MEETING MINUTES
April 16, 2019

Attendance

Members Present: Muriel Moore, Michelle Nevins, Russell Loop, Leslie Brewer, Jim Williams, William Reed, Jonn Melrose, Ben Eagleton, Gloria Plasencia, Kristina Blocker, Jamee Horning, Eldon Luce, Bobbi Knapp, Joseph Rodrigues

Members Absent: Suzanne Jones

Public: Maggie Borowiak, Betsy Katz, Claire Buckley, Robin Jordan, Sharon Pendleton

County Staff: Gina Olivares, Kristina Meadows

Call to Order: Horning called the meeting to order at 1:09 pm.

Public Introductions: Introductions were made.

Commissioner Absences: Luce moved to excuse Suzanne Jones. Reed seconded the motion. All were in favor. The motion carried. There were no unexcused absences.

Approve 3/19/19 Meeting Minutes:
- A motion was made by Brewer, and seconded by Melrose, to approve the amended March 19, 2019 minutes which will add Will Tift as a member of the public. All were in favor. The motion carried.

Executive Committee Report:
- Luce stated that the Executive Committee would like to recommend Ms. Jordan’s membership application to the Board of Supervisors. A motion was made by Luce, and seconded by Rodrigues, to approve Ms. Jordan’s recommendation to the Board of Supervisors. All were in favor. The motion carried.
Horning proposed that the OAAC regularly scheduled meetings be modified to adjourn at 2:30 pm to allow time for the newly formed Area Plan on Aging Ad Hoc Committee, whose focus will be on getting information about Senior resources out into the community, to meet immediately following the monthly OAAC meeting. The group of volunteers include: Michelle Nevins, Eldon Luce, William Reed, Bobbi Knapp and Jonn Melrose. No formal motion was necessary to amend the meeting time; however, the Commission was in favor of the proposed modification.

Public Comment: None.

County Report: None.

Presentation: Challenges of Caregiving

Nevins began the presentation by providing the membership with the following facts and figures:

- 4.5 million family caregivers are over the age of 18 in California
- 35-60% of caregivers are women
- Caregivers are on average 49 years old
- 1 in 4 caregivers are Millennials
- Between 34-47% of caregivers live with the person they are caring for
- Approximately ¼ of the caregivers assist a person with dementia
- 56% of caregivers are employed
- Average length of time in the role of a caregiver is 4 years
- 42% of caregivers express high levels of burdens
- 80% of family caregivers exhibit signs of clinic depression
- 63% of caregivers have a higher mortality rate than non-caregivers

A panel of men and women who have been providing care to family members spoke to the membership regarding the daily challenges they face. The members included: Maggie Borowiak, William Reed, Betsy Katz, and Jamee Horning

Borowiak has been caring for her 63-year-old brother with Down Syndrome and Dementia for 3 ½ years. Borowiak has faced several challenges while caring for her brother such as financial, sibling support, coordinating and staffing additional caregivers, and limited flexibility in her own life choices. Borowiak works fulltime at AAA4 and has her degree in Gerontology. She also works part-time at an acupuncture office. To learn more about AAA4 visit: https://agencyonaging4.org/

Reed has been caring for his 43-year-old son who is autistic and functions at a preschool level for the last 41 years. Reed has faced different
challenges at different stages of his son's life. Currently Reed is concerned with being able to keep up with his healthy and physically active son, planning for his future care, and extended family dynamics. Reed sits on several boards, including OAAC Executive Committee and IHSS Advisory Committee, he is also the President of The Home Care Providers Union, and is a psychologist. To learn more about In-Home Support Services (IHSS) Advisory Committee visit: [https://www.placer.ca.gov/2359/In-Home-Supportive-Services-Advisory-Com](https://www.placer.ca.gov/2359/In-Home-Supportive-Services-Advisory-Com). To learn more about The Home Care Providers Union visit: [http://www.udwa.org/](http://www.udwa.org/)

- **Katz** cares for her 37-year-old autistic son who recently moved into his own apartment, but due to his limitations must have 24-hour care. While they were living, she also provided care for both her parents and her in-laws. Katz states that her biggest challenge of being a caregiver is wondering how long will she be able to do this, has she done a good job, and how will she prepare for her adult child’s future. Katz retired 10 years ago from a full-time position with Contra Costa Arc, an agency that advocates for and serves people with intellectual and developmental disabilities and their families. She is currently the President of the Board of Directors of The Arc of California. To learn more about The Arc, visit: [https://www.thearcca.org](https://www.thearcca.org).

- **Horning** recently became a care provider to her father-in-law who suffers from dementia when her mother-in-law could no longer care for her husband’s needs on her own. Although she has found a 24-hour board and care facility for her father-in-law, Horning stated that this experience has made her realize how difficult and exhausting being a full-time care provider is and she admires those who have been doing it for years. Horning does not work full-time but sits on 5 different boards and has taken on the day-to-day care and decision making for her father-in-law to free up her husband’s time.

**Staff Report: Gina Olivares**

- Placer County Older Adult Program statistics - **Olivares** provided the following statistics from some programs within Placer County Older Adult Services:
  - **Adult Protect Services (APS)** – In February 2019, there were 175 new APS referrals, of which 149 became APS cases. There were 135 reports of abuse by others and 54 reports of self-abuse (physical self-neglect).
- Abuse by others – 2 reports of abandonment, 0 report of abduction, 61 reports of financial abuse, 4 reports of isolation, 26 reports of neglect, 19 reports of physical abuse, 22 reports of psychological abuse, 1 report of sexual abuse.
- Abuse by self – all 54 reports were physical self-neglect.
- Senior Peer Counseling – 10 clients screened for services in February 2019 and 7 were connected to counselors. There were 6 outreach letters sent to potential clients, and 15 counselors who had 157.25 volunteer hours.
- In Home Supportive Services (IHSS) – In February 2019, IHSS had 3,387 IHSS recipients and 3,313 providers. There were 122 new applications, 56 new approved cases and 56 terminated cases. The Public Authority Registry served 1,017 recipients with 673 registry providers, including 33 registry matches and 102 provider referral lists sent to recipients.

**Chair Report: Jamee Horning**

- **Horning** asked that everyone spread the word regarding the upcoming Placer Protect, Preparing is Caring event on June 4th at the Maidu Senior Center.
- **Horning** reminded the membership to share upcoming events and news for the other aging organizations that they are involved in within Placer County. Horning emphasized that getting information out in a timely manner is crucial. Events or news worthy items should be shared with the group via printed material or electronically by providing the information to Kristina Meadows via email at kmeadows@placer.ca.gov. Meadows will then distribute the information to the membership.

**AAA4 Reports: Borowaik**

- RFP are almost done. April 19th is the final deadline to bring up any issues. Funded partners contracts for OTO money should be out this week. Money must be spent by June 30th.

**Senior Legislation Report: None**

**Senior Housing Report: Brewer**

- Distributed 2019 Point in Time Count results. Stated that homelessness in Placer County has risen. Additionally, each year the Senior homeless population has also increased. Point in Time Count results can be viewed by visiting Homeless Resource Council of the Sierras at: http://nebula.wsimg.com/4d8553eae547ee98902cb3c77af8e567?AccessKeyId=373F742BC8E5E61261DB&disposition=0&alloworigin=1
Member Announcements: The following member announcements were offered.

- **Nevins** stated that there is a petition to recoup the loss of funding for caregivers and encouraged the membership to sign the petition by visiting: [http://bit.ly/SupportCACaregivers](http://bit.ly/SupportCACaregivers)

- **Borowiak** mentioned that CalFresh benefits eligibility begins June 1<sup>st</sup>. Suggested that agencies that provide assistance to seniors work together to be able to direct Seniors who wish to apply for benefits to the agencies who have staff members who are trained in the application process and can assist them with their CalFresh application.

- **Pendleton** announced that Stand Up Placer has safe houses that recently became pet friendly. They also contract with Auburn Animal Shelter for pets that have behavior issues, the shelter will board the pet during their stay in the safe house. Stand Up Placer is hoping that this will encourage more people to utilize their safe houses.

Future Agenda Suggestions: **Brewer** suggested more panel presentations. The Executive Committee will discuss this at the next meeting and come up with other panel member presentation ideas. **Horning** suggested that the DA’s office might be willing to participate in a presentation.

Adjourn Meeting: Action: A motion was made by **Horning** to adjourn the April 16, 2019 meeting. The meeting was adjourned at 3:01 p.m.

Next Meeting

<table>
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<tr>
<th>Date:</th>
<th>May 21, 2019</th>
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<tbody>
<tr>
<td>Time:</td>
<td>1:00 PM to 3:00 PM</td>
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| Location:      | Animal Shelter  
                 | Ambassador Room  
                 | 11232 B Avenue  
                 | Auburn, CA |