

MONTHLY BOARD MEETING MINUTES

October 22, 2012

Mental Health Board

Members in Attendance

Behrens, Sharon
Buckman, Rick
Koehler, John
O'Meara, Janet
Schauer, Steve
Wesp, Daniel
Williams, Jessica

Staff and Guests

Bauman, Maureen
Dickinson, Will
Ellis, Amy
Jones, Janna
Taylor, Will
Thickens, Theresa

Absent Members

Holmes, Jim
Meade, Pat

Welcome and Introductions

Sharon Behrens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ **Board Protocol (Non-Board Member Participation)**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ **Presentation: Tahoe Site Visit / Board Member Panel: Janet O'Meara, Steve Schauer and Dr. Jessica Williams**

- Each individual of the panel reported on their experience and thoughts related to the site visit.
- Dr. Williams was interested in the area and wanted to see what their programs looked like and review the housing being put in place.
- Steve Schauer identified it as being separate from the rest of Placer County and the group in that area was very collaborative.
- Janet O'Meara reported on the two-part program presentations. She also felt they're really great at collaboration.
- Addressed challenges – lots of snow, isolation, public transportation is limited and many of the services are better in Truckee.
- Local economy is not doing well. Due to a large Hispanic population, there are cultural and language barriers.

Secretary/Treasurer's Report

Approval of the September 22, 2012 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Report – \$1,500 - Amount budgeted for Fiscal Year 2012-13.

Expenditures for the month of September include: \$44.08 – catered meals and \$7.10 postage (October); as of October 15, 2012, the remaining balance is \$1,204.03 and is accepted as presented.

Standing Committee Reports

- ❖ Alcohol and Drug Committee – Dan Wesp
 - Amy Ellis provided the committee with an update on the screening clinic.
 - Identified issues that came up at provider meeting related to level one individuals, those who are not seeking treatment for self but are court ordered.
 - All levels of outpatient are down.
 - Numbers screened: July = 66; Aug = 75; September = 56.
 - AB 109 - Sheriff's Department and the CCP complimented Health and Human Services for their treatment programs in the jail.
 - Buzz Kill is taking place Wednesday, October 24th at Del Oro High School from 7:50 – 11:40 a.m.
- ❖ Quality Improvement Committee – Jessica Williams
 - The QI and Children's committee, in lieu of their regular meeting, conducted a site visit at the Lighthouse Counseling and Family Resource Center in Lincoln. This is one of five site visits of family resource centers taking place.
 - Sharon Behrens reported on the information learned at the Lighthouse visit and passed around a flyer outlining services, classes and psycho-education groups.
- ❖ Children's Committee – Sharon Behrens
 - The committee conducted a combined site visit with the Children's Committee – *see above report*.
- ❖ Adult System of Care Committee – Janet O'Meara
 - Reviewed the list of tasks the committee wants to do and prioritize for a more concise list.
 - Committee meets the second Tuesday of the month at 6:00 pm in the Clubhouse at Cirby Hills.
 - Biggest task at this time is to look at the whole AOT (assisted outpatient treatment).

BOS-Representative

- ❖ None

Correspondence and Announcements

- ❖ Sharon Behrens reported on the receipt of the following:
 - Will Taylor announced that the Placer County Speakers Bureau is looking for speakers (recovery principles and stigma reduction) and will forward information to Sharon Behrens next week.

Director's Report

- ❖ Maureen Bauman reported on the following:
 - Redesign of the "front door" for mental health services will take place beginning November 13th. This is another step in improving our engagement of consumers as they enter the system.
 - Consumer employee will follow up with individual and get them a scheduled appointment.
 - Saves time getting consumers into the system.
 - NAMI event taking place October 25th – talking about mental health recovery. Ms. Bauman has been asked to be a resource at the meeting to answer questions.
 - Crisis Intervention Team (CIT) training occurs October 29th – November 1st for law enforcement officers. Training takes place once a year for 40 hours so they are more versed in mental health and is open to local law enforcement.
 - AB 109 – each county is different in terms of their approach. Probation is tracking, in great detail, all the AB 109 people who are not in custody. Funded a jurisdictional drug task force - Special Investigation Unit, which is working locally with the AB 109 population.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)

- Two people in attendance at tonight's meeting are exploring membership on this Board.
 - Janet O'Meara will also follow up with possible member she's been in contact with.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
 - Sharon Behrens passed out Resource Packets for use when aiding individuals and directing them to various services.
 - Maureen Bauman reminded people to utilize the Network of Care – it's a great resource.
 - ❖ Status of Development of Policy on Public Comment
 - Maureen Bauman provided Sharon Behrens the protocol that's used by the BOS regarding non-board member participation.
 - The document will be brought to the Executive Committee and then to the full Board.
 - ❖ Status of FY 2011-12 Annual Report to the Board of Supervisors (BOS)
 - Sharon Behrens solicited comments and/or changes from members.

John Koehler recommended moving the annual report forward to the BOS as final, Rick Buckman seconded. Motion Carried.

 - We will follow up with the Board of Supervisors to see how they would like the report delivered – as a consent item or simply delivered.
 - ❖ Proposed Guest Speaker/Training Dates
 - This is a fluid document that can be adjusted to meet the Board's needs.
 - Proposing to split the Mental Health of America presentation with the Placer County Speakers Bureau.
 - Consensus to let the FY 2012-13 Guest Speaker/Training stands as is.
 - ❖ Committees and Board Structure
 - Review committee and board structure - in the past, it was agreed that the work of the Board was to be done in the committees. Goals and updates to come from the committees to the full Board.
 - Restating the agreement made that we are doing the work of the Board in the committees and bringing updates and items for action forward to the full Board for approval.
 - ❖ MHSA Statewide Suicide Prevention – “Know the Signs”
 - For this presentation, Maureen Bauman logged into the Statewide Prevention website to view the PowerPoint slide show.
 - Reviewed - Knowing the signs and highlighted examples of conversations.
 - Teen.
 - Other people.
 - Older adult.
 - Provided practical ideas on how to start the conversation with individuals.
 - An upcoming campaign will take place after the election for further promotion to raise the awareness level.

New Business

- ❖ Jail Site Visit Discussion
 - Sharon Behrens, Katrina Moser, Pat Meade, Steve Schauer, and Janet O'Meara participated in the jail site visit.
 - The group went through the intake process to experience what individuals actually go through.
 - Taking names of Board members who are interested in seeing the new jail facility with Lt. Walsh.
 - Send an email to Sharon Behrens, by the end of next week, if you're interested in participating in the site visit.
- ❖ Contract
 - The below contract was reviewed and approved by the Executive Committee.
 - ☐ Vista Pacifica Enterprises, Inc. for Mandated Mental Health Services

Janet O'Meara approved the revenue agreement, Jessica Williams seconded. Motion Carried.

Board Member Comments

- ❖ Janet O'Meara reported on her and Pat Meade's attendance at the last NAMI meeting in which Lt. Andrew Scott spoke about CIT and answered questions.
- ❖ Jessica Williams appreciated the folders.

Public Input

- ❖ Theresa Thickens asked question related to reason for the CIT training and whether it's geared to help officers recognize and deal with mental health in their day to day work or to recognize their own potential struggles with mental health.
- ❖ Will Taylor announced the Placer County's Speaker Bureau's interest in speaking engagements within the county.

Adjournment

- The meeting was adjourned at 7:57 p.m.
- Monday, November 5, 2012 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- Monday, November 26, 2012 is the next board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn

Secretary/Treasurer, Mental Health, Alcohol and Drug Board