

**PLACER COUNTY  
OLDER ADULT ADVISORY COMMISSION  
11232 B Avenue, Auburn, CA 95603  
(530) 886-3683**

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**MEETING MINUTES  
May 18, 2021**

**Attendance**

**Members Present:** Murial Moore, Michelle Nevins, Russell Loop, Karen Flanagan, Leslie Brewer, Jim Williams, William Reed, Claire Buckley, Jackie Smith, Ben Eagleton, Stephanie Vierstra, Kristina Blocker, Eldon Luce, Bobbi Knapp, and Clayton Wyatt

**Members Absent:** Gloria Plasencia

**Public:** Cheri Hummel, Virgil Nelson, Justin Ellerby, and Leza Coleman

**County Staff:** Colby Hytoff and Nicole Allen

**Call to Order: Nevins** called the meeting to order at 1:05 pm. Introductions were made and a quorum was established.

**Commissioner Absences: Luce** moved to excuse **Plasencia'** absence; **Flanagan** seconded the motion. **The motion carried.**

**Approve 04/20/21 Meeting Minutes:**

- A motion was made by **Buckley**, and seconded by **Reed**, to approve the April 20, 2021 minutes; **the motion carried.**

**Executive Committee Report:**

- **Hytoff** reported on COVID-19. He mentioned that as of June 15<sup>th</sup>, the state is expected to ease the mask mandate, discontinue the tiers, and lift capacity limits. Private companies can likely choose to keep mask mandates for their business. Cal OSHA guidelines will still affect how the County and businesses maintain COVID processes. Also, schools are expected continue to require mask till the end of the school year. The County is currently in the red tier and will hopefully move to the orange by next Tuesday.
- **Luce** reported on the CCLTSS. This coalition is made up of organizations throughout the State. They sponsored the Statewide Advocacy Day around the Master Plan on

Aging on May 5<sup>th</sup>. A large portion of the Advocacy Day was around meeting with our local Legislators. The biggest concern that was shared a crossed the visits would be the digital divide, as many represent rural areas.

- **Nevins** stated that as part of an organization that took part in some Legislative visits, it is nice to see our State so involved with the Master Plan on Aging and the involvement of the Legislators.
- **Luce** reported on MPA. The coalition’s goal for this year was to put on a conference for the Master Plan on Aging. This will be a collaboration with the ADRC’s of Placer County, Nevada County, Yuba County and Sutter County. There will be a Zoom Meeting on July 8<sup>th</sup>. The “Hold the Date” invitations and an outline for the meeting will be going out soon.
- **Hyttoff** reported on the idea of a Subcommittee on the Master Plan on Aging. Placer’s 5-year Plan to make the County more age friendly is wrapping up and the Executive Committee wanted to bring the idea to the Commission on how we could implement The Master Plan on Aging locally.
  - **Luce** spoke to how the Subcommittee process works. He also spoke to the possibility of hiring a consultant to review the Master Plan on Aging and the needs of Placer County. **Luce** volunteered to Chair the Committee.
  - **Buckley** spoke to the need to review all avenues that is available for us to use. We need to reach out to other organizations and the public to get a broader overview of what key factors to focus on for Placer County.
  - **Reed** fully agreed with what **Buckley** stated.
  - **Coleman** spoke to the need of organizations like this one to create a mass marketing campaign. That we, as a society, do not plan for needs as we age. She believes that this Committee is well situated in the community and the opportunity to promote progress.
    - **Volunteers for the Subcommittee**  
**Buckley**  
**Reed**  
**Flanagan**  
**Hyttoff**  
**Coleman**

**Public Comment: None currently.**

**County Report: Holmes**

- Was not in attendance, rolled to the next meeting.

**Presentation: Hummel**

- **Hytoff** introduced **Hummel** and Beautiful Minds: Senior Peer Counseling. **Hummel** stated that this program is funded under the Mental Health Act. This is a free service for seniors 55 years and older. They address transitional concerns in a safe and confidential environment. The services are provided by senior peer counselors/volunteers. It is a short-term and goal-oriented program. Beautiful Minds serves all of Placer County and has a contract with Placer from February 1, 2021, through June 30, 2022. They currently have 8 Peer Counselors and provide weekly team meetings. They have been doing their meetings via Zoom or phone calls. At this time, they have returned to in person meeting with social distancing. Clients can be referred to the program. All referrals are confidential and are subject to approval. Each person receives an assessment and if they are approved, they are assigned a counselor. They will work together to set goals.
  - **Buckley** inquired as to how many clients each Peer Counselors are assigned and what is the average time a counselor spends with each client.
    - **Hummel** verified that it is up to the Peer Counselor's availability as to how many clients assigned to them. Most have 2-3 clients and will spend up to 1-1.5hrs with each client.
  - **Buckley** inquired as to the ability to interact with some of the local faith-based programs.
    - **Hummel** verified that there is a section on their intake form where they can identify if they are affiliated with a church. There can be referrals made but no direct interaction with the faith-based programs.
  - **Moore** inquired if there is a way of connecting an individual to faith-based programs once the program ends.
    - **Hummel** verified if the person discloses the information about their desire to work with their faith-based programs, the counselor will encourage the client to reach out to that program.
  - **Luce** suggested the possibility of expanding the program to individual that are disabled, and under 55yrs old. **Luce** inquired as to what is the extent of the training for the volunteers.
    - **Hummel** verified there is training and ongoing trainings for the counselor, including the extensive National Standard Program of Mental Health First Aid.
  - **Luce** inquired what the greatest need for their program is?
    - **Hummel** verified that it is too soon to identify any at this time. They are trying to continue with the standards set up by Placer County.

**Staff Report: Hytoff**

- Placer County Older Adult Program Statistics - **Hytoff** provided the following Placer County Older Adult Services program statistics:
  - Adult Protect Services (APS) – In March 2021, there were 265 new APS referrals, of which 215 became APS cases. There were 200 reports of abuse by others and reports of self-abuse (physical self-neglect).
  - Abuse by others – 4 report of abandonment, 89 reports of financial abuse, 18 reports of isolation, 31 reports of neglect, 23 reports of physical abuse, 35 reports of psychological abuse, 0 reports of sexual abuse.
  - Abuse by self – all 76 reports were physical self-neglect.
  - Senior Peer Counseling – In March 2021, there were 20 clients screened for services and 7 was connected to counselors. There were 8 counselors who had 112.55 volunteer hours.
  - In Home Supportive Services (IHSS) – In March 2021, IHSS had 3,938 IHSS recipients and 3,789 providers. There were 108 new applications, 57 new approved cases and 43 terminated cases. The Public Authority Registry served 1,477 recipients with 857 registry providers, including 20 registry matches and 120 provider referral lists sent to recipients.

**AAA4 Reports: Wyatt**

- **Wyatt** reported on nutrition. Their Dine at Home Program just closed.  
The program stats: Lasted 10 months
  - Provided 290,440 meals
  - 15 Restaurants participated
  - 1,020 unduplicated clients
  - The most served at one time was 850 clients
  - Ended the program on April 30<sup>th</sup> with 470 clients and transition 175 of those clients to meals on wheels by ACC
- **Luce** inquired if **Wyatt** has any information on what the governing board decided on the RFP and proposals.
  - **Wyatt** stated that he will be following up with that at the next OAAC meeting, as there is a follow up meeting about that information.
- **Hytoff** asked if **Wyatt** could report on the Placer County My Rides Program and how it will impact AAA4 at the next OAAC Meeting.
  - **Wyatt** stated that he will be following up with that at the next OAAC meeting.

**Older Adult Legislation: Smith**

- **Smith** reported on three bills that are currently being acted on by CARRA. The bills are AB695, SB260, and SB650. The bills were sent out to the Committee Members to review. Also, the AB1400, was shelved and will come back next year.
  - **Coleman** inquired as to how CARRA will select the bills that they will promote and does the OAAC make motions on bills.
    - **Smith** verified that the bills that are most critical to seniors are selective.
    - **Luce** verified that the OAAC does not make motions on bills, but we do make recommendations to the Board of Supervisors.

**Older Adult Housing Report: Eagleton**

- **Eagleton** inquired if there was any topic that the Committee would like him to report on. Any request can be sent to him via email. **Eagleton** reported on the inflation of the Real Estate Market. The first quarter of this year showed that the median price for homes in California reached \$758,000.00. This means that housing is unavailable for some seniors, and rent has also increased. He spoke to the possibility to use a Reverse Mortgage to increase income for some seniors. This is for individuals that are over 62. A Reverse Mortgage is a benefit for some and not others. You must carefully review the agreement you are entering. Social Security and Medi-Care benefits are not affected by the Reverse Mortgage income. The money you receive is tax free and can be used in any way. There are 3 main cautions: it could affect your eligibility to means test benefits/government programs, there are closing costs, and the sole homeowners that spend one year in a care facility will have to pay back the loan.

**Older Adult Cultural Competency Report: Buckley**

- **Buckley** reported that she is continuing to work on all fronts, County and State level. Reported that there was a “United Against Hate” Rally. The focus of the rally was the Asian hate issues we are currently seeing at this moment.

**Member Report:**

- **Smith** had left the meeting and the report was not given.
- **Eagleton** will prepare the member report and send the report to the Committee.

**Member Announcements:**

- **Knapp** stated that in her role as a senior advocate, she has come across an issue with the transportation of seniors across County lines.
  - **Nevins** stated to check with Health Plans, as some are now covering transportation options.
  - **Vierstra** verified that starting July 1<sup>st</sup>, there is a new voucher program with Placer Rides. An individual can get a ride from a friend/family member and the driver will receive a voucher for the cost of the transportation.

**Adjourn Meeting:** A motion was made by **Knapp** to adjourn the May 18, 2021 meeting and **Luce** seconded the motion. **The meeting was adjourned at 2:47 pm.**

**Next Meeting**

**Date:** June 15, 2021

**Time:** 1:00 PM to 3:00 PM

**Virtual Meeting:** Via Zoom