

Spring 2012



Note: Placer County Managed Care provides this newsletter as a service to our Network Providers. Articles presented here do not constitute an endorsement for any particular provider or mode of therapy.

Network Connection Newsletter

Provider Documentation Submission Process

The Managed Care Unit would like to remind our providers of the policy for submitting CARE 009, Request for Authorization / Treatment Plan Report and Assessment packet. At this time, the CARE 009, and/or Assessments may not be scanned, emailed, or faxed to case workers directly. All documents must be signed by the provider, and the appropriate forms submitted to Managed Care clerical staff for processing. Please remember that the Network Provider Assessment packet forms are located at our Placer County Managed Care website. Our internal process ensures Medi-Cal compliance with HIPAA regulations as well as helps maintain Electronic Medical Records (EMR) accuracy. This data allows us to evaluate our “timeliness of service delivery” identified as an area of particular concern by state auditors.

On those occasions when further information may be needed, the document will be returned to the provider. If the document is returned, it will be accompanied by a letter clarifying what additional information is needed, while ensuring that Medi-Cal requirements are maintained. Unsigned documents, or packets missing documents, or documents sent directly to the caseworker cause delays in processing which can then lead to untimely authorization of client services.

In an attempt to ensure this process remains timely, Managed Care staff will fax, to those providers who have a fax number listed, both the letter, and a copy of the incomplete CARE 009 and/or the Assessment packet. If we do not have a provider’s fax number, the letter and the incomplete document will be returned by mail. Corrections, additional information, or missing documents may then be resubmitted along with a copy of the letter for secondary review.

The Managed Care Unit wants to thank all of you for your commitment to the services you provide to our beneficiaries. Should you have any questions, please do not hesitate to call Michelle Johnson, Placer County Network Provider Liaison, at (530) 886-1854.

PROVIDER RELATIONS

Dear Providers,

It is with some regret to announce to you that I will be moving on from the Placer County Behavioral Health Managed Care Unit (MCU). The world of Medi-Cal regulations and Compliance has been fascinating, and I have learned a great deal. But now I am needed to manage bigger challenges with my promotion to Program Manager for the Children's System of Care. As Provider Liaison, it has been a great deal of pleasure working with all of you, through our Collaborative trainings, audits, and assisting you with Compliance and provider issues.

Michelle Johnson, current MCU supervisor, will be assuming the duties of Provider Liaison at this time. She can be reached at (530) 886-1854, or mmjohnso@placer.ca.gov. Feel free to call her and check in, or discuss concerns or issues. And you are invited to attend our quarterly Network Provider meeting.

On that note, the Managed Care Unit will soon be re-locating back to the Enterprise Drive location. This move is tentatively slated for mid- May, but more details to follow through E-blasts, including changes in our phone numbers. At this time, you may continue to use our current address: 379 Nevada Street, or revert back to the old 11716 Enterprise Drive, Auburn, CA 95603. Mail will be checked at both locations through our transition. Note that mail sent to 379 Nevada St, after our move, will be rerouted by the USPS. The best of luck to all and have a happy and safe summer!

Tom Lind

Network Provider Meeting

We invite you to attend the Network Provider Relations Committee meeting held the second Wednesday of every third month. The next meeting will be June 13th from 10:30 a.m. to 12:00 p.m. We meet at the new location of the Managed Care Unit at 11716 Enterprise Dr, Auburn.

These meetings provide a great opportunity to stay updated on changes within the Managed Care Unit and Placer County Health and Human Services. They also provide a forum to ask questions, discuss concerns, and network with other Behavioral Health professionals and Placer County staff.

Also, we welcome Newsletter submissions from our Network Providers. Please limit your articles to approximately 500+/- words. You may e-mail your submissions to Provider Liaison, Michelle Johnson, at mmjohnso@placer.ca.gov, or fax it to (530) 886-1888.



Managed Care Contacts:

Twylla Abrahamson, CSOC Assistant Drctr/ Prgm Manager: (530) 886-1853

Michelle Johnson, MCU Supervisor/Provider Liaison: (530) 886-1854

Linda Helling, Patients' Rights Advocate: (530) 886-1859

Derek Holley: (530) 886-1868, **Wally Keller**: (530) 886-1871,

Kristin Kolster: (530) 886-1882, **Diane Kato**: (530) 886-1869

Mary Coleman: (530) 886-1878, **Cami Burke**: (530) 886-1876,

Carolyn Sherman: (530) 886-1879, **MCU FAX Number**: (530) 886-1888

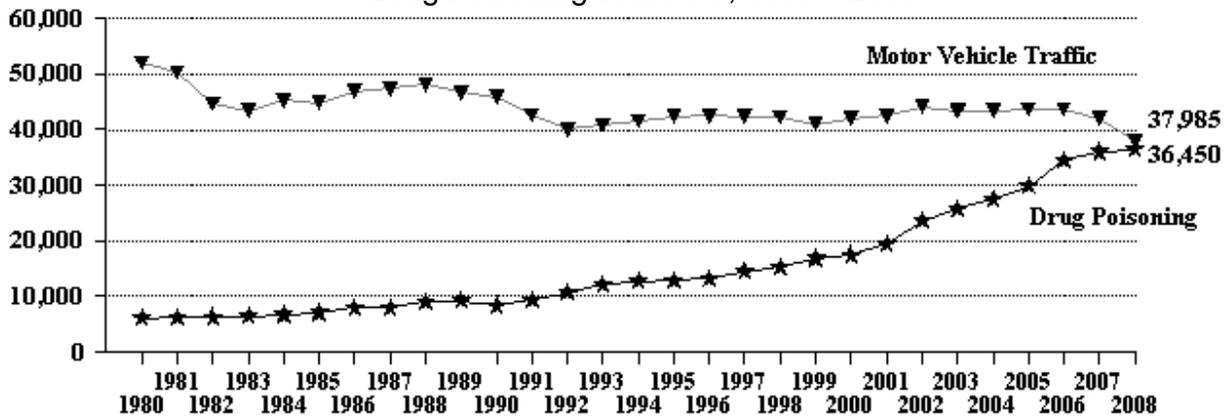
Erica Collins, HHS Fiscal Services, Provider Liaison: (530) 745-3111

COMMUNITY CORNER

Drug Poisoning Deaths Now Rival Motor Vehicle Traffic Deaths

Nearly as many people die each year from drug poisoning as from motor vehicle traffic accidents, according to data from the Centers for Disease Control and Prevention (CDC). The number of drug poisoning deaths, which includes deaths resulting from illegal, prescription, and over-the-counter drug misuse, has increased nearly every year since 1980. The most significant increases, however, have occurred in the last two decades. Since 1990, the number of deaths related to drug poisonings has more than quadrupled, increasing from 8,413 to 36,450 in 2008 (the most recent year for which data are available). This increase is largely due to an increase in drug poisoning deaths involving natural and semi-synthetic drugs. Drug poisoning deaths are now the second leading cause of death from injuries, second only to motor vehicle traffic accidents. According to the authors, "Government agencies and other organizations joined together to achieve great reductions in the number of deaths from motor vehicle crashes in the past three decades. Using a comprehensive, multifaceted approach, it may be possible to reverse the trend in drug poisoning mortality.

Number of Injury Deaths from Motor Vehicle Traffic and Drug Poisoning in the US, 1980—2008



NOTES: Drug poisoning deaths include unintentional (accidental) (77%), intentional (suicide and homicide) (13%), and undetermined intent (9%) poisoning deaths caused by exposure to narcotics, hallucinogens, antiepileptics, sedative-hypnotics, antiparkinsonisms, psychotropics, nonopioid analgesics, antipyretics, antirheumatics, other drugs acting on the autonomic nervous system, and other and unspecified drugs, medicaments, and biological substances (ICD-10 codes X40-X44, X60-X64, X86, and Y10-Y14 and ICD-9 codes E850-E858, E950.0-E950.5, E962.0, and E980.0-E980.5). Motor-vehicle traffic deaths include pedestrians, pedal cyclists, or occupants, and involve any type of motor vehicle on public roads. When the ICD-10 replaced the ICD-9 in 1999, approximately 5% fewer deaths were classified as motor vehicle deaths and 2% more deaths were classified as poisoning deaths. Injury deaths include deaths that are caused by forces external to the body (e.g., drowning, falls, firearm, motor vehicle traffic, poisoning).

SOURCE: Adapted by CESAR from Centers for Disease Control and Prevention (CDC), National Center for Injury Prevention and Control (NCIPC), *Drug Poisoning Deaths in the United States, 1980-2008*, 2011 (available online at <http://www.cdc.gov/nchs/data/databriefs/db81.pdf>).

CONFIDENTIAL HELP FOR VETERANS AND FAMILIES

The Department of Veterans Affairs is expanding its efforts to prevent suicide through several new initiatives that increase the availability of services for Veterans, Servicemembers and their families. The new initiatives include a new, free, confidential text-messaging service in the existing Veterans Crisis Line, introduction of toll-free access from Europe, and collaboration with Vets Prevail and Vets4Warriors, two groups providing crisis help to Veterans, Servicemembers and their families.

Now, in addition to the Veterans Crisis Line (1-800-273-8255) and online chat at VeteransCrisisLine.net, Veterans and Servicemembers in crisis - and their friends and families - may text free of charge to 83-8255 to receive confidential, personal and immediate support. The text service is available, like the Veterans Crisis Line and online chat, 24/7, 365 days a year and connects a user with a specially trained VA professional many of whom are Veterans themselves.

Vets4Warriors has helped thousands of their peers connect with confidential assistance through a free hotline (**1-855-838-8255**) and online chat at Vets4Warriors.com. If a Veteran is in need of professional crisis or mental health support, Vets4Warriors' responders will transfer the Veteran to a responder at the Veterans Crisis Line.

PROVIDERS' CORNER

Sierra Mental Wellness Group Announcement

Please join Sierra Mental Wellness Group in welcoming their new clinical director, Dr. Jan Phillips. Jan, a licensed psychologist, brings with her an array of clinical experience including individual and group psychotherapy, psychological testing, and case management. Jan has provided psychological services in community and county mental health agencies, a Health Maintenance Organization, and a low socioeconomic middle school where she worked in a gang and drug prevention program.

Most recently, Jan provided psychotherapy and case management services at California State Prison, Sacramento and worked at the California Department of Corrections and Rehabilitation Headquarters on a variety of statewide mental health programs and policies. In addition to being responsible for Sierra Mental Wellness Group's overall clinical services, Jan provides clinical supervision for the agency's trainees, interns and staff clinicians at their Roseville and Auburn sites. Since 2003, Jan has taught at a community college, and since 1983, she has used Taijiquan. In her spare time she enjoys travel and gardening. Rumor has it that she just adopted a pretty cute chocolate Labrador Retriever from a rescue group.

New Mourning Counseling Services

With offices located in Auburn, Grass Valley, and Roseville, New Mourning provides one on one psycho-therapy; we also provide group therapy, couples and family therapy, and we help children with effective outlets to manage and contain their emotions through play, art and sandtray.

Currently we are partnering with **First 5 Placer** to provide mental health services to women suffering from postpartum depression. If you know of someone who is pregnant or has recently delivered a baby and is suffering from depression, they may qualify to have 12 sessions of therapy at no cost to them.

According to the National Institute for Mental Health, "...one in 17 people suffer from a seriously debilitating mental illness" consequently we have cultivated a relationship with **WarmLine** and Placer County Public Health nurses to serve the neediest in the county and beyond. We have resourced the **Placer Collaborative Network** as well as the **NonProfit Resource Center** to build a vital, thriving organization that brings benefit to the entire community.

For issues like depression, anxiety, and past trauma, we engage the client in a multi-modal therapy. This may include talk therapy, art, sandtray, cognitive behavioral techniques, and family systems. Together we will come up with goals to lead the individual to a more satisfactory and centered lifestyle.

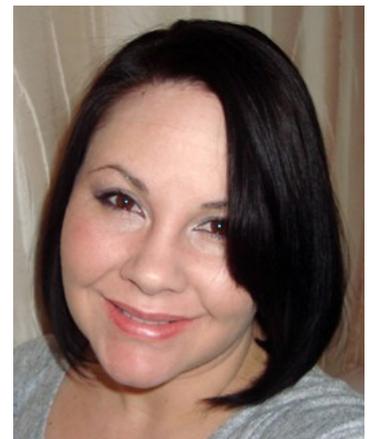
We at New Mourning are dedicated to serving our community's mental health needs, and for this reason, we provide a sliding fee scale that can work into most family budgets. If you wish to speak with a therapist, please call (530) 887-1300. You can also email us at sdouden@newmourning.org

Meet Amy Green, LMFT

Introducing Amy Green, LMFT, with an office located at 2520 Lonetree Blvd, Suite 142, in Rocklin, CA. is a therapist with nearly ten years of experience providing mental health services, including intensive therapy to individuals, children, adolescents, and families. She specializes in the treatment of depression, mood disorders, anxiety, PTSD/trauma, grief & loss, attachment issues, disruptive behaviors, and Triple P positive parenting.

Her style is interactive, supportive and positive, responding to each client's individual needs. She utilizes strength-based interventions including; solution focused, cognitive behavioral, dialectical-behavioral, family systems, humanistic, positive parenting, and attachment focused/dyadic developmental psychotherapy.

She also incorporates expressive therapeutic techniques including; art therapy, play therapy, and sand tray therapy in which clients of all ages are encouraged to identify, explore, and resolve behavioral and emotional struggles. She can be reached at (916) 878-1900 or on the web at www.amygreenmft.com.



Camp SAGE-2012

Camp SAGE, a one-day retreat for bereaved families with children and teens ages 8 to 16 years, will take place again in 2012! The camp will be held on Saturday, August 4th.

The mission of Camp SAGE is to provide a safe environment for bereaved families to engage in fun and challenging activities that build inner strength and skills for healing.

The program will be facilitated by On Course ropes staff, professional counselors, grief counselors, and trained volunteers. Activities include arts and crafts, cooperative games, challenging ropes course activities, opportunities for remembrance and healing, and hands-on team adventures. Lunch and T-shirt are included.

This one day retreat is offered at **NO COST** due to the generous donations from sponsors and the greater Auburn community. The camp will be held at On Course Ropes in Grass Valley, CA.

For more information or to register for Camp SAGE 2012, please contact Trish Caputo, Bereavement Coordinator, at Sutter Auburn Faith Hospice at (530) 886-6650.

Navigating Stepfamilies Group

Explore how challenges inherent in blended families play out. Find ways to create unity in the family while respecting each other's unique selves and histories. Learn invaluable communication skills, and create strategies to help the parents involve the children to work together as a team

Where: 101 Orange Street, Auburn. **When:** March 28th through May 9th from 6:30 to 8:30 PM for six weeks (no meeting on April 18th) **Cost:** \$60 per couple per group, or \$300 for all 6 groups paid in advance. Commitment for all groups required.

Jamie Lynne, LMFT is the manager of mental health services at multiple sites for a local treatment program with a focus on family systems. She has years of experience working from an attachment and family systems approach in her private practice in Auburn and Grass Valley. For more information go to www.jamielynne.org

Jozeffa Greer, LMFT has helped couples in blended families for over 22 years, and understands their issues from inside out since she created a blended family after she remarried 26 years ago. She also has a private practice in Auburn and Sacramento. For more information go to www.jozeffa.com, or to register call (916) 736-6300 or email her at jozeffa@mac.com



HHS FISCAL SERVICES

HHS Fiscal Services has made some recent staff assignment changes. Tami Burns will no longer be your point of contact as the Network Provider Fiscal Liaison. However, Tami has said, "I would like to thank you all for making my job fun to do!" Should you have any billing questions or concerns please feel free to contact Erica Collins at (530) 745-3111, and she will be able to assist you.

As a reminder, HHS Fiscal Services is no longer located at 379 Nevada St. All invoices should be mailed to the following address:

HHS FISCAL MSO
3091 County Center Dr. Suite 290,
Auburn, CA 95603.

After the end of May, no County employee's will be housed at 379 Nevada St, so mail sent to that address will be rerouted by the USPS. This rerouting will no doubt cause a delay in your receiving payment for services rendered.

ANNOUNCEMENTS



“Gender Specific Engagement, Building Alliances, and Services for Children and Young Adults”

Morning Session from 8:30 to Noon: Presenter - Paul Kivel. *Young Men’s Work: Stopping Violence and Building Community.* Understand the impact of male socialization and the costs to boys and the community; understand issues of power, violence, and diversity in working with boys and young men; supporting them in their efforts to connect with others in non-violent and caring ways, and nurturing and challenging them and building on their resiliency and strength

Afternoon Session from 1:00 to 4:30: Presenter - Kimberly Sokolof-Selvaggi. *Gender-Responsive, Trauma Informed Practices for Girls and Young Women.* Understand the complex reality of system-involved girls and young women, explore elements of gender responsive principles, the elements of trauma informed care, and discuss gender differences in trauma and its resulting impact

Course meets qualification for seven (7) hours of Continuing Education Units; please supply licensure when registering.

May 1, 2012 from 8:30 AM to 4:30 PM

Rocklin Community Center located at
5480 Fifth Street, Rocklin

E-Registration: [Click Here!](#) or

Call Mary Ann Medeiros at (530) 886-1847

“Cognitive Behavioral Therapy” **Presented by Melissa Holland, PhD**

Evidenced based interventions for Depression and Anxiety. Course objectives are as follows:

- Evidenced based therapies in working with children and adults who exhibit internalizing disorders
- Cognitive Behavioral Therapy, both theory and application (focusing on practical techniques)
- Goal setting, understanding treatment parameters, and monitoring therapeutic effectiveness
- Selecting appropriate interventions based on age, cognitive level, and presenting symptoms
- The referral process to outside clinicians, including when, how, and to whom to refer

Course meets qualifications for six and one-half (6 1/2) hours of Continuing Education Units.

May 25, 2012 from 8:30AM to 4:00PM

Holiday Inn located at
120 Grass Valley Hwy, Auburn

E-Registration: [Click Here!](#)

MAY

May 1 — Gender Specific Engagement, Building Alliances And Services for Children and Young Adults.
See Announcements column.

May 25 — Cognitive Behavioral Therapy Training, See Announcements column.

May 28 — Memorial Day, County offices closed

JUNE

June 13 — Network Provider Relations Committee Meeting. Refer to page 2 for more information.

June 28 — Becoming Trauma Informed and Gender Responsive. 8:30 AM - 4:00 PM. See text below.

JULY

July 4 — Independence Day, County offices closed

“Becoming Trauma Informed and Gender Responsive: A New Approach for Women’s and Men’s Services” **Presented by Stephanie Covington, PhD**

This presentation offers a theoretically-based comprehensive treatment model that integrates theories of addiction, women’s and men’s psychological development, and trauma. Objectives:

- Describe levels of violence
- Define trauma and trauma-informed
- Describe the process of trauma
- Explore the connections between addiction, mental health and trauma
- Describe four critical issues for gender-responsive services
- Demonstrate and provide specific interventions

Course meets qualification for six (6) hours of Continuing Education Units; please supply licensure when registering.

June 28, 2012 from 8:30AM to 4:00PM

Rocklin Event Center located at
2650 Sunset Blvd., Rocklin

E-Registration: [Click Here!](#)