Welcome and Introductions
Geoff McLennan, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:15 p.m. Members and guests were welcomed, and introductions were made.

Board Protocol (Non-Board Member Participation) – Read by David Bartley
- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
- The MHADAB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times - once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
  a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.

c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)

d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson

e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.

f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

Consent Agenda Item(s)

- Mental Health Services Act (MHSA) Housing Project - Main Street Plaza
  
  **MOTION** Cataldo/Holmes (Vote 8:0)
  
  **AYES:** Bartley, Behrens, Cataldo, Courville, Del Pozo, Holmes, McLennan, Shinstock.
  
  **NOES:** None

Guest Speaker: Committee Mid-Year Reports

- Lisa Cataldo, Chairperson, Adult Services Committee, reported that committee attendance has been low in FY 2018/19. Therefore, many activities have not received the needed commitment and time from active members. Two specific goals for the remainder of the year with limited attendance are Assisted Outpatient Treatment (AOT) and to monitor the implementation of housing programs for SMI.

- To address AOT, Jennifer Wellenstein gave a comprehensive overview of the program at a committee meeting.

- The goal of monitoring the implementation of housing programs for SMI is ongoing. The ASC would like to recognize the BOS and Placer County HHS for their dedication to the housing crisis. Placer County continues to focus on securing housing for those most vulnerable. The committee is confident that Placer County will continue to make strides in developing housing for the community.

- Additionally, the committee has been focusing on the inclusion of family members. It was found at recent visits to program sites that there are many brochures at the lobbies of Placer County mental health services that address family inclusion. Also, the committee will continue to focus on AB1424. The committee hosted Dr. Oldham, Placer County Health Officer as a guest speaker to discussed common psychiatric diagnoses.

- Lastly, the committee recommends that a better collaboration take place between the Campaign for Community Wellness (CCW) and the MHADAB. Methods to ensure enhanced citizens input for this committee are recommended. Also, the committee recommends a notebook to prevent duplicative efforts when new board members join.

- Sharon Behrens, Chairperson, Children’s Services Committee reported on committee activities for FY 2019/19. The committee focused on new facilities to address foster children SDRPP transition have been put in place. Ms. Behrens reported that there has been a committee focus on veterans and outreach to their families; veterans are more likely to die by suicide than their peers. The committee continues to distribute veterans resource cards; at this time, there have been over 20k printed.

- The committee continues to collaborate with Koinonia, which focuses on teenagers, ages 12-17.

- The Children's Services Committee has hosted several speakers including the Latino Leadership Council, completed a list of commonly used acronyms, and compiled a small lending library that focuses on trauma informed issues. The committee will continue to raise awareness of the prevalence of adverse childhood experiences. They are currently working to bring “The S Word” film to Placer County and would like to bring it to a larger group.

- Nicole Ebrahimi-Nuyken reported that the Alcohol and Other Drug Committee stated three goals for FY 18/19; recruitment, increased visibility of the board, and to focus on statistics related to methadone.

- During FY 18/19, recruitment has been a focus of the committee along with increasing committee
membership. The committee will continue its efforts. Unfortunately, Heather Wingo, the committee’s most recent chairperson, resigned effective December 2018.

- To increase visibility of the MHADAB the committee worked with the director of shelter operations for the Gathering Inn. The committee volunteer on November 18, 2019, to host a meal at the Gathering Inn. Additionally, the committee collaborated with the Coalition for Auburn and Lincoln Youth (CALY) to focus on identifying National Drug and Alcohol Awareness week. Collaboration between counties resulted in a media campaign; one was printed in the Lincoln Messenger. Also, CALY conducted outreach to schools and gave presentations on the dangers of alcohol and drugs.
- Lastly, the committee moved forward with a focus on statistics related to methadone, reviewing data from FY 12/13 to FY 17/18. They will continue to work towards identifying trends in Placer County and identify if there is an area of focus the committee would like to expand upon.
- Geoff McLennan addressed the usage of vapor cigarettes with youth and adults and expressed concerns for the community on the potential health issues. Sharon Behrens agreed with this issue and will share some information on this issue at a future meeting.

**Secretary/Treasurer’s Report**

- Approval of January 28, 2019, Regular Board Meeting Minutes.
  
  **MOTION** Behrens/Cataldo (Vote 8:0)
  
  **AYES:** Bartley, Behrens, Cataldo, Courville, Del Pozo, Holmes, McLennan, Shinston.
  
  **NOES:** None

- Approval of Treasurer’s Report - $1800 - Amount budgeted for Fiscal Year 2018-19
  
  Expenditures for the month of January include: $76.51- catered meal, leaving a balance of $267.39.
  
  **MOTION** Behrens/Courville (Vote 8:0)
  
  **AYES:** Bartley, Behrens, Cataldo, Courville, Del Pozo, Holmes, McLennan, Shinston.
  
  **NOES:** None

**Standing Committee Reports**

- **Executive Committee** - Geoff McLennan
  
  Geoff McLennan asked those that are new with the board to take on the AOD committee there is a great need to review evaluate and report on this issue. Also, Mr. McLennan asked members to give serious consideration to add this role to their repertoire and leadership and accomplishments. Mr. McLennan added that the board has had people like Sharon Behrens who have done a wonderful job moving leading the board.

- **Alcohol and Other Drug (AOD) Committee** - Nicole Ebrahimi-Nuyken
  
  None.

- **Children’s Services Committee (CSC)** - Sharon Behrens
  
  None.

- **Adult Services Committee (ASC)** - Lisa Cataldo
  
  Lisa Cataldo reported that she was excited to see the MHSA update in November regarding funding that can be used for homeless individuals with mental illness.
  
  Ms. Cataldo would like to address is the extension of hours for the Mobile Crisis Team. Additionally, the committee hopes for private public partnerships that would mirror what Orange County, Los Angeles, and Santa Clara have implemented.
  
  On April 11, 2019, the ASC will visit the PHF at 4:30 pm.

**Board of Supervisor (BOS)-Representative - Jim Holmes**

- The upcoming BOS meeting will address the budget. This meeting will be long and will address the Capital Facilities Program. One of these buildings is in Roseville and the other is located at the Santucci Center.

- The board will review the MHSA housing funded project for the housing unit, Main Street Apartments, for a 55 year period and authorizes the Director of Health and Human Services (HHS) to execute the agreement. This unit is very close to the apartment building that MHSA funded on Washington and

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Berkley Avenue. When we try to get people housed, our first priority is to get those with mental illness housed. Additionally, Placer County has received another million-dollar grant for Millhouse.

**Correspondence and Announcements**
- None.

**Director’s Report**
- Amy Ellis reported on the following: (distributed in board packet and posted with final minutes)

**Unfinished Business**
- Recruitment/Visibility (Standing agenda item)
  - Geoff McLennan reported that the MHADAB has done a good job in this effort. There has been some turnover on the board and the waitlist has produced new members.
  - The waitlist has been successful and was an excellent idea implemented by Teresa Thickens.
- Penetration of Services (Equality)
  - Amy Ellis reported that penetration rates address general community, age, race, and ethnicity compared to individuals that are receiving services. It addresses reaching those individuals that may not be served and is part of the county's EQRO. The state only has a portion of the data. There are many other services that aren't included in penetration data. The county is still working on adding in those services to the report. There are many culturally specific areas that are billed through different avenues when you look at the different ways the community is served.
  - Marie Osborne explained that the penetration rates address only those submitted to Medi-Cal for reimbursement.
- CCW
  - The Executive Committee has decided not to hold an ad hoc regarding CCW and the ASC has accepted this effort. The goal of the committee will be to organize a more collaborative effort between this board and its stakeholders to make the CCW model more easily accessible to the community.
  - Geoff McLennan shared that there have been concerns with the CCW website and meetings that take place at inconvenient times. Additionally, the ASC and CSC will partner on addressing CCW.

**New Business**
- 2018 County Data Notebook
  - Amy Ellis reported that the 2018 County Data Notebook addresses county performance and the MHADAB’s suggestions for improvements. Ms. Ellis reported that they have feedback from CSOC, the QM team, and MHSA coordinators. ASOC is in the process of compiling a draft. They will send the draft out to the board and ask for feedback and review before it is submitted. This report mainly wants to know what the board's top priorities for the past year has been.
    - A draft will be sent to the board for feedback and review.
    - At the next meeting, this item will be placed on as an action item for a vote.
- May Retreat Potluck
  - David Bartley reported that if the board continues to purchase meals on the low end of average expenditures at $65 dollars, the board would have less than $20 dollars for the May Retreat. To address this issue, Mr. Bartley recommended that the MHADAB host a potluck for the May Retreat.
- Follow up From the Board Training
  - Amy Ellis shared that Susan Morris-Wilson addressed several areas that the MHADAB could focus on. This training explained the duties of of the board and how to advise the director. Additionally, Ms. Ellis explained that this training is available to the public through CALBH/BC.
  - During this training, Ms. Morris-Wilson addressed and recommended those County Data Notebooks are board-driven. In some counties, the board creates an ad hoc to address them. Next year, it could be addressed via a smaller ad hoc.
  - Additionally, Ms. Morris-Wilson recommended adding ADA directions to the agenda, capturing a vote

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by roll call on minutes, and preparing a media packet before each meeting. Ms. Morris explained that if there is a possible conflict of interest, it is recommended that the board member leave the room during the voting process.

- Kyleene Headrick will add ADA directions to the agenda, capture vote by roll call on board minutes, and prepare a media packet prior to meetings.
- During the training, Ms. Morris suggested a member of the board attend CCW and bring that information back to the board. Ms. Ellis offered to provide a list of community meetings that would be helpful. Additionally, Ms. Morris-Wilson reminded the board to avoid serial meetings and to have information go through the secretary.
- Ms. Ellis explained that if anything comes up regarding compliance to email her and it can be run through county counsel.

**Board Member Comments**

- Amy Ellis reminded everyone that anyone can attend a committee meeting and they do not need to be a board member.
- Sharon Behrens explained that the committee members share equally in the decisions of how the committee pushes forward.
- Lisa Cataldo shared that it would be helpful to the community if there was a warm operating 24-7 facility when families experience a crisis and has nowhere else to go. Diane Shinstock expressed support for Lisa Castaldo’s idea and believes the committee should focus on efforts to build something like this in the future.
- Greg Cirillo asked who is involved in the Three-Year Plan for MHSA. Amy Ellis responded that CCW is heading this planning effort and they are working on a survey for input on the planning process. This Three-Year Plan will go before the board.
- Sheri Courville asked if the RFP was for long-term or short-term housing in the community. Amy Ellis responded that it was for permanent supportive housing. Additionally, Ms. Courville asked if there is someone that is working to coordinate housing. Ms. Ellis shared that several of the grants being written include a housing coordinator as part of that model; gaining a specialist who has relationship with landlords, knows the housing market and has those connections to get those individuals into permanent supportive housing is beneficial.
- Geoff McLennan reminded the board to perform their test calls. Mr. McLennan asked if the website can include a table of upcoming events. Amy Ellis responded that this can be explored, and that it is a good suggestion.
- Geoff McLennan asked what AVATAR is and if it involves use of personal information. Amy Ellis responded that AVATAR is the county’s electronic medical record system that most counties use across the state. AVATAR is used for documentation and data collection. It is an older system and requires a lot of maintenance to have it perform as needed. Ms. Ellis explained that AVATAR requires money invested towards updates every year and that it does house personal information. Mr. McLennan asked if the MHSA funding would include community funding. Ms. Ellis responded that there will be funds for community. Additionally, there are certain items that must happen to draw down the funding such as FSP; there must be a certain percentage for some categories. Placer County is predicting that there is more revenue planned compared to the revenue received and over the next two years, we are going to add an additional 2 million dollars to programming. We will evaluate our program and see if the investing is going to meet the results needed for this to happen.
- Amy Ellis suggested that the ASC and CSC focus on different parts of CCW regarding MHSA funding. The ASC may want to focus on Community Services and Support (CSS) and the CSC may want to focus on Prevention and Early Intervention (PEI). Ms. Ellis thanked the board for bringing the CCW website to their attention, it is contracted out to a third party who is working to maintain it and they had fallen behind.

**Public Input**

- Victor Pecoraro, shared that education on bullying and vaping is coming forward in the community and that his department is working with a few schools to get this information out. Secondly, they secured a grant earlier this year to address these issues with youth.
Marie Osborne shared that ASOC is reworking the test call manual and working on a PowerPoint and Survey Monkey to provide needed data. Ms. Osborne shared that it is the CSC’s month to conduct test calls.

Katherine Ferry shared that the CCW website has been complicated to navigate.

Sharon Behrens reminded everyone that there is a Placer Town Hall on March 20, 2019 and encouraged everyone to attend this event.

Adjournment
- The meeting was adjourned at 7:58 p.m.
- Monday, March 11, 2019, at 4:00 p.m. is the next Executive Committee meeting (ASOC).
- Monday, March 25, 2019, at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care, 11533 C Avenue, Auburn, CA.

Secretary/Treasurer, Mental Health, Alcohol and Drug Advisory Board