Welcome and Introductions
Geoff McLennan, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:15 p.m. Members and guests were welcomed, and introductions were made.

**Board Protocol (Non-Board Member Participation)** - Read by Lisa Cataldo
- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
- The MHADAB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times - once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
  a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
  b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
  c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s).
  d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson.
  e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
  f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

**Guest Speaker(s):**
- Debbie Saeger, One Care, Senior Director
- Heather Bassett, Wellpath, Health Services Administrator

- Wellpath, formerly known as California Forensic Group, has implemented a program identified as One Care. Placer County was selected as a pilot county for the program. The program focuses on follow up services and making connection for Whole Person Care and is a collaborative care program, modeled after a community care program. Additionally, the program brings collaborative treatment inside incarceration and identifies patients in need of this level of care, including those with SMI, pregnant females, frail persons, and developmentally delayed individuals.
The program also works with MAT programs. An individual that doesn’t fit into a classification as defined and has a history or current behavior will be flagged as vulnerable; there is a system set up to identify these individuals at the time of intake. There are two coordinators that manage these intakes at Dewitt and South Placer. These coordinators will follow these individuals throughout their incarceration to promote their participation inside the treatment areas. This allows the coordinators to form a partnership with these individuals while they are incarcerated. Additionally, coordinators align with mid-level provider for those with anxiety or depression.

If someone is at a higher level of care, they are elevated to the psychiatrist level to ensure they are meeting regularly and check in often throughout their incarceration. The program strives to to match the need of the individual with the correct level of care.

All client needs are through community collaboration. So, when they leave the jail, there is a detailed follow through plan given upon release and a warm handoff is offered to ensure a collective treatment team.

To ensure collaboration, custody is included in this treatment equation. Once a week, the program meets with the medical director, psychiatry, sergeant, lieutenant, captain, and reviews the select number of patients needing this higher level of care. This group collaborates to discuss higher level treatment plans. Heather Bassett explained that the direction of One Care is to remove silos from treatment availability to incarcerated individuals and that it is a coordinated effort in the care of an individual.

Consent Agenda Item (s)

September Recovery Month
MOTION Holmes/Bartley (Vote 8:0)
AYES: Bartley, Brown, Buckley, Cataldo, Cirillo, Holmes, McLennan, Shinstock.
NOES: None

Secretary/Treasurer’s Report

Approval of the August 26, 2019, Regular Board Meeting Minutes.
MOTION Holmes/Bartley (Vote 8:0)
AYES: Bartley, Brown, Buckley, Cataldo, Cirillo, Holmes, McLennan, Shinstock
NOES: None

Approval of Treasurer’s Report - $1800 - Amount budgeted for Fiscal Year 2019-20
Expenditures for the month of August include: $ 84.05- catered meal, leaving a balance of $1644.64.
MOTION Buckley/Cirillo (Vote 8:0)
AYES: Bartley, Brown, Buckley, Cataldo, Cirillo, Holmes, McLennan, Shinstock
NOES: None

Committee Reports & Program/Project Updates:

Executive Committee
- Geoff McLennan reported that there was limited attendance and the agenda was prepared.

Alcohol and Drug Committee
- Nichole Ebrahim-Nuyken and Claire Buckley met and discussed prop 47 program information and outcomes.
  - Amy will send out the prop 47 report.

Children’s Services Committee-Sharon Behrens-Absent

Adult Services Committee
- Diane Shinstock shared that the committee met and will be focused on MHSA, specifically community services and supports as it applies to adults. Ms. Shinstock shared that the committee observed at the last meeting that there were several presentations given rather than planning as they expected.
Amy will send out the report out from CCW MHSA planning. Additionally, there was input given that certain groups were unable to provide their feedback and the committee made an effort to outreach to these groups.

- Ms. Shinstock asked if there was a written policy to ensure citizen involvement with MHSA planning. Geoff McLennan asked Diane Shinstock report out on the Walden legislation changes going forward.
- Ms. Shinstock wants to look at MHSA and be more in-line with changes made with community feedback.

**BOS Representative - Jim Holmes**

- FY 2019-2020 Final Budget will be approved at the next meeting. The HHS budget is tight this year with a combination of state and federal funding. Retirement is funded at 91% and future retirement is funded at 63%.
  The Placer Re-Entry Program (PREP) will be expanded at the South Placer Justice Center with a $600,000-dollar improvement. Supervisor Holmes has attended two of the graduations, each year there are an estimated 70 graduates that are entering the community and becoming involved in trades.
- Next month, a capital projects workshop will be held. At this meeting, funding for a potential new Health and Human Services building will be discussed.

**Director’s Report**

This report is posted online with the minutes.

- Additionally, Placer County is 1 of 12 counties that recently passed the Network Adequacy review.

**Unfinished Business**

- CCW/MHSA
  - Geoff McLennan reminded the board that the MHSOAC asked for feedback last month. Amy Ellis responded to the emails and explained that many of the materials provided by MHSOAC are utilized or the same SAMSA materials are reviewed for the standards of practice.
  - Amy Ellis reported that the Campaign for Community Wellness (CCW) goes to consumer and interested party groups to gather community feedback. This is the first year that there was a community solicited survey to receive a maximum amount of feedback from the community on services and perceived gaps. Ms. Ellis shared that it is not too late to give feedback and encouraged those with feedback to submit it in a timely manner because the planning portion is slowing down. Additionally, ASOC is in the process of working with their fiscal team to code community MHSA planning.

- Future Guest Speakers
  - Judge Nichols and Jennifer Wellenstein will be coming to speak about AOT at the next board meeting. Ms. Wellenstein works with Turning Point and is the Coordinator for that program. Ms. Wellenstein will be attending a conference in a few weeks and will be able to share more information on the current practices for AOT.
  - Mr. McLennan shared that Dr. Del Pozo found a speaker from UC Davis to speak about gun violence prevention. ASOC staff will work with exec to find a month to host the speaker.
  - Additionally, Prop 47 will be added to the guest speaker list, and staff will work with exec to find a month to host the speaker.

- Board Goals
  - Geoff McLennan shared that a major focus of the board will be committee collaboration.
- CALBHB/C - Dues $1000
  - Mr. Cirillo conducted community outreach to other counties to assess the value of this organization; a handout with these findings was distributed during the meeting.
  - Mr. Cirillo recommends that the MHADAB move forward with a recommendation.

  **MOTION** Cirillo/Cataldo (Vote 8:0)

  **AYES:** Bartley, Brown, Buckley, Cataldo, Cirillo, Holmes, McLennan, Shinstock
  **NOES:** None
New Business

- Theresa Comstock, CALBHB/C
  A Flyer was distributed to MHADAB members containing general information about the CALBHB/C organization.
  - Ms. Comstock is the Director for CALBHB/C. the organization conducts a quarterly update that contains current information on important issues for board members. Within the report, there are several links with important information. Additionally, there are membership resources on the CALBHB/C website that includes sample MHADAB orientation materials and information that explains the role and purpose of Mental Health Boards. Also, training is provided to Mental Health boards at no charge and members are able to have one selected member of their board travel paid by CALBHB/C.

- Test Calls
  A test packet was distributed to each board member during the meeting.
  - Marie Osborne shared that there are three access lines tracked by the county. The first page explains the purpose of each line and the second part of the training explains how a test call should be conducted. If a board member has a family member that speaks another language, they are encouraged to have them call in.
  - If an intake member asks for specifics, such as date of birth or social security number, it is okay to state that you do not remember.
  - If subcommittees would like to Marie Osborne to explain more about the process, Ms. Osborne has offered to attend their meetings.

Board Member Comments

- Geoff McLennan asked Heather Bassett how she believes the program is doing. Ms. Bassett responded that in the short amount of time to implement the program, they have done well and overcome the challenge of filling positions. At this point, the program is right where they had projected. Ms. Saeger answered that as a pilot, they are actively working to overcome challenges and implement changes to grow and improve the program. Mr. McLennan asked about telemedicine and if it is utilized. Ms. Bassett answered that it is limited in use, and it is a backup.
- Diane Shinstock asked if there has been a history of releasing inmates in the middle of the night. Ms. Bassett answered that it is difficult to know when they will be released. However, they try to identify early to know that if they get released, they understand and know where they can access care and follow through with their release plan.
- Gregg Cirillo asked if the person in Wellpath is followed throughout their incarceration such as a transfer to a different facility or prison. Ms. Bassett answered that where possible, they try to do a warm handoff.
- Katrina Brown asked how many are on a case load at a time. Heather answered that there are 177 currently; the majority are considered SMI.
- Lisa Cataldo asked if there is an incident at the jail will it be shared with One Care. Ms. Saeger answered that they are notified and work to collaborate and improve their stability and treatment plan compliance.
- Supervisor Holmes shared that the county is moving forward with 45-bed treatment facility. Those that are not able to stand trial are treated there to gain competency.
- Diane Shinstock asked for clarification on the number of beds reserved at this facility. Amy answered that there are 5 on average reserved for felony incompetent to stand trial, as room is available, and from other counties as bed space is available.

Public Input

- Marie Osborne reminded everyone that One Care is a component of the medical services offered in the system for inmate health sheet health services.
- Brandy Baggett asked where One Care receives their funding from. Ms. Bassett responded that they
Theresa Comstock shared that it is a problem if someone is released in the middle of the night where they may not have transportation or access during that time. Ms. Comstock shared that Alameda County is moving forward with trailers so that people have somewhere to go if they are released in the middle of the night.

Holly shared that she is glad that the board members are serving in the community.

Lisa Cataldo commended Gregg Cirillo for doing the research for the CALBHB/C.

**Adjournment**

- The meeting was adjourned at 8:00 p.m.
- Monday, October 21, 2019, at 4:00 p.m. is the next Executive Committee meeting (ASOC).
- Monday, October 28, 2019, at 6:15 p.m. is the next Board meeting taking place at the Pacific Conference Room, 101 Cirby Hills Drive, Roseville.