

MONTHLY BOARD MEETING MINUTES

January 25, 2016

Mental Health Board

Members in Attendance

Bartley, David
Bond, Yvonne
Cowen, Jeff
Dickinson, Will
O'Meara, Janet
Thickens, Theresa

Absent Members

Holmes, Jim
Stanners, Sharon

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Cirillo, Gregg
Cople, Katrina
Ellis, Amy
Enghusen, Karen
Evangelista, Tomas
Jones, Janna
Lane, Michael
Osborne, Marie

Welcome and Introductions

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Read by Yvonne Bond

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
 - b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
 - c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
 - d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
 - e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
 - f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

❖ Guest Speaker: Twylla Abrahamson, Acting Director, Children's System of Care (CSOC)

Presentation carried over from the December 14, 2015 meeting on changes taking place in CSOC.

- Resumed the presentation, part two, from the last MHADB meeting, beginning with the section on Probation.
- Reviewed child and youth incompetency and the difference with the adult realm. Children not understanding the charges against them or able to assist in their own defense. Reviewed the attainment plan (not restoration plan).
- Juvenile drug court is changing, giving more sanctions than adult drug court, beginning January 2016.
- Re-integration wraparound just started this year. Extending services to family of an incarcerated individual who is soon to be released. Goal is to work with the child and family and change the dynamics before the parent comes out of the correctional system.
- Drug Medi-Cal Organized Delivery System Waiver (1115 Waiver) is changing the entire system. The expanded benefits require Department of Health Care Services (DHCS) and counties to reorganize and expand the delivery system.
- Social Host Ordinance continues – city councils/counties pass ordinances that level fines on parents for permitting children and youth to drink alcohol or use illegal substances in their home (with parents' awareness).

- The Children's Committee has been thoroughly briefed on psychotropic medication use. The action is to track, monitor, make public and essentially try to lesson usage in the foster care system.
- AB 854 and local control accountability formula. AB 854 moves the direct service component of assessing for social emotional development and need for tutoring from Placer County Office of Education back to local school districts for a screening, monitoring and oversight role.
- Quality Improvement – Child Welfare System is now being subject to child and family services review. This new federal requirement means a very big change for CSOC.
- Reviewed the changes due to the Continuum of Care Reform and additional responsibilities the Placer/Sierra Quality Assurance and Quality Improvement team will have: certifying, monitoring and providing oversight of foster family agencies.
- Compliance has grown exponentially.

Secretary/Treasurer's Report

- **Approval of the December 14, 2015 Regular Board Meeting Minutes** – Minutes approved as distributed.
- **Approval of Treasurer's Report - \$1,500 - Amount budgeted for Fiscal Year 2015-16.**
Expenditures for the month of December include: \$85.48 - food purchased and \$500 - California Association of Local Behavioral Health Boards and Commissions (CALBHB/C) membership, leaving a balance of \$591.21. Balance is accepted as presented.

Standing Committee Reports

- ❖ Executive Committee
 - Janet O'Meara reported on her recent attendance at the quarterly CALBHB/C meeting. Details from the meeting will be reviewed at the next executive committee meeting.
- ❖ Alcohol and Drug (AOD) Committee – Michael Lane on behalf of Sharon Stanners
 - Amy Ellis attended the committee meeting, facilitating conversations on the following:
 - Available perinatal services.
 - Discussed the Recovery Happens event and how to reach more families – make it more family friendly, include additional activities for kids.
 - Additional information on who is actually served with AOD services, exploring disparities.
 - Amy Ellis will provide the committee with data at their next meeting, as well as a break down by age and by ethnicity to get a better picture of who is being served.
- ❖ Quality Improvement – Theresa Thickens
 - An External Quality Review Organization is scheduled to review the Placer and Sierra County Mental Health Plan. They will review county programs – both ASOC and CSOC and will be here February 10th and 11th.
 - Site visits – Twylla Abrahamson addressed the new requirements for reviewing full cases and the 80 page tool. Looking for 70 cases to be completed each year.
 - Monitoring activities. Survey Monkey is now in use for the test calls, which are done to monitor information on the crisis lines for both ASOC and CSOC.
 - Reported on the committee's headway on the Educationally Related Mental Health Services project. After many meetings with the council of school superintendents, they agreed to provide approximately 90% of the data the committee requested. The data will be received on January 28th or 29th.
 - The committee discussed its outreach efforts.
 - Business card.
 - Put in a request to network providers, asking if they would include a blurb about the MHADB - meeting time and vacancies (to solicit new members).
 - There is an activity on data visibility and clarity that Janet O'Meara and Jeff Cowen are heading. An update will be provided at a later date.
- ❖ Children's Committee – Will Dickinson
 - Received a presentation from Jennifer Cook, CSOC supervisor, on Early Childhood Prevention and Early Intervention.
 - Through a process, working with the Campaign for Community Wellness, they identified a number of gaps in programs. After starting their new plan (18 months ago), they doubled the number of programs that address early intervention for kids.

- They also provide these programs for schools.
 - Still providing universal information programs such as bullying campaign, know the signs, etc.
 - Signs of suicide program – encountering resistance in the high schools.
 - Healthy Kids Survey – schools have stopped conducting the surveys. Reported on more interest in the schools in the last six months, which may get the schools back on the right track.
- ❖ Adult Services Committee – Janet O’Meara
- Maureen Bauman will attend the March committee meeting to talk about Assisted Outpatient Treatment (AOT).
 - Reported on the informal site visit to the homeless shelter (Yvonne Bond and Janet O’Meara), taking a mini tour of the facility. Had a phone call follow up with Jason Smith, day-to-day program director, to inquire about a longer visit.
 - Members interested in touring the facility: Jeff Cowen and Yvonne Bond.
 - Curtis Budge provided the committee with data, including data from Turning Point and the Mobile Crisis Unit (July – Nov 2015). Plan to continue to see what other data would be helpful.
 - Janna Jones will email the data (provided to Janet O’Meara) to members.
 - Michael Lane provided a presentation on Health 360, which provides for both mental and physical health in one place.
 - Met with Maureen Bauman and Kathie Denton and hope to have feedback regarding concerns with Turning Point. Plan to make a dashboard (visual), to track/identify problems and resolutions.

BOS-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
- Not in attendance.

Correspondence and Announcements

- ❖ Theresa Thickens, reported on the receipt of the following:
- Received a request to talk with the Placer County Grand Jury related to the FY 14-15 Annual Report to the Board of Supervisors.

Director’s Report

- ❖ Maureen Bauman reported on the following:
- Michael Lane, Consumer Liaison, recently presented to the management team on the development of the framework for engaging consumers and receiving input. Organizing the support for family advocates and peer advocates, he conducted a count in the System of Care (SOC): 70 individuals (mostly paid positions) helping other people navigate the system. He is the liaison between staff and peer professionals. Mr. Lane is working on creating a Consumer Council. He conducted a couple focus groups and received feedback on what was working/not working.
 - Reported that Placer E-News included an article on stress in their December newsletter.
 - The SOC continues to work with Nancy Callahan, I.D.E.A., on outcome data for people who are being served. She’s been asked to look at the level of services people are receiving and outcomes based on our MIS database system.
 - Mental Health Services Act (MHSA).
 - The Mental Health Services Oversight and Accountability Commission has finalized some of the Prevention and Early Intervention regulations, which are a bit challenging. They have a new level of data collection.
 - Changes are also expected for the Innovation program, which will target homeless individuals with a mental illness, not a serious mental illness. Feeling like this is a gap in our continuum of services, there’s a plan to do a FSP-like program for that population to assist with the rest of the homeless effort. Once the plan is drafted, there will be a public hearing; we hope to have a provider in July.
 - MHSA FY 14-17 Plan. The plan includes the FY 15-16 Annual Update, which is late.
 - The MHADB will hold a public hearing at its February meeting for the annual update. Note: The annual update data is FY 13-14 data.
 - The next annual update that occurs is for FY 16-17.
 - Discussion of suicide has been taking place at the Campaign for Community Wellness meeting. Public Health partners did a PowerPoint presentation on suicide data from 1991 – 2013 (Placer County residents that committed suicide, no matter where they committed suicide). Members were interested in the data.
 - Maureen Bauman will bring to next MHADB meeting.

Unfinished Business

- ❖ Recruitment/Visibility (*Standing Agenda Item*)
 - Discussed under Quality Improvement Committee report.
- ❖ Business Card Distribution
 - Theresa Thickens distributed the MHADB business cards to members.
- ❖ Distribution of the FY 2014-15 Annual Report to the Board of Supervisors
 - Each member received a bound copy of the report, as well as an electronic version.
- ❖ Status of AB 1424 (Consumers on Mental Health Boards)
 - Maureen Bauman confirmed AB 1424 was passed.
 - There is an exception to the Welfare and Institutions Code, making those individuals who are employed by agencies we contract eligible to serve as board members.
- ❖ Feedback on Survey Monkey – Test Calls
 - There have been five test calls recorded by Survey Monkey.
 - Identified some challenges in ensuring the data is accurate and are experience some glitches.
 - There is still work to do to fine tune the Survey Monkey.
 - Plan to take back to the analyst for additional work.
 - Theresa Thickens reminded members of the commitment that each member is to make 10 calls, annually.
 - The state requires a quarterly report on how many test calls, along with some other details. This data will be included in a statewide dashboard of county test call reports.
- ❖ Rocklin Psychiatric Facility Update
 - Maureen Bauman announced the organization has withdrawn its proposal but will continue to look at other sites in Rocklin.

New Business

- ❖ Mental Health Services Act (MHSA) FY 2015-16 Annual Update
 - Covered under Director's Report.
- ❖ Placer County FY 2015-16 Final Budget
 - Documents were distributed in the MHADB packet for review.
 - Working on Priority Base Budgeting (PBB) with 20 programs in ASOC. PBB allows us to better identify the costs of each of the programs.
 - Place on February's MHADB agenda for questions.

Board Member Comments

- ❖ No Board comments.

Public Input

- ❖ Katrina Copple announced: 1) the next four months of WRAP (Wellness Recovery Action Plan) workshops have been scheduled (flyer distributed); and 2) the Depression Bi-Polar Alliance meetings have been scheduled (flyer distributed).
- ❖ Michael Lane is glad AB 1424 was brought forward and plans to promote to other peers.

Adjournment

- The meeting was adjourned at 8:05 p.m.
- Tuesday, February 8, 2016 at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, February 22, 2016 at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board