

MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care of Medical Clinics

TO: Honorable Board of Supervisors

FROM: Jeffrey S. Brown, M.P.H., M.S.W., Director of Health and Human Services
Maureen F. Bauman, Director of Adult System of Care and Medical Clinics

DATE: September 1, 2015

SUBJECT: A Proclamation Proclaiming September 2015 as Recovery Month in Placer County

ACTION REQUESTED:

1. Approve a Proclamation to demonstrate continued support and commitment to mental health, alcohol and drug treatment, and recovery by proclaiming September 2015 as Recovery Month in Placer County.

BACKGROUND:

In Placer County, many people are living productive, satisfying lives as a result of recovery from a mental health condition, and/or alcohol or drug dependence. Residents of Placer County have experienced recovery on their own, through treatment programs, or with the assistance of peer support, self-help, faith-based organizations, or medication treatment. There is no one path to recovery. Each person's intervention and treatment is unique to his or her individual needs. All paths to recovery will be celebrated at our 15th annual "*Recovery Happens*" event on September 26th between 10:00 and 2:00 at Auburn Recreation District (ARD) Park in Auburn.

Recovery Month, officially celebrated each September, has become a year-round initiative that supports educational outreach and celebratory events throughout the year as a reminder that treatment works and recovery happens. Over 15 community partners will join our System of Care staff and mental health, alcohol, and drug advisory board members in sponsoring Placer County's 2015 celebration, *Recovery Happens*.

The national campaign theme this year, "Join the Voices for Recovery: Visible, Vocal, Valuable!" encourages people to openly speak up about mental and substance use disorders and the reality of recovery. Real stories of long term recovery can inspire others to ask for help and improve their own lives, the lives of the families and our community. Placer County's *Recovery Happens* event on September 26, 2015 will provide an opportunity for individuals in recovery to spread the word "that prevention works, treatment is effective and people can and do recover."

Persons in recovery help themselves and the community. Successful treatment and recovery programs have been demonstrated to reduce unnecessary health care costs, costs of lost productivity and increase productivity. Recovery can also reduce the number of people in jail, school dropout rates, and the rate of recidivism and lessening the burden on law enforcement. Most importantly, recovery can improve the quality of life for individuals, their families and for society as a whole.

We are asking the Board to proclaim September 2015 as "Recovery Month" in Placer County, to demonstrate continued support and commitment to mental health, alcohol and drug treatment, and recovery, and to support our local "*Recovery Happens*" event on September 26, 2015.

FISCAL IMPACT:

There is no fiscal impact as a result of this action.

Attachment: Proclamation – Recovery Month

Before the Board of Supervisors County of Placer, State of California

IN THE MATTER OF A PROCLAMATION declaring September 2015 as Mental Health, Alcohol, & Drug Addiction Recovery Month

The following PROCLAMATION was duly passed by the Board of Supervisors of the County of Placer at a regular meeting held, _____.

WHEREAS, in Placer County, many people are living productive, satisfying lives as a result of recovery from a mental health condition, and/or alcohol or drug dependence; and

WHEREAS, one in five adults—experiences a mental health disorder in a given year; one in 25 lives with a serious mental illness such as schizophrenia, major depression or bipolar disorder and about one in five children live with a serious mental or emotional disorder

WHEREAS, substance use disorders impact over 32,000 people aged 12 or older in Placer County (or 9.2 percent of the population) which is more than the number of people living with coronary heart disease, cancer or Alzheimer's disease combined;

WHEREAS, prevention of mental and/or substance use disorders works, treatment is effective, and people recover in our area and around the nation; and

WHEREAS, preventing and overcoming mental and/or substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

WHEREAS, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, residents of Placer County have experienced recovery on their own, through treatment programs, or with the assistance of peer support, self-help, faith-based organizations, or medication treatment;

WHEREAS, real stories of long term recovery can inspire others to ask for help and improve their own lives, the lives of the families and our community;

WHEREAS, successful treatment and recovery programs have been demonstrated to reduce unnecessary County health care costs, reduce costs of lost productivity and increase County productivity by getting more workers into recovery, reduce the number of people in jail and prisons, reduce street and gang violence, reduce school dropout rates, reduce the cost of crime and the rate of recidivism, reduce the burden on law enforcement officials, reduce the total financial drain on our economy, and improve the quality of life for individuals and for society as a whole; and

NOW, THEREFORE, BE IT PROCLAIMED that the Board of Supervisors of Placer County, State of California, hereby proclaims the month of September 2015 as Mental Health, Alcohol, & Drug Addiction Recovery Month, to demonstrate its continued support and commitment to alcohol and drug prevention, treatment and recovery, and encourage individuals and communities throughout the State to participate in its activities.

Kirk Uhler, Supervisor District 4, 2015 Chairman

Jack Duran, Supervisor District 1
Robert M. Weygandt, Supervisor District 2, Vice-Chair
Jim Holmes, Supervisor District 3
Jennifer Montgomery, Supervisor District 5