



**MEMORANDUM
HEALTH AND HUMAN SERVICES
ADULT SYSTEM OF CARE
County of Placer**

TO: Board of Supervisors

DATE: August 28, 2018

FROM: Jeffrey S. Brown, M.P.H., M.S.W., Director of Health and Human Services

SUBJECT: A Proclamation Declaring September 2018 as Recovery Month in Placer County

ACTION REQUESTED

Approve a Proclamation declaring September 2018 as Recovery Month in Placer County to demonstrate continued support and commitment to mental health, substance use treatment, and recovery.

BACKGROUND

In Placer County, many people are living productive, satisfying lives as a result of recovery from a substance use or mental health disorder. Residents of Placer County have experienced recovery on their own, through treatment programs, or with the assistance of peer support, self-help, faith-based organizations, or medication treatment. There is no one path to recovery. Each person's intervention and treatment is unique to his or her individual needs. All paths to recovery will be celebrated at our 18th annual "Recovery Happens" event on September 8th from 10:00 a.m. and 2:00 p.m. at Recreation Park located at 123 Recreation Drive in Auburn.

Recovery Month, officially celebrated each September, has become a year-round initiative that supports educational outreach and celebratory events throughout the year as a reminder that treatment works and recovery happens. Numerous County and community partners, such as treatment centers and residential programs, culturally-focused and faith-based organizations will join System of Care staff and Mental Health, Alcohol, and Drug Board members in sponsoring Placer County's 2018 Recovery Happens celebration. The event provides free food, music, activities, and information about living in recovery to all community attendees.

The national Substance Use and Mental Health Services Administration (SAMHSA) declared this year's Recovery Month theme "Join the Voices for Recovery: Invest in Health, Home, Purpose and Community". SAMHSA explains this theme as exploring how integrated care, a strong community, sense of purpose, and leadership contributes to effective treatments that sustain the recovery of person.

The September 8th Recovery Happens event is one example of Placer County's effort to engage the entire County community, including clinicians, clients living in recovery and their families, and the general public to come together. Participating in Recovery Happens helps instill in clients a sense of purpose and community – essential dimensions of recovery according to SAMHSA. In addition, the event exposes the greater community to a purposeful discussion of substance use and mental health challenges, which reduces the stigma associated with this topic. Since many Placer County and community substance use and mental health treatment providers participate in the event, it is also an opportunity for providers to come together to discuss their shared goals and approaches to treatment.

Persons in recovery help themselves and the community. Successful treatment and recovery programs have been demonstrated to reduce unnecessary health care costs, costs of lost productivity

and increase productivity. Recovery can also reduce the number of people in jail, school dropout rates, and the rate of recidivism and lessening the burden on law enforcement. Most importantly, recovery can improve the quality of life for individuals, their families and for society as a whole.

We are asking the Board to proclaim September 2018 as "Recovery Month" in Placer County, to demonstrate its investment and continued support for recovery, and to support our local Recovery Happens event on September 8, 2018.

FISCAL IMPACT

There is no fiscal impact as a result of this action.

ATTACHMENT

Proclamation