

## MONTHLY BOARD MEETING MINUTES

March 27, 2023

### **Mental Health Board**

#### **Members in Attendance**

Behrens, Sharon  
Buckley, Claire  
Cataldo, Lisa  
Giffin, Marty  
Holmes, Jim  
McLennan, Geoff  
Vigil, Joshua

#### **Absent Members**

Evangelista, Tomas  
Henry, Todd  
Sanchez, Laura

#### **Staff and Guests**

Abrahamson, Twylla  
Ellis, Amy  
Flores, Rafael  
Genschmer, Scott  
Jones, Janna

### **Welcome and Introductions**

Lisa Cataldo, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:15 p.m. Members and guests were welcomed, and introductions were made.

#### **❖ Board Protocol (Non-Board Member Participation) – Read by *Marty Giffin***

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
- The MHADAB encourages public input in all of its meetings. To facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
  - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
  - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
  - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s).*
  - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson.*
  - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
  - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

### **Opening Public Comments**

- None.

### **Staff Member Comments**

- None.

### **Board Member Comments**

- None.

**GUEST SPEAKER:** Amy Ellis, Director, Placer County Adult System of Care—CalAIM Funding (California Advancing and Innovating Medi-Cal)

- CalAIM is one of the Board's goals to both understand funding opportunities and have the ability to provide feedback to the Systems of Care (SOC) related to priorities – keeping track of and monitoring.
- Marty Giffin reminded members that CalAIM is the second of the three annual goals, which contains two parts: 1) receive information; and 2) make proposals/provide input to the SOC related to potential funding opportunities.

- Ms. Ellis shared the YouTube video created by the Department of Health Care Services. It reviewed how CalAIM plans to change the trajectory of beneficiaries by maximizing their health and quality of life.
- The below highlights pieces of the video, but to see the video in its entirety click here: [CalAIM: California's Opportunity to Transform Medi-Cal - YouTube](#)
  - CalAIM is a five-year roadmap. Innovative, long-term commitment to transform and strengthen Medi-Cal. A program that serves one in three Californians.
  - Medi-Cal is the cornerstone of the state's health care delivery system.
  - Reforms Medi-Cal with a person-centered approach.
  - CalAIM prioritizes prevention while addressing social drivers of health and racial equity. It offers partnerships with community-based organizations.
  - CalAIM is California's first statewide effort to offer enhanced care management.
- Ms. Ellis presented a PowerPoint, Placer CalAIM – Behavioral Health Changes for Placer MHP and DMC-ODS.
  - For full details on this information, the PowerPoint will be posted on the MHADAB's website (attached to tonight's meeting minutes).
- CalAIM has been rolling out in phases with lots of transformation happening across all the Medi-Cal providers' systems not just behavioral health, e.g., children, youth, dental, etc.
- Specific areas that are being transformed by CalAIM were reviewed, and the three that are touching mental health are: Enhanced Care Management (ECM), Community Supports (CS) (also known as "In Lieu of Services"), and Behavioral Health Delivery System. These are services provided by Placer County.
- The aim is to make the Medi-Cal system look more like health care.
- One of the goals is to make Medi-Cal a more consistent and seamless system for enrollees to navigate by reducing complexity and increasing flexibility.
- Ms. Ellis discussed various changes for behavioral health and how it will impact Placer County staff and contracted provider staff.
- Both the Mental Health Plan (MPH) and the Drug Medi-Cal Organized Delivery System (DMC-ODS) will see changes and improvements in how we deliver services to people and families in the community. There are not as many changes to the Drug Medi-Cal side.
- The review of the SOC organizational chart, Ms. Ellis pointed out ECM and CS, a new benefit through CalAIM, which is the responsibility of the health plan to ensure there are enough providers with the service. Placer County is opting to be one of the ECM/CS providers.
- A big driver of change will be how medical necessity is determined, previously it determined whether individuals could be treated by the county system or not. CalAIM wants to broaden medical necessity to create essentially a "no wrong door" to allow for more opportunities to serve.
  - Identified payment reform as a huge change, and she explained how the current model differs and how it will work in the new system – more encounter based.
  - Moving towards capitation. It's an assumption of how much money is needed to serve the population.
    - The more we are billing, the more we are demonstrating need.
    - In the next three to five years, the better we'll do, the higher the rate and more money will be received in a capitated system.
    - An example under payment reform is it won't be by the minute, but rather who is providing the service and the service type will generate how much is received.
    - Ms. Ellis noted that in the new system, a certified peer delivering the service will draw down more payment for that service than bachelor-level mental health provider.
- One of the ways CalAIM is generating change in the behavioral health continuum is by incentivizing the use of peers within our system, investing in their training, and supporting them to be effective.
- The "why" behind all this is there will be less paperwork and a reduction in documentation; we want staff to do less paperwork, enabling them to focus more on client care.
  - Get reimbursed for more of the actual work we do.
- Briefly reviewed how all the changes impact providers, case managers, family members, and community members. The changes are coming so fast. Ms. Ellis also acknowledged how challenging this has been for many.

- CalMHSA, a Joint Powers Association, is a statewide organization that conducts statewide activities. It allows counties to join together, to complete statewide efforts. Placer has opted to contract with CalMHSA, with other counties on their offer to help do what's needed to make the many significant changes including training, developing new forms, etc.
- Ms. Ellis acknowledged the vision is amazing. While some providers are ahead of the game and are already providing excellent new service in the new system, it's a transformation and we are not there yet. That is the exception and not the rule.
- The management team is needing to change the workflows to be prepared to maximize drawing down funds.
- Family and community members are key in the transformation, and Ms. Ellis urged people to become familiar with the changes/new services that may be available to their community and loved ones.
- Placer County is one of the ECM providers with both of our health plans – Anthem and California Health and Wellness. The County is evaluating whether it will continue to be a provider with over a \$2 million gap. \$2 million funding has been received from a grant to fill the one-year gap.
- Ms. Ellis provided the bigger funding picture beyond Medi-Cal including the Behavioral Health Continuum Infrastructure Program, Housing, Care Court, Bridge Funding, and MHSA Reform.
- Previously, the County received feedback from this Board regarding Infrastructure gaps and identified the focus for the next rounds of funding to include:
  - Substance Use
  - Facilities
  - Psychiatric Health Facility (PHF)
  - Board and Care
- Reported on the Urgent Care facilities with specializations: 1) mental health crisis focus; and 2) substance use focus.
- A second PHF (16 beds) is slated for Auburn; the back side of the facility will house a Youth Urgent Care.
- The sixth BHCIP round has been delayed, and Ms. Ellis requested feedback from the Board as to the biggest project need – behavioral health service.
  - Funding consideration questions were posed to the Board- *see pg. 17, PowerPoint.*
- There was discussion regarding the Governor's announcement about the possibility of MHSA Reform, which proposes to shift 30% of the funding to housing. This has a long way to go before possibly being final.
- Ms. Ellis encouraged the Board to continue to provide feedback and contact her for any questions and/or comments.

### **Board Member Comments**

- Claire Buckley shared that she has heard a lot from the older adult community who are confused with the changes. She feels it's a very important piece that the clients and families understand the changes as they struggle to re-evaluate medical coverage, etc.
- Joshua Vigil acknowledged the system is working hard so people have a place to go and help while in the system, but he wonders what is being done to ensure people's success once they are out – keeping them from returning (recidivism).
- Geoff McLennan thinks it would be nice to manage both workforce development and medical schools (UCSF, UC Davis, etc.) in terms of providers. Secure the interns working in Placer, who may stay after graduating.
- Marty Giffin would like to carry the discussion over to another board meeting. He asked how the Board can help support the directors in supporting opportunities that align with their vision.
  - Proposed to continue the discussion at the Annual Retreat/Workshop in May.

### **Staff Member Comments**

- None.

### **Public Comments**

- None.

❖ **CONSENT AGENDA ITEM(S)** All items on the Consent Agenda have been recommended for approval by the Executive Committee. Anyone may ask to address Consent items prior to the Board acting, and the item may be moved for discussion.

- Stanford Youth Solutions (CSOC)
- Advocates for Mentally Ill Housing, Inc. for Housing Coordination

**MOTION:** McLennan/Buckley

**ABSTAIN:** None

**AYES:** Buckley, Behrens, Cataldo, Giffin, McLennan, Holmes

**NOES:** None

**Board Member Comments**

- None.

**Staff Member Comments**

- None.

**Public Comments**

- None.

❖ **SECRETARY/TREASURER'S REPORT**

- **Approval of Treasurer's Report - \$1800 - Amount budgeted for Fiscal Year 2022-23**

➤ **December 31, 2022, the budget was increased by \$500 for a revised total of \$2,300 for Fiscal Year 2022-23**

There were no expenditures for the month of February, leaving a balance of \$1330.42.

**MOTION:** Vigil/Buckley

**ABSTAIN:** None

**AYES:** Buckley, Behrens, Cataldo, Giffin, McLennan, Holmes

**NOES:** None

- **Approval of the January 23, 2023, Regular Board Meeting Minutes**
- **Approval of the February 27, 2023, Regular Board Meeting Minutes**

**MOTION:** Buckley/McLennan

**ABSTAIN:** None

**AYES:** Buckley, Behrens, Cataldo, McLennan, Holmes

**NOES:** None

**Board Member Comments**

- None

**Staff Member Comments**

- None.

**Public Comments**

- None.

❖ **COMMITTEE REPORTS & PROGRAM/PROJECT UPDATES:**

**EXECUTIVE COMMITTEE**

- Lisa Cataldo advised the committee met on March 14<sup>th</sup>. Thye discussed MHSA, reviewed the SMART acronym, and built agenda for this meeting.
- The Lotus evaluation work group meeting is planned for May 4<sup>th</sup> to accept input.
- The group discussed the upcoming CALBHB/C training and meeting.
- An email was sent to members soliciting interest in scheduling onboarding.

**Board Member Comments**

- None.

**Staff Member Comments**

- None.

### **Public Comments**

- None.

### **CHILDREN'S SERVICES COMMITTEE**

- Marty Giffin reported the committee met and spent the majority of time talking about the annual EQRO (External Quality Review Organization). On the triennial, they reviewed the strengths and opportunities for improvement.
- Discussed logistics of on-site visits to the school-based wellness centers. Site visits took place last year. The committee is in the process of organizing a site visit before the April board meeting.
  - All members are invited and encouraged to contact Marty Giffin.

### **Board Member Comments**

- None.

### **Staff Member Comments**

- None.

### **Public Comments**

- None.

### **ADULT SERVICES COMMITTEE OR ALCOHOL & OTHER DRUGS COMMITTEE**

- Laura Sanchez was not in attendance; no Adult Services Committee report was provided.

### **Board Member Comments**

- None.

### **Staff Member Comments**

- None.

### **Public Comments**

- None.

## **❖ BOS REPRESENTATIVE – Supervisor Holmes**

- Supervisor Holmes reported on the status of the new temporary mobile shelter; he provided a picture of the old and the new camp. The shelter has 50 beds available. As of this morning, there were 49 campers.
  - The old camp needs to remain available for 90 days for people to pick up their items. Less than ten people have returned to collect any items.
  - There are two mobile trailers with showers – one for men and one for women. The trailers are open two days per week. The restrooms are closed at night, but porta-potties are available. No alcohol or smoking is allowed inside, and individuals are allowed one animal.
    - Contracted with First Step Communities out of Sacramento.
    - The Probation Department has done an amazing job monitoring this population and has passed on some success stories.
  - Supervisor Holmes reported on the threat of a possible class-action lawsuit due to cleaning the Bell Road area where individuals previously lived. The individuals were given a two-week notice prior to the cleanup. Staff removed approximately 325 CYs of trash.
    - The Sacramento attorney, who works with the homeless population, advised what he wanted in place at the facility. He requested each camper be compensated \$6,000, but the County settled on \$4,000.
    - A Request for Proposal will be in place in next couple of months to continue this very successful shelter.
    - American Rescue Plan funds were used for the new shelter. If the shelter is to remain open, some general funds will be needed.
    - The old site is expected to be cleaned and fully closed by mid-May.
  - Supervisor Holmes believes no previous attempts had been made to resolve this issue, because there was no political will.
  - The new temporary site model could be a template for other counties.

- The site provides a secure, stable structure for people to reside.
  - There is no limit on how long they can live there but must be a Placer County resident.
- Services are available at the site provided by the Probation Department.
- South Placer Justice Center, as an extension to the program, now provides meals at the shelter facility.
- Supervisor Holmes announced he plans to attend the March 30<sup>th</sup> groundbreaking for Placer County's Mental Health Facility and Medium Security and Vocation Training Facility.
- On April 10<sup>th</sup> and 11<sup>th</sup>, the BOS will have its Department Budget Presentation to check in with the County departments. The presentation takes place annually in preparation for adopting a budget for the next fiscal year.

**Board Member Comments**

- Mr. Vigil asked about the monitoring of the site to prevent what has happened in the past.
- Mr. Holmes acknowledged there is room to expand the site.

**Staff Member Comments**

- None.

**Public Comments**

- None.

❖ **Correspondence & Announcements**

- None.

❖ **DIRECTOR'S REPORT** (This report will also be posted online with the minutes)

- The report was emailed in the board packet and will be posted online for review.

**Board Member Comments**

- None.

**Staff Member Comments**

- None.

**Public Input**

- None.

❖ **UNFINISHED BUSINESS**

**Recruitment/Visibility**

- Lisa Cataldo noted an email was sent out by Kyleene Headrick, offering participation in onboarding.

**Board Member Comments**

- None.

**Staff Member Comments**

- None.

**Public Input**

- None.

**CCW/ MHSa**

- Claire Buckley reported on the March 16<sup>th</sup> CCW meeting. They hosted a Live Experience speaker and provider presentations - Beautiful Minds, Unity Care, AMIH, and Amy Ellis.
- She encouraged everyone to view the placercw.org website. It has been significantly upgraded and houses a great deal of material including recordings, minutes, etc.
  - The meetings are educational and informative, allowing for feedback and connecting with the community.

**Board Member Comments**

- None.

### **Staff Member Comments**

- None.

### **Public Input**

- None.

### **Test Calls**

- See the test call signup link, which was previously updated.

### **Board Goals**

- Marty Giffin shared the current board goals for 2022-2023:
  - 1) Outreach
  - 2) CalAIM
  - 3) Crisis Services: Lotus Center Data Reports
- Reminder that if you attend a community event, you are requested to email to Ms. Cataldo with the information.
- Outreach. Ms. Buckley reported on the many recent issues with LGBT youth in the community and on attending events and meetings - providing support. She has concerns for the mental health of the LGBT youth population and has been sharing information and available resources and services.
  - It affects not only the LGBT youth but also friends, family and the community. It will require ongoing support and monitoring.
- Mr. Giffin noted that 80% of board members are required to attend one community event that is behavioral health oriented. No write-up is necessary – it's just about achieving the goal. Mr. Giffin acknowledged that Ms. Buckley surpassed the goal.
  - Ms. Ellis recommends adding the community event achievements to the report.
- Regarding LGBT, Ms. Cataldo announced the school district was already addressing the issue that took place; they want to ensure there are enough mental health services available in the schools.

### **Board Member Comments**

- None.

### **Staff Member Comments**

- None.

### **Public Input**

- None.

### **CALBHC** (*California Association of Local Behavioral Health Boards and Commissions*)

- Marty Giffin shared information about the upcoming CALBHC/C meeting on April 21<sup>st</sup> and a training on April 22<sup>nd</sup> (See flyer included in board packet for details). The training will cover how to an effective behavioral health board member.
- CALBHC/C will fund one board member for lodging.
  - If you are interested, contact Mr. Giffin.

### **Board Member Comments**

- None.

### **Staff Member Comments**

- None.

### **Public Input**

- None.

## **❖ NEW BUSINESS**

### **Guest Speakers/Trainers Suggestions**

- Ms. Behrens recommended inviting Daryl Morales to provide an overview of Koinonia's Crisis Resolution Center's programs.
- Tomas Evangelista previously recommended Lisa Herrera from the Latino Leadership Executive Council.

- Mr. McLennan recommended inviting Dr. Nerell, Sutter Health Director of Local Mental Health Engagement.

## ❖ CLOSING

### Board Member Comments

- Lisa Cataldo closed the meeting by recognizing staff for their dedication, support, and appreciation for all they work they do for community members, clients, families, and staff.

### Staff Member Comments

- None.

### Public Input

- None.

### Adjournment

- The meeting was adjourned at 8:00 p.m.
- Tuesday, April 11, 2023, at 4:30 p.m. is the next Executive Committee Meeting (ASOC).
- Monday, April 24, 2023, at 6:15pm is the next Board meeting taking place at Cirby Hills – Pacific Room, 101 Cirby Hills Dr., Roseville (details will be posted online).