Welcome and Introductions
Geoff McLennan, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:14 p.m. Members and guests were welcomed, and introductions were made.

❖ Board Protocol (Non-Board Member Participation) - Read by David Bartley
   ▪ This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
   ▪ The MHADAB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times - once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
     a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
     b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
     c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s).
     d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson.
     e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
     f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

Consent Agenda Item(s)
None

❖ Guest Speaker: David Bartley, Secretary/Treasurer, MHADAB
   ▪ David Bartley shared his journey to mental wellness. Mr. Bartley spoke about his experience working with animals at the sanctuary in Penryn and the connections he found when treating them for abuse.
   ▪ In 2011, Mr. Bartley experienced a life-changing event and began to work with a clinician to address his depression.
   ▪ The three most important words in mental health are: connection, connection, connection. We are in contact with too many and in connection with too few. Three bonuses that come with connection, reciprocity, release, reinforcement. Being conscious and becoming skilled in creating connections are some of the most influential and positive actions one can attempt.
The most direct path we can take to overcoming fears we have about mental illness is to leverage the power of curiosity.

**Secretary/Treasurer’s Report**

- Approval of the March 25, 2019, Regular Board Meeting Minutes.
  
  **MOTION** Bond/Shinston (Vote 9:0)
  
  **AYES:** Bartley, Behrens, Bond, Brown, Cataldo, Cirillo, Del Pozo, McLennan, Shinstock.
  
  **NOES:** None.

- Approval of Treasurer’s Report - $1800 - Amount budgeted for Fiscal Year 2018-19
  
  Expenditures for the month of March include: $76.28- catered meal, leaving a balance of $116.06.
  
  **MOTION** Bond/Cataldo (Vote 9:0)
  
  **AYES:** Bartley, Behrens, Bond, Brown, Cataldo, Cirillo, Del Pozo, McLennan, Shinstock.
  
  **NOES:** None.

**Standing Committee Reports**

- **Executive Committee** - Geoff McLennan
  
  The executive committee works to plan the regular board meeting. At the most recent meeting, Claire Buckley was interviewed.

- **Alcohol and Other Drug (AOD) Committee** - Amy R. Ellis on Behalf of Nicole Ebrahimi-Nuyken
  
  The committee has not met since last month. They continue to reach out to the community and let everyone know that if they have an interest in AOD they are encouraged to attend the meetings.
  
  Geoff McLennan shared that he would like to appoint someone to the Chairperson role.

- **Children’s Services Committee (CSC)** - Sharon Behrens
  
  Twylla was going to discuss Prevention and Early Intervention (PEI) regarding MHSA funding. They began a discussion regarding funding and committee members will be sending their information via email.
  
  Twylla provided information on the Short-Term Treatment Facilities (STRTP). The committee reviewed the data regarding increased requirements for certifications and degree requirements; these facilities are having a difficult time certifying these facilities.

- **Adult Services Committee (ASC)** - Lisa Cataldo
  
  Lisa Cataldo shared that the committee met on April 10, 2019, to discuss the option of placing one of the committee members on the CCW committee, so that they would be able to have a voice in how the MHSA money is being spent and to make suggestions. Jennifer Cook will be attending the May 8, 2019, committee meeting to speak about the MHSA Act. Additionally, the committee discussed the 45-bed jail facility and believes this is something the ASC is looking forward to.
  
  On April 12th, the committee visited the PHF, director of the North Valley Behavioral Health. The committee saw many strengths in the facility including a dietician, tv room, relaxing environment, and comfortable furniture. Also, there is a medical doctor available on call daily and the providers meet weekly to discuss all the clients on site. Additionally, there are group counseling sessions and AA meetings.
  
  No one is released without a warm handoff to ensure an individual is in good hands when they are discharged. A challenge noted by the ASC was that the psychiatrist is not on site five days per week. Currently, the psychiatrist is on site three days per week.
  
  The next ASC meeting will be held on May 8, 2019.

**Board of Supervisor (BOS)-Representative** - Jim Holmes - Absent

- None.

**Correspondence and Announcements**

- None.

**Director’s Report**

Placer County Mental Health, Alcohol and Drug Advisory Board Minutes
Amy Ellis reported on the following: (distributed in board packet and posted with final minutes)

Unfinished Business

- Recruitment/Visibility (Standing agenda item)
  - There are no longer people on the waitlist.

- CCW/MHSA (Standing agenda item)
  - There will be a public hearing at the upcoming May Retreat.

- Upcoming Event Reminders (standing agenda item)
  - David Bartley shared there will be an upcoming event on May 8, 2019, at 6:00 pm at the State Theatre in Auburn, California. This event will focus on the parents of teens.
  - David shared Sacramento NAMI will hold a walk at Land Park on Saturday, May 4, 2019.
  - Amy Ellis shared that Latino Leadership Council is conducting a fundraiser this month.
    - Kyleene Headrick will share the event details with the board.
  - Sharon Behrens shared that Coalition for Auburn Lincoln Youth (CALY) meets this coming Thursday from 4:00 to 5:30 pm, and attendees include the Chief of Police, school officials, etc. This is a good place to gain information about drug and Alcohol usage prevention.

- 2018 County Data Notebook
  - Geoff McLennan reported that this was reviewed last month, and several offered input. It was approved in the Executive Committee and submitted to the council following the meeting.

- May Retreat Potluck
  - David shared that Lighthouse in Lincoln has shown interest as a speaker at the retreat. Additionally, there may be an interested speaker from the Sutter Center for Psychiatry who would offer the perspective from a health provider standpoint.
  - Steinburg will not be able to speak they are not available.
  - Diane Shinstock believes it would be beneficial to hear about the roles and responsibilities of the board and that the team should craft a component of the agenda to expound on items that the board has learned.
  - Amy Ellis suggested a facilitator to keep the retreat moving along.
  - Gregg Cirillo asked why there are speakers at the Retreat and believes it should be more focused on addressing goals and planning for the next year. Gregg Cirillo would like the group to make the retreat a working day to focus on goals without a speaker.
  - Approval to devote the retreat to defining goals for the coming year.

  MOTION Cirillo/Bond (Vote 9:0)
  
  AYES: Bartley, Behrens, Bond, Brown, Cataldo, Cirillo, Del Pozo, McLennan, Shinstock.
  NOES: None

  Everyone will participate in a potluck.
  - Amy Ellis will check on the availability of coffee.
  - Kyleene Headrick will send out an email to ask for potluck volunteers.

New Business

- Nominating Committee
  - Yvonne Sharon and Lisa will participate in the nominating committee.

  MOTION Bartley/Shinstock (Vote 9:0)
  
  AYES: Bartley, Behrens, Bond, Brown, Cataldo, Cirillo, Del Pozo, McLennan, Shinstock.
  NOES: None

- Vote on the appointment of Claire Buckley to MHADAB as a family member

  MOTION Cirillo/Cataldo (Vote 9:0)
  
  AYES: Bartley, Behrens, Bond, Brown, Cataldo, Cirillo, Del Pozo, McLennan, Shinstock.
  NOES: None
  - Claire Buckley will move before the BOS as recommended by the MHADAB.
Board Member Comments

✧ Yvonne Bond shared that she recently attended a NAMI legislation event. Ms. Bond encouraged individuals to stay involved in addressing bills at the state level and become educated in what those bills are and advocate appropriately.

✧ Geoff McLennan asked about draw-down for federal participation in WET funds. Mr. McLennan asked how to obtain certain programs or items that the county doesn’t have specifically outlined in funding and if there should be a lobbyist. Amy Ellis answered that those interested can write letters and voice concerns to the DHCS. Additionally, Mr. McLennan asked if he should suggest CCHBCs at an upcoming MHSAOC committee. Amy Ellis answered that it would be okay to suggest.

✧ Sharon Behrens shared that when reviewing documents for CoRR it should be noted that they will be changing their name to Granite Wellness.

✧ Gregg Cirillo asked what the viability of a board member on CCW would be. Amy Ellis answered that right now the CCW is in the process of updating their bylaws because the current bylaws state that there must be two members from each committee. Committees were combined recently, and the Bylaws are under review.
  ➢ Amy will update the board on the new Bylaws and participation at an upcoming meeting.

✧ Gregg Cirillo asked how to get a copy of the charter of the bylaws. Amy answered that she is part of the leadership committee and could provide a copy to him.
  ➢ Amy Ellis will send a charter of the bylaws to Gregg Cirillo.

✧ Amy shared that the website administration is contracted to KidsFirst. Recently, it was brought to their attention that the website should be updated, and issues addressed. CCW is working with a web developer to make these changes. Additionally, as the county has grown bigger, the administrative support has not been built in. Now, there will be a full-time MHSA coordinator proposed for next fiscal year. This will provide additional support to address these issues.

✧ Amy shared that there is an update of the MHSA plan, it will be open for public comment at the upcoming retreat on May 31, 2019, from 9:00 am to 10:00 am will be dedicated to the annual update.

✧ Diane Shinstock shared that there have been updates to AB1352.
  ➢ This will be added as an agenda item at an upcoming meeting.

✧ Yvonne Bond shared that the nominating committing will be gathering the slate of officers for the next fiscal year. If a member is interested in serving, they are encouraged to send an email to Kyleene Headrick. Ms. Headrick will send all names to the nominating committee.

✧ Sharon Behrens explained that it is important to get new people versed in leadership and committees.

✧ Amy Ellis shared that Katherine Ferry has moved on to Sacramento County. Currently, MHA is conducting interviews to replace her.

Public Input

✧ Claire Buckley asked if the board gets involved in legislation. Amy Ellis answered that if there is a specific bill a member is interested in, it is best to send her an email, so that she can include information on that bill in the Director’s Report.
  ➢ Amy will send out legislation updates more frequently (the entire list CBHDA).

✧ Joanna Jullien from CoRR asked about prevention regarding MHSA funding. Amy answered that there are MHSA dollars specifically for prevention.
  ➢ Amy will review this further and report out at an upcoming meeting.

✧ Marie Osborne shared a test call update and supplied a new test call packet. Board members were reminded to avoid saying that it is a test call and compliance rate of logging has increased since this change.

Adjournment

▪ The meeting was adjourned at 8:09 p.m.
▪ Monday, May 13, 2019, at 4:00 p.m. is the next Executive Committee meeting (ASOC).
▪ Monday, May 31, 2019, at 9:00 a.m. is the next Board meeting taking place in the CDRC, Planning Commission Hearing Room Auburn, CA.