

## MONTHLY BOARD MEETING MINUTES

July 26, 2021

### **Mental Health Board**

#### **Members in Attendance**

Baggett, Brandy  
Buckley, Claire  
Cataldo, Lisa  
Giffin, Marty  
Jullien, Joanna  
McLennan, Geoff  
Sanchez, Laura

#### **Absent Members**

Holmes, Jim  
Leighton, Linda  
Henry, Todd

#### **Staff and Guests**

Abrahamson, Twylla  
Beebe, Michael  
Behrens, Sharon  
Compton, Sue  
Genschmer, Scott  
Headrick, Kyleene  
Osborne, Marie

### **Welcome and Introductions**

Lisa Cataldo, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:15 p.m. Members and guests were welcomed, and introductions were made.

#### **❖ Board Protocol (Non-Board Member Participation) - Read by Marty Giffin**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
- The MHADAB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times - once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
  - a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
  - b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
  - c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
  - d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
  - e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
  - f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

### **Opening Public Comments**

- None.

### **Staff Member Comments**

- None.

## **Board Member Comments**

- Sharon Behrens explained that she is a family member and interested community member.
- Michael Beebe explained that she is a family member and advocate for children's mental health.
- Denise Kavenik introduced herself as a public interest potential member.
  
- **GUEST SPEAKER :** Tanya McCullom, Program Specialist, Office of Family Empowerment, Alameda County
  - Ms. McCullom explained that at Alameda County, there is the Office of Family Empowerment, the Office of Consumer Empowerment, and the Office of Ethnic Services. All these offices are under a new division of Health Equity.
  - Ms. McCullom explained that in her current role, she evaluates the system and ensures that the family voice is heard. Also, this position involves going to the management meetings to bring the family voice to the management level.
  - At the county level, Ms. McCullom oversees a group of family partners that work throughout Alameda County. Often, these family partners are from different agencies, and they come together to discuss their work. Also, Ms. McCullom facilitates a lot of discussions about self-care for themselves and how they can support their families.
  - IN 2004, Ms. McCullom started as a family partner and explained that this is how she got into the work.
  - 10 years ago, when Ms. McCullom worked at UCF when the first bill was introduced regarding peer certification. Ms. McCullom was heavily involved in the language of this bill as it went through several iterations before it landed on what it is today.
  - One concern that family members have regarding this bill is that it doesn't speak to the Children's System of Care and is more adult-focused.
  - Ms. McCullom explained that Pam Hawkins helped a group of statewide family partners to review the bill and then made some recommendations as to how the language of the bill could be more inclusive.
  - Currently, they are waiting to see how this bill will be rolled out to the counties.
  - At this time, everybody is required to have the same core 80 hours as a peer, youth, or family member working in the System of Care. A concern on the children's side is that they will be tested on things that are not related to the current work in that side of care such as individual rehab.
  - The hope is that a family partner could test separate from these requirements and only be tested on items related to the work they are conducting.
  - Also, as the family partner is now considered a specialty group, they will be required to participate in 80 hours, plus the additional time that they need to certify as a parent peer support specialist; this means that there will be a double requirement.
  - Currently, Ms. McCullom's workgroup is held on the fourth Tuesday of the month.
    - Mr. Giffin will send out the link for distribution to the full board.

## **Board Member Comments**

- Joanna Jullien thanked Ms. McCullom for attending the MHADAB this evening and explained that it sounds like they have a standard rubric that they're working. Ms. Jullien asked if they are advocating to remove the 80 hours, and if that requirement is not helpful to advocacy. Also, Ms. Jullien asked if they are looking to replace it with something else.
- Ms. McCullom answered that they are hoping that they could participate in their individual 80

hours to be excluded from the completion of hours to certify as Peer Support Specialist.

**Staff Member Comments**

- N/A.

**Public Comments**

- None.

- ❖ **CONSENT AGENDA ITEM(S)** All items on the Consent Agenda have been recommended for approval by the Executive Committee. Anyone may ask to address Consent items prior to the Board taking action, and the item may be moved for discussion.

**CALIFORNIA PSYCHIATRIC TRANSITIONS AGREEMENT  
COMMUNITY DEVELOPMENT BLOCK GRANT**

**MOTION:** McLennan, Giffin

**ABSTAIN:** N/A

**AYES:** Baggett, Buckley, Cataldo, Giffin, McLennan, Sanchez, Julien

**NOES:** None

**Board Member Comments**

- None

**Staff Member Comments**

- None.

**Public Comments**

- None.

❖ **SECRETARY/TREASURER 'S REPORT**

- **Approval of Treasurer's Report - \$ 1800 - Amount budgeted for Fiscal Year 2020-21\***  
Expenditures for the months of June include: \$1135.00, leaving a balance of \$610.09.

**MOTION:** McLennan, Cataldo

**ABSTAIN:** N/A

**AYES:** Baggett, Buckley, Cataldo, Giffin, McLennan, Sanchez, Julien

**NOES:** None

- **Approval of the April 26, 2021, Regular Board Meeting Minutes**

**MOTION:** Sanchez, Cataldo

**ABSTAIN:** N/A

**AYES:** Baggett, Buckley, Cataldo, Giffin, McLennan, Sanchez, Julien

**NOES:** None

- **Approval of the June 28, 2021, Regular Board Meeting Minutes**

**MOTION:** McLennan, Cataldo

**ABSTAIN:** N/A

**AYES:** Baggett, Buckley, Cataldo, Giffin, McLennan, Sanchez, Julien

**NOES:** None

❖ **COMMITTEE REPORTS & PROGRAM/PROJECT UPDATES:**

**EXECUTIVE COMMITTEE**

- Lisa Cataldo shared that the Executive Committee met on July 13, 2021, and discussed recognition of service for board members, the CALBHB/C dues of 1000 dollars, and Recover Happens taking place on September 11, 2021.
- Ms. Cataldo explained that all board members are welcome to attend the Recovery Happens Event. Additionally, the Executive Committee has requested to speak for a few minutes about the MHADAB.
- Also, the Executive Committee discussed creating a presence in the community at events such as the 4<sup>th</sup> of July Parade. Ms. Cataldo explained that increasing the board's presence in the community would help to boost awareness and reduce stigma.

## **ALCOHOL & OTHER DRUGS COMMITTEE**

- Brandy Baggett shared that the committee met this month and discussed the capacity for services in residential. Currently, residential is down to 75% capacity there is a staffing shortage that has created this issue due to COVID-19.
- Additionally, people are not working or there are hiring freezes in some areas. Scott Genschmer also spoke about numbers comparing deaths from COVID-19 versus substance use. Currently, those numbers can't be delivered at this time because there is not an epidemiologist within the Placer County Systems of Care. In San Francisco, it was reported that more individuals had passed away from substance use than COVID-19.
- Currently, ASOC screening clinics are seeing 3-6 individuals. Additionally, clinics are not open 5 days per week.
- Also, Naloxone was discussed and is being distributed along with testing strips. ASOC is in the process of obtaining a grant to receive testing strips for Fentanyl.
- Additionally, more Narcan kits are being distributed to jails and facilities that are high-risk for substance use.
- Ms. Baggett shared that she spoke to someone recently who experienced substance use. However, this individual was hesitant to reach out to the sheriff's office because of his recent substance use. Ms. Baggett explained that this barrier is difficult to address and would like to see a safe space for individuals with this experience to receive help.
- Ms. Cataldo explained that those that experience relapse can have trouble finding help.
- Geoff McLennan asked if the Crisis Respite Center could offer an alternative to this barrier. Ms. Osborne explained that the new center would be able to help those individuals but would not be able to assist those with withdrawals.

## **ADULT SERVICES COMMITTEE**

- Ms. Baggett explained that the Adult Services Committee did not meeting this month.
- Ms. Cataldo asked if there was anyone at this time that would be willing to step forward and lead the Adult Services Committee.
- Laura Sanchez agreed to temporarily lead the Adult Services Committee.

## **❖ BOS REPRESENTATIVE - Absent**

### **❖ Correspondence**

- No correspondence reported.

### **❖ DIRECTOR'S REPORT**

This report is posted online with the minutes.

### **Board Member Comments**

- Mr. McLennan said now is the time to be selfish federal money coming down could be held up and would like to see staff and management pursue additional funding for the new facility.

### **Staff Member Comments**

- None.

### **Public Input**

- None.

## **❖ UNFINISHED BUSINESS**

- **Placer County Mental Health Services Act (MH SA) Fiscal Year (FY) 2021-2022 Annual Update**

**MOTION:** Giffin, McLennan

**ABSTAIN:** N/A

**AYES:** Baggett, Buckley, Cataldo, Giffin, McLennan, Sanchez, Julien

**NOES:** None

▪ **Slate of Officers**

**MOTION:** Buckley, Sanchez

**ABSTAIN:** N/A

**AYES:** Baggett, Buckley, Cataldo, Giffin, McLennan, Sanchez, Julien

**NOES:** None

**Recruitment/ Visibility**

- Ms. Cataldo shared that part of the new board goals will touch on this agenda item.

**Board Goals**

- Ms. Cataldo explained that anyone that would like to provide input to the proposed board goals should reach out to Kyleene Hedrick and the Executive Committee.
  - The proposed 2021-2022 FY Board Goals include the following:
    1. Decrease possible racism in Placer County
    2. Focus on diversity equity and inclusion
    3. Improving outreach to community and family members; increasing community communication
    4. Focus on workforce retention
  - Ms. Cataldo asked if anyone had suggested changes or updates to this list.
  - Ms. Cataldo explained that the goals will help the board throughout the year remain mindful and provide the opportunity for some self-examination of the board.
  - Ms. Cataldo asked that anyone who is interested in becoming part of the task force reach out to the Executive Committee so that this can be discussed at the next board meeting.
- Kyleene Headrick will redraft the goals with all board member feedback.

**Board Member Comments**

- Ms. Baggett asked if goal number one meant to focus within our community. Lisa Cataldo answered that the subsection included that it would be centered around the specific population of Placer County and the alleged incidents.
- Claire Buckley explained that goal one references only those who match the demographics of Placer County and Ms. Buckley asked that this be changed. Ms. Cataldo answered that this could be reworded. Ms. Buckley explained that this should be reworded to include “tolerance and acceptance of all members of our community”.
- Ms. Baggett explained that what's missing in the sentence is the fact that we have a growing diverse community and it's not just about being sensitive to their needs and it is acknowledging their existence. Ms. Baggett shared that none of the data includes the African American community at all, even if it is 1 percent doesn't include them, they want to know where they stand on the bar and if it's at 1 percent then they want to see that they're asking for it.
- Ms. Buckley would like to remove the word “may” under the first item that references ‘task force.’
- Mr. McLennan explained that a focus on diversity in recruitment in the workforce should be included under this goal and reworded.
- Ms. Buckley explained that goal three where it outlines “schedule full board meetings in the community” that this is unclear. Mr. Giffin explained that it means holding board meetings in other locations to help the public participate.

- Ms. Buckley asked that goal two use the language “centered around tolerance and support of all members of our community”.
- Joanna Jullien explained that she believes Ms. Buckley sees that they are limiting the profile for Placer County and that it doesn’t allow us to factor in changes. Some more generic changes would be helpful to allow for those changes in the community as time; not overly myopic over one group or another.
- Lisa Cataldo expressed that the section outlining a “focus on the need for diversity and views for the requirement for workforce as being a key piece of all the agencies, providing mental health services within Placer County” will be changed to “focus on diversity and recruitment in hiring in the workforce for our mental health services”.
- Laura Sanchez would like to see substance use noted in the goals. Ms. Cataldo agreed that this should be changed. Moving forward, the wording will be changed from mental health to behavioral health.
- Marty Giffin shared that he has information on a bill that is related to the discussion on goals. Dr. Pan is drafting SB17 that focuses on racial equity.
- Mr. Giffin will send to Kyleene Headrick for distribution to the full board.

### ❖ **CCW/ MHS**

- Ms. Buckley reported that there was a meeting on July 15, 2021, and it was well attended with 40-45 attendees at the last meeting.
- Placer County Office of Education (PCOE) gave a presentation on the work they are doing in the school system regarding mental health services in school.
- Additionally, there was a speaker from the Speakers Bureau.
- Also, Sue Compton gave an update on MHS that included important data.
- Ms. Buckley met today with the Workforce, Education, and Training (WET) Committee and they discussed training opportunities.
- Ms. Buckley reminded everyone to check the training calendar.
- Ms. Buckley reported that there will be no CCW Meeting in August and that the next meeting will be held on September 24, 2021. Additionally, the upcoming meeting will be focused on the Tahoe Area.

### ❖ **Future Guest Speakers**

- Ms. Cataldo asked that board members submit their speaker ideas to Kyleene Headrick and the Executive Committee.
- Mr. McLennan would like the speakers to be centered around the goals for the year.

### ❖ **CALBHBC**

- Marty Giffin shared that there is a training on Friday. The speaker is Jim Cooler, and he is the former founder of Friday Night Live. Additionally, there is a speaker panel that is made up of county behavioral health and vocation services leadership from Alameda, Solano, and Calaveras County.

### ❖ **Test Calls**

- Marie Osborne shared that the test call report went out this evening. At this time, all the calls were made during business hours, and one was non-English speaking. Currently, Placer County is at 100% compliance and most of the areas. Ms. Osborne explained that the challenge we continue to have is on documenting it in our log.
- Additionally, there was a total of 9 test calls made during the quarter.
- Ms. Cataldo volunteered to cover the July test calls.
- Kyleene Headrick will send a reminder if no one signs up for test calls in August.

### ❖ Community Outreach

- Ms. Cataldo explained that this action item is to approve for the board to be able to outreach to the community at events such as the Roseville parade, this will allow the board to be represented in the community.
- Saying that they can attend and remind the board members that there si an upcoming event. May be able to talk about the mental health board at the event.

**MOTION:** McLennan, Sanchez

**ABSTAIN:** N/A

**AYES:** Baggett, Buckley, Cataldo, Giffin, McLennan, Sanchez, Julien

**NOES:** None

### ❖ Future Funding

- Geoff McLennan explained that this agenda item was covered well by staff.

### ❖ CLOSING

#### Board Member Comments

- None.

#### Staff Member Comments

- None.

#### Public Input

- Denise Kavenik thanked the board members for all their hard work.
- Kyleene Headrick will connect Ms. Kavenik with Mr. McLennan.

#### Adjournment

- The meeting was adjourned at 8:08 p.m.
- Tuesday, July 13, 2021, at 4:30 p.m. is the next Executive Committee Meeting (ASOC).
- Monday, July 26, 2021, at 6:15pm is the next Board meeting taking place via Teleconference (details will be posted online).

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Secretary/Treasurer, Mental Health, Alcohol and Drug Advisory Board