Mental Health Board
Members in Attendance
Bartley, David
Behrens, Sharon
Bond, Yvonne
Cataldo, Lisa
Cirillo, Gregg
Courville, Sheri
Del Pozo, Jessica Dr.
McLennan, Geoff
Shinstock, Diane

Absent Members
Ellis, Amy

Staff and Guests
Abrahamson, Twylla
Beebe, Michael
Brown, Jeff
Brown, Katrina
Buckley, Claire
Ferry, Katherine
Krohl, Chris
Osborne, Marie

Welcome and Introductions
Geoff McLennan, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:14 p.m. Members and guests were welcomed, and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Read by David Bartley
   ▪ This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
   ▪ The MHADAB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times - once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
     a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
     b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
     c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
     d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
     e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
     f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the
Consent Agenda Item (s)
None

Guest Speaker: Jeff Brown, Director of Health and Human Services (HHS)
- Jeff Brown addressed the state budget for this current year, homelessness, and questions from the board and public attendees.
- Mr. Brown expressed that this budget one of the most positive budgets he has seen during his career. This budget is based on some revenue assumptions that are optimistic. There has been growth in Mental Health Realignment funds, and they will now be returned. There is a new funding methodology for In-Home Supportive Services (IHSS), and it is expected to reduce the dollars taken from other programs to keep it afloat. There is also a significant amount devoted to homelessness and housing. If this is passed, we will see some positive changes in county programs.
- There is a bill called AB85, which has to do with diversion of Public Health Realignment revenue back to the state. They want some of this money to expand Medi-Cal to young, single, undocumented immigrants ages 18-35.
- Priorities for the department over the next year include homelessness as a major priority for Placer County. The county is beginning to see some progress in getting individuals off the streets.
- Another priority of the department is the Drug Medi-Cal Organized Delivery System (DMC-ODS), which is a waiver program. In a few years, it will expire, and HHS will move forward in negotiating an extension for this program.
- Additionally, there will be a focus on productivity and maximizing Medi-Cal claiming. If HHS can maximize those dollars, it leaves MHSA and other funding streams open for other programs and services.
- HHS may have the ability to secure a new building. This effort was identified as a high priority for replacement in 1993. HHS has been trying to organize a department initiative to move forward with this project. A new facility sends the message that the people we care for are important.
- Another priority of HHS is the Continuum of Care reform. Providers of group home care sites may not meet the new requirements and other counties may take beds from us, which could put stress on our county.
- The Homeless Point in Time Count was conducted. Last year there were 584 individuals and this year we counted 616. Per capita, our numbers are easily half that of other neighboring counties. It was found that 16 percent of the Placer County homeless population is 60 years or older. It is known that California holds 25 percent of the homeless population in the United States; around two thirds to three-quarters of our homeless are unsheltered on any given night compared to the East Coast that shelters three-quarters of their homeless on any given night.
- In Placer County, we have implemented the Full-Service Partnership (FSP) and Advocates for Mentally Ill Housing, Inc (AMIH) for placement. Additionally, we have implemented Whole Person Care (WPC) in place; Placer was the first county in the Sacramento region to implement this program and brought in a 20-million-dollar project where we are using local funds to match. Placer County has wraparound services and has hired housing coordinators that work with individuals to develop housing resumes. Also, HHS has developed a partnership with Sutter Health who has invested two million dollars to impact housing issues. With this money, a Board & Care was purchased, which is located on Lake Arthur, and a home in Rocklin area was purchased.
- There is an RFP going forward to work toward buying two more homes and are working on using MHSA funds for additional homes.
- The Board and Care was moved to the old children’s shelter and five beds were added through this change. Also, Casa Dewitt has opened at the old board and care, and we have added medical respite. HHS would like to get to functional zero, which means that for every person there is a bed available whether they take it or not. With WPC, HHS has worked with roughly 220 people and has housed 95 people. There have been discussions about crisis stabilization for the future. Sutter Health is interested in moving a program forward.
- Top concerns for HHS are the mental health carve-out, which will define if the county will continue to provide MH services versus managed care plans moving forward mental health services in place of county services. It is estimated to come 4-5 years down the road.
There was a building purchased in Roseville using MHSA dollars. It was turned over to AMIH and made 18 units for individuals in that area. HHS has been working with Roseville on Meta Housing at the Main Street Plaza, where they will be building 70-units and Placer has invested 2 million dollars. 10 units at this property dedicated to those that are SMI. Additionally, there is another project, La Grange with an additional 20 units for those that are SMI.

Secretary/Treasurer’s Report
- Approval of the January 28, 2019, Regular Board Meeting Minutes.
  MOTION Cataldo/Courville (Vote 7:0)
  AYES: Bartley, Behrens, Bond, Cataldo, Courville, McLennan, Shinstock.
  NOES: None

- Approval of Treasurer’s Report - $1800 - Amount budgeted for Fiscal Year 2018-19
  Expenditures for the month of February include: $75.05- catered meal, leaving a balance of $192.34.
  MOTION Cataldo/Behrens (Vote 7:0)
  AYES: Bartley, Behrens, Bond, Cataldo, Courville, McLennan, Shinstock.
  NOES: None

Standing Committee Reports
- Executive Committee - Geoff McLennan
  Geoff McLennan requested that Marie Osborne provide an update on test calls. Marie Osborne explained that there will be some changes in how the test call survey is conducted and an update on this information is forthcoming. As a reminder, do not tell the person on the line that they are taking a test call.
    ➢ Marie Osborne will send out the test call packet to the board.
  Geoff McLennan shared that anyone is welcome to attend the Executive Committee meetings.

- Alcohol and Other Drug (AOD) Committee - Marie Osborne on Behalf of Nicole Ebrahimi-Nuyken
  The meeting was held with none in attendance.
  Sharon Behrens shared that Nicole will be part of the quarterly Coalition for Auburn Lincoln Youth (CALY) meetings and her first meeting will be in April.
  Geoff McLennan shared that alcohol and drug abuse are important issues that impact the community and the committee is very important to these issues. Mr. McLennan believes that there may be an option to combine committees.
  Katrina Brown shared that she may be interested in chairing this committee. Mr. McLennan asked that Ms. Brown reach out to him to establish her interest.

- Children’s Services Committee (CSC) - Sharon Behrens
  Sharon Behrens reported that the CSC hosted the Latino Leadership Council at their most recent meeting. Dr. Jessica Del Pozo recommended that everyone visit the Latino Leadership Council’s website.
  Ms. Behrens reported that the Latino Leadership Council has the cultural impact of understanding within the community and the best way to help the family by making appropriate referrals.
  There was a Resilience Placer panel held with a focus on the trauma that included Jeff Brown, Dr. Oldham, and author Robin Karr-Morse. Ms. Karr-Morse wrote “Ghosts in the Nursery”, which touches on early childhood adversity. Resilience Placer has a variety of organizations that deal with children’s trauma. Additionally, First5 helped to fund this panel.
  Sharon Behrens will send the Resilience Placer meeting minutes for distribution.
  Ms. Behrens reported that 200 veterans resource cards have gone to TGI and another 100 have been distributed to the food pantry.
  Ms. Behrens reported that she attended the CoRR event and won a ride along with the police chief of Grass Valley, who has been important in bringing Naloxone to the community.

- Adult Services Committee (ASC) - Lisa Cataldo
  Lisa Cataldo reported that the ASC met on March 13, 2019, and discussed the rules surrounding MHSA funds. The committee would like to see a 24/7 Mobile Crisis offered in Placer County.
Currently, Mobil Crisis is only open until 10:00 pm. Additionally, the ASC noted that the Campaign for Community Wellness (CCW) website has a lot of HTML code on the homepage and it is illegible.

- The committee is learning about the MHSA Act. Ms. Cataldo explained that the committee members are not knowledgeable about MHSA and are hoping to learn more about CCW and the stakeholder process. Additionally, the committee discussed the CSSP breakdown and would like a simple guide as opposed to the 300-page guide.
- The ASC is hopeful that Jennifer Cook can attend the April 10, 2019, committee meeting.
- On April 12, 2019, at 4:30 pm, the ASC will be visiting the PHF and learning about the new provider.

**Board of Supervisor (BOS)-Representative - Jim Holmes**
- None.

**Correspondence and Announcements**
- None.

**Director’s Report**
- Marie Osborne on behalf of Amy Ellis reported on the following: (distributed in board packet and posted with final minutes)

**Unfinished Business**
- Recruitment/Visibility (Standing agenda item)
  - Geoff McLennan reported that there is one board membership application on file. Geoff McLennan encouraged interested individuals to submit their applications, promptly. Mr. McLennan shared that Randi Swisley has resigned due to a relocation.

- Penetration of Services (Equality)
  - Marie Osborne reported that Quality Management (QM) will share an update on the Penetration of Services report at the June meeting as part of their presentation.

- CCW/MHSA (Standing agenda item)

**New Business**
- 2018 County Data Notebook
  - The Data Notebook has been finalized and a copy was distributed to all board members.
  - The Executive Committee will take action on the 2018 Data Notebook at the next committee meeting.

- May Retreat Potluck
  - At the upcoming May Retreat, some members have expressed that they want to review priorities, have a guest speaker, or both. The Executive Committee is thinking about hosting the Steinburg Institute at the May Retreat. David Bartley believes that the institute and their continual advocacy would be interesting to hear from regarding national and local issues.
  - Diane Shinstock suggested the Mental Health Services Oversight and Accountability Commission (MHSOAC) as a backup speaker for the May Retreat.
    - David Bartley will reach out to The Steinburg Institute to secure a possible guest speaker.

**Board Member Comments**
- Geoff McLennan asked if it would be possible for one of the board members to sit on the committee as they go to build the Meta-Housing project. Jeff Brown answered that it could be possible once the project has reached this point.
- Yvonne Bond believes that the AOD committee may need to be discussed at the upcoming May Retreat as there has been low attendance and difficulty sustaining a chairperson. Yvonne Bond expressed that she is pleased to see that the ASC is visiting the PHF as part of the board’s larger goal of visiting six facilities a year; reinforcing good behavior and highlighting good facilities is an excellent way to help the community. Ms. Bond believes that the MHADAB must continue to make site visits to places they haven’t visited. Yvonne Bond shared that she visited the Sacramento County MHADAB. One item she learned was that their board conducted a community forum to gain ideas of what the
community needs. Yvonne Bond would like to host someone from Mental Health Court at a future board meeting to discuss those individuals with SMI and compliance with medication.

√ Sharon Behrens reported that CoRR will be changing their name to Granite Wellness. They will be opening a new building in Rocklin, which will be inpatient, outpatient, adolescent, adult, and senior care.

△ This will be added to the next executive agenda meeting.

△ Diane Shinstock asked if the board can use the Behavioral Health Notebook part of goal planning. Geoff McLennan agreed that the notebook could be used and discussed at the May Retreat.

△ Geoff McLennan shared that he was appointed to the Mental Health Services Oversight Commission (MHSOAC) Client and Family Leadership Committee. The committee is focused on client, parent, caregiver, and family issues as they relate to projects of the commission; their vision is recovery and resilience. Geoff McLennan will be reporting out to the board on his experience.

Public Input

√ Michael Beebe thanked Jeff Brown for attending the meeting. Ms. Beebe moved from Sacramento and has enjoyed seeing the integrated support at Placer County. Ms. Beebe works in the child welfare system where many parents have a dual diagnosis with mental health and substance use issues. When the housing is discussed, it is important to consider parents that are working to get their children back and are unable to secure a home. Jeff Brown answered that there was a program called “Bringing Children Home” which allocated funds for those trying to secure custody of their children who completed treatment. Placer County was unsuccessful in securing this funding but may have another chance to secure it at a future date.

△ Jeff Brown reported that the total MHSA fund balances as of June 30, 2018, was 21 million dollars. HHS plans to spend down at least one million dollars and will close the year close to 20 million dollars. HHS is in a spend down phase and gauging the best amount to have in fund balances. HHS revenues on any given year can be between 12 and 14 million dollars. HHS will have at least a million dollars in fund balances, so they can keep programs running. It is best to avoid a situation where HHS overspends one year and is forced to make cuts to programs the following year. HHS is working to spend the funds down faster and has set some of these funds aside for housing purchases. HHS’s goal is to get these funds down to a sustainable balance in the next three to four years.

△ Diane Shinstock asked for more recent MHSA fund balances to be provided regularly. Jeff Brown agreed that it would be possible to provide recent fund balances annually.

△ Staff will provide Diane Shinstock with a recent fund balance at the next meeting in April.

Adjournment

- The meeting was adjourned at 7:48 p.m.
- Monday, April 15, 2019, at 4:00 p.m. is the next Executive Committee meeting (ASOC).
- Monday, April 22, 2019, at 6:00 p.m. is the next Board meeting taking place in the HHS Adult System of Care, 101 Citby Hills Drive, Roseville, CA.

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Secretary/Treasurer, Mental Health, Alcohol and Drug Advisory Board

Placer County Mental Health, Alcohol and Drug Advisory Board Minutes