

Placer County Mental Health, Alcohol and Drug Advisory Board

MONTHLY BOARD MEETING MINUTES

January 23, 2023

Purpose	Regular board meeting on January 23, 2023
Host	Chairperson, Lisa Cataldo
Board in Attendance	Lisa Cataldo, Geoff McLennan, Laura Sanchez, Marty Giffin, Claire Buckley, Tomas Evangelista, Todd Henry, Sharon Behrens, Joshua Vigil
Excused Absent Members	Jim Holmes
Staff and Guests	Jill Gayaldo, Mike Boon, Linda Kaufman, Ciara Hart, Scott Genschmer, Grant Boyken, Amy Ellis, Dr. Amy Haynes, Rachel Zacapa, Twylla Abrahamson

CALL TO ORDER

6:15 PM

WELCOME AND INTRODUCTIONS

Meeting opened with statement by Chairperson, Lisa Cataldo

Brief introductions by board attendees Lisa Cataldo, Geoff McLennan, Todd, Henry, Laura Sanchez, Marty Giffin, Claire Buckley, Tomas Evangelista, Laura Sanchez, Sharon Behrens, Joshua Vigil and guests. Introductions were given by PC Children's System of Care, Twylla Abrahamson; Rachel Zacapa, PC ASOC Administrative Assistant; Amy Ellis, Placer County, Director of Adult System of Care; guest Jill Gayaldo introduced herself as a Council Member in the City of Rocklin; Mike Boon and Linda Kaufman with Psynergy Programs (new provider with Placer County); Ciara Hart, who worked in Solano County previously, prior consumer and has family members that are consumer. Scott Genschmer with the SUDS/Mental Health team; Grant Boyken, Assistant Director of State Engagement, with company, Shatterproof, working with Scott/team/providers to hopefully add California SUD treatment providers to their free-online locator tool. Lastly, Dr. Amy Haynes, PC ASOC Assistant Director.

BOARD PROTOCOL (NON-BOARD MEMBER PARTICIPATION)

Read by Marty Giffin. This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.

The MHADAB encourages public input in all its meetings. To facilitate this, we allow for public input two times - once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board.

Input guidelines are as follows:

- All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
- No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
- For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
- For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson.
- For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.

- Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

Public Input, Staff Member Comments, Board Member Comments: None.

GUEST SPEAKER

6:30 PM

Jill Gayaldo and Mike Boon of Placer County Chaplaincy

Mr. McLennan introduced Jill Gayaldo and Mike Boon as tonight's speakers, providing information about the Placer County Chaplaincy program. Ms. Gayaldo shared that after joining the board of the Placer Chaplaincy, she was exposed to the resources they provide and was impressed with their operations and work. She shared her appreciation for the lead Chaplain, Mike Boon. Ms. Gayaldo highlighted the unbalanced ratio of counselors to students. The chaplains come in to assist in very difficult situations. Mr. Boon clarified that they are not mental health professionals but are there to assist. Their mission is "to provide spiritual, emotional and mental support to the law enforcement community, their families and to the citizens of Placer County." Most of their work is supporting community members at the request of law enforcement - to assist local citizens. Support is provided to answer the question of what to do in the aftermath, which is a common question the chaplains face from distressed communities. Mr. Boon shared his presentation: Serving those Who Serve on a Mission of Compassion, Placer County Law Enforcement Chaplaincy. He also shared a brief history, Chaplaincy mission, a list of who they serve, and some statistics.

Board Member Comments, Staff Member Comments, Public Comments: Ms. Cataldo thanked Mr. Boon, their organization and volunteers for the superb support they offer the community and asked if there were any questions or comments.

Mr. McLennan shared that sometimes the families of an offender may be involved and asked how the chaplaincy supports the family members. Mr. Boon responded that in some cases, jail chaplains that are not affiliated with Placer Chaplaincy assist, they work in tandem, cooperating back and forth together. Mr. Boon noted there are many scenes where individuals who may be implicated on the scene are also in need of support. The chaplains offer support and care wherever they can, to whomever is in need at the scene. Ms. Gayaldo shared her experience with the chaplaincy aid during the fires last year and in the schools, giving the example of losing a student to a car accident. People don't always realize that a high school with over 2,000 kids may only have four counselors, the chaplaincy is the first group that offers support, sometimes for situations they haven't dealt with before. The aid can trickle down to peers, siblings and family members. She also reminded everyone that the chaplaincy is non-denominational, they are there to help everyone without religious concern.

Ms. Gayaldo shared their intent to visit schools, the city and county, to create awareness and to share the need for financial support to continue the organization's work. The certification process, alone, is an impressive undertaking. Mr. Boon noted while they are not mental health professionals, they are crisis interveners in a short-term capacity. He said it is an honor to come alongside the mental health professionals and the schools to provide support and aid. He acknowledged the great work of mental health professionals and shared his experience with the three schools and the staff of the mental health care facilities he's worked with.

Mr. Evangelista thanked the speakers and inquired as to a need for Spanish speaking volunteers. Mr. Boon acknowledged the need for Spanish speaking chaplains, or 24/7 language assistance by phone. Mr. Evangelista suggested it would be helpful to reach out to local church/Catholic communities.

Ms. Gayaldo asked Mr. Boon to briefly share steps to become a chaplain. Mr. Boon noted it's a lengthy application process comprised of a 16-week training program involving realistic scenarios (academy training). There is a final interview, background check and the requirement to complete 30 hours in the field. There is a final interview prior to being vetted to start; the total process can take between six to nine months.

Ms. Cataldo referred to the statistic shared stating that violent crime went up 22% in 2022 and inquired as to reason for the increase. Mr. Boon shared that in 2020-2021, violent crime went up 20% after COVID, most likely due to individuals being out in public more, as well as the increase in Fentanyl use, especially in Sacramento County. Ms. Ellis

shared a brief testimonial, a real-life example, and offered appreciation for Mr. Boon and the services provided by the chaplaincy. Their involvement is critical! Ms. Cataldo thanked Mr. Boon and Ms. Gayaldo for their presentation.

CONSENT AGENDA ITEMS

▪ **Approval of the Consent Items**

- CALIFORNIA DEPARTMENT OF SOCIAL SERVICES COMMUNITY CARE EXPANSION PRESERVATION PROGRAM
- ADVOCATES FOR MENTALLY ILL HOUSING
- BEHAVIORAL HEALTH RESPITE PROGRAM GRANT AMENDMENT AND AMIH CONSTRUCTION CONTRACT

Ms. Ellis reported that the consent items are related to grants that have been received. Staff have been busy applying for available grants and working toward putting procedures in place to get the funds to providers to expand and build new programs.

If requested, Ms. Ellis can answer questions, provide additional information and/or share related items on her director's report. Mr. McLennan acknowledged Ms. Ellis and the Executive Committee. He shared his concern over the Preservation Program (providing government funds to facilities that were in poor condition) and was assured by Ms. Ellis that his concerns about financial irregularities or wrongdoing/law breaking with funds would not occur. Ms. Cataldo thanked Mr. McLennan.

Discussion: None

Abstain: None

Ayes: Lisa Cataldo, Geoff McLennan, Laura Sanchez, Marty Giffin, Claire Buckley, Tomas Evangelista, Todd Henry, Sharon Behrens, Joshua Vigil

Opposed: None

No further discussion, Ms. Cataldo announced the motion passes.

SECRETARY / TREASURER'S REPORT

▪ **Approval of the November 14, 2022, Regular Board Meeting Minutes**

Discussion: None

Abstain: None

Ayes: Mr. McLennan, Ms. Cataldo, Mr. Giffin, Ms. Buckley, Ms. Sanchez

No's: None

Discussion: Ms. Buckley requested a correction in the second line for CCW/MHSA to read: "The CLCC met last Thursday where they discussed a recap of CRDP Racial Equity action plan." No further discussion, a roll call was taken by Ms. Zacapa, Mr. McLennan announced that the motion to approve passes.

▪ **Approval of Treasurer's Report - Amount budgeted for Fiscal Year 22**

TBD

Mr. Giffin reviewed the 2022 budget and shared his concerns moving into 2023. He presented two options for the 2023 budget. Exec team proposed to board the following solution: Ask CALBHB/C if they will accept a \$500 partial payment and a \$500 budget increase.

Discussion: None

Abstain: None

Ayes: Mr. McLennan, Laura Sanchez, Marty Giffin, Claire Buckley, Tomas Evangelista, Todd Henry

No's: None

No further discussion, roll call taken by Ms. Zacapa, Mr. McLennan announced the motion to approve passes.

COMMITTEE REPORTS & PROGRAM/PROJECT UPDATES

Executive Committee: TBD

Mr. McLennan reported the committee met, the meeting agenda was formulated, and the members discussed the treasurer's report.

Children's Services Committee:

Mr. Giffin share about Pacific Clinics which was formerly Uplift Family Services.

Alcohol & Other Drugs / Adult Services:

Mr. Henry noted a meeting wasn't held. Mr. McLennan hoped the meetings will resume in January 2023.

BOS REPRESENTATIVE

Supervisor Holmes: None

Board Member Comments, Staff Member Comments, Public Comments: None

CORRESPONDENCE & ANNOUNCEMENTS

Corresponded with Joshua Vigil regarding his membership interview, with the Executive Committee.

DIRECTOR'S REPORT

See Director's report

Dr. Haynes shared a brief overview on AB 2275, a legislation to watch for as it will have impacts for all counties. The legislation will require hearings to happen in Emergency Departments which will be difficult to implement. Implications to patients' right advocates, hearing officers, judicial partners, and hospital staff are probable.

UNFINISHED BUSINESS

Recruitment/ Visibility

Congratulations Joshua, our newest board member!

Mr. McLennan shared about recruit, Joshua Vigil, and opened public comment for Joshua to introduce himself.

Board Member Comments, Staff Member Comments, Public Comments: Joshua gave an introduction and stated his support of the work that the MHADAB is a part of. He made the decision to go where he felt called to and felt strongly that he is being called to be part of the MHADAB at this time, and wished to help the board. Mr. McLennan thanked Mr. Vigil.

Motion to approve was unanimous

Additional comments: Rachel Zacapa read the introduction for Elizabeth Garcia. Ms. Garcia shared that she is the new Peer Coordinator for AMHI Housing, focusing on family support services, consumer counsel and Placer County Speaker's Bureau. She is originally from San Mateo County and has worked as a peer support worker for behavioral health and recovery services for five years. She is a consumer and glad to be present.

CCW/MHSA

Last Thursday meeting was taken up by Needs Assessment - great info graphics, she hopes to get the presentation shared. Visual data were great. Mr. McLennan growing population of elders in the county, Homeless, 988 needs, and Navigation of all the services.

Ms. Buckley shared about Placer READi. She shared older and Asian groups are underserved. The CCW met last Thursday where they discussed a recap of Racial Equity action plan. She shared that she has been attending for 2 years and would like to see faster progress.

Board Member Comments, Staff Member Comments, Public Comments: None.

Test Calls

Mr. McLennan encouraged members to do test calls, Board Member Sign Up:

<https://www.signupgenius.com/go/60b044baca622a6f85-test>, if new and need assistance, connect with Jennifer Ludford.

Board Member Comments, Staff Member Comments, Public Comments: None. Sign up Genius expired, get this reinstated. Reach out to Jennifer Ludford for Joshua Vigil.

FY 22-23 Board Goals

Mr. McLennan and Mr. Giffin shared the board goals

1. Outreach
2. CalAIM
3. Crisis Services

80% of the members will attend a community meeting, by June (end of the fiscal year). Email Lisa to let us know we met that goal. CalAIM – end of fiscal year, board will decide where to apply funding after training around march

Mr. McLennan opened the floor for suggestions. Ms. Buckley shared that Sunday, November 20th, there is an event (a yearly event), that honors and remembers those who have died. Location is Sacramento Trinity Cathedral, Ms. Buckley shared her experience with the event, it's purpose and how meaningful it was, encouraging members to participate. Mr. McLennan thanked Ms. Buckley for sharing.

Mr. Evangelista shared that he had the opportunity to help organize an event, E for Education, in Auburn, he reported the event was successful.

Future Guest Speakers

Ms. Behrens – recommended crisis resolution center – Tiffany Stickler Koinonia has a new director, and K

Mr. Giffin shared that the list showed the Chaplaincy with Rocklin City Council is scheduled for January 2023. He encouraged the board to bring forth ideas for 2023 guest speakers, and email ideas to Administrative Assistant.

Board Member Comments, Staff Member Comments, Public Comments: None

CALBHBC

Mr. Giffin asked if board members are getting the newsletters. shared about this month's newsletter.

Board Member Comments, Staff Member Comments, Public Comments: None

NEW BUSINESS

2023 Proposed Board Meeting Calendar

Ms. Ellis shared about the Brown Act changes. In March all meetings will be in person, members of the public and remote into the meeting. Voting members can remote into the meeting two times per year with Exec board approval.

Virtual Meeting

Further Discussion: None

Abstain: None

Ayes: Geoff McLennan, Laura Sanchez, Marty Giffin, Claire Buckley, Tomas Evangelista, Todd Henry

No's: None

No Discussion, roll call taken by Ms. Zacapa, Mr. McLennan announced the motion to approve passes.

CLOSING

Board Member Comments, Staff Member Comments, Public Comments: Mr. McLennan encouraged people to do more test calls. He would like a small reward to those who do test calls.

ADJOURNMENT

8:07 PM

Meeting Adjourned 7:50 p.m.

Next Executive Committee Meeting (ASOC) Tuesday, February 14, 4:30 p.m.

Next Board Meeting Monday, February 27, 6:15-8:00 p.m.

Preparer Rachel Zacapa

Distribution Mental Health Alcohol and Drug Advisory Board