

MONTHLY BOARD MEETING MINUTES

August 22, 2016

Mental Health Board

Members in Attendance

Bartley, David
Bond, Yvonne
Cataldo, Lisa
Holmes, Jim
Thickens, Theresa

Staff and Guests

Allinger, Tony	Jones, Janna
Abrahamson, Twylla	McLennan, Geoff
Bauman, Maureen	Osborne, Marie
Behrens, Sharon	Wierenga, Dianne
Cirillo, Gregg	
Filla, Stacci	

Absent Members

Stanners, Sharon

Welcome and Introductions

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – *Read into the minutes by Yvonne Bond*

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ Guest Speaker: Maureen Bauman, Director, Adult System of Care (ASOC) -- *Presenting on Assisted Outpatient Treatment*

- Assisted Outpatient Treatment (AOT), also known as Laura's Law, is now part of the Welfare & Institutions Code Sections 5345-5349.5.
- The law became effective January 1, 2003 and was implemented in Placer County January 2015.
- The goal of the presentation is to review what the law can and cannot do.
- Reviewed the services that are included in the Mental Health Services Act (MHSA) programs today and what AOT adds to the continuum.
- Expanded the Full Service Partnerships (FSP) – intensive outpatient program that operates 24/7 for those with severe mental illness so they can stay safely in the community.
- Improved the crisis triage coordination with law enforcement.
- Improved services with consumer engagement and family involvement.
- Turning Point (TP) is ASOC's main provider of expanded intensive outpatient treatment care. ASOC also has two other county operated FSP programs.
- The service side of the AOT program is the same as the FSP – 24/7 “whatever it takes.”
- AOT is expected to fill a small gap in reaching those people who are not able to engage with the current continuum of engagement strategies and who do not meet the 5150 criteria but are still in a great deal of need.

- Provided statistics on AOT (January to June): 12 referrals, 5 voluntary admissions, and 2 that were ordered in AOT. Out of the 2 admitted, 1 completed successfully and is still engaged in treatment, while the other was not successful.
- Reviewed the AOT criteria: Placer County resident; 18 years or older; suffering from a severe mental illness; history of lack of compliance with treatment for their mental illness, in addition to the lack of compliance, there must be one of the following: Person's mental illness lead to 2 psychiatric hospitalizations or incarcerations within the prior 36 months or person's mental illness resulted in serious violence attempted violence toward self or others within 48 months.
- Reviewed those who can request AOT and the process.
- There are no civil or criminal penalties for violation of an AOT order and treatment plan.
- Reviewed the extra tools that weren't available before AOT.
 - Ability to use court commitment as a tool for engagement of individual.
 - Ability to transport with judge's order prior to individual meeting 5150 criteria.
 - Power of the bench and influence of the judge.
- AOT does not allow forcing of medication.
 - The only way medication can be forced upon an individual is through the judicial system, ordered by the judge, through a Riese Hearing.
- Discussed utilizing social media to get information on AOT out to the public.

Secretary/Treasurer's Report

- Approval of the July 25, 2016 Regular Board Meeting Minutes.
Yvonne Bond made a motion to approve the minutes as distributed, David Bartley seconded. Motion carried.
- **Approval of Treasurer's Report - \$1,500 - Amount budgeted for Fiscal Year 2016-17.**
Expenditures for the month of July: \$51.65 – catered meal, \$36.53 – two certificate frames, leaving a balance of \$1,411.82.
Jim Holmes made a motion to approve the Treasurer's Report as read, Yvonne Bond seconded. Motion carried.

Standing Committee Reports

- ❖ **Executive Committee** – Theresa Thickens
 - No action taken.
- ❖ **Alcohol and Drug (AOD) Committee** – Marie Osborne
 - Tony Allinger and Marie Osborne met; no other members in attendance, getting Mr. Allinger up-to-date on committee information.
 - Marie Osborne brought SAPT (Substance Abuse Prevention and Treatment) report that was sent to the state and QI Quarterly Report for Substance Use Providers.
 - Documents will be emailed to members.
- ❖ **Children's Committee** – Theresa Thickens
 - Ad hoc committee chair – Sharon Behrens, reported on the following:
 - Monitoring the Continuum of Care Reform. Plan to have Jennifer Cook, from Children's System of Care (CSOC), provide a presentation to the MHADB on all the changes taking place.
 - Reviewed the committee's goals.
 - Looking at Trauma Informed Care as related to Sprouts.
 - Attending the Sprouts meetings – early trauma informed care program. It's currently supported through Placer but is intended to be a regional program serving ages 3-6. Ms. Behrens sits on their advisory board.
 - Attending a 32 hour course on sustainability and can provide a summary if requested.
 - Reviewing the use of psychotropic medication, especially with its use in foster care.
 - Continue to review and collaborate on educationally related mental health services with the schools.
 - Twylla Abrahamson reviewed Safety Organized Practice – change in the look of framework in how we are supporting families and children. Teach families, including the child, how to make changes in their life.
 - Theresa Thickens, related to mental health in the schools, reported on meeting with Troy Trickle, Director of SELPA (Special Education Local Plan Area), Gayle Garbolino-Mojica, County Superintendent of Schools and Michael Lombardo, Director, Interagency Facilitation, Placer County Office of Education (PCOE), to talk about the report that's being submitted this year. Continuing the great collaboration.

❖ **Adult Services Committee (ASC)** – Yvonne Bond

- The committee's discussion and focus was on housing, a FY 15-16 goal, which will continue into the next fiscal year.
 - The committee delivered a document to the Housing team that outlines what they believe to be the housing opportunities for transitional housing in Placer.
 - Curtis Budge, ASOC Program Manager, will validate the findings.
 - The committee would like to know how much housing is available for those needing a higher level of care – above Board and Care level. Not enough housing for those needing a bit more care, e.g., someone making sure clients are taking their medications, etc.
 - Noted there is a waiting list for Farmhouse and Harmony House and it tends to be long.
 - Continuing with this goal to see what can be done to add more housing.
- Curtis Budge discussed the in-service training – ASAM (American Society of Addiction Medicine) ASOC received. TP is also receiving this training.

Board of Supervisor (BOS)-Representative

❖ Supervisor, Jim Holmes reported on the following:

- Received the draft of the In Lieu of Fee study for affordable housing for eastern Placer and are starting the first process to move it forward. Developers are required to provide 10% of their development for affordable type housing. They have been pushing the county for an in lieu fee – instead of building, paying a fee.
- A goal is to have the property on Bell Road and 1st Street, previously an apartment building, used for affordable housing.
- There is a community meeting taking place August 24th to discuss the Placer County Government Center Plan. It's time to revisit the plan, which hasn't been updated since 1993.
- 211 Information Referral program is moving forward with Mike Lombardo and PCOE.
- BOS meeting takes place tomorrow, Tuesday, August 23rd with a presentation regarding co-existing with urban beavers.
- Gregg Cirillo report on his trip to COTS (Committee on the Shelterless) – a homeless services organization in Petaluma. He was impressed with the collaboration they have with the community, and the support they have – an impressive organization.

Correspondence and Announcements

❖ Theresa Thickens reported on an opportunity to tour Napa State Hospital.

- Maureen Bauman provided an update on the members' request to tour Napa State Hospital. The state is looking at October dates for the tour; the dates will be circulated to members.

Director's Report

❖ Maureen Bauman reported on the following: (*Hard copy distributed*)

- Bringing forward information on suicide prevention, the Director's Report provided the American Foundation for Suicide Prevention's links to short videos that raise awareness about suicide. The members watched a couple of the Public Service Announcements (PSA).
 - The links to the YouTube videos were emailed to members.
 - Highlighted the link to the Youth PSAs - Directing Change. Whitney High School won 3rd place in the statewide campaign - Mental Health Matters.
- Suicide Awareness week takes place the week after Labor Day.
 - David Bartley has volunteered to be a representative and to be interviewed by Placer County's Public Information Officer as one of the awareness stories about this event.

Unfinished Business

❖ Recruitment/Visibility (*Standing agenda item*)

- Covered below with appointment of new member.

❖ Update on FY 2015-16 Annual Report to the Board of

- Received final updates from committees and are now seeking input from committees on those items to be highlighted on the executive summary.
 - Received requested highlights from the following committees: AOD, QI, ASC.
 - Children's wants to highlight: Spouts and Educational Related Mental Health Services.

- ❖ Amended MHADB Bylaws Update
 - At last month's meeting, the members' proposed changes to the Mental Health, Alcohol and Drug Advisory Board bylaws were approved to move forward to the Placer County's County Counsel for review and approval.
 - The document is still with county counsel – no information received at this time.
 - Maureen Bauman will check on the status.
 - After county counsel approval, the bylaws will go to the BOS for final approval.

New Business

- ❖ Vote on Appointment of Geoffrey McClennan (Family Member) to the MHADB [Action Item]
 - The Executive Committee interviewed and recommends Geoffrey McClennan's appointment to the MHADB.
 - Geoffrey McClennan shared about himself, including his history with his sister as well as other family members.

Jim Holmes made a motion to accept the appointment of Geoffrey McClennan to the MHADB, David Bartley seconded. Motion carried.

- ❖ MHADB Meeting Schedule and Location Changes
 - Theresa Thickers highlighted the change in meeting location for both the September and October board meetings. Revised schedule was provided to members.
 - September's meeting will take place at Cirby Hills.
 - October's meeting will take place in Dewitt.
 - Maureen Bauman provided details and information on the Cirby Hills remodel, which is the reason for the change in meeting location.
 - The Cirby Hills remodel is expected to take 266 days to complete.

- ❖ Quality Assurance/Quality Improvement (QA/QI) Integration Discussion
 - The MHADB has determined it necessary to increase the efficiency and visibility of QI by having QI staff attend the various committee meetings to talk about items important to each of the committees rather than having a separate meeting, in and of itself.
 - Marie Osborne will attend the AOD and AS committee and Twylla Abrahamson is on the Children's committee.
 - Marie Osborne will attend each of the two committees at least once a quarter and will contact the committee chairs to get on their schedule.
 - Marie Osborne agreed to attend the AS committee meeting on September 21st.
 - The committee, as a whole, will get additional detail - more of an overview of how we assure there's quality and how we keep track of the things that are most important to the committees.
 - Marie Osborne will send members: 1) the final report on the Substance Abuse Prevention and Treatment Block Grant Review; and 2) the review of the providers (quarterly report).
 - **NOTE:** Children's committee moved their meeting time from 4:00 p.m. to 5:00 p.m.
 - Test calls. Theresa Thickers shared information about the document that is submitted by the county to the Department of Health Care Services that summarizes information related to the test calls, including the requirements. Ms. Thickers noted that both test calls and attendance are part of the bylaws of the MHADB and recommended the board keep track of their test calls.
 - Discussed having a schedule for the committees, each committee to keep track of test calls placed.
 - Consensus: Each month, one committee will be responsible to place three test calls – rotating committees.
 - Calls may be made by board members at large, beginning in August.
 - The formal rotating process begins September with AOD making the test calls.
 - Reminded members of other criteria needing to be covered, including placing calls to CSOC, after hours, during business hours and other categories, i.e., languages, specialty mental health, crisis calls and problem resolution.

Board Member Comments

- ❖ David Bartley congratulated Geoff McLennan and all the other applicants who are interest in membership.
- ❖ Jim Holmes shared that COTS stands for the Committee on the Shelterless. Also, from 8:00 – 10:00 a.m. on September 9, 2016, Sierra College (Dietrich Theater) will host a program – California's Diminishing Resource: Children, sponsored by First Five Placer, PCOE, Health and Human Services and the Placer Community Foundation. It includes a free breakfast and meeting to learn about our diminishing resource and the need to nurture our young people.

- ✧ Lisa Cataldo thanked Maureen Bauman for her presentation of AOT and shared how helpful it was for her.
- ✧ Reminder: Recovery Happens Event takes place on Saturday, September 17th. Sharon Stanners is looking for volunteers to help cover the event.
- ✧ Maureen Bauman announced that on October 31st, Sierra College is raising awareness about young people committing suicide on college campus. There is a display of a 1001 backpacks at the college, representing the people who have passed. ASOC will be responding with resources.
- ✧ David Bartley is taking on more leadership in the Speakers Bureau and would be happy to send someone from Mental Health America (MHA) to the Sierra College event. MHA has hired a new Consumer Affairs Coordinator.

Public Input

- ✧ Sharon Behrens thanked Twylla Abrahamson and staff related to the two contacts from children who were in crisis, and she was able to provide those families with great information and direction. Ms. Behrens shared a poem written by her grandson, who suffers from major depression.
- ✧ Tony Allinger requested a synopsis or roster of the level of cares available in mental health and information on Board and Cares – some type of map or outline defining the increased level of cares.
 - Maureen Bauman will include the requested information in her report next month.

Adjournment

- The meeting was adjourned at 8:03 p.m.
- Monday, September 12, 2016, at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, September 26, 2016, at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care cafeteria, 101 Cirby Hills Drive, Roseville.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board