

MONTHLY BOARD MEETING MINUTES

May 20, 2013

Mental Health Board

Members in Attendance

Behrens, Sharon
Buckman, Rick
Holmes, Jim
O'Meara, Janet
Schauer, Steve
Wesp, Daniel
Williams, Jessica

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Cleveland, Cheryl
Crow, Shari
Dickinson, Will
Jones, Janna
Manzer, Bronwyn
Taylor, Will

Absent Members

Meade, Pat
Thickens, Theresa

Welcome and Introductions

Sharon Behrens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ **Board Protocol (Non-Board Member Participation)**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ **Guest Speakers:**

Prevention Update: Shari Crow, Health Educator, Children's System of Care

- Provided information on three Prevention Programs.
- Tahoe is conducting a telephone town hall forum on May 21, 2103, utilizing technology to reach out to parents (ROBO calls). In-person/over the phone meeting. *Topic:* How to keep teens healthy through the summer season.
- Youth Commission is recruiting for members between the ages of 14 – 21 (closes May 31st). Applications are on line on the Youth Commission website. 18 commissioners, with a youth commissioner from each school, one from each district. Seeking individuals with a desire to serve and be part of the community, working on community issues.
- The youth are currently working on an under-age drinking Public Service Announcement (PSA) project (30 and 60 second PSA). Hope to have in theaters (announcement prior to movies beginning), You Tube, website, at parent discussions, and on local television.
- The youth have partnered with Hip Hop Congress and Whole Person Learning to submit a state grant for the Mental Health Stigma Reduction project. They want the screening of the PBS documentary on A New State of Mind: Ending the Stigma of Mental Illness, narrated by Glen Close, to take place in the local communities – Foresthill, Colfax, Auburn, and Lincoln,

followed by a discussion and activities.

- During the April Medication Take-Back over 4,300 pounds of unused, unwanted, expired medication was collected. Cumulative, over a three-year period, the coalition has collected over 20,000 pounds. Auburn increased its poundage from September to April by 51%.
- Distributed both a flyer and a draft - "My Plan" written by teens, created out of a focus group.

Placer County Speakers Bureau

Will Taylor, Coordinator

- Will Taylor began with a brief description of the Speakers Bureau, a group of individuals who present stories of lived experience with mental illness to audiences in the community.
- The group was awarded a mini grant and the monies are used to pay speakers stipends.
- Distributed a survey for Board members to complete.
- Discussed services and suicide prevention.
- **Bronwyn Manzer**, Extra-Help Client Services Assistant, ASOC
- Bronwyn Manzer shared her work background and described some of the tasks she has with the county.
- Ms. Manzer presented her story, beginning as a consumer with Placer County for over 10 years. She also provided an overview of her experiences with suicide and suicide attempts.
- The Speakers Bureau has secured speaking engagements at Sierra College, Sacramento State, Department of Labor, Social Security, Police, Probation, CIT, and various high schools.

Secretary/Treasurer's Report

Approval of the April 22, 2013 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Report – \$1,500 - Amount budgeted for Fiscal Year 2012-13.

Expenditures for the month of March include: \$56.81 - catered meals and \$4.36 - postage (May). As of May 14, 2013, the remaining balance is \$623.22 and is accepted as presented.

Standing Committee Reports

- ❖ Alcohol and Drug Committee – Dan Wesp
 - The committee met and is finishing up some of the current year's goals.
- ❖ Quality Improvement Committee – Jessica Williams
 - Twylla Abrahamson and Marie Osborne reviewed corrections for the EQRO report.
 - Reviewed Alcohol and Drug audit, which highlighted many things working well; reported one compliance deficiency requiring a corrective plan of action.
 - Reviewed the Provider Satisfaction Survey (providers that work with the County), which overall showed a positive satisfaction code.
 - Continuing to complete the emergency services card for law enforcement and first responders; first draft completed.
 - Working on QI's piece for the FY 2012-13 Annual Report to the Board of Supervisors.
 - Sharon Behrens updated the Board on binders being purchased for the resource books for each of the first responders. The binders will have tabs for the various agency resources, i.e., ASOC programs, CSOC programs, etc. There's a youth group interested in putting the binders together.
- ❖ Children's Committee – Sharon Behrens
 - Continuing discussions on the Early Trauma Program 0-6 Years of Age; working with other counties on their involvement. On the May 30th, Sharon Behrens, Richard Knecht and a few others are meeting with Stanford staff to discuss what is needed and what a quality program would look like.
- ❖ Adult Services Committee – Janet O'Meara
 - Continuing to work towards a creating a summary for outreach and engagement programs that are happening in Placer County.
 - Reported on a visit to Turning Point, which included a discussion on the difficulties of finding housing and the possible use of a housing coordinator.
 - The committee is now meeting the first Tuesday of each month at the Cirby Clubhouse in Roseville.

BOS-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - Reported on the numerous separate and distinct expenditure agreements along with Maureen Bauman's proclamation of May as Mental Health Awareness Month.
 - Mr. Holmes read a letter from a very pleased constituent who shared her experience with Placer County Health and Human Services and its great services/assistance.

Correspondence and Announcements

- ❖ Sharon Behrens reported on the receipt of the following:
 - California Association of Local Mental Health Boards and Commissions is having their annual meeting June 20 - 22, 2013 at the Hilton at the San Francisco Airport.
 - June 4, 2013 at 1:30 p.m., Sharon Behrens is taking a tour with community and Board members to the Crisis Resolution Center (CRC); Bill Ryland will provide a background on Koinonia and then proceed on the tour of the teen house facility.

Director's Report

- ❖ Maureen Bauman reported on the following and provided a written Director's Report:
 - May 30, 2013 at 9:00 p.m., KVIE will broadcast the groundbreaking documentary - A New State of Mind: Ending the Stigma of Mental Illness. It's people telling their story of overcoming stigma and their recovery processes. This documentary will premiere on PBS stations throughout California.
 - 25% of us are going to have some type of mental illness in our life time; one in four people. Many people are afraid of seeking services because of the stigma.
 - Maureen Bauman distributed green ribbons to MHADB members, representing Mental Health Awareness.
 - Provided an update on the recent legislature. Three high profile mental health bills pass their first hearing in Senate Health Committee.
 - SB 364 (amend the Lanterman-Petris-Short Act related to involuntary "5150");
 - SB 585 (counties may use Prop. 63 and other county mental health funds to provide mental health services to Laura's Law participants); and
 - SB 664 (permit counties implementing Laura's Law to cap the number of participants in the program, and delete the requirements in existing law that requires BOS to authorize each county's implementation and make a finding that no voluntary mental health service would be reduced as a result).
 - Association of Medicaid Directors made recommendation to the federal government to eliminate the Institutions for Mental Disease (IMD) exclusion, which prohibits federal Medicaid funds from being used to pay for the cost of medically necessary inpatient care provided to individuals 21 to 64 years of age who reside in IMDs.
 - 2013 National Drug Policy Program was released. New dollars available and President Obama is calling for drug policy reform in scientific research on addiction, evidence-based prevention programs, and increased access to treatment.
 - Each Mind Matters is the new mental health awareness campaign slogan. For resources, go to the web page: eachmindmatters.org.
 - Solicitation statewide for high school students to create public service announcements on anti-stigma and suicide prevention. There were 371 submissions representing 922 students in all of California. Woodcreek High School won in our region. On May 23, 2013, those that won will participate in a red carpet event at the Crest Theater.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - New member vote taking place this evening under "New Business."
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
 - No update on the actual purchase of the proposed banner and table.
- ❖ Topics of Discussion for July Retreat
 - Soliciting input from the MHADB on the Executive Committee's recommendation on the following topics.
 - 1) Prevention and Early Intervention and statewide activities - Mike Lombardo.
 - 2) **Health Care Reform** (PowerPoint).
 - 3) Hip Hop Congress (video).

- 4) Dan Wesp is still interested in the improvement of communication within the Criminal Justice System.
- 5) **Consultant's information regarding the review of the Criminal Justice System** (PowerPoint).
- 6) **Homelessness** (Placer Consortium of Homelessness).

- ❖ Medication Take Back Event Update
 - Included in the Prevention Update.

New Business

- ❖ Slate of Officers
 - Chair – Janet O'Meara.
 - Vice-Chair – Steve Schauer.
 - Secretary/Treasurer – Theresa Thickens.
 - Solicited additional nominations from the floor; none received.

Jim Holmes approved nomination of the above slate of Officers, Jessica Williams seconded. Motion Carried.

- ❖ Vote on Appointment of Will Dickinson (Public Interest Member)
 - Will Dickinson provided a brief summary of his family and work experience.
 - The Executive Committee recommends the appointment of Will Dickinson to the MHADB.

Jim Holmes approved the appointment of Will Dickinson, as a Public Interest Member to the MHADB, Janet O'Meara seconded. Motion carried.

- ❖ Contract [**Action Item**]
 - The below contracts were reviewed and approved by the Executive Committee.

- Employee Agreement with Psychiatrists

Jessica Williams approved the above contract, Janet O'Meara seconded. Motion Carried.

- Mental Health Contracts FY 2013-14

Jessica Williams approved the above contract, Rick Buckman seconded. Motion Carried.

Board Member Comments

- ❖ Janet O'Meara reported on her and Pat Meade's trip to see Mariel Hemmingway speak at the Crest Theater. She may send out an email asking if you want to volunteer to help the Placer Network of Care, agreeing to make a series of phone calls to service providers to update their information.
- ❖ Cheryl Cleveland, as a facilitator within her organization, has already presented a stigma reduction presentation for Mental Health Awareness month.

Public Input

- ❖ Will Dickinson interested in the recent Unity Care issue that took place at the Board of Supervisor's meeting.

Adjournment

- The meeting was adjourned at 8:03 p.m.
- Monday, June 10, 2013 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- Monday, June 24, 2013 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn

Secretary/Treasurer, Mental Health, Alcohol and Drug Board