

Placer County Systems of Care Network Provider Relations Committee Meeting

Facilitator: Michelle Johnson

June 12, 2013



MINUTES

Announcements/Information:

- New announcements from attending Network Providers & Community Partners:

Marie Luisa Johnston is a new Placer County provider who recently opened a new practice in Rocklin. She is trained in TBS, Cognitive Behavioral Therapy, specifically a trauma focused behavioral therapy model, and Wrap Around. In her private practice her focus is strengthening the family relationship and reunification. She reports that she offers a lot of advocacy and resourcing for her clients as well.

Lynda Marcia, is with Provo Canyon School. Provo Canyon is a level 14 psychiatric residential facility in Utah serving children with high level needs. They have evidenced based modalities and are fully certified in DBT and trauma based CBT. They provide bilingual therapy – currently 5 to 8 different languages. They have three different campuses and are a nationally accredited therapeutic boarding school.

Joanne Hoefler reported that she has a home office and is able to serve handicap clients. Her office is located in the foothills – in the Weimar area. In addition she offers home visits typically for people who are disabled.

Michelle Johnson reported that in the past few years a reduction in resources required the Children's Mental Health team to maximize staff resources, which resulted in; 1) assessments completed internally, and 2) introduction of clinical groups offering youth alternatives in treatment in addition too individual or family therapy. These groups have been very successful in particular the Grief and Loss and the Social Skills group for children 4 to 8 years old. Parents are often amazed at how excited their children are to attend the Social Skills group in particular.

- **Provider Newsletter feedback:**
The Network Connections Newsletter provides a variety of information including the latest legislative updates, information on new providers, articles on topics of interest, a calendar of upcoming trainings, and a forum for providers to share information about their services. We hope providers find this an effective way to communicate and are always interested in your feedback.
Another helpful resource for what is happening in California healthcare is the website “California Healthline”. <http://www.californiahealthline.org/about>
- **Healthy Families transition:**
We will be reporting in upcoming newsletters what is happening in Placer County with the rollover of Healthy Families clients to Medi-Cal.
- **Katie A. Legislation:**
The Katie A. legislation will also likely impact Placer County CSOC. This legislation targets early intervention in CPS cases for the purpose of providing assessment and referral for mental health services to prevent multiple unnecessarily restrictive foster care placements.
- **Sunset move:**
The Children’s Mental Health team will be moving to Rocklin. The move will likely occur sometime in late summer or early fall.
- **Group Therapy Notes:**
Dina Dinosaur, Teen Girls Group and our Grief and Loss Group will be offered in our new location starting in the Fall. We are developing a teen boy’s social skills group which will start after our move to the Sunset facility.

Discussion/Action Items:

- **Discussion on use of instruments: Becks, Burns, Spence Anxiety Scale, and Connors** are tools used in the identification of client diagnosis, as well as identification of client baseline. The Providers reported that while the tools are extremely useful many are too expensive to purchase individually.
- **Treatment Plans:**
 - **Identifying baselines in the treatment plan:**
Michelle wanted to emphasize that the area we are struggling both internally and externally is identifying the baselines. We need to know where the client is at and where they are headed. She is hoping that as we emphasize that it will help both our internal staff as well as Providers.
 - **Measureable outcomes**
 - **Evidenced based goal writing**
 - **Observable and quantifiable goals**
 - **Goals that are tied to client interventions and diagnosis**

- Interactive collaborative treatment planning approach.
Providers, case managers, and or psychiatry working together.
- EMR Treatment Plans for Case management:
We as an organization are moving to an Electronic Medical Record. This will require the client's electronic signature prior to the authorization of services.

New Business:

- Open to questions and issues from attending Network Providers & Community Partners:
It was requested that when County staff do the assessment and the initial CANS both be sent with the authorization to the Network Provider.
- New programs or services now available from Network Providers & Community Partners:

Next Meeting:

Our next meeting will be 09/11/13. All providers are welcome to attend.