PLACER COUNTY MENTAL HEALTH, ALCOHOL AND DRUG ADVISORY BOARD

MONTHLY BOARD MEETING MINUTES

January 28, 2019

Mental Health Board

Members in Attendance
Bartley, David
Behrens, Sharon
Cataldo, Lisa
Del Pozo, Dr. Jessica
Shinstock, Diane
Ellis, Amy
McLennan, Geoff
Swisley, Randi

Absent Members
Courville, Sheri

Staff and Guests
Baggett, Brandy
Brown, Katrina
Buckley, Claire
Clauflin, Cindy
Dredge, Kevin
Ferry, Katherine
Kesher, Christopher
Lacey, Melinda
Osborne, Marie

Welcome and Introductions
Geoff McLennan, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 5:12 p.m. Members and guests were welcomed, and introductions were made. It was announced that the meeting would be abbreviated to allow time for a training conducted by Susan Morris-Wilson.

❖ Board Protocol (Non-Board Member Participation) – Read by David Bartley
  - This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
  - The MHADAB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times - once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
    a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
    b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
    c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s).
    d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson.
    e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by
another member of that group, please identify yourself as such and your time may be extended at the
pleasure of the chairperson.
f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the
agenda is completed no later than 8:00 p.m.

Secretary/Treasurer’s Report
- Approval of the December 17, 2018, Regular Board Meeting Minutes.
  David Bartley made a motion to accept the December 17, 2018 Regular Board Meeting Minutes as
  read, Sharon Behrens seconded. Motion carried.
- Approval of Treasurer's Report - $1800 - Amount budgeted for Fiscal Year 2018-19
  Expenditures for the month of December include: $71.15 - catered meal, leaving a balance of $343.90.
  David Bartley made a motion to accept the Secretary/Treasurer's Report as read, Sharon Behrens
  seconded. Motion carried.

Standing Committee Reports
- Executive Committee - Geoff McLennan
  The committee meets every month, at least two weeks prior to the regular meeting to form the agenda
  for the meeting. In addition to preparing the agenda, the committee interviewed a potential board
  member candidate, Katrina Brown.
- Alcohol and Other Drug (AOD) Committee - Amy Ellis
  Heather Wingo has resigned from the board effective in December and she will no longer be a
  member of the board or chairing the AOD committee.
  This month, a meeting was held at Cirby Hills. A board member attempted to attend but had traveled
  to the wrong location. There are some community members who have reached out to Ms. Ellis that
  may be interested in this committee.
  Geoff McLennan shared that before Ms. Wingo resigned, she completed some excellent work with
  CALY and the Drug and Alcohol Facts Week Campaign. Sharon Behrens, who is a chairperson at
  CALY, brought a copy of this campaign information to share.
- Children’s Services Committee (CSC) - Sharon Behrens
  The Children's Services Committee meets immediately prior to the MHDAB and did not hold a
  meeting this month to accommodate a board training.
- Adult Services Committee (ASC) - Lisa Cataldo
  Dr. Oldham presented at this committee meeting and focused on, psychiatric evaluations and
  Cognitive Behavioral Therapy (CBT) in conjunction with medicine; therapy along with medication can
  be successful.

Board of Supervisor (BOS)-Representative - Absent
- None.

Correspondence and Announcements
- None.

Director’s Report
- None.

Unfinished Business
- Recruitment/Visibility (Standing agenda item)
  Geoff McLennan shared that the board has been successful with recruitment and will continue to bring
  forward recruitment. Those that apply will be placed on a waiting list and as vacancies arise, they will
  be brought forward as potential members.
  Mr. McLennan, Yvonne Bond, and David Bartley believe that Katrina Brown will make an excellent
addition to the board.

New Business
❖ Vote on the Appointment of Katrina Brown to the MHADAB as a Public Interest Member
Yvonne Bond made a motion to recommend Katrina Brown to the BOS, David Bartley seconded. Motion Carried.

Board Member Comments
❖ Sharon Behrens shared that she has additional Veterans Resource cards if anyone is in need. Additionally, there was a ribbon cutting at the Koinonia Foster Center, which was attended by Ms. Behrens and Jim Holmes. It is a career center for foster children to help them become successfully employed. Additionally, they are working to organize a group dedicated to teaching the skills needed in the workplace for foster youth.
❖ Geoff McLennan would like to address hearing needs at Cirby Hills Pacific Room before the next meeting.
❖ Amy Ellis shared that two new grants have come forward for supportive housing. Amy will share additional details in her next report.
Public Input
✧ Kevin Dredge shared that a grant was received to host an educational premier move event with “The S Word”; this grant was awarded to Western Sierra Academy, which is 7th-12th grade. Mr. Dredge presented the trailer to the board and requested it is shown at a future meeting. Mr. Dredge believes this is needed because there was another recent suicide in the area.
✧ Katherine Ferry invited everyone to attend consumer council next month, which is held prior to the MHADAB meeting at Cirby Hills.
✧ Katrina Brown, a new MHADAB candidate, shared her experience working in the mental health field.

Adjournment
- The meeting was adjourned at 5:35 p.m.
- Monday, February 11, 2019, at 4:00 p.m. is the next Executive Committee meeting (ASOC).
- Monday, February 25, 2019, at 6:00 p.m. is the next Board meeting taking place in the HHS Adult System of Care, 101 Cirby Hills Drive, Roseville, CA.

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Secretary/Treasurer, Mental Health, Alcohol and Drug Advisory Board