

# Placer County Systems of Care Network Provider Relations Committee Meeting

Facilitator: Michelle Johnson

March 13, 2013



## MINUTES

### **Introductions:**

Michelle Johnson, Cami Burke, Jeff Steer, Jacqueline Kubal, Diana Aldrich, Rick Wheeler, Jerry Watkins, Warren Daniels, Jamie Morris, Ellen Baldwin, Tracy Peters, Daphne McKinnon, Jamie Lynn, Amy Green

### **Announcements/Information:**

- New announcements from attending Network Providers & Community Partners:

### **Discussion/Action Items:**

- Healthy Families Transition to Medi-Cal:

The State determined that the Healthy Families (H.F.) – Medi-Cal transition will be occurring in four phases, with selected counties pre-identified for each phase. Placer County is phase 4. Placer County Healthy Families residents will be transitioning to Medi-Cal in the 4th phase which is estimated to occur in October 2013.

This has created a lot of confusion amongst our respective clients. Patients are reporting that private providers, concerned about being paid, are refusing to serve Healthy Families clients. If you are currently serving a Healthy Families client under an HMO plan that is having ongoing trouble either obtaining authorization or payment of services, recommend they contact their HMO plan and if necessary, request to file a grievance, and or file a complaint with the Department of Managed Care Helpline at 1-888-466-2219.

We estimate that here in Placer County between 100 and 300 new clients will transition from Healthy Families (H.F.) to Medi-Cal. This increase will impact most all of the CSOC, and at times we expect to increase utilization of our provider network.

To stay up to date on current events that impact our clients and community services please log on to: [www.californiahealthline.org/](http://www.californiahealthline.org/) this is a great resource, providing all kinds of information to help educate both providers and clients.

- AB 12 Young Adults / CPS Dependency:

Michelle shared a PowerPoint which provided a brief overview of AB12. AB12 youth can remain in foster care as a dependent until age 21. If they opt out they can opt back in at a later date. If they do not like being in a foster home environment and prefer independent living, they can use the AB12 funding to pay for their own housing. Independent living arrangements do require approval from their social worker as well as increase contact with their social worker. These clients' mental health services are obtained through the Adult System of Care for AB 12 Adult Dependents.

Helpful resources: The John Burton Foundation is an excellent resource for providers. B.O.G. Grants and a multitude of scholarships are available for help with education costs.

- Teen Crisis / Increase in SI:

There has been an increase in the number of teens who have been evaluated for 5150 assessments. Our case manager, Janet Muehe-Hayward has been assigned to work with a majority of these clients to link them immediately post discharge from the inpatient psychiatric hospitalization to outpatient services. If you see one of these clients and feel they need additional services/sessions, additional services can be requested, based on medical necessity, to help these clients stabilize and become successful in treatment.

- Interactive collaboration of treatment modalities

We are trying to use a variety of modalities to maximize services for the "priority population" children to help them stabilize in treatment with demonstrated ability to benefit with eventual step down and transition of services to a less intensive modality of treatment.

- BH Group Presentations:

- Teen Girls Group starting 4/11/13 for Medi-Cal eligible girls ages 13 to 18. The group will meet Thursdays from 4:00PM to 6:00PM and will focus on mood regulation and anxiety reduction.
- Moving through Loss Group, an expressive arts modality, the tentative start date is 04/01/13 for Medi-Cal eligible children ages 9 - 12. The group will meet Mondays from 4:00PM – 5:30PM.
- Dina Dinosaur Group starting 4/02/13 for Medi-Cal eligible children ages 4 to 8. The group will meet Tuesdays from 4:00PM – 6:00PM and will focus on social skills, emotions and problem solving. The Dina Dinosaur group is currently full but there is a waiting list. If your client does not have Medi-Cal please send them to Kids First.
- We are currently working on developing Teen Boys Groups for 8-10 year olds, 11-13 year olds and high school age up to age 17. This will be similar to the Teen Girls group and will hopefully start May 2<sup>nd</sup>.

- New Patient Rights Representative:

Richard Hill, with the Adult System of Care, is currently filling in for our retired Patient's Rights representative, Linda Helling. There will be recruitment to permanently fill that position in the near future.

- Provider Recruitment:

Provider applications are closed to new providers, with the exception of psychologists, threshold languages and geographical gaps in provider services. At present, we have four Spanish speaking therapists and are actively recruiting more along with other languages spoken in our community. We

recently recruited a Farsi speaker and a psychologist. Both of these providers will only be serving adult clients. Additionally, we are interested in some specialties such as EMDR for teens, certified play therapy and sand tray therapy.

- **Managed Care Website Review:**

The MCU website contains all of the information and forms for providers. To update your Provider information please contact Peter Knutty at [PKnutty@placer.ca.gov](mailto:PKnutty@placer.ca.gov).

- **Peri-natal Substance Abuse for Pregnant Mothers or Mothers with Children:**

Jacqueline Kubal and Diana Alrich are practitioners in the ASOC Alcohol and Drug Program. They have been actively going out into the community to inform people of this program because it is being underutilized. It funds outpatient treatment, detox, and residential treatment and also assists with transitional housing. This program serves pregnant clients or clients who have parental rights for their children 17 and under. They welcome men and women over 18 with co-occurring, depression and anxiety etc. There is a free screening clinic which is offered on Mondays and Tuesdays in Auburn and Thursdays 4:30 – 5:30 in Roseville.

- **Adult System of Care:**

Any adult with mental health needs should contact Adult Intake Services. If they have “less intensive” needs then they will likely be referred to ASOC case manager Patti Larson. If they are “priority population” then they would likely be referred to a staff member on Supervisor Bill Thomas’s team.

### **New Business:**

- **Open to questions & Issues from attending Network Providers & Community Partners:**

- **New programs or services now available from Network Providers & Community Partners:**

- ❖ Warren Daniels noted that last month the board of directors of Community Recovery Resources and Full Circle Treatment Center signed a merger agreement. Full Circle has now dissolved into CCR; however, they have kept the Full Circle name, services and staff. They now have an adolescent services site in Auburn.
- ❖ Jerry Watkins of Kesler, Brockhoff and Associates reported that they are providing all the Court Mandated services in Spanish and English. This includes Parenting, Co-Parenting, Step Parenting programs, Domestic Violence, and Anger Management. Additionally, they do court ordered supervised visitation for children in Spanish and English.
- ❖ Recovery Now Transitional Living provides transitional living for adults 18 and above. They have 21 beds for men and 21 beds for women in Placer County. They do random alcohol and drug testing and have a contract with Placer County for CPS and AB109.

### **Next Meeting:**

Our next meeting will be 06/12/13. All providers are welcome to attend.