

MONTHLY BOARD MEETING MINUTES

June 28, 2021

Mental Health Board

Members in Attendance

Baggett, Brandy
Buckley, Claire
Giffin, Marty
Henry, Todd
McLennan, Geoff

Leighton, Linda
Sanchez, Laura

Staff and Guests

Abrahamson, Twylla
Beebe, Michael
Compton, Sue
Ellis, Amy
Fernandez, Carlos
Genschmer, Scott
Headrick, Kyleene
Osborne, Marie

Absent Members

Cataldo, Lisa
Holmes, Jim
Jullien, Joanna

Welcome and Introductions

Geoff McLennan, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:04 p.m. Members and guests were welcomed, and introductions were made.

❖ Board Protocol (Non-Board Member Participation) - Read by Marty Giffin

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
- The MHADAB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times - once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
 - b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
 - c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
 - d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
 - e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
 - f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

Opening Public Comments

- None.

Staff Member Comments

- None.

Board Member Comments

- Geoff McLennan read the following statement: This hearing is an opportunity for the community to give public comment on Placer County's MHSA Annual Update. The Board's role is to receive your input, ask clarifying questions, and assure that all people have an opportunity to be heard.
 - Generally, this is not the place for discussion of the merits of different suggestions. People wanting to add services to the plan should know that for every addition, another service or support must be removed due to budget constraints.
 - Although every comment will be heard, Placer County is obligated to respond only to substantive suggestions.
 - Substantive comments from the public will be included, along with the County response, in an updated version of the Annual Update. The Annual Update, no longer a draft, will then be sent to the Placer County Board of Supervisors for approval.
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- **GUEST SPEAKER :** MHSA Annual Update, Sue Compton, Mental Health Services Act (MHSA) Coordinator, Placer County Adult System of Care
 - Sue Compton explained that the annual update is for the Fiscal Year (FY) 2021-22 and the purpose of this annual update is to report on the FY 2019-2020 data. The update will address any proposed changes or updates and programs for this coming FY 2021-2022 and includes the FY 2021- 2022 program budget and the update to the overall three-year plan budget for FY 2020-2023.
 - For FY 2019-2020 data, Ms. Compton explained that she will give a high-level overview and if anyone is interested in further detail, they are encouraged to read over the full plan.
 - One of the primary levels of interest is to see where we landed with the effects of the pandemic. Overall, the providers have primarily talked about their challenges, however they still conducted outreach and services to the best of their ability. Ms. Compton shared a quote here from gateway mountain Center as an example. "This program has had significant success working with the Latinx youth population. Many of the youth we serve participated in at least 3 months of weekly sessions with the majority receiving 6 to 12 months of continued service. During the COVID-19 crisis, we are proud of our ability to maintain safe, in-person support for our clients. However, managing the ever-changing pandemic environment to create meaningful experiences was challenging."
 - Ms. Compton explained that a lot of our providers made the transition to telehealth services and found new ways of connecting with their clients.
 - Ms. Compton shared a slide with a high-level overview of the number of people that were served in MHSA services in Placer County at 5,921. Additionally, this number is down slightly from 2018-2019; this is not the current fiscal year that we just finished.
 - The slide shows an overview of the decline in where those populations saw a reduction. There was a 12% overall reduction from the previous year, which is quite amazing given the pandemic response that we had. Additionally, this data shows that the older adult population had almost a 15% reduction versus adults that were about 5.5%. Also, Transitional Age Youth (TAY) with a 4% reduction, and children/youth with a 1% reduction from the previous year. Ms. Compton explained that this might be a little bit indicative of the ability to connect with telehealth services and other ways of receiving services during the pandemic.

Overview of the Original Three-Year Plan

- Ms. Compton shared that the original three-year plan that came out last year for FY 2020-2023 outlined a forecast that expected a sharp decline. According to the funding from the State, for the entirety of the three years and the original forecast we were required to cut all community services and support programs in Year Two by 11% and all Pregnant and Parenting Intervention (PPI) programs in Year Three by 11%.
- Additionally, this forecast required the SOC to utilize \$2.5 million of the Prudent Reserve account just to stabilize the number of clients we were serving in Community Services and Supports (CSS) as much as possible.
- Also, per regulations, there would be no transfers to Capital Facilities and Technology Needs (CFTN) or Workforce Education and Training (WET), because of that Prudent Reserve transfer from our CSS account. Also, \$1 million per year in housing purchases was not including for Year Two and Year Three.
- Additionally, our SB82 round two funded crisis service programs would not have any funding opportunities through MHSA when their grants expired in the third year of our plan.

Changes to the Three-Year Plan

- Ms. Compton explained that the next section would give an overview of the changes that were previously reviewed. These changes encompass the budget for the next three years and the specifics for Fiscal Year 21-22. Also, the forecast reflects additional revenues that were received in 2021-2022 that were not expected or anticipated. However, even with additional revenues, there is still a decrease that is still forecasted to come in the third year of our plan; this indicates a 16% decrease versus the original 25% that was forecasted.
- This forecast shows that we will not need to draw down on Prudent Reserve, which means we can still fund CFTN and WET, as those budgets are holding steady through the end of Year Three of this plan. Also, CSS and Prevention and Early Intervention (PEI) cut that was anticipated in our original budget for Year Two and Year Three will not be needed with this forecast. Additionally, we have SB82 round two programs and crisis services that are expected to be able to continue with funding after their grants expire. However, the forecast still does not including an additional \$1 million a year in housing purchases, for Year Two and Year Three because the decrease in funding in year three continues to be a possibility.
- Also, there were some system transformation flexibilities in the language added. However, there was no additional funding to participate in statewide multi-county collaborative intended to increase access to services such as 24- hour access crisis support line and managed care support.
- Another difference in this budget is that there is an Innovation (INN) plan that is currently ending with Whole Person Care (WPC). Additionally, that is expected to continue with the changes that are coming through the state.
- However, our INN is ending with the five-year plan, and we had to start looking at ideas for the next five years. Currently, we have a proposed five-year plan for 2021-2026, that includes an INN plan for a 24-7 Mental health Urgent Care Center. Recently this was titled the Adult Crisis Response Respite Center. However, you may see that name change in our plan by the time it goes to the Board of Supervisors (BOS) next Tuesday.
- Ms. Compton explained that this INN Plan is in draft mode, so it's been included in the annual update. The INN plan is about filling a community-identified need in our County's crisis continuum for a safe, short-term, sub-acute, residential-like environment that adults in crisis can have to experience a better opportunity to recover in rather than a hospital Emergency Room (ER) setting. At this facility, adults can stay there for up to 48 hours and have a better chance of connecting with follow-up service.

This facility is an opportunity for us to apply the crisis now learning that we have been participating in at a statewide level and determine what model works best for our clients and the Community.

- This facility will be located at the Cirby Hills campus and will be easily accessible as it is right next to the Wellness Center and other crisis services. The facility will have six beds and is estimated to serve 900 adults per year.
- In addition to INN dollars, there is additional funding that's part of this plan in the form of one-time funding that has been offered through Sutter Hospital and other managed care plans. These INN funds are for operations only. During the renovation, there may be some ongoing support from these sources. After the facility has been finalized, it is expected that revenue will be generated through MediCal. Over the next two to five years, we will be able to review how this model does in generating that revenue and INN funds.
- Ms. Compton explained that the next steps will include the draft plan moving to the BOS and if approved, it will go to Mental Health Services Oversight and Accountability Commission (MHSOAC) for additional public comment. From there, this plan may include some possible revisions when it goes back and forth with the MHSOAC and then it moves to final approval.

Board Member Comments

- Marty Giffin explained that he has always had an interest in SB82 and stated that it was good to hear about it as part of the presentation. Mr. Giffin explained that he understood that the SB82 grant expires and that crisis services will continue which were previously funded by SB82. Mr. Giffin asked Ms. Compton to elaborate on what those crisis services are, how they are staffed, and the dollar source.
- Ms. Compton explained that SB82 does include the school and county collaborative, the Family Mobile Team on the Children's System of Care (CSOC) portion, and some staffing on our mobile crisis outreach at the Adult System of Care (ASOC).
- Ms. Abrahamson explained that the family mobile team was included in grant year 2 and the school and county collaborative is the SB82 funded services for the four counties. This is the portion that will be continued through the funding.
- Ms. Ellis explained that at ASOC, the second round funded a nurse to join the mobile team as well as an additional peer. So, those positions will be able to be maintained within our crisis continuum and ASOC will be able to continue to offer support both on the mobile crisis team and within the new Urgent Care Center through the continued funding with the CSS three-year plan reinstatement of dollars.
- Mr. McLennan asked Ms. Ellis to remind the group about SB82.
- Ms. Ellis explained that SB82 contained different components where the original grant has a capital construction component. So, it was what most counties used to apply for a grant to start mobile crisis teams. So, in our county, that is how Placer County uses the funds. Also, the funds could be used for a CSU, but not the ongoing staffing costs. The second round was just continuing a smaller scale, where you could enhance existing and added in the Children and Youth Mobile Crisis Team as well as some additional positions to the mobile crisis teams.

Staff Member Comments

- Ms. Compton shared that there was a comment portion at the Campaign for Community Wellness (CCW) meeting on Friday and positive feedback was received, but no comments were received to be included in the plan.

Public Comments

- Carlos Fernandez shared that he has no comment and was from California Association of Behavioral Health Boards and Commissions (CALBHB/C) and that he was there to observe and is glad to see the work the board is doing.

- ❖ **CONSENT AGENDA ITEM(S)** All items on the Consent Agenda have been recommended for approval by the Executive Committee. Anyone may ask to address Consent items prior to the Board taking action, and the item may be moved for discussion.

- None

Board Member Comments

- None

Staff Member Comments

- None.

Public Comments

- None.

MHSA UPDAT E

MOTION: Giffin/Baggett

ABSTAIN: N/A

AYES: Buckley, McLennan, Baggett, Giffin, Henry

NOES: None

SLATE OF OFFICERS

MOTION: Henry, Baggett

ABSTAIN: N/A

AYES: Buckley, McLennan, Baggett, Giffin, Henry

NOES: None

❖ **SECRETARY/TREASURER 'S REPORT**

- **Approval of Treasurer's Report - \$ 1800 - Amount budgeted for Fiscal Year 2020-21***
Expenditures for the months of February include: \$0.00, leaving a balance of \$1745.09.

MOTION: Buckley, Henry

ABSTAIN: N/A

AYES: Buckley, McLennan, Baggett, Giffin, Henry

NOES: None

- **Approval of the April 26, 2021 Regular Board Meeting Minutes**

MOTION: Todd Henry/Claire Buckley

ABSTAIN: Cataldo

AYES: Buckley, McLennan, Baggett, Giffin, Henry

NOES: None

❖ **COMMITTEE REPORTS & PROGRAM/PROJECT UPDATES: (None, due to a bbreviated meeting)**

❖ **BOS REPRESENTATIVE - (None, due to abbreviated meeting)**

❖ **Correspondence**

- No correspondence reported.

❖ **DIRECTOR 'S REPORT (None, due to abbreviated meeting)**

❖ **UNFINISHED BUSINESS (None, due to abbreviated meeting)**

❖ CLOSING

Board Member Comments

- Mr. McLennan asked if the board would have any preferences for holding the August board meeting in person.
- Ms. Buckley stated that in-person was preferred.
- Mr. Giffin stated that he would prefer in-person.
- Todd Henry stated that he would prefer to meet in-person.

Staff Member Comments

- Ms. Ellis shared that the OSHA guidelines state that people who are vaccinated can come to meetings without a mask, but those who are not must be masked. Amy Ellis shared that she could get some updated guidance on public meetings.
- Twylla Abrahamson shared that having a virtual option available for meetings is a good guideline to allow more participation.

Public Input

- None.

Adjournment

- The meeting was adjourned at 6:44 p.m.
- Tuesday, July 13, 2021, at 4:30 p.m. is the next Executive Committee Meeting (ASOC).
- Monday, July 26, 2021, at 6:15pm is the next Board meeting taking place via Teleconference (details will be posted online).

Secretary/Treasurer, Mental Health, Alcohol and Drug Advisory Board