

MONTHLY BOARD MEETING MINUTES

February 27, 2023

Mental Health Board

Members in Attendance

Behrens, Sharon
Buckley, Claire
Cataldo, Lisa
Evangelista, Tomas
Giffin, Marty
Henry, Todd
Holmes, Jim
McLennan, Geoff
Sanchez, Laura
Vigil, Joshua

Absent Members

None

Staff and Guests

Abrahamson, Twylla
Comstock, Theresa
Ellis, Amy
Genschmer, Scott
Headrick, Kyleene
Powers, Captain David

Welcome and Introductions

Lisa Cataldo, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:15 p.m. Members and guests were welcomed, and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Read by *Marty Giffin*

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
- The MHADAB encourages public input in all of its meetings. To facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson.*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

Opening Public Comments

- None.

Staff Member Comments

- None.

Board Member Comments

- None

GUEST SPEAKER: Assistant Sheriff David Powers, Placer County Sheriff's Office—South Placer Justice Center Update

- Assistant Sheriff David Powers explained that he was recently promoted to the Assistant Sheriff position with the Placer County Sheriff's Office; he now oversees the full corrections division.
- Assistant Powers oversees a multi-disciplinary team, and the sergeant oversees all medical units.

- The corrections unit runs a regional program that is taking in people from regional partners who are found Incompetent to Stand Trial (IST).
- Currently, there have been 96 discharges from the program, including 62 patients restored to competency who have completed court processes and have been released from custody. Additionally, there have been 28 patients referred to the California Department of State Hospitals (DSH). At this time, the average treatment is around 72 days compared to the state average, which can take as many as 100 days.
- Another program under this team is ran alongside the state department and is based on a recent lawsuit settlement. Patients in this program who are found IST must receive service or contact within a certain number of days and cannot sit in a facility and languish. This program is forcing the state to start some contact with those individuals within 28 days of service. As a result, the state must find ways to lower their waiting list. If someone has been found IST, the DSH are interviewing those individuals and working with them to find them competent. Overall, the goal is to shorten the waiting list for the state.
- Assistant Sheriff David Powers provided a construction update related to SB863 legislation. The ribbon cutting ceremony will be held on March 30, 2023, for the 45-bed mental health facility and dirt will move on April 1, 2023. This facility will house a jail-based competency program and increase the current program by 15 for a total of 30 beds. The other 15 bed “pod” will be used for more acute mental health and allow for comprehensive medical so that those patients can receive necessary treatment.
- Because of the lawsuit in 2015, they passed Welfare and Institution Code (WIC) 4436, where the state determined an IST growth cap. The state is limiting the number of people that are deemed IST annually. If the counties go over that set limit, the state starts fining counties who go over the growth cap. Currently, Placer County is set at 51.
- The money collected from these fines goes into an account with the state and can only be used for mental health programs. As an example, Tulare County recently was fined a four-million-dollar penalty for ISTs. Counties are working to establish how these fines can be paid. Ultimately, the state is working to bring down the number of ISTs in each county.

Board Member Comments

- Geoff McLennan explained that he understood that it was a 10-year litigation that was lost and asked if the state turned it around on the counties. Assistant Sheriff David Powers explained that, yes, the state is pushing it down to the county level. It is a newer requirement, and within the past six to eight months they have been working on implementation.
- Geoff McLennan would like some board members to attend ribbon cutting. Assistant Sheriff David Powers will send along that information.
- Supervisor Jim Holmes thanked Assistant Sheriff David Powers for attending and providing the update.

Staff Member Comments

- None.

Public Comments

- None.

GUEST SPEAKER: Theresa Comstock, Executive Director, California Association of Local Behavioral Health Boards and Commissions—CALBHB/C Updates

- Ms. Comstock explained that the organization is there to support the 49 local mental/behavioral health boards and commissions. Many provide services in terms of advising both mental health and alcohol and drug agencies.

- There is a leadership team called the governing board and are all members of a border commission are in different parts of California. There are some members involved in the criminal justice side, and some are in parts of Ventura and Yolo County.
- Currently, most counties are working on reporting performance outcomes and working to identify agency communication. Recently, CALBHB/C held an Implicit Bias training that was well attended.

Board Member Comments

- Todd Henry shared that the Implicit Bias training that he attended last Friday was well received and the presenter was excellent.
- Geoff McLennan explained that if counties can show that insurance companies did not allow practitioners to practice within a curative intent and this continues, then they can bill insurance companies, directly. Geoff McLennan asked if this is something that CALBHB/C is tracking. Theresa Comstock shared that she cannot answer it specifically; ,however, they did look at the legislation for parity and this is paralleled with what happened on the federal level. Currently, there are laws in place but not necessarily the workforce in place; seeing a new bill to show the lack of providers on the list that people have for their own insurance.
- Geoff McLennan also asked where the counties were at with 988 and expressed that he felt disappointed. Mr. McLennan also asked if there are any other counties making this happen. Theresa Comstock explained that there is some funding to put into local crisis units that counties have applied for. However, there is another waiver through CalAIM which allow 85% matching from federal Medicaid funds. Additionally, there are lots of requirements to allow them to bill at this rate, and this was just approved by federal health and human services in January.

Staff Member Comments

- None.

Public Comments

- None.

❖ **CONSENT AGENDA ITEM(S)** All items on the Consent Agenda have been recommended for approval by the Executive Committee. Anyone may ask to address Consent items prior to the Board acting, and the item may be moved for discussion.

- North Valley Behavioral Health
North American Mental Health Services, Inc.
MOTION: Holmes/McLennan
ABSTAIN: None
AYES: Buckley, Behrens, Cataldo, Evangelista, Giffin, McLennan, Sanchez, Henry, Holmes
NOES: None

Board Member Comments

- Geoff McLennan asked if there is a difference between that North Valley Facility versus the one that was just purchased about a year ago off Highway 49.
- Amy Ellis explained that this is the North Valley Behavioral Health which is different from the Sienna Facility and is typically a longer term care facility that will be there a long time, where North Valley Behavioral Health is used for short term crisis stabilization, medication management, etc.

Staff Member Comments

- None.

Public Comments

- None.

❖ SECRETARY/TREASURER'S REPORT

- **Approval of Treasurer's Report - \$1800 - Amount budgeted for Fiscal Year 2022-23**

There were no expenditures for the month of January, leaving a balance of \$1330.42.

MOTION: Sanchez/Henry

ABSTAIN: None

AYES: Buckley, Behrens, Cataldo, Evangelista, Giffin, McLennan, Sanchez, Henry, Holmes

NOES: None

- **Approval of the January 23, 2023, Regular Board Meeting Minutes**

Minutes were unavailable for review prior to the meeting. They will be reviewed at the upcoming March Regular Board meeting.

Board Member Comments

- None

Staff Member Comments

- None.

Public Comments

- None.

❖ COMMITTEE REPORTS & PROGRAM/PROJECT UPDATES:

EXECUTIVE COMMITTEE

- Lisa Cataldo reminded board members that when they attend a community event, they should email a summary of the outcome to Lisa Cataldo or Amy Ellis.
- Ms. Cataldo explained that at the most recent Executive Committee meeting they discussed the mobile shelter and meeting schedules.
- Also, Ms. Cataldo shared that she was able to attend the panel for the new Administrative Assistant position.

Board Member Comments

- None.

Staff Member Comments

- None.

Public Comments

- None.

CHILDREN'S SERVICES COMMITTEE

- Marty Giffin shared that they met right before this meeting and spent most of their time on discussing the Wellness Centers, which includes centers in Roseville, Auburn, Lincoln. Additionally, they discussed the board goals.

Board Member Comments

- None.

Staff Member Comments

- None.

Public Comments

- None.

ADULT SERVICES COMMITTEE

- Laura Sanchez shared that there is a new six-bed residential facility opening and that they will be

holding an open house from 2:00 to 6:00pm at 2437 Laborie Lane. The facility is called A Better Path Treatment Program which will be geared towards recovery for firefighters and Emergency Medical Technicians.

- Additionally, the group discussed state crisis intervention grants, a Psychiatric Health Facility in Auburn, and plans to accommodate youths.
- Ms. Sanchez reported that the Lotus Center is running and averages about two to three people at a time. Also, the group discussed a new substance use disorder (SUDS) center that would be based on the idea of Lotus. Finally, they discussed the limited Tahoe resources and working with Nevada county to boost those.

Board Member Comments

- Todd Henry asked what bill is driving the change in requirements stating that counties must have crisis response available. Amy Ellis answered that the mobile crisis must expand by end of 2023, and that there is no linkage to 988 call centers; the funding for 988 is going to the call centers. Ms. Ellis explained that counties reached out to the call centers to try to facilitate a warm handoff. Placer County is there when they are ready to do that. Regarding the 24/7 mobile crisis, this change is coming from the California Department of Health Care Services.
- Geoff McLennan shared that a meeting is held at the Rocklin library every Thursday that is focused on homeless outreach. Amy Ellis answered that the Homeless Liaison Team (HLT) would be the team that goes out and connects with individuals in the community.
- Joshua Vigil asked about attending a subcommittee meeting. Laura Sanchez will forward that invitation to Joshua.

Staff Member Comments

- None.

Public Comments

- None.

❖ BOS REPRESENTATIVE – Supervisor Holmes

- Supervisor Holmes reported that the mobile shelter has blankets and cots, mobile showers, and bathrooms and that 44 of the previous campers were qualified to be at the site.
- Currently, they are working to accommodate feeding them and a solution was to bring food up from South Placer Jail. At this time, the camp is 94% filled.
- Health and Human Services (HHS) and the Probation Department have been onsite to offer services. Supervisor Holmes explained that it is a work in progress and an adaptive management program. There is hope that one of the cities can pick up a smaller version of this model.
- Presently, the old camp is closed off; however, it will be kept for 90 days to allow people to pick up their supplies.
- This morning, Supervisor Holmes attended a meeting regarding the Community Development Resource Center that will be applying for \$1.4 million grant that will provide accessory dwelling units gap funding. They must submit the application by March 15th, 2023, and it will take three months to get approved. This means that those who want to build or apply for accessory unit can apply for those types of housing.
- Supervisor Holmes shared that Placer County is one of the two places in California that have been designated a pro-housing county.
- The Auburn Interfaith Food Closet will be giving a presentation at tomorrow's board meeting.

Board Member Comments

- None.

Staff Member Comments

- None.

Public Comments

- None.

❖ **Correspondence & Announcements**

- None.

❖ **DIRECTOR'S REPORT** (This report is posted online with the minutes)

- The Director's Report was provided to the members during the meeting.

Board Member Comments

- Geoff McLennan would like to hear about SB855, where counties are recouping costs and he is excited to see if they can help the private sector see the light. Amy Ellis responded that it is brought forward in these behavioral health committee meetings. Placer wants to be good partners and wants to be sure they are using the funding on the population it is intended to serve. In Placer County, this will hold private health plans responsible to perform the service.

Staff Member Comments

- None

Public Input

- None.

❖ **UNFINISHED BUSINESS**

Recruitment/Visibility

- Lisa Cataldo shared that there are no new applications at this time.

Board Member Comments

- None

Staff Member Comments

- None.

Public Input

- None.

CCW/ MHSa

- Claire Buckley shared that she did not attend the meeting.
- Dr. Amy Hayes shared that there was an update on Behavioral Health Continuum Infrastructure Program (BHCIP) funds to help stakeholder engagement. The top three things that came up from stakeholders were residential psychiatric care, BCHIP round 5, and the 44-bed residential SUDs program in Auburn.
- Twylla Abrahamson shared that there were some breakout groups that discussed 211 and what they found effective about the service. Improvements shared were that people wanted more training for providers on how to use 211. Also, there were some community members who shared that it is difficult for them to make changes to their programs in 211. Additionally, there were some providers that expressed that they still want to have flyers and papers to give out. Technology heavy resources are not useful to all people they serve in the community. Katie Combs-Prichard is going to work with the 211 operators on the feedback shared from the providers.
- Additionally, Sue Compton gave an update on MHSa funding and next steps.

Board Member Comments

- Supervisor Holmes will provide an update on 211 in his next newsletter.

Staff Member Comments

- None.

Public Input

- None.

Test Calls

- The test call signup link has been updated. Kyleene Headrick will send this out with the director's report and handouts from this evening.

Board Goals

- Marty Giffin shared the current board goals for 2022-2023:
 - 1) Outreach
 - 2) CalAIM
 - 3) Crisis Services: Lotus Center Data Reports
- Regarding outreach, Marty Giffin explained that the goal outlined that the board member attends a minimum of 80 percent participation in community events. Also, the board members will have participated in at least one community event. Mr. Giffin explained that if you have participated in a community event relevant to behavioral health, please send a summary to Lisa Cataldo including the date attended. Board members are encouraged attend community events.
- Mr. Giffin explained that CalAIM was a two-part goal. The first part was to host a presentation on new funding opportunities by March. Amy Ellis has arranged for a funding presentation at the March meeting. The second part was to make at least one suggestion or recommendation to Amy Ellis for CalAIM opportunities by the end of the fiscal year.
- Mr. Giffin explained that the goal for Crisis Services is being met regularly.

Board Member Comments

- None.

Staff Member Comments

- None.

Public Input

- None.

CALBHBC

- Marty Giffin does not have any announcements this month.

Board Member Comments

- None.

Staff Member Comments

- None.

Public Input

- None.

❖ NEW BUSINESS

None

❖ CLOSING

Board Member Comments

- Geoff McLennan would like to hear from Marty Giffin or Amy Ellis regarding updates quarterly for items provided during the retreat. Amy Ellis explained that an external evaluator was hired to help

gather a good evaluation from Lotus; higher level utilization data is not yet available but will be forthcoming.

Staff Member Comments

- None.

Public Input

- None.

Adjournment

- The meeting was adjourned at 7:43 p.m.
- Tuesday, March 14, 2023, at 4:30 p.m. is the next Executive Committee Meeting (ASOC).
- Monday, March 27, 2023, at 6:15pm is the next Board meeting taking place via Teleconference (details will be posted online).