

**MEMORANDUM**  
**PLACER COUNTY HEALTH AND HUMAN SERVICES**  
**Administrative Services**

**TO:** Honorable Board of Supervisors

**FROM:** Jeffrey S. Brown, M.P.H., M.S.W., Director of Health and Human Services  
Graham Knaus, Assistant Director of Health and Human Services

**DATE:** January 6, 2015

**SUBJECT:** "Walk Across America" Challenge" Recognizing the Top Three Teams of Placer County Departments

---

---

**ACTION REQUESTED:**

1. Recognize the top three teams of Placer County Departments participating in the "Walk Across America Challenge".

**BACKGROUND:**

On October 1, 2014, as part of the County's Employee Engagement Initiative, the Placer County Employee Health and Wellness group initiated a "Walk Across America" challenge. As part of the challenge, teams were solicited from County departments to enroll in a program that combined team building, an opportunity to enjoy the Fall season and gain beneficial health benefits at the same time!

As a result, 16 departments participated with a total of 61 teams and 769 walkers. When the challenge ended on November 30, 2014, the group had collectively traveled 24,605,915.1 steps or 12,303 miles.

Today, the Board is requested to recognize the top three teams as represented by their Team Leaders:

Diana Boswell – Team Leader for Walkie Talkie (Community Development Resource Agency): 868,272 steps or 434.1 miles.

Janet Fogarty – Team Leader for Aud Balls (Auditor Controller): 835, 494 steps or 417.7 miles.

Deputy Shirley Cox – Team Leader for Bailiff Brigade (Sheriff's Office): 819,617.9 steps or 409.8 miles.

This effort represents the first health and wellness challenges and will be followed by others to improve the health and wellness of County employees as part of increasing employee engagement and, ultimately, service excellence in our community.

**FISCAL IMPACT**

None.

