

MONTHLY BOARD MEETING MINUTES

April 26, 2021

Mental Health Board

Members in Attendance

Baggett, Brandy
Buckley, Claire
Cataldo, Lisa
Giffin, Marty
Jullien, Joanna
McLennan, Geoff
Sanchez, Laura

Absent Members

Holmes, Jim
Leighton, Linda

Staff and Guests

Abrahamson, Twylla
Ellis, Amy
Genschmer, Scott
Headrick, Kyleene
Osborne, Marie

Welcome and Introductions

Lisa Cataldo, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:16 p.m. Members and guests were welcomed, and introductions were made.

❖ Board Protocol (Non-Board Member Participation) - Read by Marty Giffin

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
- The MHADAB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times - once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
 - b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
 - c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
 - d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
 - e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
 - f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

Opening Public Comments

- None.

❖ GUEST SPEAKER : Twylla Abrahamson, Deputy Director, Placer County Children's System of Care "CSOC Update"

- Twylla Abrahamson shared a presentation regarding updates on all areas of child welfare in the Placer County Children's System of Care.
 - Increase in Needs During this Pandemic Year for Youth
 - Ms. Abrahamson shared that CSOC has experienced a high needs high acuity youth

as of late. Many people want to attribute this to children being out of school or being in school without other outlets.

- During this pandemic year, substance use services for youth have increased, so as the needs have gone up, services have increased.
- Placer County has been able to do some services in a very flexible manner to meet some of those needs, but one of the issues that have been noticed with the substance use is that some youth deaths have been covered in the media as being attributed to fentanyl.
- There are questions about schools receiving Narcan. Ms. Abrahamson has been working with schools to review this possibility. Overall, it depends on the school and the school district to determine if this practice is allowable.
- Many flyers have gone out supporting a town hall regarding the issue of Fentanyl which was held on April 13, 2021. This town hall hosted 185 citizens and Ms. Abrahamson believes that they will hold another one, soon.
- CSOC has been distributing flyers and signs that explain how to best speak to youth and children about substance use. Parents have given feedback that this signage has prompted them to have some very serious discussions with their youth.

Trafficking

- Regarding child abuse, there is the issue of the commercial sexual exploitation of children. Some Welfare and Institution Codes have changed around this area and Placer County is reviewing how it can take some legal responsibility for kids that are being trafficked.

Children's Legacy Center

- Placer County has been working in collaboration with Shasta County. This collaboration effort would include a hub of services in Shasta County and then possibly a hub of services in Placer County, so that if kids are trafficked in either one of the counties, they can treat them in the suitable county.
- Ms. Abrahamson explained that it is interesting to note the Community Services and Supports (CSS) may now partially fund this effort.
- Additionally, there is a new Request for Proposal (RFP) and Placer County has put out a letter of support for Shasta County.

CSEC Prevention Activities PCOE

- For those high acuity needs, Placer County is continuing with their Family Mobile Team. These are grant-funded services. Also, it was found that calls for services increased greatly this year by over 200%.

Continuum of Care Reform Impacts

- The Continuum of Care Reform was updated and in 2015, the law AB 403 changed several different factors. One of those items was allowing Placer County to close the shelter and allow a 10-day changeover. Currently, bed availability has shrunk due to county-ran shelters closing.
- Placer County has experienced a decrease in the number of beds that are available in the State of California; this is a piece of our high acuity youth as well, and Placer County is now lacking in placements for those youth. This is because the children in this situation are not the children that generally can go to a family who is not prepared to take either medically fragile kids or kids that are acting out, cutting, or are trauma reactive.
- Currently, Placer County has access to almost half the number of beds compared to the previous years. Overall, 14,206 beds have been lost.
- In addition to this change, in November, the California Department of Social Services decertified all the out-of-home or out-of-state placements. So, any kid that was placed out of state they decertified. This does not mean that other states cannot access these

- facilities as this is only applicable to California.
- Additionally, the Department of Juvenile Justice has rolled out closing the state-run facilities for kids who cannot be in communities. So, this means that the really violent, dangerous youth, who need to be placed outside of their communities will have to stay in the local juvenile halls. These youth could have committed a shooting, serial sexual offenses, rapes, murder, and everything else they used to go to the Department of Juvenile Justice for. These youth will now have to stay in the local juvenile halls that will be impacting the community, and it will be impacting the number of placements we have for kids.

Grant Updates

- The grants mentioned in previous updates regarding the wellness centers on different campuses have been going well. Placer County has added more centers through the original Treehouse Grant, as well as the Mental Health Services Act (MHSA).
- Additionally, through the Bringing Families Home Grant and The United States Department of Housing and Urban Development (HUD) grant funds they have been able to increase housing in Placer County.
- Also, there is another federal payment reform process that is going on right now for title four funding which affects some of the major ways that we fund child welfare services.
- Placer County is moving through funding reform on the behavioral health side and is amid a federal child welfare funding reform called Family First Prevention Services Act (FFPSA). There are two parts to this reform. The first is optional federal funding for time-limited prevention services for mental health, substance use, and in-home parent skill-building. Next, the second is the federal measure that looks like the Congregate Care Reform (CCR) to work to get foster children out of the system and with relatives or in resource family homes. There must be a fully operational system that looks like the second part in order to enact part one of this reform.

Family Urgent Response System

- The Family Urgent Response System went live on March 1, 2021. It is a foster care mobile response system and a statewide hotline.
- The statewide hotline is being run by the Children's Receiving Home of Sacramento; these are good partners with Placer County, so there is direct communication with this facility.

Board Member Comments

- Geoff McLennan asked if the center was MHSA funded. Ms. Abrahamson answered that it is a different funding source considered. Currently, it is funded by direct allocation. When they changed the line from 'delinquency' to 'dependency' in the court, this came with some funding, so that allocation is awarded every year to conduct some Commercial Sexual Exploitation of Children (CSEC) activities.
- Mr. McLennan asked if there was any way to assist with FFPSA or just wait for further information. Ms. Abrahamson explained that Placer County has given a lot of state input that was in their first draft of the plan. Ms. Abrahamson is hopeful that they are going to listen to not only the counties but the California Welfare Directors Association of California (CWDA) and Los Angeles County. Ms. Abrahamson is waiting to see the next draft and if there is no progress, then the county will see if there is an advocacy role to enact. Ms. Abrahamson will keep the board informed as this initiative progresses.
- Marty Giffin would like to see a more robust discussion regarding FFPSA at a future board meeting, possibly in June.

Staff Member Comments

- None.

Public Comments

- None.

❖ CONSENT AGENDA ITEM(S) All items on the Consent Agenda have been recommended for approval by the Executive Committee. Anyone may ask to address Consent items prior to the Board taking action, and the item may be moved for discussion.

- Agreement with Homeless Resource Council of the Sierras
MOTION: McLennan/Giffin
ABSTAIN: N/A
AYES: Baggett, Buckley, Cataldo, Giffin, Jullien, McLennan, Sanchez
NOES: None

Board Member Comments

- None

Staff Member Comments

- None.

Public Comments

- None.

❖ SECRETARY/TREASURER 'S REPORT

- **Approval of Treasurer's Report - \$ 1800 - Amount budgeted for Fiscal Year 2020-21***
Expenditures for the months of February include: \$0.00, leaving a balance of \$1745.09.
MOTION: Buckley/Sanchez
ABSTAIN: N/A
AYES: Baggett, Buckley, Cataldo, Giffin, Jullien, McLennan, Sanchez
NOES: None
- **Approval of the March 22, 2021 Regular Board Meeting Minutes**
MOTION: McLennan/Jullien
ABSTAIN: Cataldo
AYES: Baggett, Buckley, Giffin, Jullien, McLennan, Sanchez
NOES: None
- The motion to approve was moved forward with the condition that changes submitted to the Administrative Secretary be included in the final draft.

❖ COMMITTEE REPORTS & PROGRAM/PROJECT UPDATES:

Executive Committee

- The Executive Committee met on April 13, 2021 and discussed confirming the speaker and creating the agenda for tonight's meeting. Also, other items discussed were fentanyl, a movement to be supportive of the sheriff's department, and the Nominating Committee officers.
- Additionally, the board retreat was confirmed for May 17, 2021, and a survey was suggested.

Children's Services Committee

- Marty Giffin reported that the group covered much of what was in the presentation tonight and decided to not provide a full report as it would be redundant information.

Adult Services Committee

- Lisa Cataldo reported that the Adult Services Committee was cancelled for April.

Board Member Comments

- None.

Public Comments

- None.

Staff Comments

- None.

BOS REPRESENTATIVE - Supervisor Jim Holmes Absent

Board Member Comments

- None.

Public Comments

- None.

Staff Comments

- None.

Correspondence

- No correspondence reported.

DIRECTOR'S REPORT

This report is posted online with the minutes.

Board Member Comments

- Joanna Jullien indicated that there is a Crisis Center for youth ran by Koinonia and understands that it is an interim, short-term service, but it helps people calm and avoid escalation. Twylla Abrahamson explained that it is the Crisis Resolution Center and is funded through different funding streams. Ms. Abrahamson shared that this facility is more of a “cooling off” place and that Amy Ellis is referring to something that is a step up from this type of center. Ms. Ellis confirmed that there is nothing offered to adults that is like this facility.
- Joanna Jullien asked what the acronym CSU stood for. Ms. Ellis replied that it means Crisis Stabilization Unit which is a medical-focused unit.

Public Comments

- None.

Staff Comments

- None.

❖ UNFINISHED BUSINESS

Recruitment/ Visibility

- Ms. Cataldo shared that Geoff McLennan has reached out to the newest applicant, Scott Sexton. Mr. McLennan was able to explain to him how prospective board members are required to attend two board meetings. Also, Ms. Cataldo explained that conducting outreach with interested applicants helps them more easily understand the expectations of the role.
- Geoff McLennan shared that Scott Sexton has a judicial background as a paralegal. Also, Mr. Sexton has worked for a judge who was involved in innovating mental health law. Mr. McLennan believes that this candidate understands the world of mental wellness and will be a welcome asset to the board.

Campaign for Community Wellness (CCW)

-

Board Member Comments

- None.

Public Comments

- None.

Staff Comments

- None.

Guest Speaker s

- Lisa Cataldo asked if anyone from the board had suggestions for a speaker for the May retreat.
- Geoff McLennan suggested a focus on the children who have been stopped at the border and the future of mental health. Twylla Abrahamson explained that this topic of Unaccompanied Minors is affecting San Diego County and Los Angeles County and is not currently impacting placements in Placer County. Currently, it is impacting public health departments and child welfare. Ms. Abrahamson explained that if requested, she is the only staff available to speak about this topic for the retreat.
- Ms. Ellis suggested that she, Julia Soto, and Geoff Smith, present an update on CalAIM at the May retreat.
- Marty Giffin suggested reviewing a subset under CalAIM. Ms. Ellis believes that reviewing opportunities is an important piece of the retreat.
- Ms. Abrahamson will cover the Unaccompanied Minor topic as well as FFPSA.
- Ms. Buckley suggested that she share information or host someone to share information on the California Reducing Disparities Project. This project aims to reduce mental health disparities in our society and our communities. Ms. Buckley explained that Solano County has done a ton of work on this topic and has been doing it for five years. Also, Tracy Lacey has done a lot of work on this topic such as collecting data and information to share regarding how to reduce disparities in our mental health services.
- Ms. Cataldo shared that the board retreat will focus on CalAIM and California disparities. Both topics will be allotted 10 minutes.
- Ms. Buckley will work with Sue Compton on the California Disparities Project.
- Ms. Buckley and Ms. Ellis will talk offline about the potential speaker such as Eugene Duran and Tracy Lacey.
- Mr. Giffin suggested a future meeting focused on social justice, disparities, and how to be a good ally. Mr. Giffin shared that he recently attended training from California Health Advocates for Children and Youth. This training was given by a speaker that was highly knowledgeable on this topic and Mr. Giffin believes that the board could review their current practices and how they can be more aware and inclusive.

Board Goals

- Lisa Cataldo reminded the board of the current goals. These goals include improving outreach and communication, improving attendance at board meetings, researching town halls, outreach to community providers, and researching Crisis Centers. Ms. Cataldo expressed that these goals will be important to consider during the May retreat.

Test Calls

- Lisa Cataldo shared that there is link on the agenda to sign up for a slot in the upcoming months.
- Kyleene Headrick will resend the information following the meeting.

Campaign for Community Wellness (CCW)

- Ms. Buckley explained that there was a lot on her plate the previous week and she was unable to attend the most recent CCW meeting. Ms. Buckley shared that she was aware that there was a pre-meeting held to help individuals understand what those meetings are about.
- Amy Ellis explained that Sue Compton gave a report on the May Mental Health Awareness Month. Also, there was a report from Ms. Ellis and Ms. Abrahamson.

- Additionally, there was a word-mapping activity hosted at the meeting.
- Laura Sanchez added that there were many job openings shared.

CALBHB/C

- Marty Giffin shared that the upcoming training schedule for CALBHB/C has been forwarded to the board and includes links to participate. Also, the next CALBHB/C statewide meeting is on May 14, 2021, and the link has been forwarded to the board.
- Mr. Giffin indicated that there is a training focused on children and youth regarding integrated school-based mental health services and encouraged the board to attend.
- At the most recent meeting, the Deputy Director of Research gave a presentation focused on outcomes.
- Additionally, the Executive Director gave a presentation on their most recent activities.
- Another presentation was given by California Youth Empowerment Network and this focused on their State of the State Community Report along with a discussion on this topic. Also, the California Association of Mental Health parent organization reported information on SB803 and Peer Specialist certifications. There was much discussion about the language of the bill as it was not seen as particularly child and youth inclusive.
- Mr. Giffin shared that at the June 28, 2021, Children’s Services Committee, they will be hosting a presentation from a statewide group called Parent Peer Support Specialist. Also, the Co-Chair of that committee will be presenting at that meeting.
- Mr. Giffin shared that the June 28, 2021, Children’s Services Committee meeting will host a lively discussion on recommendations that come forward from the California Department of Health Care Services (DHCS) in the hopes that they are child, youth, and family inclusive.

NEW BUSINESS

Recognizing Sheriff’s Department

- Geoff McLennan expressed that the board would like to send words of encouragement to men and women in law enforcement. Also, Mr. McLennan explained that if we can prevent drugs from getting out into the street, he believes there would be fewer mental health problems.

Nominating Committee for Officers

- Geoff McLennan shared that the participants for the Nominating Committee are Brandy Baggett and Marty Giffin. Mr. McLennan explained that if a board member is interested in running for a position on the Executive Committee, they should let Mr. McLennan or Marty Giffin know.
- Mr. McLennan shared that the nominations will be presented at the May retreat.

May Retreat

- Lisa Cataldo explained that this item was discussed earlier in the agenda.

Board Member Comments

- None.

Staff Member Comments

- None.

Public Input

- None.

❖ CLOSING

Board Member Comments

- Geoff McLennan thanked the staff for everything that they do.
- Lisa Cataldo shared that it is an amazing county to be part of and explained that when you are on the outside, you do not know the staff, but after working with this county Ms. Cataldo expressed complete confidence in Placer County.

Staff Member Comments

- Amy Ellis thanked the board and explained that the staff is committed to serving. Ms. Ellis suggested that the board host some client-facing staff members at a future board meeting.
- Twylla Abrahamson shared that much of her staff at CSOC has been very close to the children that they serve while watching them in offices and hotel rooms. As a result, two CSOC staff members immediately volunteered to go through Emergency Resource Family Approval Certification to take those children into their very own homes; this is the dedication that is expressed by staff.

Public Input

- None.

Adjournment

- The meeting was adjourned at 7:46 p.m.
- Tuesday, May 11, 2021, at 4:30 p.m. is the next Executive Committee Meeting (ASOC).
- Monday, May 17, 2021, at 6:15pm is the next Board meeting taking place via Teleconference (details will be posted online).

Secretary/Treasurer, Mental Health, Alcohol and Drug Advisory Board