

MONTHLY BOARD MEETING MINUTES

March 24, 2014

Mental Health Board

Members in Attendance

Behrens, Sharon
Cleveland, Cheryl
Dickinson, Will
Holmes, Jim
O'Meara, Janet
Thickens, Theresa
Wesp, Daniel
Williams, Jessica

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Cople, Katrina
Jones, Janna
Lombardo, Michael
Osborne, Marie
Taylor, Will
Wheeler, Rick
Wiseman, Julianna

Absent Members

Ling, Louis
Meade, Pat

Welcome and Introductions

Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) - Read

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ Guest Speakers:

Michael Lombardo, Director of Interagency Facilitation, Placer County Office of Education (PCOE)

Presentation: Placer County Programs Coordinated through Mental Health Services

- Most of the programs Mr. Lombardo is responsible for focus on student wellness and prevention services, foster youth services, and homeless services.
- Reviewed programs the Placer County Office Education does relative to the K-12 Student Mental Health Initiative (SMHI), which are programs funded through the Mental Health Services Act (MHSA) – Proposition 63.
- Placer County has two levels of projects. At state level, responsible for support and development for: Eliminating Barriers to Learning, NAMI on campus, and Kognito Interactive.
- Regionally, PCOE's focus for Placer County has been on Positive Behavior Interventions and Supports and helping to set up multi-tier systems of supports.
- Provided detail on Eliminating Barriers to Learning, the training, and the 5 modules and Kognito Interactive – statewide program (at-risk for high school educators) – 1-hour online simulation (handout provided).

- K-12 SMHI Clearinghouse is a web directory and resource for educators; the program is available across the state.
- Provided an overview of the K-12 SMHI regional project – Positive Behavior Interventions and Supports (PBIS). PBIS features prevention firsts, defines and teaches positive social expectations.
- Trained PBIS in 11 counties in northern California; 25 districts; 86 schools, 28 of which are Placer schools; 55,424 students in Placer County being affected by PBIS.
- Shared outcomes reflecting the reduction in out-of-school suspensions 2009-2013 (middle and high schools).

Secretary/Treasurer's Report

Approval of the February 24, 2014 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Reports – \$1,500 - Amount budgeted for Fiscal Year 2013-14. Expenditures for the month of February include: \$76.70 - food purchased. End balance of \$808.95 and is accepted as presented.

Standing Committee Reports

- ❖ Alcohol and Drug Committee – Dan Wesp
 - Reported on a visit from Steven Swink, a program supervisor with ASOC. Mr. Swink supervises the Full Service Partnership (FSP) of the co-occurring disorders.
 - Even with limited staff, they've engaged 125 people and outreached 100 people in the last year. Engagement defined as meeting with a person 6 or more times; outreach defined as meeting with the person 5 or less times.
 - Average actual quarterly enrollment is 3; the people they are contacting are the unengaged.
 - Maureen Bauman further identified that it is the group of people who are going in and out of the PHF multiple times and people who have been hospitalized.
 - People who are not successfully engaged in aftercare usually have co-occurring disorders.
 - Criteria for FSP co-occurring: 18 years or older, have a substance abuse problem, and be identified as part of the priority population (serious mental illness).
 - The committee was provided with a few success stories.
 - Co-occurring is common and accounts for approximately 80% of the people seen in ASOC.
- ❖ Quality improvement – Jessica Williams
 - The committee discussed the upcoming External Quality Review Organization (EQRO) taking place next week.
 - The committee received an update on the recently attended CALQIC conference. . . integrating substance use outcome data . . . we've already started doing
 - Plan to conduct test calls for the Adult Intake and CSOC crisis lines and are seeking volunteers to help make calls.
 - Cheryl Cleveland and Will Dickinson have volunteered.
- ❖ Children's Committee – Sharon Behrens
 - Sharon Behrens continues her discussions with Dr. Conradi to provide training on building trauma informed communities.
 - Moving to the next level of exploration; looking forward to having the training in August or September.
 - Grant is focused around children but not specific to children.
- ❖ Adult Services Committee – Janet O'Meara
 - The committee heard from Laurie Rubel, a practitioner with ASOC, who presented on CONREP and Mental Health Court.
 - Those individuals in CONREP are found not guilty by reason of insanity. CONREP clients require very intense case management when returned to the community.
 - Janet O'Meara will forward the documentation she received from Ms. Rubel.
- ❖ Supervisor, Jim Holmes reported on the following:
 - Mid-year budget review completed and preparing for next year's budget.
 - Reported on some upcoming changes in the North Auburn Area.
 - Reached agreement with Costco, which includes \$530,000 towards the relocation of the Senior Center.
 - Willow Creek and Highway 49 development project will bring a pharmacy, fast food and sporting goods; changes taking place in the next couple of years.

Correspondence and Announcements

- ❖ Janet O'Meara reported on the receipt of the following:
 - Recently received an email from Frank Lozano wanting to know what the current feelings are on Laura's Law.

Director's Report (*Distributed in Board packet*)

- ❖ Maureen Bauman reported on the following:
 - Provided an update on the Crisis Triage Grant. The goal is to provide more interventions and decrease the number of people needing to be hospitalized. We cannot use the funding from the grant until the contract is in place.
 - Data update – with the new Administrative Technician and Staff Services Analyst (in the interview process), ASOC hopes to have an annual report for this group by the end of the year.
 - Mental Health Matters Day is May 13th, taking place at the State Capitol (flyer provided on back table).
 - Directing Change takes place May 13th - students will be showing their 3-minute videos (flyer provided on back table).
 - Placer Collaborative Network (PCN) will host a half hour review of the Each Mind Matters video.
 - Reported on her plan to attend a NAMI Regional meeting/training hosted by El Dorado County, wherein she will be updating the group on MHSA programs.
 - Reported on a conversation Ms. Bauman had with a woman who wants to do something to change the conversation about the Foresthill Bridge – collaborative pictures on the sidewalk to change the conversation from negative to positive and raise awareness about suicide.
 - There's now an App you can download on your phone for Suicide Prevention - Know the Signs.
 - Reviewed the plan for use of the billboard space for 2 weeks in May to feature Suicide Prevention- Know the Signs and Stigma Reduction.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - Janet O'Meara reported that the MHADB group is dwindling with the recent resignation of Steve Schauer.
 - Joan Spurling is not able to serve on the Board as previously noted.
 - The Board needs to brainstorm on how to get new members.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
 - Janet O'Meara provided a picture of the tablecloth that was recently purchased.
- ❖ MHADB Handbook Task Force Update
 - Jessica Williams inquired if there were members interested in participating on the task force to review the handbook.
 - Currently, members include: Louis Ling, Janet O'Meara and Jessica Williams.
 - The group will clarify objectives and bring back to the full board next week.
- ❖ Sierra College Wellness Fair
 - Janet O'Meara reported on her experience at the Sierra College Wellness Fair and felt it was a good opportunity to network.
 - Katrina Copple set up a resource booth, representing Campaign for Community Wellness and Mental Health America. She reported on the students who stopped at the booth and her experience in engaging students in conversations. She felt it was very successful because she was able to provide them with information.
- ❖ CiMH Advanced Mental Health Board Training
 - Janet O'Meara reported on her participation in the Webinar on Advance Mental Health Board Training. It included topics on recovery and Motivational Interviewing.

New Business

- ❖ Roll of Committees
 - The basic idea being conveyed is that the work of the Board is done in the committees. What takes place in the committees is very important. The Executive Committee is thinking of ways to re-assess our participation on committees and how the information is presented.
 - Suggested a quarterly blurb by members, assessing the committees' information being brought forward and making sure it ties into the goals we had at the beginning of the year. We want to make sure other members know what's occurring at the committee level.

- ❖ Vote on Vacant Officer Position
 - Vice Chair position is vacant.
 - Suggested slate from now until July Retreat:
 - Theresa Thickens - Vice Chair.
 - Sharon Behrens - Secretary/Treasurer.

Jim Holmes moved to approve the interim slate of officers, Dan Wesp seconded. Motion carried.
- ❖ July Retreat
 - Discussed interests in guest speakers and topics of discussion.
 - QI presentation.
 - Invite individuals, who have been helped through receipt of services (consumer), to share their experience(s).
 - Outcomes of data collection and review ability to collect and analyze data.
 - The Executive Committee will review the guest speakers over the last year to see if there is someone they would like to bring back.
 - Soliciting suggestions for guest speakers.
- ❖ Contracts [**Action Item**]
 - The below contracts were reviewed and approved by the Executive Committee.
 - Mental Health Triage Grant Program.
(Plan to amend AMIH contract)
 - JPA Agreement for State Hospital Bed Usage.
 - Contract with Helios Healthcare, LLC, dba Idylwood Care Center for Mental Health Services.

Will Dickinson moved the contracts be approved, Theresa Thickens seconded. Motion carried.

Board Member Comments

- ✧ Cheryl Cleveland appreciated materials provided by Placer County and reachout.org; materials are used by Sacramento County.
- ✧ Jim Holmes confirmed the number of MHADB members that are needed.
- ✧ Jessica Williams announced the NAMI walk coming up the first Saturday in May.

Public Input

- ✧ Julianna Wiseman feels that people with her same insurance coverage - Medicare and Medi-Cal, are not being represented by Placer County. There is not enough advocacy or client participation in the NAMI organization for Placer County and believes it is not publicized well enough.
- ✧ Will Taylor announced:
 - ◇ Mental Health America, in conjunction with the ASOC, is leading a series of workshops – WRAP recovery support groups at Cirby Hills every other Tuesday from 2:00 – 3:00 p.m. for the next 6 weeks. The group will be reviewing wellness tools and other recovery strategies; it's open to anyone wanting to learn the skills.
 - ◇ Placer County is also conducting the Client Satisfaction Surveys in April and is looking for volunteers to help administer the surveys. If interested, contact Will Taylor.
 - ◇ Planning a consumer focus group next week.
- ✧ Will congratulate Placer County on the Crisis Triage Grant.

Adjournment

- The meeting was adjourned at 8:04 p.m.
- Monday, April 14, 2014 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- Monday, April 28, 2014 is the next Board meeting taking place in the HHS Adult System of Care, Cirby Hills Cafeteria, 101 Cirby Hills Drive, Roseville, CA.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board