and could potentially lead to better outcomes. CPT will be used to provide services to Placer County residents who require a structured therapeutic setting in a highly secure facility when current contracts are unable to serve client needs. In addition to the typical services of improving the living skills of clients with persistent mental disorders to assist them in meeting their rehabilitation goals and re-integrating them back into their community, this specialty program will be used for clients who may regain competency to stand trial for a crime that they have committed.

This cost effective service delivery model continues to provide the best results for Placer County clients in need. This new contract will primarily be used for those previously served in State Hospital. This organization was found in collaboration with our District Attorney's office, to meet the needs of high risk clients. Overall costs for locked facilities contracted through ASOC will remain at the same level or be lowered as a result of this contract and will result in no increase to the current approved budget.

This contract was reviewed and recommended for Board of Supervisors approval by the Mental Health, Alcohol, and Drug Advisory Board at its January 28, 2013 board meeting.

FISCAL IMPACT:

Funding for the portion of the contract term occurring in this fiscal year (January 1- June 30th 2013) includes \$24,000 (40 percent) in Federal and State funds, and \$36,000 (60 percent) in budgeted net County cost. The remainder will be included in the Department's FY 2013-14 Requested Budget. This program, with the reduction of usage of State Hospital, is expected to save the County \$100,000 in the current year.

This contract is on file with the Clerk of the Board for review.

