

MONTHLY BOARD MEETING MINUTES

January 25, 2021

Mental Health Board

Members in Attendance

Buckley, Claire
Cataldo, Lisa
Del Pozo, Jessica
Giffin, Marty
Jullien, Joanna
Leighton, Linda
McLennan, Geoffrey
Sanchez, Laura

Absent Members

Baggett, Brandy
Holmes, Jim

Staff and Guests

Abrahamson, Twylla
Dietz, Amy
Ellis, Amy
Genschmer, Scott
Griffith, Christie
Headrick, Kyleene
Osborne, Marie

Welcome and Introductions

Lisa Cataldo, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:15 p.m. Members and guests were welcomed, and introductions were made.

❖ Board Protocol (Non-Board Member Participation) - Read by Lisa Cataldo

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
- The MHADAB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times - once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
 - b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
 - c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
 - d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
 - e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
 - f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

Opening Public Comments

- None.

- #### **❖ GUEST SPEAKER (S):** Dr. Robert Oldham, Placer County Director of Health & Human Services Dr. Oldham introduced himself as the Director of Health and Human Services in addition to the Public Health Office and Chief Psychiatrist. Dr. Oldham explained that he would cover updates on COVID-19 and psychiatry.

COVID-19 Update

- Recently, the Regional Stay at Home Order was lifted; this was based on ICU bed capacity. Additionally, today, the Governor lifted the Stay at Home Order for the entire State of California.
- The month of December was particularly bad, with the area experiencing more deaths than another previous month in addition to increased hospitalizations that impacted our hospitals, significantly. Currently, the numbers have come down quite a bit since that time however, Placer County is still in the Purple Tier as outlined by the State of California.
- The vaccine rollout in Placer County has been slower than some people had anticipated and there was a lot of debate why this is occurring. Dr. Oldham believes that it is becoming quite clear that a limiting factor is the number of vaccines provided to the county.
- The allocation that each county receives is about 4300 doses per week, on average. However, the vaccine must be administered in two doses to be fully effective. So, when the county receives 4300 doses per week this number would be split in half to take into account those second doses. Therefore, it is not a high number of vaccines receives and the county is using those doses up, quickly. Placer County has been distributing the doses, very quickly, and has managed to avoid canceling any vaccine clinics so far.
- There have been some counties that have needed to cancel their clinics due to lower than anticipated vaccine allocation. Placer County receives an allocation once a week and it's highly variable, so we try not to schedule appointments any further into the future than a week. This is part of the reason that the county has not had to cancel appointments.
- Placer County runs a large vaccine clinic at The Grounds in Roseville. This site can vaccinate about 1000 people per day. Also, the lines generally are not too bad, and we are able to move people through in about 30 to 45 minutes.
- About two weeks ago, the governor announced opening to individuals who are 65 and older and that is where it became clear that we did not have enough vaccines just in Placer County. There are an estimated 80,000 residents who are in that age group of 65 and older. There is a real need and desire to focus on health equity and ensuring that the vaccine reaches everybody including people living with mental health and addiction challenges; The state is reviewing this and assessing how to allocate vaccine equitably.
- There was lower than anticipated numbers of healthcare workers getting a vaccine and some of the hospitals reported only 50 to 60% of the healthcare workers receiving the vaccine.

Department Updates

- Prior to Dr. Oldham's return to Placer County, there was some strategic planning that took place. Recently, all directors met to review the current Strategic Plan and formed priorities for 2021. This will be the last year of this strategic planning and then this group will begin building the next Strategic Plan. A number of these goals have to do with behavioral health, housing, and homelessness response services. Additionally, these goals encompass strategies for emergency management response and recognizing that here are significant behavioral health challenges in emergency response efforts.
- Additionally, the recruitment for an HHS Assistant Director has opened. The department is hoping to interview in February.

Psychiatry Updates

- Dr. Oldham shared that the county recently had an external quality review and that organization spoke with county psychiatrists, performed a chart review, and initiated a form to review patient records to assess the quality of the documentation as well as the quality of the care received. In the future, we may hear of Healthcare Effectiveness Data and Information Set (HEDIS) measures. HEDIS it is relatively new in behavioral health in assessing these measures.

- Additionally, Suboxone is no longer an X-Waiver requirement prescribing providers. Suboxone is used in the treatment of Opioid Use Disorder and it is similar to methadone but needs even less control.

Closing

- Dr. Oldham shared that he is available and to provide updates whenever he is invited to the board. Also, Dr. Oldham encouraged board members to work with staff first to resolve issues, but if he needs to get involved, he is always available.

Board Member Comments

- Geoff McLennan shared that there was a recent press release about a person getting the virus and then dying and that has created a lot of angst among people 65 and older. Mr. McLennan asked how we can prevent that from happening again. Dr. Oldham answered that this case is still under investigation and that everyone wants transparency, but while there's context for information and we can't always share all the information because often there's patient confidentiality issues.
- Joanna Jullien explained that the vaccine rollout is an emergency response and not pre-planned and this is the impact is being felt throughout the community. Also, Ms. Jullien shared that her heart goes out to HHS in this effort. Ms. Jullien asked if the state has a way to validate surplus. Dr. Oldham answered that they do not have large quantities in their freezers; there is an understanding that the data isn't caught up on vaccine tracking at this time. Eventually, there will be more specifications regarding how to distribute vaccinations equitably. Currently, Placer County is in good shape with their ability to use them and has the ability to run the vaccination clinics at capacity.
- Jessica Del Pozo asked if the 50% of healthcare workers receiving the vaccine was due to availability or choice. Dr. Oldham answered that first vaccines came out mid-December and went to large hospital systems. The initial vaccinations received at 50% were due to choice.
- Claire Buckley explained that the numbers show that if there are 2,000 doses distributed a week it seems that they would need to wait 40 weeks to be vaccinated. Dr. Oldham answered that they are still talking about distributing 100 million doses in 100 days at the federal level and there is the hope that there will be more doses available soon.
- Lisa Cataldo asked if there was a way to increase the opportunity for Assisted Outpatient Treatment (AOT) use in the future. Dr. Oldham answered that he would defer to Amy Ellis as the best person to answer AOT utilization in Placer County.
- Linda Leighton invited Dr. Oldham to join their next meeting.
- Geoff McLennan encourage the county to look at breaking down barriers between private and public insurance. Dr. Oldham answered that there are less levers to influence the Medicaid system. Breaking down barriers as a county goes back to perceptions and managing expectations. Also, it involves going out and talking to people who do not normally engage with HHS and participating in speaking engagements with new audiences where behavioral health is discussed.

Staff Member Comments

- Twylla Abrahamson asked how long ago the Suboxone change occurred. Dr. Oldham explained that was announced last week. Twylla Abrahamson explained that the profit motive was driving the opioid treatment.

Public Comments

- None.

❖ **CONSENT AGENDA ITEM(S)** All items on the Consent Agenda have been recommended for approval by the Executive Committee. Anyone may ask to address Consent items prior to the Board taking action, and the item may be moved for discussion.

- **Contract with Beautiful Minds Wellness**
MOTION: McLennan/Del Pozo
ABSTAIN: N/A
AYES: Buckley, Del Pozo, Giffin, Jullien, Leighton, McLennan, Sanchez
NOES: None

- **Master fixed asset s***
MOTION: McLennan/Del Pozo
ABSTAIN: N/A
AYES: Buckley, Del Pozo, Giffin, Jullien, Leighton, McLennan, Sanchez
NOES: None

❖ **SECRETARY/TREASURER 'S REPORT**

- **Approval of Treasurer's Report - \$ 1800 - Amount budgeted for Fiscal Year 2020-21***
 Expenditures for the months of November and December include: \$0.00, leaving a balance of \$1745.09.
MOTION: Del Pozo/Cataldo
ABSTAIN: N/A
AYES: Buckley, Del Pozo, Giffin, Jullien, Leighton, McLennan, Sanchez
NOES: None

- **Approval of the November 16 , 2020 Regular Board Meeting Minutes & December 14, 2020 Regular Board Meeting Minutes**
MOTION: Del Pozo/Buckley
ABSTAIN: N/A
AYES: Buckley, Del Pozo, Giffin, Jullien, Leighton, McLennan, Sanchez
NOES: None

❖ **COMMITTEE REPORTS & PROGRAM/PROJECT UPDATES:**

Executive Committee

- The Executive Committee met and discussed the potential for a crisis center model and Amy Ellis shared that there is going to be a pilot program at Cirby Hills. Ms. Ellis shared that they are considering a program to address crisis services. Recently, they held a meeting with law enforcement to discuss planning and procedures to address calls. At this time, they have not secured all the operational funds for this proposed model.
- This model was presented to the Campaign for Community Wellness (CCW) and they have community support to move forward with a possible innovations project. The group is also looking at other financial angles as well as including a possible covered benefit under CAL-AIM. This means that they would have control over who they would partner with for operations.
- Currently, Ms. Ellis and this group are working on many different funding sources to see if they can get something pulled together to keep those dreams a reality. They are not at a "green light" stage but will keep the board updated. Right now, costs considered are a washer and dryer, showers, and recliners. They are also working on arrangements with the Society for the Prevention of Cruelty to Animals (SPCA) in the event that animals are involved.

Alcohol and Other Drug Committee

- Geoff McLennan shared that a member of law enforcement attended the most recent meeting. Also, Mr. McLennan reported that it was a good meeting that covered encouraging more stakeholder feedback and attending other committee meetings.

Children's Services Committee

- Ms. Abrahamson reported that Marty Giffin, Michael Beebe were in attendance along with some potential new members. The committee will host a few guest speakers to check in on implementation.

Also, Ms. Abrahamson gave some brief updates on a couple of pieces of pending legislation and the Family Urgent Response System.

Adult Services Committee

- Linda Leighton shared that the committee met, discussed goals, and identified tasks for each person to address each goal outlined. At the next meeting, the committee will host the AOT team. Ms. Leighton shared that if anyone would like to join they are welcome.

Board Member Comments

- Geoff McLennan asked if a client comes in and it is indicated that they require a higher level of care, would transportation be addressed. Ms. Ellis answered that this was a topic discussed with law enforcement.
- Linda Leighton shared that the National Alliance on Mental Illness (NAMI) creates hygiene kits and recommended a collaboration to help them through community resources.

Public Comments

- None.

Staff Comments

- None.

❖ **BOS REPRESENTATIVE** -Absent

- None

❖ **Correspondence**

- Lisa Cataldo reported that there were a few emails received for new member interest.

❖ **DIRECTOR'S REPORT**

This report is posted online with the minutes.

Board Member Comments

- None.

Public Comments

- None.

Staff Comments

- Ms. Ellis clarified that the changes with Sutter will affect all 5150s and this is several months out. In the interim, Adult System of Care (ASOC) staff will still be performing services.

❖ **UNFINISHED BUSINESS**

Recruitment/ Visibility

- Lisa Cataldo shared that Christie Griffin and Todd Perbetsky are both new interested members that reached out for information and have submitted applications this month.

Campaign for Community Wellness (CCW)

- Claire Buckley shared that there was a lived experience speaker at CCW along with a housing update from Jennifer Price. Additionally, Ms. Ellis gave a county update on COVID-19. Also, a potential crisis unit was discussed.
- Ms. Buckley shared that she will be attending an upcoming motivational interviewing, Implicit Bias 101, and Implicit Bias 202. CCW has also been discussing how to integrate LGBTQ training.
- Ms. Buckley asked if there was a needle exchange program in Placer County. Twylla Abrahamson shared the BOS is reluctant in this area.
- Ms. Buckley shared that if anyone is interested in attending trainings, they can connect with her.

Guest Speakers

- Lisa Cataldo shared that there are several future guest speakers at this point, and that the board does have the rest of the year planned out. However, we are always open to additional suggestions for the coming year and beyond.

Test Calls

- Marie Osborne shared the Test Call Quarterly Report. This quarter covers October 1, 2020 to December 31, 2020. During this time period there were only seven test calls completed. This included calls made by Jessica, Marie Osborne, and one by our community partner.
- Ms. Osborne explained that it is important that test calls are performed and that we're addressing the areas that need improvement.
- Also, if a member knows someone that can speak Russian and Spanish, this is a great impact.
- Kyleene Headrick will add the sign-up link to the agenda.

NEW BUSINESS

- **2021 REGULAR BOARD MEETING SCHEDULE ***
MOTION: Sanchez/Buckley
ABSTAIN: N/A
AYES: Buckley, Del Pozo, Giffin, Jullien, Leighton, McLennan, Sanchez
NOES: None
- **2021 EXECUTIVE COMMITTEE MEETING SCHEDULE ***
MOTION: Leighton/Sanchez
ABSTAIN: N/A
AYES: Buckley, Del Pozo, Giffin, Jullien, Leighton, McLennan, Sanchez
NOES: None

Board Member Comments

- None.

Staff Member Comments

- None.

Public Input

- None.

❖ CLOSING

Board Member Comments

- Marty Giffin recently attended a meeting with Theresa Comstock, the Chair for the California Association of Local Behavioral Health Boards and Commissions (CALBHB/C). Mr. Giffin requests to have a standing agenda item for CALBHB/C.
- Claire Buckley shared that the Master Plan on Aging included five goals around aging in California. The goals outlined access, equity, and inclusion. Ms. Buckley shared that if anyone was interested in learning more about this plan, they are encouraged to visit MPA.aging.ca.gov.

Staff Member Comments

- None.

Public Input

- None.

Adjournment

- The meeting was adjourned at 7:40 p.m.
- Tuesday, February 9, 2021, at 4:30 p.m. is the next Executive Committee Meeting (ASOC).
- Monday, February 22, 2021, at 6:15pm is the next Board meeting taking place via Teleconference (details will be posted online).

Secretary/Treasurer, Mental Health, Alcohol and Drug Advisory Board