

**MEMORANDUM  
PLACER COUNTY HEALTH AND HUMAN SERVICES  
Children's System of Care**

**TO:** Honorable Board of Supervisors  
**FROM:** Richard J. Burton, M.D., M.P.H.  
Placer County Health Officer and Director of Health & Human Services  
C.B. Bautista, Director, Children's System of Care  
**DATE:** July 11, 2006  
**SUBJECT:** Contract for Psychiatric Services with Mai Nguyen, M.D.

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**ACTION REQUESTED:**

Approve the FY 2006-07 agreement to provide psychiatric services in the Children's Systems of Care (CSOC) with Mai Nguyen, M.D. in the amount of \$91,377 (total compensation \$138,794), and authorize the Chairman of the Board to sign this agreement.

**BACKGROUND:**

There are three children's psychiatric contracts before the Board this date. Each contract represents a continuation of service from prior years at the same levels of coverage. Children's psychiatrists continue to be in great demand in the Sacramento region, a demand that has resulted in a shortage of psychiatrists for the region.

Dr. Nguyen has worked with Placer County since 1997. She is board-certified in adult psychiatry and works with both children and adults. Under this agreement, Dr. Nguyen will provide 416 hours of service to the Kings Beach Community Clinic and 634 hours of service to CSOC for a total of 1,040 hours per year. She provides psychiatric and medication support services for the Clinic, for children in placement at the Children's Receiving Home, and for children in the Sierra Vista School and Day Treatment Program.

Each year, CSOC physicians provide intensive psychiatric and medication support to over 200 children.

**FISCAL IMPACT:**

The contract total including benefits, expense and tuition reimbursements, and retention bonus is \$138,794.

Funding for these services is a combination of Medi-Cal, Early and Periodic Screening, Diagnostic, and Treatment (EPSDT), education reimbursement, and local (County Mental Health Realignment and/or General) funds, dependent upon the eligibility of the client served.

The level of funding from each of these sources is estimated to include 38% Medi-Cal, 10% State Mental Health, 19% Federal and State Education, and 33% County Mental Health Realignment/General Fund.

The following Agreements for:

**Beverly Abramowitz, MD**

**Ellen Aoki, MD**

**Mai Nguyen, MD**

<sup>ARE</sup>  
~~is~~ on file with the Clerk of the Board  
for BOS meeting:

**July 11, 2006**