

PLACER COUNTY OLDER ADULT ADVISORY COMMISSION

11533 C Avenue, Auburn, CA 95603 (530) 886-3680

MEETING MINUTES November 20, 2012

Attendance

Members Present: William Reed, David Wiltsee, Darlis C. Beale, Antoinette Fabela, Sue Dings, Margaret Riley, and Cheryl Trenwith

Members Absent: Dr. Irwin Herman, Monica Sandgathe, Linda Brown, Gloria Plasencia, Ignacio Cespedes, Candace Roeder, Karla Gustafson, and Alicia Murray

Guests: Andrea Lancaster, Auburn Creekside Villa and Tom Drake, ASOC

County Staff: Pauline Moreno, Public Authority Secretary

<u>Call to Order</u>: Reed called the meeting to order at 1:20 P.M.

<u>Member Introductions</u>: The roll was taken, a quorum was not established, and introductions were made.

<u>Approve 10-16-12 Meeting Minutes</u>: Due to lack of a quorum, this item is continued until next meeting.

Member Announcements: No member announcements were offered.

- Multi-cultural Music Festival, Saturday, May 4, 2013, 9:00 AM to 8:00 PM at the Gold Country Fairgrounds. Senior vendors are needed. Overview of venue provided as well as a event handout.
- Placer Collaborative Network: December 5, 2012, 8:30 AM to 2:00 PM is having their January retreat at the Sister's of Mercy. Public, private, and non-profit service organizations will be represented.

<u>Public Comment</u>: The following public comment was offered:

Guest, Lancaster spoke about Auburn Creekside Villa. This is a residential, 15-bed, care facility for the elderly. It is a brand new, 7,000 sq. ft. building located on a 3 acre lot at 695 Dairy Road, Auburn, CA (near Luther Road). They are staffed with 24-hour care CNAs and an LVN seven days per week. They do not accept any dementia cases as they are not a locked facility; however they do take mild dementia clients short term. They provide transportation: two doctor appointments/month, church, outings, etc.). They do have a

playground on site to accommodate families that may bring their children to visit and a vegetable garden.

<u>Presentation:</u> Senior Peer Counseling/Grief After Loss – Tom Drake

- The Senior Peer Counseling does free in-home (if safe) counseling/support or will meet wherever clients are most comfortable
- Reasons to refer:
 - Persistent depression,
 - Low rate of diagnosis for older adults
 - o Isolated?
 - o Experienced grief/loss?
 - Loss of independence.
- Counselors are volunteers:
 - o Must complete training; certified by us
 - Not give advice; just advise resources available
 - Meet with Drake weekly
- Substance abuse is problematic; consider boomer-generation mores
- Let client set the pace
- Can lead to: (if needed)
 - APS intervention
 - Law enforcement intervention
- Referrals come in from
 - Hospital
 - IHSS
 - Providers
 - Family
- Do Screening
 - o Some clients can be outside the scope of Peer Counseling
 - Need treatment/therapy
 - Try to link with resource counselor

Presentation: MediCare Update – Margaret Reilly

- HICAP (Health Insurance Council and Advocacy Program) of Northern California
 - Nine counties surrounding the Sacramento Region

- Are MediCare centric
- It's Medicare annual open enrollment time; booklet mailed to recipients about
 - Changes Coming
 - No downsizing right now, are upsizing
 - Donut hole is closing
 - o Preventive services are being offered at better rates including no payment at all
 - Time to change plan (if desired)
- Spoke about the different plans available, coverage offered, when to apply, how they work, acceptability by doctors, etc.
- Must select a plan that is available in your area
- HICAP does not sell nor does it recommend; just provide factual information

Report A4AA: Vasquez provided the following report:

- Town Hall data report will be available in January
- In October, provided RFP timeline
 - o May possibly suspend/hold off for one year
 - Fiscal cliff
 - Don't have census data; rural demographic shifts rural population numbers dropping
- The OAAC should consider having the A4AA Advisory Council representative (Herman, Plasencia) provide a report. (Will be added to January agenda)
- Deanna Lee, the Executive Director of A4AA will be retiring after some 40 years of service. Her last day will be May 31, 2013.

<u>Report - Senior Legislation</u>: No report available. The CSL November newsletter was distributed to all members via email.

Report – Placer County Report: No report available.

New Business: No new business reported.

 Should the OAAC meet in December? After some discussion and a vote of commissioners, it was decided to cancel the December meeting.

Agenda Items for January Meeting:

Senior Center Without Walls.org will be visiting with a presentation

Future Agenda Items:

- Monthly Reports
 - A4AA Nancy Vasquez
 - Senior Legislation -
 - Placer County Report Ruth Alves
- Presentation: 48 hour maximum cap to distribute prescription/shot to all county residents – Rui?
- Presentation: OAAC to all Placer County Mayors: What We Do and Services available for Seniors – Wayman
- Presentation: 211 Karla Gustafson (invite BOS, Dr. Burton, OES, A. Yoder, Legislators, other stakeholders) – Contact Rui Cunha, Director OES for a collaborative effort on this much needed resource. Get Rep from NV County to talk about their program?
- Presentation: Health Care for Boomers (Possible: Dr. Burton)
- Presentation: EcoHousing (see February meeting for information)
- Discussion: Revisit OAAC committee structure
- Discussion: Silver Alert Possible expansion into other areas of Placer County
- Discussion: Senior Safe House as mandated by law

Date:

- Presentation: Sacramento Commission on Aging
- Download/ examine emergency information form State/Rock Creek Mobile Home Park
- State of Housing in different communities
- Senior Housing
- Presentation: Elder abuse (Police/Sherriff on reporting, District Attorney on prosecuting cases)

Next Meeting

A4AA Program Evaluations

The meeting was adjourned at 3:02 PM

January 15, 2013	

Time: 1:00 PM to 3:00 PM

Location: Auburn Library

Beecher Room

350 Nevada Street

Auburn, CA