

**MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care**

TO: Honorable Board of Supervisors

FROM: Jeffrey S. Brown, M.P.H., M.S.W., Director of Health & Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: November 17, 2015

SUBJECT: Revenue Agreement with the California Department of State Hospitals, Conditional Release Program (CONREP)

ACTION REQUESTED:

1. Approve the revenue agreement with the California Department of State Hospitals for the Conditional Release Program (CONREP) to provide mental health services to individuals released from State Hospitals, in the amount of \$419,148, from July 1, 2015 through June 30, 2016, and authorize the Director of Health and Human Services to extend the duration of the contract for two (2) additional terms of up to one (1) year each, and to sign subsequent amendments not to exceed 10 percent of the total contract amount, consistent with the current agreement's subject matter and scope of work.

BACKGROUND:

Since 1986, revenue from the California Department of Mental Health, now the Department of State Hospitals, has funded Placer County's Conditional Release Program (CONREP). CONREP provides mental health treatment and supervision to persons who are required by the legal system to participate in treatment as a condition of their release from the State Hospital. The goal of the program is to ensure greater public safety in communities through mental health assessment, treatment, and supervision to clients in outpatient treatment.

The Placer County CONREP program serves individuals who have been adjudicated through the Placer County Courts as Not Guilty by Reason of Insanity, Incompetent to Stand Trial, along with Mentally Disordered Offenders. Research has shown that this model is effective in reducing recidivism. Only five percent of participants are rearrested within one year of successful completion of the program, and 80 percent remain arrest free four years later. The outpatient cost is approximately 1/5th the cost of a State hospital placement. In addition, participants are more likely to be employed within the first year of treatment. Treatment helps clients overcome economic and social isolation (these challenges often accompany mental illness) and successfully reintegrate into community life. The program has a dedicated maximum capacity of six clients, and we are currently serving seven individuals.

The Placer County CONREP program staff currently provides intense supervision, case management, individual/group therapy, monitors medication adherence and conducts home visits and random substance use screening at least twice a month to seven individuals and submits quarterly reports to the courts. In addition to providing this intensive Community Outpatient Treatment, program staff completes biannual community assessments for 25 individuals residing in State Hospitals. Upon discharge from their judicial commitment, eligible Placer County clients will continue to be supported in the community with any and all available Adult System of Care resources.

FISCAL IMPACT:

The program is fully funded with State dollars. The expenditures for FY 2015-16 are included in the Department's FY 2015-16 Final Budget.

This contract is on file with the Clerk of the Board for review.

