

**MEMORANDUM**  
**PLACER COUNTY HEALTH AND HUMAN SERVICES**  
**Children's System of Care**

**TO:** Honorable Board of Supervisors  
**FROM:** Jeffrey S. Brown, M.P.H., M.S.W., Director of Health and Human Services  
Richard S. Knecht, Director of Children's System of Care  
**DATE:** July 8, 2014  
**SUBJECT:** Annual Report of the Placer County Youth Commission

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**ACTION REQUESTED:**

1. Receive the Placer County Youth Commission Annual Report for FY 2013-14.

**BACKGROUND:**

On May 12, 2009, the Placer County Youth Commission (PCYC) was established by unanimous vote of Resolution 2009-116. The resolution requires that an annual report be prepared and delivered to the Board of Supervisors each year.

The Youth Commissioners would like to present their annual FY 2013-14 report to the Board of Supervisors to share their experiences, accomplishments, impacts, and future plans. The Commissioners researched issues, developed new partnerships, organized community and student events. Among a host of accomplishments this year, the commission has:

- Hosted four "A New State of Mind" community events, to reduce stigma and discrimination around mental illness;
- Facilitated in-person, lived-experience mental health presentations to all Freshman health classes;
- Helped to develop and promote the *MY PLAN* youth card to reduce youth substance use;
- Worked to integrate the Youth Commission with ongoing High School clubs and leadership;
- Participated in Mental Health Day at the State Capital.

Additionally, the Placer County Youth Commission provided civic engagement, training, leadership roles, and skill building for Placer youth, which has assisted them in pursuing their future goals.

**FISCAL IMPACT:**

None

The Placer County Youth Commission Annual Report is on file with the Clerk of the Board for review.

